

# INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

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April 2006

137

## INT 'Oldies' ravage relay field at British Champs

In a performance which defied the march of time, Interlopers M40 relay team of Graeme Ackland, Rob Lee and Andy Kitchin rolled back the years at the recent British Championships to record a splendid victory.

This just pipped the run of the 'Norway Branch' of Interlopers in the Premier Men's relay, which saw David Brickhill-Jones ("BJ", who if Orienteering Focus is to be believed, has recently arrived from Australia on a 'Bosman' and signed for us despite a lucrative offer from LINOC), Dan Marston and Scott Fraser each 'win' their leg (in Scott's case by 4 minutes) but end up second overall to Warrior 'best men' (*sic*). The curse, the curse...



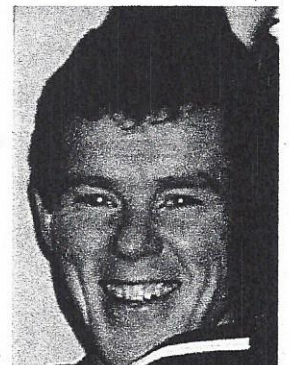
This year's championships also saw several good results (see inside for other results) by other club members. In the individual events Claire Ward was 6<sup>th</sup> in W21E while BJ(9<sup>th</sup>), Dan(13<sup>th</sup>) and Scott(15<sup>th</sup>) along



with Anthony - INT Club Captain - who was 24<sup>th</sup>, all achieved championship times in M21E. Rob(11<sup>th</sup>) was similarly swift in the M40 field. Away from the elite fields Emily Seaman was 1<sup>st</sup> in W21S and Grahame McIntyre 2<sup>nd</sup> in M45S. Well done to all who made the long journey south!

But back to Ackland, Lee and Kitchin - could they have been estate agents in a previous life?

Rob was typically modest about his own efforts, keen to attribute success to his team mates. Suffice it to say that Graeme's lead-off leg was the solid start they were after. Coming back with what was to be the fastest time on his particular leg (seeing off Heather Monro by almost 2 minutes), yet managing to return 10 seconds down on Bristol's Clive Hallet (*he must have had an easier leg? - ed*). Rob set off and managed to drag the oldies back into first place handing over a lead of about a minute to Andy who increased the margin to over 2 minutes by the end.



### Spring Issue

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## Welcome!!

A big Interlopers' welcome to more new members...

Peter and Jennifer Murphy  
[peter.murphy@tiscali.co.uk](mailto:peter.murphy@tiscali.co.uk)

## Re-wired

Welcome back to the Kenworthy family who went away but have returned..!  
[kenworthy-family@blueyonder.co.uk](mailto:kenworthy-family@blueyonder.co.uk).



## Email List

The Club email list is frequently used to circulate event and social information, particularly in the gaps between newsletters. The list is closed and moderated, which means that it gets no spam, and the only emails sent to it are by club members on the list.

Many club members are on the list. If you think you're not, and would like to be, then contact:

[Paul.Caban@ed.ac.uk](mailto:Paul.Caban@ed.ac.uk)

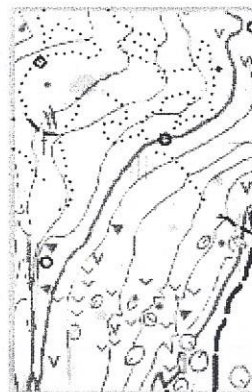
Juniors wishing to be added to the club email list must provide us with approval of their parent/guardian. This is to comply with our obligations towards Child Protection.



### Unfortunately

If you haven't paid your club subs for 2006 by one means or another this newsletter will be the last that you will receive. There aren't many such folk, but club secretary John Barrow will be in contact to remind them...

...go on, do it! You know you want to?!



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# News, chat, stuff...

