

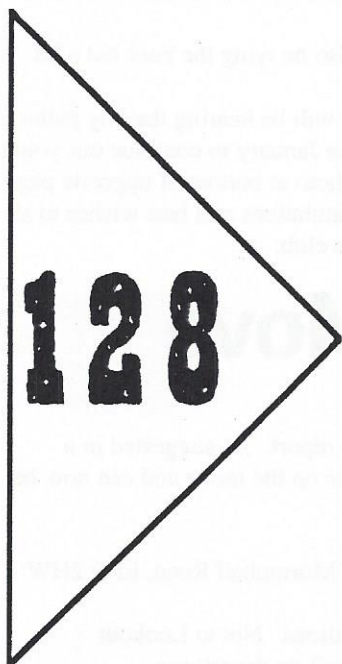
INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 128

October 2002



Archer For Interlørpers ?

With him likely to be the first member ever in its 215 year history to be expelled from the MCC I think we should seriously consider offering him a honorary position in Interlørpers. I mean that McNeill woman is ok I suppose - she keeps on winning these world titles - but we need a bit more excitement in the club and I think Jeffrey is just the man to do that !

'He is by turns mendacious, egotistical, ambitious, pushy, resilient, tactless, gullible, funny, charming, reckless, hard working, generous, self-obsessed, loyal and naive'. Doesn't he sound a typical Interlørper ?

Let's look at the evidence ! According to psychologist Oliver James he would make a good coach. "He was a trainee PE teacher. He arrived at my prep school in 1964 to give weekly sessions to the First XI soccer side - and a cracking good job he did too, memorably committed to the task of getting 12-year-old boys fit. The earnestness and passion with which he got us to do intervals of sprint-jog imprinted upon me a technique I went on using for years." Who could forget those 3 false starts before he went on to win his AAA 100yds title ?

He likes seeing the countryside, North Sea Camp, Lincoln, and now Hollesley Bay Colony which with 1,500 acres, is the largest estate in the prison system and has a seaside location, a relaxed regime and a dairy herd, stud farm and excellent sports facilities, including an outdoor pursuits centre. And he'd be good at setting out controls too. Remember how good he was at hiding brown paper bags on Victoria Station. He could make a good Social Secretary - Just ask Monica Coughlan. As a bestselling novelist he could even become Newsletter Editor. We desperately need a better one than the idiot we have just now although his rip-roaring tales are said to require teams of editors to make them readable. We could also do with an M60 to follow in Ray's footsteps. So what if Archer also stands accused of lying about his academic credentials, fiddling his expenses at the United Nations Association, fiddling other people's while a member of the GLC, stealing suits in Toronto and insider trading in the shares of Anglia TV, of which his wife was a director. We'll just have to make sure he doesn't become Club Treasurer !

Irregular Special

***Wedding Bells And
Tiny Feet***

***Return Of Great
ESOC Control***

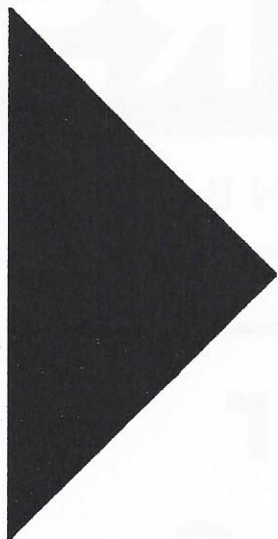
SOL Final Placings

***Where We Come
From***

***SpookO /Hallowe'en
Party***

***And The Usual
Results, Events,
Pleas For Help, Etc.***





Club Captain's Bit

Well done, lads and lassies! Further to previous reports of relay successes, we can now triumphantly proclaim the 2 most crowning glories of all - Women's and Men's UK Relay League Champions !

After Interlopers demonstrated their 'Best in Britain' style at the Harvester with a double win, the rest of the O-world was forced to acknowledge that, this year, we are the UK's best !

Here's the proof:

	Men	Women
JK	2nd	9th (1st team retired)
British	1st	2nd
Scottish	1st	1st
Harvester	1st	1st
Overall (3 best)	1st	1st

Yours in glowing success,

Club Captain (a position which **you** could soon hold - take this fantastic opportunity to serve your club **now** !)

Club Captain - Post Vacant

Now that I'm Chairperson there is a vacancy on the committee for Club Captain for anyone wishing to be involved in such a successful aspect of the club. This is the person who organises the relay teams. This year, we need to sort out teams for the JK, British and Scottish Relays in 2003. The job involves asking in advance who wants to run and entering the appropriate number of teams. Ideally the Club Captain would be around at each relay to co-ordinate team selection, register teams and to hand out numbers, but you could delegate that part if you weren't going to some of the relays.

Please let me know if you are interested.

Gillian - 0131 667 9747

In The Club

A very static membership since the last issue. All that seems to have happened is the Hartmans have gone gallivanting around the world and the Acklands have returned from their American sabbatical.

There may be trouble ahead, but while there's moonlight and music and romance . . . To those of you who have not already heard, Chris Godfree and Ruth Pyatt became engaged on 10th August and plan to marry in summer 2004. Chris is now broke and Ruth now has a big rock.

Anthony Squire and Vicky will also be tying the knot but a bit earlier in December this year.

Down in Bristol, Graeme Ambler will be hearing the tiny patter of little interloper feet sometime in January to continue our youth development programme. (See photo at bottom of opposite page if it reproduces properly). Congratulations and best wishes to all of you from me and the rest of the club.

On The Move

We do have a couple of moves to report. As suggested in a previous issue Karen and Mark are on the move and can now be found at

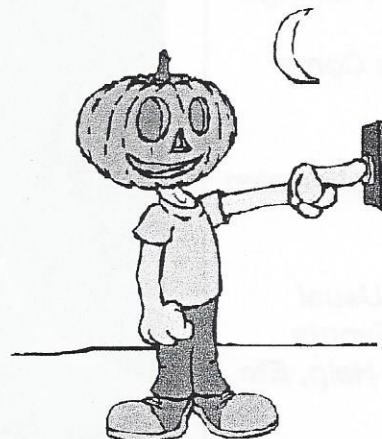
Karen Davies / Mark Dobbie, 6C Mortonhall Road, EH9 2HW

and moving further afield, the Waltons. Not to Lookout Mountain but I'll let Charlie's e-mail do the talking.

