

INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 126

March 2002

126

The Bits You Don't Normally See

In a blatant attempt to generate more interest in club activities the newsletter editor has decided to go decidedly down-market and acting on the principle that sex sells he has decided to bring content of a prurient nature from Page 3 and plaster it loud and proud on the front page. If it worked for The Sun and the Daily Star it might work for Interlørpers.

So how's about this then, guys and gals? This is what happened When Louis Met Interlørpers. One of many wild moments from the Interlørpers Christmas Party. Losh what high jinks we got up to! Tim nearly fell over trying to pin the tinsel up! As the evening wore on and inhibitions became progressively looser abandon was cast to the winds as evil scheming paparazi Bazza brought out his

digital camera and captured for posterity, the consumption of mince pies, shortbread and more vegetarian dishes than you could shake a stick of celery at. As the effects of a particularly potent punch began to take its toll, this bevy of cross-dressing lovelies were persuaded to pose for the camera. Shorn of their lycra and army surplus tent material this is what they really look like exposed for all to see.

Cor - What A Bunch Of Scorchers you might be prompted to say. Or even Phwoarr! Who would have thought we possessed such luscious, leggy, lovelies? So do we send out a challenge to other Scottish clubs to see if they can come up with a more attractive selection or are we getting a bit too non-PC here? But who are they?

(Check the back page for the answers!)

Easter Special

Letter From America

No Great ESOC Control

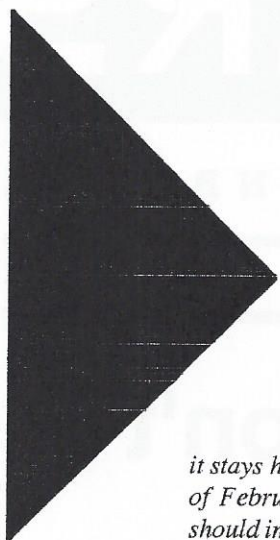
No Articles Submitted

Not A Lot Really Is There?

Apart From A Fair Number Of Results To Ponder Over And Events To Look Forward To



Left to Right, Steve Ambler, John Barrow, Bill Mason and Pat Squire



it stays here because even I left it till the end of February to do something about it so I should imagine that some of you dozy lot still haven't renewed either. Do it now !



Membership Renewals for 2002

Full members should already have received their BOF membership renewal forms for 2002. If the SOA adopt the same arrangements as for last year, renewals of Associate membership should be sent to the Club Secretary, who will forward the information to the SOA Membership Secretary. The Full (BOF+SOA+Club), Associate (SOA+Club) and Club-only fees for 2002 are:

Category	Full	Associate	Club-Only
Junior (Born 1982 or later)	£6.50	£4.00	£1.00
Senior (Born 1981 or earlier)	£23.00	£13.00	£5.00
Family	£35.00	£20.00	£7.00
Group	£25.20	£17.00	£2.00

Note that Juniors aged 19 or 20 are expected to be Individual members. Juniors included in families may be aged up to 18 only. Ages are taken as at 31st December 2002.

If you intend renewing your BOF membership, please send the entire form and subscription direct to BOF. Note that (a) the subscription to **CompassSport** is handled independently of the BOF subscription, and (b) you have an option to receive the Ranking List for an extra fee.

Would Club-Only members please send their subscriptions (payable to INTERLØPERSO.C.) for 2000 to

John can also handle conversions from Club-only to either Associate or Full membership. Please phone 0131-440-2136 for answers to any queries.

John Barrow
3 Charlton Grove
Roslin
Midlothian
EH25 9NY
jbw@roe.ac.uk

In The Club

A big hello and welcome to Interlørers to new members Carcas Family, Max (M21), Jane (W35), Alex (M10) and Freddie (M2), 62 Newbattle Terrace, EH10 4RX
Claire Williams (W21), 1 Manse Street, Aberdour, Fife, KY3 0TT

Have lots of fun in the forest and be happy on the hills !

On The Move

Ackland Family, 67 Maple Court, Highland Park, NJ 08904, USA

Allison Laws, 1 Ellen's Glen Loan, EH17 7QN

Matthewson / Tidmarsh Family, 11 St Mungo's Lea, West Linton, Peeblesshire, EH46 7JA

Geoff Peck, Flat 50E, Block 9, Tung Chung Crescent, TUNG Chung, Hong Kong

Keith Turner, 67 Restalrig Road South, EH7 6LF

Wired !

Brad Connor	brad@wirepost.co.uk
Scott Fraser	scott2k4@hotmail.com
Ruth Pyatt	rooslug@aol.com
Steve Conway	steve@fitt-conway.fsnet.co.uk
Celia MacIntyre	cecilia.macintyre@scotland.gsi.gov.uk
Ray Heyworth	ray@heyworth29.freemove.co.uk

Wired up or just rewired, here's where you can contact them. Connor the Barbarian changes yet again no doubt trying to stay one step ahead of the authorities and his creditors. Teenage sensation Scott gets an e-mail address for Christmas. Celia is probably the only club member who has had more e-mail addresses than Brad. I guess that's what happens when you work for the government. Ray proves you're never too old to become a silver surfer

Not In The Club

It Happened Last Month ! Sometime Interlører, regular Meadows participant and all round biathlete about town, Peter Dymoke sent us this message

Dear All,

I became a father yesterday (February 18th) at 1219 hrs. Jack Patrick McKenzie-Dymoke was born weighing 8 pounds 8 ounces in the old money. Both baby and Beth are currently sleeping it off in ward 2 of Forth Park Hospital, Kirkcaldy, Scotland.

Peter

From The High Chair

this guy writes so much he does me out of a job. i ask you ! what is there left for me to write about if you lot don't send me any interesting articles worthy of inclusion

Winter is over, the East of Scotland O League (ESOL) has been put to bed for another year, INT have narrowly avoided the Compass Sport Cup (CSC) Final in the South of England (Hurrah !), and the shiny new Scottish O League (SOL) is upon us. As ever, Interlopers will be out in force competing at events throughout Scotland, the UK and beyond, but what club events are there to look forward to ? First up, on Saturday 6th April is our UK Cup race at Archerfield organised by Hilary Quick. This will involve a mass start multi loop race aimed at the UK's elite runners, providing exciting head to head competition and an opportunity to compete against the country's top orienteers no matter what your ability. While we may not be expecting a massive entry, the complexity of this 'one person relay' will require plenty of helpers on the day, but everyone that wants will be able to run.

