

Saturday		Sunday		Mid week
2020				
04-Apr	Local Event - Polkemmet			
25-Apr				29th = SprINTelope 2 - Jack Kane Centre
02-May	Local Event - Colinton Dell			
06-Jun	Local Event - Dechmont Law			
20-Jun				24th = SprINTelope 10 - Little France
27-Jun				1st = SprINTelope 11 - Prestonfield
11-Jul				15th = SprINTelope 13 - Astley Ainslie
25-Jul				29th = SprINTelope 15 - Morningside
08-Aug				12th = SprINTelope 17 - Swan Spring
22-Aug	SOC Individual	23-Aug	SOC Relays	
05-Sep	Local Event - Braidburn Valley Park			
03-Oct	Local Event - Mortonhall			
07-Nov	SOUL 7 - Livingston (INTrepid W/E)	08-Nov	SoSOL - Kinneil Wood (INTrepid W/E)	

07-Mar-20