We've moved - The Highlands were calling and wee one No. 1 was about to start school so we decided it was a good time to head for a new life - A bit less stress now I'm an M40...

Charlie, Janet, Heather and James Walton
20 Redwood Court, Milton of Leys, Inverness IV2 6HD
Tel. 01463 772499

We are a couple of miles south of Inverness, just to the west of the A9. We've got a reasonable bit of moor and forest just out the back, not bad for a bit of training. Maybe we'll see you at an event up here some time.



Chair(man)'s Gibberings

musings and pleas from Gillian

Hello everyone. I hope you all had a great summer, with lots of exciting O-ing. If you're lucky, some people might even have written articles about their experiences for the newsletter - Colin lives in hope ! September has certainly been jam-packed, with 3 SOLs in 4 weeks (and even 3 events in one weekend for the terminally addicted), and the excitement is set to continue right through the winter, with plenty of thrilling activities coming up over the next few months.

The first event with Interlopers' involvement is the ESOL at Benarty Hill on 10th November. It's being organised by KFO, but they're struggling to get enough helpers. If you're going to it, please lend them a hand on the day, since they always help us a lot at our big events, such as the Scottish Champs last June and all the Six-Day events.

The following weekend will be hectic for the club. On the Saturday afternoon (16th Nov), Interlopers is organising a CATI at Mortonhall. Paul 'Superman' Caban has volunteered to do most of the actual work - it is almost his back garden, but I'm sure he'd appreciate people turning up on the day to

help, run or both. Saturday night is the Scottish Night Championships at Tentsmuir, organised by ESOC. Surely rolling about in sand dunes in the pitch black is an ideal Saturday night activity ?? Lastly for this weekend, Sunday 17th November sees our ESOL at Glenearn and Berryknowe. The Dream Team of Owen/Weir are masterminding it, but again, we'll need loads of people to help on the day. No excuses accepted - not even getting stuck in thickets all night !

On the social front, Janine Hensman is organising a weekend in the Lake District from 8th to 10th November. Possible activities include: a fell-race on Saturday, with mountain-biking, hill-running or O-event on Sunday, with lots of tea-shops thrown in. Names to Janine if you want to go. I do realise that 10th November is the day we've agreed to help at KFO's event, but they only decided on the date after we'd arranged the weekend. However, I'm sure that some of us will still be going to Benarty Hill, so please give an hour or so's help.

Mr International, Tim Lenton, is in charge of the Club Champs this year, after last

year's winner ran away to the other side of the world to avoid organising it. It will be some time around December, at a time and place to be arranged. For those who haven't been before, it's a really low-key, fun event, which everyone is obviously very welcome to attend. The only catch is that the winner gets the massive honour of organising the event the following year - unless they move out of the country, in which case it goes to 2nd place, and so on - I hope this isn't the start of a mass exodus !

Speaking of which, as one ex-chairman and wife disappear for months, it's great to see the return of another ex-chairman and wife and son. Welcome back to all 3 Acklands. Lastly, the job of Club Captain is still vacant - please please please could someone volunteer to do it, or else you'll be stuck with me doing it all next year as well.

Sorry this is all a bit of a request for people's time and help, but we do entirely rely on volunteers to function as a club and put on events. Thanks very much to everyone who has already volunteered or been press-ganged; I really appreciate it.

Gillian



Interlopers continued their winning ways with a double win at the Harvester Relay. This means that both the men and the women are now UK Relay League Champions for the year !

The women had a clear lead all the way through the women's Harvester, ending up with a 25 minute winning margin. The men, already League Champions before the race, decided to give the other teams a sporting chance when Rob's headtorch failed on the 1st leg. This made for an exciting race for those sad enough to be up and watching (so I was told...), but no-one else could compete with Interlopers, who finished by blowing SHUOC away by 5 minutes.

No doubt a certain ex-chairperson about to return from extended study-leave will be horrified at our results in his absence !

Lorna, Toni, Gillian, Kim (and thank goodness we didn't need the reserve !)

Great ESOC Controls Of Our Time



back by popular demand, well Donald Petrie actually. Isn't it shocking that our Professional Officer gets enjoyment out of us poking fun at another orienteering club ?

Never deterred by the odd spot of rain ESOC organisers strive by hell or high water to ensure their events take place. And just to make things more difficult they've cut a channel through a bog 60 yards long and 4 foot deep specially for Interlopers !

World Bog Snorkelling Championships
Penicuik Estate (Cymru)
Llanwrtyd Wells.
101 Underwater Thicket

(This year's event was won by a 15 year old boy who completed the two lengths in 1 minute 45 seconds. For those interested they hold a World Mountain Biking Bog Snorkelling Championship there as well !)

the run and become saga

the latest in a long line of interminable e-mails on the club list

22/08

A recent Interlopers newsletter carried an advert for the shop Run and Become in Dalry. If you tell them you are a member of Interlopers they will give you 10% discount on a pair of running shoes.

Of course everyone but me might know this....

Steve

Hi ! Steve is absolutely right. Run and Become should give you a 10% discount on everything if you say you are in Interlopers. If you're not sure who they are, they're a very helpful running shop with a wide selection of shoes, clothes and other equipment on Dalry Road.

Gillian

23/08

No discount until the 5th September as they are closed for their annual holidays.

Rob B

24/08

I arranged the discount for ESOA members. INT are in ESOA and our membership list was handed to Run & Become for checking purposes. ESOC and KFO have also handed in their membership lists and therefore they are all stapled together. In other words Run & Become might have to flick through the pages if KFO or ESOC are on top. On the other hand ESOC are usually in the thicket of it.

Ken.

and as anyone who reads their newsletter properly knows this has all been said before in these august pages



these may still be on the web. various interløper successes in the summer courtesy of Caban. (i'm getting alliterative in my old age - Ed). young Lenton's achievements, even younger Scott Fraser's good performance and some trumpet blowing from Ackland.

The boy done good:

<http://www.saf.org.uk/news.html>
see item dated August 21st.

Also, the boy done good (but the old man should retire):

http://www.carnethy.com/raceinfo/results/caerk/ck_2002.html
note second and third.