On Saturday 1st June we are organising the Scottish (SOA) Championships at Rogie, north of Inverness. Yes, it is a long way to travel, but the reward will be top class championship terrain and courses. Heather and I are organising and

will be looking in the near future for volunteers to take on the co-ordination of key roles such as computing, start, finish, parking / assembly etc.

On Friday 14th June we shall be organising an event for National Orienteering Week (NOW) followed by a club social. It is proposed that this will be on Arthur's Seat and we shall be encouraging local running / outdoor clubs to come along. And so that we don't miss out on an opportunity for O jargon, why don't you BAFO ? That's bring a friend orienteering ! Gillian Godfree has offered to arrange this event.

In addition, throughout the spring, watch out for Interlopers' highly enjoyable Wednesday evening mass start short races run in conjunction with the ESOA Summer Series. Once again Gillian has offered to co-ordinate the series - Any offers of help will be gratefully received by her.

A final date for the diary is the club AGM, which has been pencilled in for Thursday 20th June. As ever, the club will be on the look out for new committee members and fresh ideas, so please get in touch if you would like to get involved.

Looking ahead, the SOA Executive has recently approved revised fees for using SOA areas / laserprinting SOA maps. Many of Interlopers' northern events use SOA areas and so will be affected. Where in the past clubs were charged £1 per map, in future the charge will be £0.70 per competitor (for copyright) plus £1 per A3 sheet (for printing). While there is scope to reduce the impact of this increase by printing more than one map (e.g. of short courses) on an A3 sheet, it does still place a further cost pressure on our events. Bearing in mind that Interlopers' more distant events have not tended to make substantial surpluses in the past, and that landowner, toilet, map and event levy charges are all rising, perhaps now would be a good time to review the club's policy on organising events. Should we continue to put on high quality, but potentially loss-making, events in Scotland's best terrain, or should we concentrate on making the best of the areas available nearer to home ? Let us have your views on these developments, please !

Ben Hartman

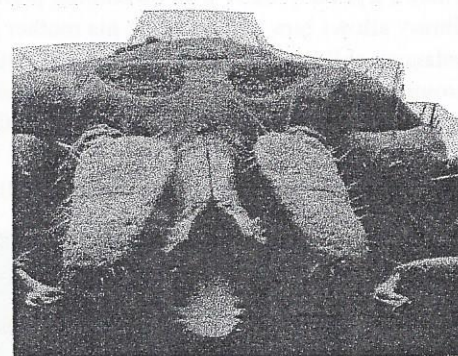
East of Scotland Summer Series



April 24	Holyrood Park	EUOC
May 1	Carberry Tower	ELO
May 8	Craiglockhart Hill	ESOC
May 15	Mortonhall ?	INT
May 22	Eildon Hills	RR
May 29	Hillend	ESOC
June 5	Kinneil Wood	LINOC
June 12	Saltoun	ELO
June 19	Fordell Firs	KFO

Wednesday Evenings
4.00 - 7.00pm
Short Races at most events
for more details of the events
phone Janet Clark (ESOC) on
0131-225-7771
or John Barrow (INT) on
0131-440-2136

Wild Guess



For lovers of BBC Wildlife Magazine what have we got here ? No prizes for anyone who correctly guesses what it is. Just hope you don't see any this summer !

The Christmas Circular From America

the wild and wacky transatlantic adventures of sometime chairperson, his incredibly tolerant wife and their child prodigy

Dear friend, relative or recent purchase of property from same,

We are delighted to personally wish you (insert name here) a Happy Christmas . . . or New Year if this doesn't wing its way to you on time. Somehow it's difficult to keep pace with the celebrations over here, which happen thick and fast. Since we arrived in mid-September (Graeme) and early October (Jane and James) we've experienced Hallowe'en and Thanksgiving, both of which required so much festivity and decoration that it's hard to believe it can be outdone by Christmas. In addition, there seem to be a million schmillion Jewish festivals, which are much in evidence in the 40% of Highland Park that sports orthodox headgear.

After an initial period of culture shock, particularly with respect to New Jersey roads and the US dependence on cars, we seem to have adapted reasonably well, and have worked out how to cycle or run to most of the places we need on a day to day basis. We do our bit towards supporting the economy / polluting the world by travelling huge distances at weekends instead. The furthest we've been was Niagara and the Finger Lakes in upstate New York, which was well worth it, not just for the orienteering. Neither of us have really got the hang of running through the local flora which has a persistently spiky theme, or avoiding those 5 minute errors. Apart from O'ing we are on a mission to return to the UK with a suitcase full of road race memorabilia, commemorative t-shirts plus miscellaneous metalwork in the form of trophies and medals which are piling up on a weekly basis.

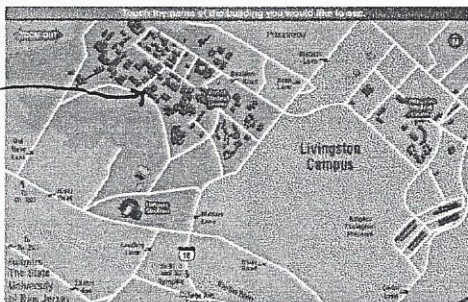
Graeme seems to have arranged himself rather more work than Jane thought sabbaticals were all about. E-mail means he hasn't completely escaped from work back in Edinburgh, and a day at Princeton per week keeps him on his toes. The rest of the week, he's at Rutgers which is probably just an ordinary American university, but seems to have stupendously good facilities and beautiful grounds, Hampden-size stadium, indoor and outdoor tartan tracks and a 50m swimming pool that Jane is lusting after.

Meanwhile Jane is adjusting rather too well to her new occupation (homemaker) being unable to practise paediatrics without sitting the U exams. We hope this vocational diversification will spice up her CV when applying for consultant posts in Edinburgh next autumn. Our university apartment saved all the hassle of getting furniture and stuff, and makes Jane's onerous job a little easier. There's a spare bed in James's room which is free to any visitors, and a square mile of forest outside our back door, which will host an orienteering event as soon as Graeme's finished mapping it (March 9th).

As James is 2.5 years he's old enough to start nursery. After a lot of searching, he picked one based on the accuracy of its Hallowe'en skeleton, crafted from plastic milk bottles. So far the weather's been t-shirty, so he's been spending a lot of time outdoors. There's a good YMCA with swimming pool and gym activities, and the childrens' library allows him to read while his mother gossips. Happily, James seems to be a well-balanced child; he is almost as obsessed with orienteering (he practises by running around the flat carrying a map) as with train and plane spotting. Hopefully we can persuade him to dress tastefully in O-kit rather than a furry hooded anorak.

