INTERLØPERS

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FIRST COMMITTEE MEETING, FIFTIETH YEAR

7:30pm, Monday 13 October 2025

1 Present

John Barrow, Paul Caban, Max Carcas, Mairi Eades, Robin Galloway (via Zoom), Ann Haley, William Ivory, Graham McIntyre, Morag McIntyre, Mike Stewart, Laurence Ward

Apologies for absence were received from Rob Lee.

2 Minutes of the Committee Meeting of 1 September 2025

2.1 Action Items

- Action 2/1 – Max had obtained development plans for both Dalrulzion and Drummond Hill, including felling plans over the next 5 years. It would probably now require a site visit – Paul offered to undertake this.
- Action 2/2 – Ann volunteered to look into developing a Junior Section for the website, including taking note of material already on the site but currently not ordinarily visible – this material was archived during the reorganisation of the site a couple of years ago. ACTION - Ann
- Action 2/3 – Graham McIntyre offered to assume the role of producing INTeresting articles.
- Action 2/4 – Paul would try to identify someone to be Mapping Coordinator, beginning with discussions with Graeme Ackland.
- Action 2/5 – The appointment of a Communications Manager would be discussed later in the Meeting.
- Action 3/1 – Website contributors needed to be shown how to prepare material for event reports as well as to create News items. Graham and William to develop a policy to define where material should be located on the website. ACTION – Graham and William
- Action 8/1 – Mike had sent a report of his investigations into West Lothian POCs to Katherine. In particular, he noted the disappearance of a significant number of marker posts. Paul would talk to Ken Daly about contacts within West Lothian Council.

3 Secretary's Report

Tessa Strain had announced that Matthew Leitch had been named as Club Champion for 2025, based on performances at the CompassSport Trophy Final at Redcar on 14 September. John was asked to contact Matthew to ask him to be prepared to devise a scheme to determine the winner of the 2026 Championship. ACTION – John

John was asked to find a way of defining a default username in the Namesco database that would allow more than one user to access it. ACTION – John

BOF had requested that the Club's Annual Return be completed for 2026. This included arranging for payment of the Club Affiliation Fee of £95. John had done so.

John had notified BOF that William's name should be added in the BOF database of Club Officials as a Club Fixtures Secretary, and that William's and Graham's names be added as Club Results Secretaries. Paul was henceforth to be shown as Club Chair, replacing Max.

John confirmed that there were no new members. A review of the membership list would be carried out to ensure that all current members were included. ACTION - John

4 Treasurer's Report

Robin reported that the bill for supply of new Club clothing had been paid. These items would be sold at cost price.

Lorna might have a claim for some mapping carried out in Livingston.

Robin had also settled the bill for payment of Levy to the SOA for the SOL at Gullane.

An analysis of the costs of entry fees to Relay events had yet to be undertaken. There was a suspicion that the total paid out in recent years had increased significantly, and so the club contribution should be discussed. ACTION – Robin.

There may be some funds available from the 6-Days, depending on the finalising of the accounts.

5 Events

The Local Event planned for Braidburn Valley on 4 October had been cancelled, because of a low pre-entry tally by the closing date.

For the SOUL on 9 November, Graham McIntyre would be the Organiser and Lorna Eades the Planner. The venue had finally been decided as Deans/Carmondean. No Controller had het been identified.

The Local Event on 6 December would be held at Mortonhall, with Ann Haley planning and Robin Galloway organising.

Possible dates for Local Events in Spring 2026 included 7 March, 11 April, 9 May, and 6 June. Venues had yet to be decided (apart from Craigmillar on 7 March). It was noted that the JK would be taking place on the weekend of 3/6 April in Perthshire.

An Interløpers 50th Anniversary Event/Weekend would be scheduled for some time in 2026.

The Club had been asked to organise the ESOA Championships in 2026, and these would take place on the weekend of 5/6 December. No venue had yet been decided.

Possible dates for Local Events in the Autumn included 3 October, 7 November (the day before FVO's SOL), and 5/6 December (depending on the ESOA Championships).

A programme of Sprintelopes had been drawn up for the Spring and Summer. William mentioned that there were some dates available in April and May, and he would try to secure some for the Club.

A discussion on the 6-Days for 2027 would be held under AOB.

6 Juniors

Laurence summarised the results from the JIRC and JHIs.

Lucy Ward was 9th in the Individual, and a member of the Relay team which placed 9th, at the JIRC.