Graeme and Jane win something:

<http://www.geocities.com/Colosseum/Stadium/7418/>

Essay:


<http://www.geocities.com/Colosseum/Stadium/7418/uslong.htm>


Multi day - those finishing 2nd-4th promptly departed for the world cup :-).


<http://www.geocities.com/Colosseum/Stadium/7418/2002Day4Blue.htm>




Events



Saturday 2nd November
ESOA Saturday Series
Seafeld Pond, West Barns,
Dunbar (ELO)
 NT 657783
 Starts 2.00-3.00pm
 Entry £1
 Information from
 David Northcott (01368 863503)



Weekend 2nd-3rd November
Tinto Twin (TINTO)
Drumlanrig, Thornhill
NX 851993
 Organiser: Marjory Foreman
 (01555 665346)
 Entries Closed (?) 18th October
 But you might get a late entry if you
 grovel to
 Rick Richardson
 Glenora, Amperlaw,
 Carnwath, ML11 8LH
 Night Senior £7.50/Junior £4
 Day £7 / £3.50
 Combined £13.50 / £7



Sunday 10th November
ESOL3 (KFO)
Benarty Hill, Ballingry
(NT 137970)
 Information from
 Peter Adams (01592 644219)
 e-mail Peter.Adams@tesco.net
 Entry: £4/£2
 S.I. Event



Saturday 16th November
ESOA Saturday Series
Mortonhall, Edinburgh (INT)
 Frogston Road East (Garden Centre)
 NT 266681
 Starts 11.00am-12.30pm
 Entry £1
 Information from
 Paul Caban (0131 445 3098)


Saturday 16th November
Scottish Night Champs (ESOC)
Tentsmuir Forest, Tayport
NT 499242
 Entries to
 Fiona Findlay (0131 538 2597)
 58 Nether Currie Crescent
 Currie, Edinburgh
 EH14 5JG
 Entries: S.I. Event £8/£4
 Cheques payable to ESOC
 Limited EOD


Sunday 17th November
ESOL4 (INT)
Glennearn and Berryknowe,
Glenfarg
(NO 133127)
 Information from
 Fiona Weir (0131 229 3942)
 S.I. Event
 Dogs on lead in assembly only
 Entry: £4/£2


Sunday 24th November
Scottish Score Champs
(CLYDE)
Dunrod Hill, Greenock
NS 247722
 Entries to
 Patrick Walder (0141 3328442)
 1/2 19 Woodlands Dr.
 Glasgow G4 9DN
 Entries: £7/£3
 Cheques payable to Clydeside
 Orienteers


Saturday 30th November
ESOA Saturday Series
Cammo, Edinburgh (ESOC)
 Cammo Walk Car Park
 NT 177744
 Starts 2.00-3.00pm
 Entry £1
 Information from
 Janet Clark (0131 225 7771)


Sunday 1st December
ESOL5 (ELO)
Saltoun and Humble
(NT 465658)
 Information from
 Trina Rogerson (01368 864922)
 Entry: £4/.50 / £3
 S.I. Event Parking £1

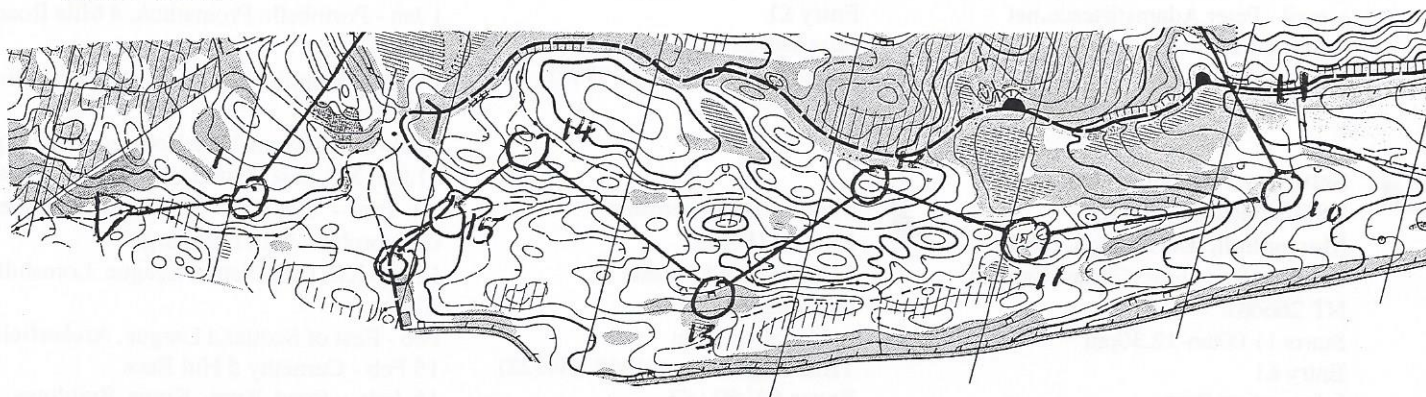
more O-events, cross-countries, hill races,
 road races, closing dates, etc. for your
 diary courtesy of Mr. D. Godfree and his
 helpful e-mail reminder

3 Nov - Colour Coded Event. Achtermarack,
 Inverness
 3 Nov - Colour Coded Event. Montcuffer
 Woods, Banff
 4 Nov - Closing date for entries to Scottish
 Night Champs
 10 Nov - Colour Coded Event. Loch-Na-
 Bu, Elgin
 10 Nov - XC, Lasswade Annual Races
 11 Nov - Closing date for Scottish Score
 Champs
 17 Nov - Colour Coded Event. Corsedarder,
 Banchory
 17 Nov - West of Scotland League, Culzean,
 Maidens
 23 Nov - XC, Braid Hill Race
 1 Dec - XC, East District League, Kirkcaldy
 8 Dec - 4th Glasgow Parks Championships.
 3 Glasgow Parks (TBA),
 8 Dec - Colour Coded Event. Blackhall,
 Banchory
 14 Dec - XC, Reebok Race, Holyrood Park
 14 Dec - XC, Pitmedden Forest Race,
 Auchtermuchty, Fife
 15 Dec - Local Event, Black Spout Wood,
 Pitlochry
 22 Dec - Queens Drive Races
 26 Dec - Local Event, Sluie Woods,
 Banchory
 29 Dec - Local Event, Yellowcraigs, North
 Berwick
 1 Jan - Portobello Promathon, 4 Mile Road
 Race
 1 Jan - Uphill Fell Race, Aonach Mor
 Gondola
 4 Jan - Local Event, Uath Lochans, Kincaig
 11 Jan - XC, East District Champs, Aberdeen
 19 Jan - East of Scotland League,
 Corstorphine Hill, Edinburgh
 1 Feb - XC, East District League, Lornshill,
 Alloa
 Feb - East of Scotland League, Archerfield
 15 Feb - Carnethy 5 Hill Race
 15 Feb - Road Race, Kings Buildings 5
 Miles

dnf

as well as standing for did not finish, on this page it means **do not forget !**

