

## INTEResting #132 – 13 Jan 2025

Hi,

Happy New Year to everyone. Hope you all had a good break. There is plenty to report on, and plenty coming up. We have a new 'TLDR' (Too Long Didn't Read) section although I'm sure you'll all read right to the end ... (-:

### **TLDR:**

- **Max Carcas** is our new club chair for 2025! Look out for an email from him in the near future
- Don't forget to enter the **Big Weekend, Scottish Night Championships** and the **British Night Championships**, not to mention the **Scottish 6 Days (Deeside)** and the **JK** (Sheffield and surrounding area) - links below
- Check the [SOA website](#) for recent news articles including a handy [summary of key events in 2025](#).
- Lots of interesting online evening webinars at the **BOF Development Conference** which has just started and runs until 2nd February (details below)
- The **Club Development project** will be continuing this winter / spring – more from Katherine in due course; contact her via [development@interlopers.org.uk](mailto:development@interlopers.org.uk) to find out more or to contribute ideas. Craigmillar Castle Park will be a focus, given the new map (made by Alasdair Pedley) and the work to reinvigorate the Permanent Orienteering Course.

See you out there! If you have any INTEResting news that you'd like to share with the club in the next issue, please send to [interesting@interlopers.org.uk](mailto:interesting@interlopers.org.uk). Likewise reports and photos are always welcome for sharing via Facebook / Instagram and the website so please send them on (did anyone go to the recent SEDS training camp?).

William

--- INTERESTING #132 (Monday 13th January 2025) ---

### **Get Involved - Volunteering, Training and Webinars**

Lots of ways to get involved and help your club ...

- **BOF Development Conference** - Lots of interesting talks over the next few weeks. See [full list](#).
- Looking for **organisers and planners** for some of our local events - see separate email for details.
- The **SOA Coaching Courses** for 2025 have been announced - see [SOA website](#) for full details.
- **SOA** has also started its annual series of monthly online **Community Conversations**, on a range of themes. This week was Comms (with a report due shortly on the SOA website) and the February one will be on Development and Attracting Newcomers - see [SOA website](#) for more details and to sign up.

### **News**

- A big welcome to new member **Thomas Corlett**
- **Max Carcas** has taken on the role of club chair - look out for more from Max in the near future...
- **ESOA Junior Coaching** - next one at Cammo on January 18th. Sign up [here](#). The intention is to have a juniors' coaching session at our Craigmillar Castle Event on 2 March.
- The **2025 Scottish 6 Days is in Deeside**, and entries are now open. Very early bird prices until end of January.
- Interlopers and ELO took over **Vogrie Parkrun** on 14th December, with an orienteering taster session afterwards for Parkrunners to try it out. We finished with a club BBQ. See [website article](#).

- Interlopers were third (again) in the 2nd year of the revamped **SICC (Scottish Inter-club Championship)** which takes the 10 best competitors from each club's 5 best results over 12 events during the year. FVO were first and ESOC second. Only FVO and ESOC had a full set of counting results, and INT's 'run-rate' was better than ESOC (as it was in the previous year) so, if we can get a full set of results this year, then we might be able to reverse the order. First two events to count this year are Big Weekend classic race on Arthur's seat, then the CSC Heat at Kinnoull Hill. Full results [here](#).
- **Xmas party** - thanks to the Carcases for hosting an excellent Christmas party and congratulations again to Paul Caban on both his 60th birthday and his retirement (which has now, finally, actually happened ...)

## Results

- **Masterplan Adventure's Christmas Cup** - see results [here](#).
- **INT Colinton Dell** - thanks to Thomas and Mairi for planning and organising, and to various other members of the Eades family for helping out. Results and photos on the [club website](#).
- **ELO Festive Frolic** - see results [here](#).

## Forthcoming Events

Don't forget about the club's weekly Thursday runs ([details on the website](#)) as well as all of these events:

- [ESOC Cammo Local Event](#) - Saturday 18th January
- [FVO Bo'ness Foreshore local event](#) - Sunday 19th January
- [EUOC Big Weekend](#), Friday 24th (FWTN, King's Buildings), Saturday 25th (City Race, SOUL 1), Sunday 26th January (Arthur's Seat, counts for SICC)
- [ELO Balgone Local Event](#) (before Night Champs, White/Yellow/Orange only) - Saturday 1st February
- [ELO Scottish Night Championships, Balgone](#), - Saturday 1st February
- [ELO Musselburgh urban race \(SOUL 2\)](#), Sunday 2nd February
- [EUOC FWTN 8](#), location TBC, Thursday 6th February
- [FVO British Night Championships, Touch \(Cambusbarron near Stirling\)](#) - Saturday 8th February
- [FVO Plean Regional Event \(UKOL\)](#) - Sunday 9th February
- [RR Eildon Hills local event](#) - Sunday 9th February
- [ESOC SoSOL Corstorphine Hill](#) - Sunday 16th February
- ELO Local Event - Saturday 22nd February
- [TAY CompassSport Cup Heat](#), Kinnoull Hill - Sunday 23rd February (counts for SICC)
- [EUOC FWTN 9](#), location TBC - Thursday 27th February
- [JK 2025](#), South Yorkshire - 18th - 21st April [Entries close 28th March]
- [Scottish 6 Days, Deeside](#) - 27th July - 1st August [Entries close 30th June for competition classes]

## Useful Links

- Edinburgh Car-Sharing [What's App Group](#)
- Interlopers [What's App Community](#) (various sub-groups to join)
- [Interlopers Website](#)
- [Interlopers Facebook](#)

## Regular Training Sessions

- Meadows Intervals, Tuesday, 7:55pm at the corner of the playpark
- Wednesday evening S&C sessions, 6:30 - 7:30pm. Details from Lorna Eades on request
- Interlopers [Thursday Training Runs](#)
- Carnethy hill reps, Arthur's Seat, Thursday (may need to be a member)
- HBT (Hunter's Bog Trotters) Intervals, Thursday (may need to be a member)