Laura Kitchin was 8th in the Individual W14, and a member of the Relay team which placed 2nd, at the JHIs. Lucy Ward was 9th in her Individual W16 event.

Mairi mentioned that Laurence had been placed a creditable 23rd in M18 at the JEC Sprint on his return from injury.

7 Training

ESOC have a programme of adult coaching, and wondered if INT wanted to be involved, either as tutors or as pupils. Paul would ask around to see if anyone would be interested. ACTION – Paul

There was speculation as to whether anyone from the Club attended the recent session at Kinnoull Hill.

It was mentioned that Roger Scrutton would be holding an Event Safety Workshop on 27 October. Any member wanting to officiate at events would need to have attended such a workshop.

John mentioned that, at Lorna's request, he had registered Wednesday evening S&C sessions as BOF Activities from 24 September until 24 December inclusive.

8 Development, Marketing and Communications

Graham had agreed to take on responsibility for Marketing and Communications. This included preparation of the Newsletter, and of INTeresting.
He was of the opinion that Marketing could be achieved by using a set of templates including where to present event information (e.g. using the Club's A-frames) and a resource list of tasks focussed on events, as dates approached.

There was some discussion about whether to take advantage of Google Drive, or OneDrive, as a repository for information. Graham and William would look into the possibilities. ACTION – Graham, William

Graham suggested seeking reports from elite runners following major events.

Expansion of the use of Social Media would be investigated. Mairi would look at Facebook and Instagram. ACTION - Mairi

It was also suggested that more members should be encouraged to source more material for the website.

9 Mapping

It was suggested that Selm Muir Wood, near East Calder, might offer some possibilities. However, those with longer memories felt that it would not prove to be very appealing.

Max would provide a link to some mapping resources.

10 Captain

The Club was triumphant in winning the CompassSport Trophy Final at Redcar on 14 September. Thanks were due to Rob for organising the team.

11 Socials

Mairi announced that there would be a Hallowe'en Party on Friday 31 October at 5 Strathearn Road.

12 Any Other Business

Graham reported that, with effect from 2027, the method by which the 6-Days is organised would change. The East Area would be responsible for setting up a Central Organising Committee (COC). Graham himself was acting on behalf of the ESOA Committee. Richard Oxlade had taken over as Chairman of the 6-Days Committee from Dave Kershaw. The Chairman of ESOA, Michael Atkinson, had circulated an e-mail, regarding setting up a COC. Some rôles would need to be identified very soon. These included Treasurer, Mapping Coordinator, and Technical Convenor. The SOA would be appointing an Assistant Coordinator. An advertisement seeking volunteers for further positions would appear in November.

Interløpers would be represented on the Central Committee, but would also be allocated a Day.

In the short term, the emphasis would be on seeking volunteers.

The Event Centre would be in Aberfeldy.

Paul had some points to make.

Firstly, he suggested that the Committee had several coopted members, and it would be good if they were able, at the next Committee Meeting, to present a report.

He pointed out that the new legislation required that First Aiders should have a PVG certificate. The current list of First Aiders on the website would be checked. ACTION – John

Mike offered to undertake a re-survey of the Dalrulzion map (currently an SOA map).

It was noted that the new batch of O-kit trousers was due to arrive the following day.

The next Committee Meeting would be held on Tuesday 9 December 2025 at 7:30pm at Paul's house.

Max and Jane were thanked for their hospitality.

The Meeting closed at 9:30pm

John Barrow (Hon. Secretary) – 14 Nov 2025
Morag McIntyre (Asst. Secretary)

SUMMARY OF NFW ACTION ITEMS

No.	Action Details	Assigned
2/1	Site visit to Dalrulzion and Drummond Hill	Paul
2/2	Develop a Junior Section for the website, and investigate existing archived material	Ann
2/3	Liaise with Graeme Ackland RE Mapping Convener post	Paul
2/4	Training in how to produce material for the website	Graham, William
2/5	Speak to Ken Daly regarding contacts at West Lothian Council	Paul

3/1	Inform Matthew Leitch about arranging the 2026 Club Championships	John
3/2	Set up a generic default username in the Namesco database	John
3/3	Review membership list	John
4/1	Carry out analysis of costs of entering Club teams for Relays and CSC	Robin
7/1	Ascertain level of interest in ESOC's adult coaching sessions	Paul
8/1	Investigate the use of Google Drive and/or OneDrive as a repository for information	Graham, William
8/2	Investigate extending use of Facebook and Instagram	Mairi
12/1	Check that First Aiders had PVG certificates	John