- A quick reminder that a new Interlopers training session has started on Thursday evenings. The session starts at 6:45pm prompt at the foot of the steep grass between Salisbury Craggs and Queen's Drive (go into the park at Pollock Halls and head for the foot of the crags). Alternatively meet by the fountain at the park entrance at 6:15pm for a warm up.
- Circuits at the University Gym are starting up again on Wednesdays, starting at 7pm. If you're not a member of the gym, I can sign you in as a guest for £4, but phone me (or Tim?) by 6:30 so I know to meet you outside. It's at the Pleasance. I think that membership of the Uni Gym is about as good value as anywhere in Edinburgh. (Although no doubt I'll be corrected by someone!!) Circuits are ideal for anyone to try, no matter what your physical ability, and all instructions will be given as necessary! It's great fun, honest... (Circuitmeisterin Gillian)
- As we said previously we're interested in getting some teams together to compete in the Nordic 4 Relay League next season. The competition kicks off with the Spring Cup at the end of March (28/29/30). I'd be keen to get at least two Scottish Men's Team & one girls team together. If anyone is provisionally interested at this stage I can make some early progress like sorting accommodation and putting names down on flights, etc., etc. Let me know..... you can also pencil the Jukola in & possibly Varspretten in Norway? Gross
- And another one from The Man ! Remember the Stopover Weekend in mid September ? Well the bank has managed to lose the cheques that people paid with..... so if you paid by cheque can you look at your statement and if it's not been cashed send another one. (Would you sign another cheque for that man ?).
- Folks, this weekend I managed to fix up accomodation for M2003 at a caravan site in Kinloss. The chap mentioned that he still had some static caravans available (all 6 berth I think) plus space for tourers and tents. If this should be of interest to anyone the location is Stable Inn, Kinloss (01309 690218) Cheers - Pat S.
- An alternative (?) to Run and Become from Claire Williams. On the subject of sports shops, I tried out Edinburgh's latest running shop on Sunday. It's called Sweatshop, and is based in Leith. It has an extensive range and the service was much friendlier than the bored indifference I encountered last time I went to Run & Become (surely a one-off). The best thing about sweatshop is that it is open to about 10-ish weeknights, and 7-ish weekends, as it is attached to a gym. I got a 10% discount as a member of a running club (my name wasn't checked - just as well as I've only just joined). The main disadvantage is that you need transport to get there. See the website for directions.
- More information on the Club Weekend in November from Janine. Fancy a top weekend away in the Lake District next month ? I am organising the club weekend based at Rookhow Centre near Rusland for the weekend of 8th-10th November. A variety of activities will be on offer over the weekend apart from orienteering technique training, including mountain biking, fell running/walking and of course, some socialising. Rookhow Centre has a large room with beds on the ground floor (bring sleeping bags) and a smaller room upstairs that could be used for our youngest members, 4 showers and a kitchen. The pub up the road (Carol McNeill's local) does great meals and I will book space there for Saturday evening's meal. Food for breakfasts and lunches will be provided, although of course there are many great tea shops in the area! Please let me know if you want to come, and I will co-ordinate transport where necessary nearer the time. The cost per person for the weekend is likely to be around £25. Janine (0131 229 6404).
- I think the order for O-suits has gone ahead. There may be some extras if you didn't get round to ordering some. Check with Darina (0131 662 8972).
- The next committee meeting is at my place, 161 Dakeith Road (0131 668 2170) on Monday 4th November.



Saturday 31st August**SOL5 (CUNOC)****Forrest Estate East, Dalry**

JM2	Alan Cherry	1st
	Stephen Haley	2nd
JM5L	Murray Strain	1st
M21L	Dave Godfree	1st
	Tim Lenton	dnf
	Brad Connor	dnf
M21S	Graeme Ross	1st
M35L	Paul Caban	4th
M40L	Rob Bloor	5th
	Ken Daly	7th
	Gordon Ross	dnf
M45L	Bob Cherry	13th
M50L	Bill Mason	12th
M55L	Pat Squire	dnf
M70L	Ray Heyworth	2nd
W21L	Gillian Godfree	1st
W21S	Mary Ker	1st
	Darina Cunnane	2nd
W35L	Ann Haley	1st
W35S	Patricia Alston	3rd
W40L	Hilary Quick	1st

White 2.175km 5m climb

2nd	Catherine Cherry	W10	15.52
7th	Mark Haley	M7	27.23

Green 4.325km 75m climb

1st	Lorna Eades	W21	51.21
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The shorter courses looked to have very little climb and the times on them were fast but as you moved up the classes the times increased somewhat disproportionately. It must have been hard going in places judging by how long some of you were out there. Alan and Stephen battle it out on JM2. It's a double for the Godfrees, (those pin-ups from the Sunday Herald). Tim and Brad fail to finish. Graeme wins M21S through sheer determination to complete his course. Mary holds off Darina on W21S. Ann continues her relentless run to the W35 title and Hilary wins after returning from injury but not really in a time I think she would be pleased about.