Letter is non USPS-Anthrax compliant - Microwave before use.

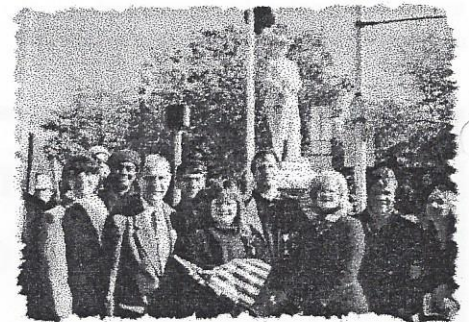
Where he works !



Where They Are



The Official Unveiling Of The
Doughboy Statue After Cleaning




A View Of Picturesque Downtown
Highland Park






Events



Saturday 6th April
UK Cup (INT)
(Hagaby and EOD Colour Coded)
Gullane
NT 479831
 Information from
 Hilary Quick (0131-664-1113)
 EOD £7 / £5



Sunday 7th April
UK Cup / SOL2 (FVO)
North Achray, Aberfoyle
NN 505066
 Organiser
 Becky Osborne (01786-860301)
 Entries to
 Sinclair Family
 118 Claremont
 Alloa, FK10 2EG
 sinclair@msn.com
 CD 20th March
 Entry £8.50 / £4.50
 Ltd EOD £10/£6


Weekend 13th/14th April
BUSA Champs (EUOC)
Closed Event !
Touch - Individual
Beecraigs - Relays
 Organiser
 Bruce Duncan (0131-229-9708)


Sunday 14th April
BASOC Colour Coded Event
Inshriach North, Feshiebridge
 Organiser
 Marion McCormick
 (01479-810807)




Saturday 20th April
GRAMP Colour Coded Event
Balnagowan, Aboyne
 Information from
 Paul Duley
 (014467-642943)
 Entry £3.50 / £1.50


Sunday 21st April
SOL3 / Northern Lights
(MAROC)
Sluie, Kincardine O'Neil
NO 603987
 Organiser
 Angela Panther (013398-81203)
 Entries to
 Roger Coombs
 Cairngorm, Woodside Road
 Banchory, AB31 5XL
 coombs.five@btinternet.com
 CD 8th April
 Entry £8 / £3
 Ltd EOD £10/£6


Wednesday 24th April
ESOA Summer Series
Holyrood Park (ESOC)
 Information from
 Janet Clark (0131-225-7771)
 Starts 4.00-7.00pm
 Short Race 7.00pm
 Entry £1


Saturday 1st June
Scottish Championships (INT)
Rogie, Contin
NH 443595
 Organisers
 Ben and Heather Hartman
 (0131-447-9121)
 benhartman@btopenworld.com
 Entries to
 Darina Cunnane
 29/4 Prestonfield Avenue
 Edinburgh, EH16 5EG
 darina@antirad.freeseve.co.uk
 Entries tba

30&31 Mar - JK, Forest of Dean
 20 Apr - UK Cup Park Race, Williamson Park, Lancaster
 21 Apr - UK Cup Long O, Simpson Ground/Blakeholme, Newby Bridge
 27 Apr - JOK chasing sprint, Lake District
 27 Apr - Local Event, Drumlanrig Wood, Thornhill
 28 Apr - Colour Coded Event, Sleepieshill, Llanbryde
 28 Apr - National Event, Bigland Hall, Ulverston
 4 May - British Elite Champs, Short Race, Binevenagh, Limavady, Northern Ireland
 5 May - British Championships, Benone Strand, Limavady, Northern Ireland
 6 May - British Relay Championships, Baronscourt, Newton Stewart, Northern Ireland
 12 May - Badge Event. Eel Tarn, Egremont, Lake District
 18 May - UK Cup Short Race
 18 May - Colour Coded Event. Bull Crag, Bellingham
 19 May - Badge Event. Keilder Burn, Bellingham
 1 Jun - Interlopers Scottish Champs, Rogie
 2 Jun - Scottish Relays
 9 Jun - Colour Coded Event. Bogendreip, Banchory
 15 Jun - NOW (National Orienteering Week) Event, Princes Street Gardens
 15 Jun - Local Event, Glen O'Dee, Banchory
 16 Jun - Colour Coded Event, Battan Wood, Inverness
 22 Jun - Colour Coded Event. Loch Vaa, Aviemore
 23 Jun - SOL, Docharn and Deishar ?
 4 - 8 Aug - Lakes 5 Days, Penrith
 24 - 26 Aug - White Rose Weekend, White Horse, Thirsk
 25 Aug - Colour Coded Event. Redburn, Tarland
 31 Aug - SG, Forrest Estate East, Dalry
 31 Aug/1 Sept - Harvester Relay, Dipton, Hexham (Men's team 7 runners, Women's team 5 runners)
 1 Sept - 11 Person Relay, Drumlanrig, Thornhill
 14/15 Sept - Senior Home International, Newquay
 21 Sept - Junior Home International
 21 Sept - Colour Coded Event. Deishar, Aviemore
 22 Sept - SOL, Dallaschyle, Cawdor
 28 Sept - National Event / Veteran Home International, Merthyr Tydfil
 6 Oct - SOL?

dnf

as well as standing for did not finish,
on this page it means **do not forget !**

