

INteresting #129 – 07 Oct 2024

Hi,

Bumper edition today ... great event at Braidburn Valley on Saturday, with nearly 100 runners including one from the Japanese national team ... next FWTN this coming Thursday ... and not long until the CSC Final now, with the OMM following on a week later

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Get Involved

Lots of ways to get involved and help your club ...

- Katherine is looking for club members to help with **Taster Sessions** - see recent emails and events list below. These are a great way to help encourage newcomers into the sport. In particular, if you can help at the Craigmillar Castle event next Saturday afternoon please get in touch.
- Following **our AGM** (see below) we are still looking for a new **Chair**, and **Junior Representative**
- Our last 2 main events of the year are at **Vogrie** (Score Champs, 9th Nov) and **Colinton Dell** (local event, 7th Dec) - please get the dates in your diary as we'll be looking for helpers nearer to the events.
- **Big Weekend Controllers** - EUOC are looking for controllers for Big Weekend 2025. Contact euocbigweekend@gmail.com if interested
- **6 Days officials** - thanks to all who offered; we now have a full set of officials between us, BASOC and GRAMP.

News and Results

- Welcome to **new members**: Victoria von Rintelen, Joseph Goodwin, Susannah Rose, Iris and Jura Macmillan
- Congratulations to **Pip Ascough** who won a bronze medal in the W95 Team Event (combined age!!) at the **World Biathlon Orienteering Championships**.
- Our **club AGM** was last month, and as well as electing a new committee, Graham McIntyre was the winner of the Gullane Rock for his contribution to the club - read all about it [here](#). Note that we are still looking for a Chair, and a Junior Representative.
- We had 94 runners at our **Braidburn Valley event** last Saturday, including a member of the Japanese national men's team who romped home 8 minutes clear of our very own Robin Galloway in 2nd place. Read all about it [on the website](#) - and see the **new club pop-up banner** designed by Fiona Eades in the last photo!
- **Wins for Scotland** in the [Junior Inter-Regional Cup](#) (JIRC) - well done Laurence and Lucy Ward - and [Senior Home Internationals](#) (links to SOA articles) - well done again to Laurence Ward, Scott Fraser, James Ackland, Luke Fisher (England), and Mairi Eades
- **SOSOL league results** so far can be found [here](#).
- **FWTN (Fight With the Night)** has had 2 events so far, and moves to Braid Hills Golf Course this coming Thursday. Note that **EUOC** appear to have a new website - euoc.co.uk - replacing their previous Wordpress site that's still active but somewhat out of date.
- At the [SOA Club Development Day in Perth](#), it was all change for Interlopers representatives on the board of directors. Pat Bartlett replaces Ben Hartman, Keith Dawson stood down as chair, and Katherine Ivory was appointed as Marketing Director. Mairi Eades remains as Youth Director
- **WOC 2024** (remember that?) featured in the BBC's Adventure Show (<https://www.bbc.co.uk/programmes/m0023d60>)

Forthcoming Events

Don't forget about the club's weekly Thursday runs ([details on the website](#)) as well as all of these events:

- [FWTN 3, Braids Golf Course](#) - Thursday 10th October, entries close midnight Wed 9th
- [Holyrood Parkrun takeover](#) and taster session - Saturday 12th October
- [Craigmillar Castle Park autumn family festival](#) taster session - Saturday 12th October
- [ESOC Holyrood Park Local](#) - Saturday 19th October
- [Roxburgh Reivers Selkirk Hill local](#) - Saturday 19th October
- [CSC Final, PFO Holcombe Moor](#) - Sunday 20th October
- [FWTN 4, Leith](#) - Thursday 24th October
- [ELO Levenhall Links Local](#) - Saturday 26th October
- [BASOC Alvie SOL 5](#) - Sunday 27th October
- OMM (Original Mountain Marathon) - Saturday 26th - Sunday 27th October
- [STUOC Polmaise SoSOL](#) - Saturday 2nd November
- [FVO Stirling City Race SOUL \(Dunblane East\)](#) - Sunday 3rd November
- [FWTN 5, Craigmillar](#) - **Friday** 8th November
- [Scottish Score Championships \(INT\)](#), Vogrie - Saturday 9th November, entries open soon
- [ESOC Wester Hailes SOUL 10](#) - Sunday 10th November
- [ESOC Bonaly Country Park Local](#), Saturday 16th November
- KFO ESOA Championships, Blairadam Forest, Sunday 17th November

Useful Links

- Edinburgh Car-Sharing [What's App Group](#)
- Interlopers [What's App Community](#) (various sub-groups to join)
- [Interlopers Website](#)
- [Interlopers Facebook](#)

Regular Training Sessions

- Meadows Intervals, Tuesday, 7:55pm at the corner of the playpark
- Interlopers [Thursday Training Runs](#)
- Carnethy hill reps, Arthur's Seat, Thursday (may need to be a member)
- HBT (Hunter's Bog Trotters) Intervals, Thursday (may need to be a member)

See you out there! If you have any INTEResting news, please send it to interesting@interlopers.org.uk for inclusion in the next issue, and likewise if you have any reports for the website, send them on, ideally with photos.

William