Sunday 8th September**SOL4 (CUNOC)****Docharn**

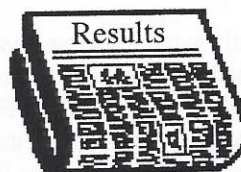
JM2	Stephen Haley	2nd
M21L	Dave Godfree	2nd
	Tim Lenton	5th
	Rob Lee	9th
M35L	Phil Smith	3rd
	Paul Caban	4th
M40L	Graham McIntyre	2nd
	Ken Daly	4th
	Rob Bloor	6th
M55L	Barry Owen	6th
W21L	Gillian Godfree	1st
W21S	Claire Williams	2nd
	Janine Hensman	4th
	Lorna Eades	7th
W35L	Ann Haley	1st
	Jane Ackland	4th
	Karen Dobbie	6th
	Janet Walton	mp
	Helen Murray	mp
W35S	Patricia Alston	3rd
W40L	Hilary Quick	3rd
W40S	Morag McIntyre	4th

White 1.7km 50m climb

5th	Mark Haley	M7	37.14
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No I haven't got the numbers wrong. Remember this was cancelled because of the capercaillie. A fairly sizeable club contingent head north no doubt encouraged by Ross-organised accommodation and activities. Fewer successes this time though. The Bloor/Daly battle continues on M40L but they're both upstaged by the returning MacIntyre. For the first time in many years Interloper women competitors outnumber men. The first Ackland is spotted. Junior proves a hit on the journey north with demands for songs and stories that prompts Hilary to place an unofficial ban on any of that sort of nonsense from anyone getting a lift in her car

Where's your editor you might ask while all this is going on? But there again you probably wouldn't waste the time! I've missed the first three through injury. I'm recovering but I've missed so much. The likes of Donald Petrie and John Tullie have moved up into my class so I'm going to get thrashed every event. I can't get myself organised to enter by the closing dates. I must be going through some mid-life orienteering crisis. There doesn't seem to be any hope for me!

**Sunday 22nd September****SOL6 (INVOC)****Dallaschyle**

JM5L	Scott Fraser	3rd
M21L	Dave Godfree	3rd
	Colin Eades	8th
M35L	Phil Smith	4th
M40L	Ken Daly	2nd
M55L	Barry Owen	mp
W21L	Gillian Godfree	1st
	Janine Hensman	2nd
	Lorna Eades	3rd
W21S	Darina Cunnane	2nd
W35L	Janet Walton	dnf
W40L	Hilary Quick	1st

So where was everybody for this one. If you're not going to go, then I'm not going to write about it!

Sunday 29th September**ESOL1 (TAY)****Mill of Fortune, Comrie****White**

4th	Mark Haley	M7	21.18
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Orange

4th	Stephen Haley	M12	59.50
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Light Green

9th	Ray Heyworth	M70	62.36
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Green

7th	Pat Squire	M55	59.10
9th	Steve Ambler	M55	62.26
12th	Graham Haley	M35	66.49
21st	Patricia Alston	W21	84.08

Blue

6th	Ann Haley	W35	59.18
8th	Colin Inverarity	M45	60.08
9th	Jane Ackland	W35	60.20

Brown 6.6km 320m climb

1st	Dave Godfree	M21	54.55
6th	Rob Bloor	M40	66.45



Well, I finally manage to drag myself out of my torpor and go to an event. I almost don't because middle son has U/18 Edinburgh rugby training and has to be transported there and back and I don't know if I can be bothered trying to get a lift. Eventually I impose myself on Pat and me, him and Steve head up north. I'm also carrying an injury incurred at the Meadows a fortnight earlier. Things were going quite well. My hamstring seemed fine. I had been building my distances up gradually over the summer when on the third interval I had a shooting pain in my backside. Try explaining that to your physio. What muscle have I pulled there? The three of us head off at roughly the same time. I have a fairly steady run considering my inactivity for the past fortnight and am pleased with how well I hit the controls. I just needed a little help from Dave for a boulder. I was heading in the right direction, honest! The hilly bits take it out of me a bit so I'm a bit disappointed when I find that Haley woman has beaten me by a few seconds. Probably just what Jane thought about me. Aah - I remember when I used to be able to compete against young women like Hartman and Eades!

Sunday 6th October ESOL2 (FVO) Sherrifmuir and Dumyat

White 1.15km 15m climb

17th Alex Carcas M4 24.41

Light Green 3.325km 115m climb

11th Ray Heyworth M70 68.22

Green 4.425km 195m climb

5th Mary Ker W21 57.02
John Barrow M55 dnf

Blue 5.45km 245m climb

10th Bill Mason M50 69.15
20th Max Carcas M21 83.00
21st Karen Dobbie W35 85.26

Brown 7.7km 330m climb

3rd Pete Tryner M21 62.21
11th Paul Caban M35 81.29
18th Graeme Ross M21 112.22

Just when I'm getting into the groove I have to miss the next event because we've got to take eldest son off to university. Only ten of you make it so I presume the big boys and girls were playing elsewhere. The times seem to suggest that the climb played an important part on most of the courses.



Sunday 20th October SOL7 (SOLWAY) Keir Hills, Dumfries

JM2	Stephen Haley	1st
M21L	Graeme Ackland	2nd
M21S	Graeme Ross	1st
M35L	Paul Caban	3rd
M40L	Rob Bloor	3rd
	Ken Daly	4th
M55L	Pat Squire	6th
M70L	Ray Heyworth	1st
W21S	Mary Ker	1st
W35L	Ann Haley	1st
	Jane Ackland	2nd
	Karen Dobbie	3rd
W35S	Patricia Alston	1st

White 1.54km 60m climb

2nd Mark Haley M7 33.48
n/c James Ackland (+1) M3 42.43

So it's the last SOL - Go on! - Get some practice in. It'll be easy. It's just a run across some farmer's fields is what you've heard of this area in the past from other club members. But again you can't be bothered. The same seems true for many of the rest of you as well. Was it the area that put you off or was it because most of the classes had already been wrapped up? Whatever the case we do quite well with wins from Stephen and Graeme. For some reason Ackland pretends he's not 35. If it's to avoid being beaten by Dave Robertson it works but he still can't beat Patrick Walder. Rob beats Ken this time and it's another win for 'The Father Of The Club' on M70L. Didn't the ladies do well? Success in all classes and medal podium places all round on W35L