- You should all have entered the JK and British Championship Relays by now - well those of you who are interested in that sort of thing. Club Captain Mrs Godfree (0131-667-9747) is the person to contact if perhaps someone has had to withdraw, you've had a last minute change of mind and are pretty good at grovelling.
- Lost at Craigmillar Castle on Saturday morning - One, red, 'High Five' drinks bottle. Owner distraught ! Any news gratefully received. Phone Barry 'Compo' Owen on 01324-861371.
- Janine is probably still looking for money after her 5km swim in the Commie Pool the other day. I should imagine it's not too late to make a retrospective donation to her for MacMillan Cancer Relief if you wish. She can be contacted on 0131-229-6404.
- Remember we're organising the UK Cup at Gullane on Saturday 6th April. Hilary will be grateful of any offers of help and sooner rather than later. Phone now on 0131-664-1113.
- The British Universities Students races are on the next week. The individual at Touch and the relays at Beecraigs. Some of you might want to volunteer your services. It's not compulsory. You might be able to get a run out of it if you are lucky. There again you might not if you've been reading the e-mails on the subject. Bruce Duncan is the person to approach if you are interested in lending a hand. (b.j.duncan@sms.ed.ac.uk or 0131-229-9708).
- If you're reading this and you're not a club member and you think that you might like to be then the person to get in touch with is Club Secretary, John Barrow. Address and telephone number on Page 2 in the Subscriptions box.
- Graham McIntyre is looking for comments on the Lochaber 2001 scoring system as he is inclined to stay with it for Moray 2003. If you have any views you wish to make known Graham will be happy to hear them. (0131-664-1916).
- A brief note from Mrs Ackland. Hope you're all well. I look at the fixtures list with jealousy; O here doesn't start for another fortnight, and that's only because Graeme's added our backyard event to the calendar then ! How about adding APOC 6 - 14 July and Rocky Mountain 1000 Days 19 - 28 July to the list? Should be fantastic, Come and join us! Alberta and Wyoming are not much more of a plane trip away for you lot than for us.
- There are still a few posts in the Moray 2003 extravaganza waiting to be filled. Probably the one of most concern is Day Co-ordinator. If you're interested in what posts are left contact El Supremo (Pat Squire) on (0131-445-4830).
- The Anthony Squire Holiday Fund has been resurrected ! With the rapid progress he is making, young Scott Fraser may be going sur le continent this summer with the creme de la creme of the nation's youth. If he was English it would just about all be paid for him but despite being a GB extravaganza because of the peculiar way the finances are organised Scottish orienteers are having to stump up the whole wack. The Committee have kindly consented to a grant being made to him with the usual rider that he writes an article for the newsletter when he comes back. Remember that the club does have money for deserving causes and not just for juniors. Some committee members have funded lavish lifestyles on the expenses they've managed to wangle over the years. Oops, schtroom ! Here come the auditors ! Seriously, if you do need some financial assistance for your orienteering activities try and catch Treasurer Dave when he's in a good mood and after we've run an event and there's money in the bank.
- Dnf we have 4 club members out of a total of 7 in Scotland benefiting from lottery funding courtesy of the Talented Athlete Programme. A big round of congratulations to Tim Lenton, Daniel Marston, Gordon Riemersma and Murray Strain.
- You should be able to claim 10% discount on any running gear purchased from Run and Become in Dalry Road. Deal brokered courtesy of Ken Daly I believe.
- Ken is also looking for a volunteer to be on the JDO Sub-Committee to oversee the work of Peter Coutts. The job isn't onerous. It will probably involve 3 meetings a year with members from ELO and ESOC to monitor what Peter is doing and agree on the structure. It is mainly a watching brief and you will be expected to give some verbal feedback to the ESOA Committee. Anyone interested ? Phone Ken (0131-661-4089).
- Dnf a few club members have suddenly aged 5 years and may be rather sensitive about it. So have a good look at the next address list and pick your targets for unmerciless ribbing carefully. There's a new W40 I believe who is particularly fraught at this turn of events but it doesn't appear to be affecting her running speed any judging by the last time I saw her at the Meadows.
- Provisional date for the SOA AGM is Saturday 11th May at Glenmore Lodge. BASOC may be organising an event in conjunction with it.
- Next committee meeting is scheduled, at present, for JB's, 3 Charlton Grove, Roslin (0131-440-2136) on Monday May 13th. Why is it never held at my house ? Someone tell me please !

Sunday 30th December ELO Festive Frolic Yellowcraigs, Dirleton

12th	John Barrow	M55	40.56
	Colin Inverarity	M45	37.57
	Morag McIntyre	W40	32.57
	Phil Smith	M35	30.38

One of my favourite events of the year as long as it's not too cold or howling a gale. We were lucky this year. It was a brisk but pleasant day. Not a lot of Interlopers here unfortunately. Most of the big boys and girls were away trying to play up north but were stymied by too much snow making orienteering impossible. A total of 34 souls had ventured out this year, so with a depleted field did Inverarity have a chance of glory? Perhaps! Previous races have seen me come down on the intellectual side of things and I had mentally prepared myself for the strategy of haring around as fast as possible to all of the controls and to hell with the clues and hope that the time penalty was not too severe. Cunning as ever these ELO types had outwitted me with a Red Herring O. There were 5 groups of four controls. One control in each group was a red herring and if you were sure of the odd one out you could miss that control out. If you missed out the wrong one you were disqualified. When I found out the categories I was fairly confident about African countries, knew my Harry Potter books and penguin species, didn't even think about the Bob Dylan albums and went to all the Verdi operas 'cos I'm not a classical buff. My familiarity with the area saw me making good route choices and no mistakes. I was first back. In throes of exultant joy I went through my answers confidently, only for the organiser to point out that Don't Look Back was a Dylan film and not an album! Not having bought a Dylan album since Live At Budokan in 1979 I had no idea that Love And Theft was his latest. By the time I had got my breath back and it was suggested I might go out and get the missing control, Andrew Dalgleish of ESOC came home in 27.44 to win. Needless to say Love and Theft was almost at the eastern end of the map. I was deemed in the end to have taken them out of order but would have finished 9th. Morag didn't know her Dylan albums either. Phil didn't know anything. That's not true! It was Dylan and Verdi that done for him. Musical philistine obviously. It was left to elder statesman Barrow to show there is some intellectual rigour in Interlopers.

Saturday 12th January INT Colour Coded Event Dechmont Law, Livingston

White

9th	Walton Family		44.26
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Orange

2nd	Ray Heyworth	M70	28.10
8th	McIntyre Family		50.38

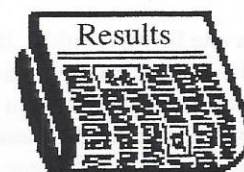
Green

1st	Al Matthewson	M35	51.49
7th	Karen Dobbie	W35	54.41
11th	Fiona Weir	W21	56.12
13th	Morag McIntyre	W40	61.52
15th	John Barrow	M55	64.46
17th	L. Tidmarsh	W21	66.13
26th	Jamie Andrew	M21	66.31
30th	Anna Wyatt	W21	68.37

Blue

1st	Dave Godfree	M21	36.02
4th	Ben Hartman	M21	39.00
5th	Chris Godfree	W21	40.05
10th	Ken Daly	M40	46.29
12th	Paul Caban	M35	49.06
13th	Gillian Godfree	W21	49.14
14th	Dave Simmons	M21	50.42
17th	Heather Hartman	W21	54.49
18th	Hilary Quick	W45	55.00
23rd	Colin Inverarity	M45	61.12
25th	Gordon Ross	M45	61.42
27th	Niall Inverarity	M18	63.39
29th	Darina Cunnane	W21	67.28
37th	Steve Ambler	M50	76.00
disq	Barry Owen	M55	60.00

One of the more well attended Saturday morning events and a whole mess of Interlopers as well. The chance for many to shed some festive pounds and blow away a few cobwebs. The first success for me was actually getting there without getting lost which inevitably happens to me whenever I go to Livingston. The day was worth it just for that. The inclusion of a Blue course pulled out a few more competitive orienteers but neither Steve Nicholson or Patrick Walder were fast enough to beat Dave on the day. I was only 27 minutes behind Dave. I can think of one costly mistake in the rides up by the motorway. For most of the time I was plodding along fairly steadily helped towards the end as I struggled to keep up with Dave Simmons, the forgotten man of Scottish orienteering, out for a run in his backyard.



