INTeresting #127 - 27 Jun 2024

Hi.

End of term rapidly approaching, and WOC is just around the corner ...

News and Results

- WOC and WOC Tour are next month, so if you are around and haven't yet signed up to help, don't forget. Several emails have been sent round the club about this.
- Club Summer Newsletter will be out at the end of the summer, so get writing about your summer exploits; copy deadline is 20th August. Send your articles to Katherine.
- Well done to Laurence Ward who was 18th in the EYOC Sprint Race in Poland
- British Sprint Champs took place at the University of Warwick on 22nd 23rd June. Well done to INT-eresting (Max and Jane Carcas, Paul Caban) who came 5th in the Super Veteran (55+) relay. In the Individuals, Colm Moran was 12th in the Men's Open A final, Paul Caban 7= in M60A, Mairi Eades 9th in Women's Open A, Tessa Strain 3rd in W35A

Forthcoming Events

Don't forget about the club's weekly Thursday runs (<u>details on the website</u>) as well as all of these events:

- <u>ELO Whitekirk Hill Local Event</u>, Saturday 29th June
- KFO Local Event, Saturday 29th June
- WOC Test Races, Sat 29th Sun 30th June
- INT Bioguarter Sprintelope, 3rd July
- WOC Tour, Thursday 11th Tuesday 16th July
- ESOC Pollock Halls and Newington Sprintelope, Wednesday 17th July
- Coast and Islands, Wed 17th Fri 19th July
- ESOC Figgate Park Local Event, Saturday 20th July
- O-Ringen, Sunday 21st July
- INT St. Leonard's Sprintelope, Wednesday 24th July
- ELO Local Event, Saturday 27th July
- INT Pathhead Sprintelope, Wednesday 31st July

Useful Links

- Edinburgh Car-Sharing What's App Group
- Interlopers Website
- Interlopers Thursday Training Runs
- WOC2024 website
- Interlopers Facebook

Keep on Orienteering,

William