SOL Final Placings

JM2	Stephen Haley	1st
	Alan Cherry	2nd
JM5L	Scott Fraser	5th
M21L	Tim Lenton	5th
	Chris Godfree	8th
	Rob Lee	9th
	Ben Hartman	10th
	Dave Godfree	14th
	Colin Eades	18th
	Alistair Buckley	20th
	Graeme Ackland	22nd
	Anthony Squire	24th
	Andy Kitchin	27th
	Murray Strain	28th
	Pete Tryner	31st
	Brad Connor	33rd
M21S	Graeme Ross	1st
M35L	Phil Smith	3rd
	Paul Caban	5th
M40L	Ken Daly	3rd
	Rob Bloor	4th
	Graham McIntyre	14th
	Gordon Ross	22nd
M45L	Bob Cherry	12th
M50L	Bill Mason	20th
M55L	Pat Squire	16th
	Barry Owen	17th
M70L	Ray Heyworth	1st
JW1	Catherine Cherry	10th
W21L	Gillian Godfree	1st
	Lorna Eades	4th
	Janine Hensman	5th
	Heather Hartman	7th
	Claire Williams	13th
W21S	Darina Cunnane	2nd
	Mary Ker	3rd
	Fiona Weir	11th
	Ruth Pyatt	12th
W35L	Ann Haley	1st
	Karen Dobbie	2nd
	Jane Ackland	9th
	Helen Murray	10th
	Janet Walton	15th
W35S	Patricia Alston	1st
W40L	Hilary Quick	1st
W40S	Morag McIntyre	11th

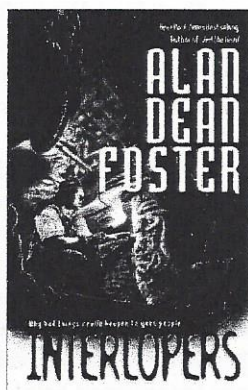
Embarrassing point of trivia - Both Gordon and Janet managed a Norway in Eurovision scenario by scoring **nul points** for competing but not actually finishing in any of the events they took part in. There's always next year, folks!

**Jonathan Clark, The Times,
August 9th**

"Sports were first codified by gentlemen of leisure, and defended against interlopers by the gamekeeper, or the distinction between gentlemen and players"

This spotted by the returning Ackland. Own up - Who else in the club reads The Times ?

Interlopers (2001)
A novel by Alan Dean Foster



As the world is plagued by a variety of mysterious ailments and ominous events, archaeologist Cory Westcott discovers that an ancient, evil, and hungry force from the distant past--something that has been responsible for the fall of civilizations throughout history--has returned to plague the world.

A sub-Indiana Jones novel with a b-movie lot from the writer of Alien according to a review on Amazon.

**Signalling Around Derby Station
by Dave Harris**

This table illustrates that although this was the centre of the Midland Railway empire, there were interlopers. The North Staffordshire Railway had running powers into the station and the Midland's great rivals, the London & North Western Railway also had running powers - eventually - from Wichnor Junction into their own goods yard south of the station.

A subject close to Dave's home if not his heart. Who would have believed it ? A website dedicated to railway signals, their history, position, programming, blah, blah

Teach Us All To Be British
Mary Riddell, The Observer
Sunday February 10, 2002

Citizenship lessons could lead to better integration, but only if we recognise we all need them

In restaurants, the flaccid chip, the greasy fry-up and the mushy pea have been supplanted by kebabs, stuffed-crust pizza and the old Hartlepool delicacy of guacamole. In politics, the Labour Party studies Pop Idol for lessons on how to pull voters in. On television, Coronation Street's Stan and Hilda only just beat off the US interlopers, Monica and Chandler from Friends, as the 'most romantic couple of all time'. Everywhere, icons of Britishness totter. Sue MacGregor, who so perfectly evoked tweed, chilblains and the precept that the British have hot water bottles instead of sex lives, scandalised her audience by confessing to an affair with Leonard Rossiter.

Which brings us to this issue's competition. If there were a Monica and Chandler in Interlopers who would they be ?

**Anoraks Off-Road Club At
Battle 20 September 1998**

The appeal of mud, water and steep slopes should not be underestimated, as it can keep a bunch of Anoraks happy all day. A group of interlopers using a LR pickup as a chariot provided us with someone to laugh at, as they put as much effort into getting stuck as we put in to keep moving. Geoff and Phil caught us up and we moved on to the next entertainment - a group of Belgians trying to sink a Jeep in a combination of a whole, deep ruts, and a small lake of mud. The fact that they had to resort to a winch to get out only spurred Geoff on.

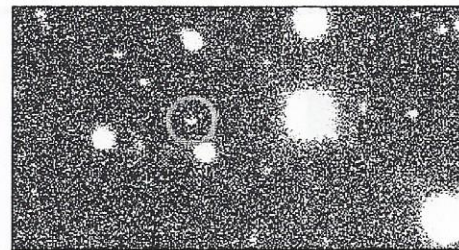
They sound as if they might enjoy orienteering but ask yourselves are these really the sort of people we should be attracting to our sport ? Haven't we got enough 'anoraks' already ?



more interløper spottings

More Moons For Jupiter
By Dr David Whitehouse
BBC News Online Science Editor

Astronomers have discovered 11 new, small moons circling Jupiter. They were discovered by a team led by Scott Sheppard and David Jewitt from the University of Hawaii's Institute for Astronomy. When added to the 11 found last year by the same team, they bring the total of Jupiter satellites to 39, more than any other planet. "We found them in a deliberate survey with the world's largest digital camera last December," Dr Jewitt told BBC News Online. We are more familiar with the major moons like Io and Europa" By following suspect objects for a few months, we were able to eliminate asteroid interlopers to settle on our final set of 11 irrefutable satellites," says Dr Jewitt.



Can you see them ? The astronomical world have obviously got enough interlopers already with Barrow and Ackland !

Superior Furry Animals
The Guardian,
Saturday August 4, 2001

This week's big release uncovers a feline plot to achieve world pet supremacy. Is Hollywood barking mad? Joe Queenan reveals the truth about Cats And Dogs...

The first interlopers are parachuting Ninjas who bear a shocking resemblance to the sinister furballs in Gremlins

Sounds like a typical Sunday somewhere in a forest in Scotland !

Interlopers were second in the 11 Person Relay !

We thought Helen had mispunched but it turns out that the computer had been told she was running one of the other orange courses. Although second I would point out that we were the **first** mixed team and therefore **first** within the spirit of the competition. Thanks to everyone who came along to run. If anyone wants split times I have them in electronic format and can email them on.