Sunday 20th January ESOL6 (ELO) Hedderwick Hill, Dunbar

White 1.2km

1st	Mark Haley	M7	11.21
9th	Alex Carcas	M10	27.30

Yellow 2.1km

1st	Stephen Haley	M12	14.30
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Orange 3.1km

1st	Patricia Alston	W35	38.33
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Light Green 4.7km

6th	Ray Heyworth	M70	53.33
15th	Su Twissell	W21	68.05

Green 5.2km

1st	Ann Haley	W35	40.57
5th	Graham Haley	M35	48.44
9th	Mary Ker	W21	50.50
14th	Fiona Weir	W21	53.10
20th	John Barrow	M55	59.03
40th	Anna Wyatt	W21	74.28
43rd	Jamie Andrew	M21	78.18

Blue 7.2km

1st	Pat Bartlett	M21	48.52
4th	Heather Hartman	W21	52.58
7th	Rob Bloor	M40	54.21
9th	Colin Inverarity	M45	55.27
13th	Hilary Quick	W45	57.29
17th	Bill Mason	M50	59.42
18th	Barry Owen	M55	59.51
31st	Darina Cunnane	W21	70.40
36th	Graeme Ross	M21	72.19
38th	Max Carcas	M21	73.01

Brown 9.9km

1st	Ben Hartman	M21	56.00
5th	Paul Caban	M35	65.48
6th	Ken Daly	M40	68.07
9th	Brad Connor	M21	72.24

Now this is one I always enjoy. It's flat, it's runnable, it's picturesque with the spit and the estuary and it's fast. We're on punching starts today which gives that fiercely competitive Hartman woman the opportunity to tag along behind me until I start going too slow for her. Marking the controls down on the map under the lean-to is a bit difficult with the orange glow and the preponderance of orange on the map. Hopefully they're in the right place. I start off well. There have been times here when I've blown the first control. Not this time however. I do end up going on the wrong bearing to 3 but manage to adjust without too much time lost, I think. By 5 and the crossing point across the bay Heather is up alongside me. She takes a more direct route into the dunes and reaches 6 before me. We swap positions along the dunes and through the marram grass to the tip of the spit. I begin to pull away a bit on the way back into the wood but I aim for the wrong re-entrant and she gets ahead of me again. We've caught up with someone else who shows us a clean pair of heels on the legs but isn't that confident at actually finding the controls. We do a big loop of the wood with me leading most of the way but by 19 I'm beginning to tire. Heather screws up 21 and we all lose some time. Why is it whenever I follow anyone they make mistakes? The pair of them outspint me from 24 to the finish but I'm happy with my run. 7.2kms in under 56 minutes. That's less than 8 minute k's! It's nowhere near as fast as the rejuvenated Pat Bartlett who romped round to win. I thought having children was supposed to slow you down Pat. Behind me Bill beats Barry by 9 seconds. There are wins for Mark, Steven, Patricia, Ann and Ben which round off a very successful day for the club. Ben goes round in under 6minute k's.

Sunday 10th February ESOL7 (EUOC) Corstorphine Hill

White

1st	Mark Haley	M7	20.49
9th	Alex Carcas	M10	43.16

Yellow

2nd	Stephen Haley	M12	30.48
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Light Green

2nd	Ray Heyworth	M70	47.58
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Green

2nd	Ann Haley	W35	38.44
12th	Fiona Weir	W21	54.25
13th	John Barrow	M55	55.11
28th	Jane Carcas	W35	67.50

Blue

7th	John Mitchell	M40	68.05
12th	Bill Mason	M50	72.30
13h	Barry Owen	M55	72.57
18th	Darina Cunnane	W21	78.14
20th	Steve Ambler	M55	80.47

Brown

4th	Rob Lee	M35	62.17
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I've just shaken off a niggling calf injury which I picked up courtesy of indoor football. I could see myself writing lots of £28 cheques for some deep massage at the physiotherapists but it cleared up with a few days rest. The only problem is I've now got a runny nose and a sore throat and won't do myself any favours if I run today so I give it a miss. When did I start becoming sensible? A lot of other Interlopers are absent also. It's up to the Haley / Heyworth combine to continue in their mission of total East of Scotland domination. But only 2nd places this time, folks - You're slipping up! Rob Lee is spotted in a results list for the first time in many a moon. The rest of the elites must have been away playing elsewhere that day and didn't tell him. John Mitchell drags himself away from the volleyball court for one of his periodic forays into the forest and shows he's lost none of whatever it was he had in the first place. The battle of the giants, Bill and Barry, continues apace with the former coming out on top this time by 27 seconds. You're losing it, Barry!

Sunday 3rd March ESOL8 (RR) Eildon Hills, Melrose

White 1.3km 50m climb

8th	Mark Haley	M7	21.38
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Yellow 2.0km 70m climb

1st	Stephen Haley	M12	19.28
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Orange 3.0km 120m climb

1st	Patricia Alston	W35	38.39
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Light Green 3.8km 190m climb

1st	Ray Heyworth	M70	62.37
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Green 4.5km 170m climb

1st	Ann Haley	W35	56.08
5th	Graham Haley	M35	64.57
7th	Morag McIntyre	W40	65.30
10th	Hilary Quick	W45	68.33
19th	Darina Cunnane	W21	81.35

Blue 5.7km 190m climb

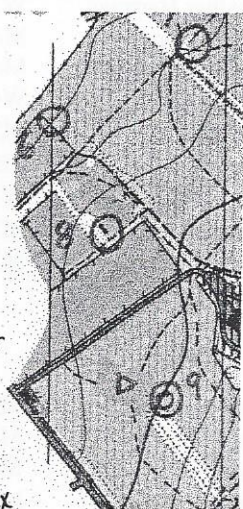
2nd	Rob Bloor	M40	62.33
21st	Colin Inverarity	M45	80.46