Dave

Place	Club	Team	Time
1	Forth Valley Orienteers	FVO 1 Men	132.34
2	Interlopers	Team Compass Point	140.08
3	Southern Navigators	SN Trio	155.48
4	Grampian	Gramp Greats	162.02 non-comp.
5	Clydeside Orienteers	CLYDE 1	177.38 mp/dsq
6	Roxburgh Reivers	RR 1st X1	182.01 mp/dsq
7	Border Liners	BL 1	183.33
8	Edinburgh Southern OC	ESOC 1	196.18
9	Cunninghame OC	CUNOC Chancers	201.03
10	Forth Valley Orienteers	FVO 2 Women	202.49
11	Forth Valley Orienteers	FVO 3 Mixed	203.11 non-comp.
12	Cunninghame OC	CUNOC Chasers	210.42
13	St Andrews Glasgow	STAG	214.50
14	Clydeside Orienteers	CLYDE 2	228.12 non-comp.
15	Solway Orienteers & Tinto OC	Tinway Solto	228.18 non-comp.
16	Border Liners	BL 2	228.22
17	Edinburgh Southern OC	ESOC 2	257.03
18	East Lothian Orienteers	ELO-phants	280.45 mp/dsq

odds and ends

another plea on e-mail from a while back. you've heard about kilted kiwis in rugby but how do you describe Englishmen who want to orienteer for Scotland. (i'm just joking - I know there's lots of you!) what makes this character's appeal pretty bad though is he isn't even an Interloper. someone tell him FVO are a bunch of cheats and give him a membership form.

Yep it sounds odd !

What's more odd is that two complete English men have been picked to run for Scotland in an orienteering event - a Civil Service race. I am the team Captain and it would be really nice and patriotic (I'm not afraid to show my Scottish patriotism!) if I could kit the team out in Scottish O Tops. So this is a plea - if anyone could lend me (for a few days) any tops they have (new or old) I would be most grateful. I promise they will be returned in good nick and washed ! Problem is the race is this Wednesday ! If you would be so kind as to bring the tops to the Meadows Intervals session (See Janine) or ring/email me and I'll do my best to drive out and pick them up. Many thanks for anyone's help!

Jason Inman



Interlopers Weekend Away

Lake District - Rookhow Centre
8-10th November

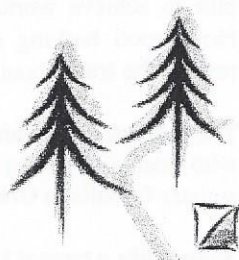
Specific technique training exercises

Short fun sessions

Optional extras e.g. fell running, mountain biking etc.

Local pub serves excellent meals and real beer !

Contact Janine.Hensman@lycos.co.uk to reserve your place



Interlopers Halloween Spook-O and Gathering Wednesday 30th October

To continue the Interlopers tradition of running about in the dark at Halloween, there will be a Spook-O at a new venue. The Acklands have offered their house for the gathering, so the Spook-O will now be held at Blackford Hill and the Hermitage. Hilary is planning and there will be 2 courses on offer, mass starting at 6.30pm. Ideal opportunity to brush up on those night o skills before the Scottish Night Champs at Tentsmuir ! Child sitting services available at the start !

After the Spook-O there will be a gathering with pot luck/bring a dish/BYOB supper. Maybe even some apple bobbing too ! Please can you let me know if you're interested so I can get the right number of maps drawn up. Final details of start location, parking, etc. to follow on e-mail early next week.

Janine

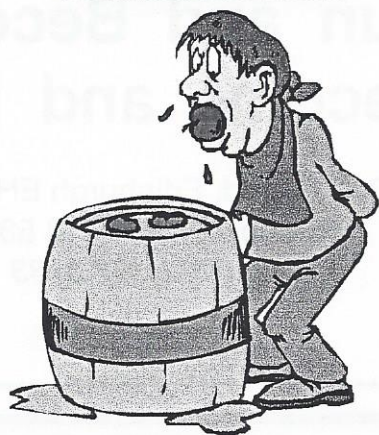
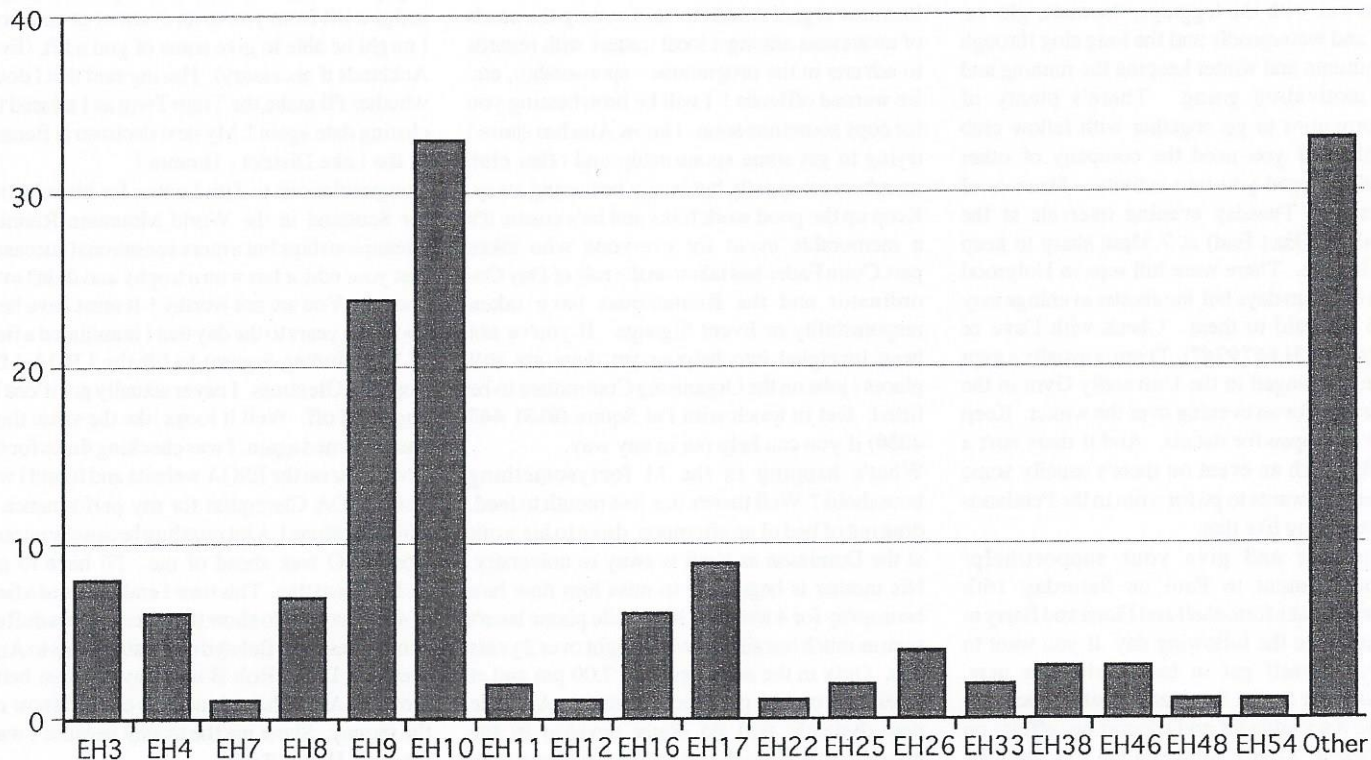
janine.hensman@lycos.co.uk