Brown 6.6km 320m climb

1st	Chris Godfree	M21	62.30
3rd	Brad Connor	M21	76.17
4th	Julian Hall	M35	76.54
8th	Paul Caban	M35	94.41

It's been raining solid for over a week, it's steep, it's muddy and I haven't been doing much running, I'm carrying extra pounds. I'm unfit and I have a shocker. By the last few controls I'm past caring and wearily trundle around them. I just found it a slog after the climb up to No. 1 and by the end had almost lost the will to live. Elsewhere lots of firsts for Interlopers but will it make any difference to the final league standings. Wife beats husband shock horror on Green. Grandad wins Light Green. No. 1 son wins Yellow and No. 2 son doesn't on White for a change! Someone gets the better of Martin Dean for a change when Chris wins Brown comfortably. Rob continues to show me how fast you can go round a Blue course. It wasn't really as bad as I made out. I did have some good legs in between the dreadful ones. It was the old story of not being mentally attuned to the challenge.

And I almost forgot Paul's excellent Saturday morning event at Craigallan Castle! Well done Paul xxx



White

Mark Haley	M7	7 events
Demi Lardner	W7	4 events
Alex Carcas	M10	4 events
Freddie Carcas	M2	2 events
Tina Lardner	W8	2 events

Yellow

1st	Stephen Haley	M10	646
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Orange

1st	Patricia Alston	W35	346
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Light Green

2nd	Ray Heyworth	M70	501
15th	Patricia Alston	W35	217
17th	Claire Lardner	W40	202
22nd	Jamie Andrew	M21	180
36th	Janet Walton	W35	110
65th	Su Twissell	W21	87
68th	Jane Carcas	W35	85
71st	Anna Wyatt	W21	82

Brown

1st	Ben Hartman	M21	508
6th	Ken Daly	M40	417
7th	Brad Connor	M21	415
8th	Paul Caban	M35	390
9th	Chris Godfree	M21	362
13th	Rob Bloor	M40	308
19th	Colin Eades	M35	217
21st	David Jones	M35	196
25th	Julian Hall	M35	186
29th	Dave Godfree	M21	136
32nd	Murray Strain	M18	125
43rd	Gillian Godfree	W21	105
45th	Pete Tryner	M21	100
47th	Rob Lee	M35	98
63rd	Megan Smith	W21	86
64th	Lorna Eades	W21	83
66th	Barry Owen	M50	81
70th	Ronnie Lardner	M45	66

ESOL Final Placings**Best 4 of 8 Events****Green**

1st	Ann Haley	W35	594
3rd	Graham Haley	M35	527
15th	John Barrow	M55	413
29th	Fiona Weir	W21	327
31st	Karen Dobbie	W35	315
46th	Ronny Lardner	M45	225
47th	Pat Squire	M50	223
48th	Darina Cunnane	W21	219
69th	Jo Mein	W21	136
71st	Moir Ker ?	W21	133
78th	Mary Ker	W21	120
79th	Helen Murray	W40	117
80th	Morag McIntyre	W40	116
85th	Hilary Quick	W45	111
94th	Claire Lardner	W40	105
102nd	Ruth Pyatt	W21	100
120th	Jane Carcas	W35	85
127th	Anna Wyatt	W21	82
130th	Jamie Andrew	M21	78

Blue

2nd	Heather Hartman	W21	545
7th	Hilary Quick	W45	472
11th	Colin Inverarity	M45	427
15th	Bill Mason	M50	421
18th	Janine Hensman	W21	407
21st	Rob Bloor	M40	393
36th	Steve Ambler	M55	343
38th	Graeme Ross	M21	336
51st	Pat Bartlett	M21	227
54th	Barry Owen	M55	213
56th	Niall Inverarity	M18	209
64th	Mary Ker	W21	198
65th	Darina Cunnane	W21	189
75th	Brad Connor	M21	131
77th	Gillian Godfree	W21	129
88th	Scott Balfour	M50	113
92nd	John Mitchell	M40	112
94th	Helen Murray	W40	110
98th	Ann Haley	W35	105
103rd	Alison Laws	W21	99
105th	Lorna Eades	W21	96
106th	Jo Mein	W21	96
110th	Ronnie Lardner	M45	91
111th	Max Carcas	M21	88

Sunday 17th February**ESOC Sprint-O
Penicuik Estate****Long**

10th	Heather Hartman	W21
5th	Colin Inverarity	M45
9th	Niall Inverarity	M18
10th	Mary Ker	W21
12th	Graeme Ross	M21
17th	Darina Cunnane	W21
29th	John Barrow	M55

Short

5th	Colin Inverarity	M45
9th	Niall Inverarity	M18
10th	Mary Ker	W21
12th	Graeme Ross	M21
17th	Darina Cunnane	W21
29th	John Barrow	M55

Total	Run 1	Run 2
1:30:55	0:47.19 10	0:43:36 9
Total	Run 1	Run 2
1:00:58	0:31:32 3	0:29:26 6
1:05:26	0:35:32 12	0:29:54 7
1:06:16	0:34:20 9	0:31:56 8
1:10:56	0:38:38 17	0:32:18 10
1:15:24	0:36:27 14	0:38:57 19
1:39:01	0:45:45 27	0:53:16 32

Another depleted field. The Carnethy the day before had perhaps taken its toll. Maybe Penicuik holds less attraction than Kinneil where it was held last year. Anyway, only 15 competed on long and 37 on short. Martin Dean romped away with the Long Course winning both legs and finishing over 4 minutes ahead of John Emeleus who was a minute and thirty seconds ahead of Fraser Purves. On her courses of 4kms and 4.3kms Heather finished 23 minutes behind the winner

Arriving latish after having to drag Niall out of bed and having convinced myself it was a sportident course I was a bit late in making it to the start but those nice ESOC people took two minutes off my time. After a long slog up the opposing bank chasing Ben Bate and plootering around in the bracken for a while I got into a groove and was running quite well but still a bit surprised to find myself in 3rd place a minute and a half behind Robin Strain. I started off fairly confident with him and Dave Kershaw in my sights to begin with on the second race. Going past the walled garden en route to 2 I caught a trailing wire and went flying and landed on my chest with a thump. In retrospect I don't know how I carried on because

I'm only now getting over the pain of the bruised ribs. Maybe that's what upset my thinking and saw me lose ground as I took a longer route round the out of bounds field. By 4 I had caught up with the leaders but young Kyle Heron stole a march on us at 5. I followed him into 6 and thought he's going the wrong way to the spur but did I change. No! That probably cost me the race. Older hands took a more direct route. Dave Kershaw held on to win despite a charge from Roger Garnett even although he finished only 2nd and 5th in both races. I finished 1 minute and 31 seconds behind the winner. Needless to say it was rather wet and muddy underfoot but we managed to avoid the worst of Penicuik.

Sunday 10th March
CompassSport Cup
(ESOC)
Cademuir, Peebles

Course A 8.5km 520m climb

4th	Ben Hartman	M21	82.14
	Chris Godfree	M21	dns

Course B 7.0km 420m climb

5th	Pat Bartlett	M35	69.30
6th	Rob Bloor	M40	71.22
7th	Ken Daly	M40	72.10
12th	David Jones	M35	77.07
15th	Heather Hartman	W21	83.43

Course C 6.2km 410m climb

4th	Barry Owen	M55	76.17
5th	Colin Inverarity	M45	77.47
16th	Hilary Quick	W45	96.24
	Niall Inverarity	M18	mp

Course D 5.2km 275m climb

1st	Gillian Godfree	W21	51.21
3rd	Ann Haley	W35	61.06
9th	Graeme Ross	M21	75.55
13th	Darina Cunnane	W21	86.32

Course E 4.4km 190m climb

3rd	Mary Ker	W21	60.31
7th	Fiona Weir	W21	3.39
14th	Ray Heyworth	M70	95.25
	Ronnie Lardner	M45	mp
	Ruth Pyatt	W21	dns

Course F 2.9km 120m climb

1st	Scott Fraser	M16	26.11
3rd	Patricia Alston	W35	46.46
4th	Claire Lardner	W40	62.49
8th	Su Twissell	W35	mp

Course G 2.6km 135m climb

8th	Stephen Haley	M12	61.28
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White 1.6km 60m climb

1st	Mark Haley	M7	16.18
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Courses: A B C D E F G Total (CrS Wins)

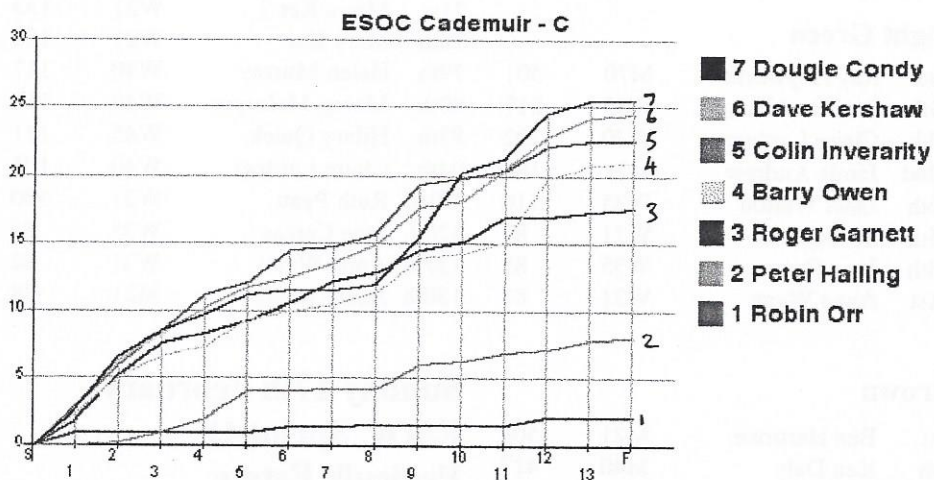
1. ESOC 11 7 15 11 19 0 4 67 (3)

2. INT 8 11 15 18 6 5 3 66 (3)

3. FVO 10 17 0 16 0 0 5 48 (2)

4. CLYDE 9 17 10 4 0 4 0 44 (1)

5. SOLWAY 7 0 5 0 15 3 0 30 (0)



OK, take a guess as to the result. Go on, have a guess. Well done, you got it! Obviously we came second! Second by one point to ESOC, so we weren't far behind. Unlucky result? Or lucky escape from having to spend a lovely May weekend on a plane to a Brambly Thicket in South Central??

Seriously, full results can be found via the BOF results page. Thanks very much to all those hardy souls who turned up and competed, and a special mention goes to the extended Haley family, particularly Stephen on his first Orange, Ray running up to Green, and also to Mark on a superb result on the White. Thanks also to Scott Fraser for giving up a longer run for a paltry mainly-downhill 2.7km. Not that he minded too much, given the weather I think!

Gillian

Well, it was chucking it down when we arrived! We'd had a fairly mild day on the Saturday so it was on the cards today would be rotten. Gale force winds and driving hail

added to the joy of the event. The prospect of a twenty minute hike to the start wasn't all that enticing but hey - once you're wet, you're wet! Arriving up in the shelter (?) of the wood things seemed a mite disorganised. Apparently the maps / master maps? hadn't arrived on time and there was a bit of a backlog so people were going off on punching starts. I went off virtually on time. Lucky me - into the teeth of the gale. Once again I could hardly see in the tent to mark my controls on. Out on the hill progress was slow as I headed into the wind on the outward legs. My fingers were so cold even with my thermal gloves that I couldn't properly move the housing on my compass. I eventually caught up with Hilary who was making just as fast a progress as I was walking with her injured ankle. Things improved on the way back as the weather brightened up. I survived but Niall had succumbed to the cold. Once again that Hartman wifey caught up with me and made a mistake near the end. I was a bit surprised to find myself in the lead when I got back but Barry soon overtook me and those I suspect who had later runs than us also.

Just as well Chris Godfree didn't turn up!

*a letter to ESOC and us from recently appointed
junior development officer, Peter Coutts*

Dear Roger and Colin,

I am writing to you in your capacities as newsletter editors and am asking for a bit of help in spreading the word about the Junior Development Officer. I have made contact with several schools where I had done some orienteering activities in the past or where I knew some staff. Basically I am offering to have two or maybe three sessions with each group, normally one class at a time. I start off with a simple plan of the classroom and have the children do some exercises there with the aim of getting them to set the map and to keep adjusting their grip on it as they move around the classroom. Some schools already have a map of the grounds but if not I will prepare one, normally drawing it as big as possible and still fit on an A4 sheet. I would then give them a course of some kind in the school grounds, possibly with a showing of the 'Getting Started' video beforehand. This could also be used with some simple games / puzzles I have as a bad weather alternative.