0131 2296404



the heart of interlopers

*You've heard of the Heart of Midlothian well this is the club version of it.
If you were going to spit on Interlopers where should you do it?*



A few years ago, Barry, being an old cove and new to the club was interested, daft, or so terminally bored that he worked out an age profile of the club. The results ended up making him even more miserable than me. That set me off thinking why don't I find out where most Interlopers live? Having too much time on my hands and a space to fill in the newsletter I set about it. But as things conspired I left the newsletter to the last minute, it filled up with more important pressing information and so it has lain dormant until now. So armed with address labels courtesy of John Barrow and the most recent club list I could lay my hands on I updated the data and here are the results. Keeping in mind that the club was originally intended for Edinburgh University graduates we shouldn't perhaps be surprised to see what a sad bunch of sods you are and how you can't drag yourselves away after you've completed higher education. Does it say something about the city we live in? Now if only I could lay my hands on a reasonable sized postcode map of the city we could see some patterns. Anyway for your information, EH9 is the Newington/ Mayfield area closest to the University and EH10 is the Morningside/Fairmilehead (posher?) bit of town. Smaller clusters occur in the Centre (EH3) and Liberton (EH17). Of the current 147 club members (not all of them active) 33 can be found in postcodes ranging through Falkirk, Paisley, Kilmarnock, Perth, Inverness, Newcastle, Lancaster, Stockport, Derby, Leicester, Chelmsford, and Bristol to Norway, Sweden, USA, Canada, Hong Kong and Australia proving that some of us do have wanderlust and a desire to spread our wings but at the same time for some obscure reason, still like to be a part of Interlopers.

M fortysomething



128

Well here we are again! Another season finished (SOL) and a new one just started (ESOL). The clocks have changed and the nights are getting longer. The weather's taken a turn for the worse so its out with the leggings, thermals, gloves, hats and waterproofs and the long slog through the autumn and winter keeping the running and the motivation going. There's plenty of opportunities to get together with fellow club members if you need the company of other people to prod you into activity. There is of course the Tuesday evening intervals at the Meadows (East End) at 7.55pm sharp to keep you in tune. There were hill reps in Holyrood Park on Thursdays but the shorter evenings may have put paid to them. Check with Dave or Gillian (0131 667 9747). There is usually a gym session arranged in the University Gym in the Pleasance for an evening over the winter. Keep your ears open for details. And if there isn't a Sunday with an event on there's usually some nutter who wants to go for a run in the Pentlands or something like that.

Remember and give your support/help/encouragement to Paul on Saturday 16th November at Mortonhall and Fiona and Barry at Glenearn on the following day. If you want to enjoy yourself get in touch with our new, enthusiastic Social Secretary, Janine. Show her you're a sociable lot and support her efforts on our behalf. After Hallowe'en I'm sure she'll be

looking for some kind soul to offer their house to host the Christmas Party.

Moray 2003 looms nearer. I was up in Elgin a few days ago meeting members of the local business organisations to start sowing the seeds of awareness amongst local traders with regards to adverts in the programme / sponsorship, etc. Be warned officials! I will be browbeating you for copy sometime soon. I know Ann has started trying to get some sponsorship and other club members are quietly but busily beaver away. Keep up the good work folks and let's ensure it's a memorable event for everyone who takes part. Colin Eades has taken on the role of Day Coordinator and the Riemersmas have taken responsibility for Event Signage. If you've not been inveigled into helping yet there are still places / jobs on the Organising Committee to be filled. Get in touch with Pat Squire (0131 445 4830) if you can help out in any way.

What's happening in the M fortysomething household? Well there's one less mouth to feed, drag out of bed of an afternoon, drive to his work at the Dominion as Niall is away to university. His mother is beginning to miss him now he's been away for 4 weeks. The mobile phone hasn't seen as much use since it was bought over 2 years ago. Only in the evenings after 7.00 pm and at weekends on our package of course. A whole new dynamic will no doubt develop in the household as Ruairidh and Calum have only each

other's nerves to get on. With Niall away it means there's only one active (?) orienteer in the family with the junior members committed to rugby now. So watch out! I might be trying to cadge a lift from you to an event or even worse, I might be able to give some of you a lift. (Even Acklands if necessary). Having said that I doubt whether I'll make the Tinto Twin as I missed the closing date again! My next decision is Benarty or the Lake District - Hmmm!

Congratulations to Tim Lenton for his selection for Scotland in the World Mountain Running Championships but a more sensational success is that your editor has won a trophy and didn't even know it. You are not worthy! It must have been about ten years to the day that I humiliated a field of 3 (including Squire) to lift the LBOA M35 trophy at Glentress. I never actually got it 'cos I'd bugged off. Well it looks like the same thing has happened again. I was checking times for the newsletter on the ESOA website and found I was M45 ESOA Champion for my performance at Mill of Fortune! A bit puzzling because someone from FVO was ahead of me. I'll have to ask Robin about that. This time I embarrassed a field of 4. It just goes to show that even useless duffers sometimes win. Belated congratulations to Ann, Stephen, Dave, Rob B and Ray for also being crowned Area Champions. Never mind show me the money. Show me the trophy because I want it now! Happy Trails.

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