The aim is to get them sufficiently interested or stimulated enough to go, with parents or friends, to a Saturday Training event or to the Summer Series events. All of the school based activities would be on school premises and during school hours. If there are any members in your club, either Primary school pupils, teachers or parents, who know of a school which might be interested or who would like to discuss this further, I would be happy for them to get in touch with me. (Telephone 01968-674514)

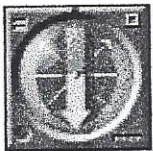
I hope that something can be done. Cheers for now.
Peter

P.S. Having taken this on I now realise that my available time is not as plentiful as I once thought it would be, so if anyone else is interested in assisting I would love to hear from them.

Interlopers Annual General Meeting

Thursday 20th June

6.30pm onwards



The Meeting Room
Centre for Sport and Exercise
University of Edinburgh
46 Pleasance
EH8 9TJ

Phone John Barrow
(0131-440-2136)
for more details

Interlopers

*say you belong to interlopers and a common response is
"What does that mean?" it's surprising how often it seems
to crop up then. here are a few I have spotted recently.*

As for Ginger Riley, the road past his place has been improved and his world has become a little more accessible. In December 1999 stories appeared in the newspapers claiming that fake Riley artworks were flooding the Australian market. The works carried Riley's distinctive missing-finger hand signature, but he insisted they weren't his. He told police that a group of people had turned up at his outstation with canvases and began painting in his style. He said he was persuaded to sign the paintings after the interlopers had got him horribly drunk.

the effect we have on Aboriginal artists courtesy of Granta 70

Storing passwords in an obvious place - Post-it notes on the monitor being one example that actually happens - is as bad. Easier to understand but just as avoidable is staff leaving their desk while they are in the middle of an internet banking session, leaving an interloper free to come and do whatever they wish, untraceably.

*the perils of e-banking according to the Guardian. Aren't there
any nice interlopers?*

The circumstances in which the great bustard disappeared from Salisbury Plain have engaged me much this week. The bird is now extinct, though attempts have been made to revive it. (How does one revive a bird that's extinct? Another of those impossible questions). According to a learned book I read on the subject, the last native birds died out somewhere between 1800 and 1820, though an interloping bustard was shot on the plain as late as 1873.

Another such interloper, thought to have flown in from Iberia, was likewise shot in 1871. Its skin, it says here, was preserved and stuffed, and its body eaten by the director of the Salisbury museum and nine of his friends

*Smallweed in the Guardian again on what happens to interloping b*stards.*

interloper / n. intruder, one who thrusts himself into others' affairs, esp. for profit. [after *landloper* vagabond (Dutch. *loopen* run)]

definition from the pocket oxford dictionary

M fortysomething



126

There seemed to be a lot in this issue as I was putting it together but when I came to filling in the straplines on the front page I had to think what is actually in it? True there is a lot of basic do your duty for club and country rubbish and the skewed Inverarity vision of event results, but there really isn't much apart from a belated Christmas letter from the Acklands. Sorry folks! My creative juices must be drying up or my sources of information and gossip are. Maybe it's both of them. Perhaps the club e-mail list is doing some of the job of the newsletter and doing it more efficiently. That new editor on the Score block certainly seems to be getting plenty of contributions. What is the secret of his success? Is it because he is new? Is it because he has the whole of Scottish orienteering to draw from? Is it because he is Irish? Maybe it is time for a new newsletter editor to breathe some life into this moribund publication. Perhaps an online newsletter on the website might be the way forward with those not having access to a computer still getting their hard copy. It would save on postage which is the major cost of the newsletter. While I am reasonably computer literate in a DTP sort of way I've never really explored the possibilities of web publishing. Maybe I should try. Perhaps one of you feels up to the task and is ready to take the poisoned chalice of newsletter editor. The AGM is coming up in June so start making overtures now if you are

interested. The Hartmans are going off on another of their round the world jaunts soon (July, I think!) so we'll definitely need a new chairperson. Hi there, Graeme! Tim is likely to stand down from Social Secretary and Niall will be off to university so we may need a Junior Representative too. It doesn't actually say in the Constitution that the Junior Representative has to be a Junior, just that he/she represents their interests. One unkind member of the committee who shall remain nameless although he holds high office in the SOA and should know better, suggested Brad for the post on account of his mental age. If you are interested in shaping the future of the club and want to take part let someone on the Committee know and we'll organise a cabal for the AGM and make sure you get elected.

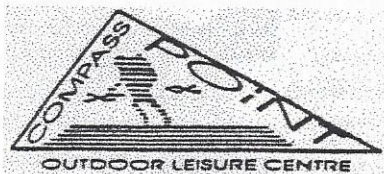
What else is happening? I'm afraid I don't know. I've been missing a few Meadows sessions for parents' evenings and the like so don't know what's been going on. Helen hosted a Burns Night which was enjoyed by those there although I believe the turnout was disappointing. The Haleys held a Pancake Party but I didn't hear how it went. Next official event seems to be the Skittles at the Sheep Heid on June 14th during National Orienteering Week. Get yourselves organised now. Be sociable you dull lot!

Recent members to join the club and not noted earlier include Anna Wyatt and Jamie Andrew,

both somewhere between 21 and 35. Hopefully you'll get to know some other club members quickly and get the most out of Interlopers. Everybody try and bring a friend orienteering to our event in Holyrood Park on June 14th.

Right got to fill up some space now so in no particular order of importance. Volunteers are needed to help out setting up before the Scottish Champs if you are available on the Friday. Let Hilary know. Relay fees for those involved have been decided as £10 and £4 for seniors and juniors. Take your money with you and pay at the event. Should we run events on SOA areas and risk losing money in the process? Are clubs being discouraged from volunteering their services? Weren't we lucky not to win the CompassSport Cup Match by 1 point and avoid a trip down to South Central Brambly Thicket Patch with Tank Ruts and Warrens in the Sand Dunes? Avoid anywhere up north between March and July because new status inferred on capercaillie is making it virtually impossible to orienteer anywhere they are found. That's the Christmas Cracker postponed again! Did you vote for SOA devolution? Do you know BOF are proposing to put up the levy by 50%? Get your motions in for the AGM. You have been officially notified. Am I at the end yet? Yes, nearly! You might see me sometime soon with a puzzled look on my face trying to find out where I am on the map. Happy Trails!

COMPASS POINT



For all your
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and Fell Running needs

10 Market Square, Lytham, Lancashire
Telephone (01253) 795597
Email Rick@compasspoint.demon.co.uk
or from Darina at most Scottish events



Run and Become Become and Run

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Telephone: 0131 313 5300
Fax: 0131 337 3133