## Come-And-Try-It Events

CATIs seem to have really taken off in the last couple of years. Whereas three years ago, we were lucky to get twenty people along (and half of those were well kent faces), our most recent event at Dalkeith Park in January had about 75 paying customers. Again there were a fair number of regular orienteers (the area was being used for both ESOA Junior Training and ESOC Senior Training), but even so, there were still lots and lots of new people too. Of course, much credit for this goes to Janet Clark of ESOC, who has put a tremendous amount of time into generally publicising and developing the sport in Edinburgh, and ensuring that there is a full programme of Saturday afternoon events throughout the year. To some extent we're reaping the benefits – though in a smaller way – of ESOC's effort. Certainly, though, I was surprised just how many people there were. With ten minutes before the first start, there were two people waiting to register, and I figured I could get the yellow course out even if they started on time. I got back at 2:00 on the dot, there were the best part of forty people queuing, and Donald and Barry (thanks guys) were looking rather shell-shocked.

Our most recent event was last Saturday in Holyrood Park, when Ken put the controls out in the bad weather while the 50 participants enjoyed their runs in the good weather! Thanks to those who turned up to help. After that, I've asked for permission to use King's Buildings on a Saturday afternoon in May: either 13<sup>th</sup> or 20<sup>th</sup> May (the latter is the Victoria Weekend). Anyone keen to try their hand at planning on what is already Edinburgh's premier street-O area, please get in contact with me.

## Club Banner

Some years ago in an attempt to make it easier to find club mates at the larger events, the committee decided to move away from the traditional 'jousting' style of tent and opted for the more modern – and hopefully distinctive – hooped model. Nobody else would have a bright green creation like ours, and for a while this was the case, club members unerringly found the tent – and occasionally their clothes/children – as a result of this foresight.

Unfortunately, where Interlopers lead, others follow and within a few short years every third club had acquired a bright green, hooped tent. Once again yellow and green topped strays could be seen wandering about assembly areas calling pitifully to their mate/offspring/families. The potential for losing members was obvious. So, not wanting to lose any of our hard won number (and end up with a small number like STAG!) it was decided to look into the purchase of a club banner. A 4 metre flag plus a 5 metre pole to fly it from looks favourite.

And what if we are copied? If lots of others decide to imitate us, we just buy a longer pole. Simple! Watch this space...

## Street-O

Following on from the last two year's successful series that Gillian has organised, there will again be a Wednesday evening run (and food) series in June. Likely areas include Hunter's Tryst (Dave and Gillian), Fairmilehead/Braidburn (Pat Squire), The Grange/Astlie-Ainslie, and Buckstone.

Dates will be circulated by email to [interlopers@lists.ed.ac.uk](mailto:interlopers@lists.ed.ac.uk), and of course, event details will be available on the Club web site – [www.interlopers.org.uk](http://www.interlopers.org.uk) – and the SOA web site – [www.scottish-orienteering.org](http://www.scottish-orienteering.org)

## Next Year

Besides CATIs, Interlopers will be involved in the following three events next year:

- A SoSOL, most likely at Calder Wood in Livingston, and most likely January/February time before the bracken gets up;
- A SOL, either in March or April – we have a choice – and our initial thoughts are to use Archerfield, as we won't have been there for a couple of years;
- A day of the Six-Day, which will be in Speyside next year. We have been allocated Day Three, using Uath Lochan and Inveruglas, down towards Kingussie.

None of this happens without volunteers – planners and organisers. (in fact our entire sport doesn't happen without volunteers). In time-honoured fashion, I'll start approaching likely candidates soon. If you're interested, please get in touch.

## Sud - 'O' - Ku

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# Fixtures

## April

**22<sup>nd</sup>** ESOC Local Event  
Bonaly, Edinburgh. NT212676  
Janet Clark, 0131 225 7771 [janetclr@aol.com](mailto:janetclr@aol.com)  
Start times 2 - 3pm £2/£1, Car park beyond Scout Centre.

**26<sup>th</sup>** RR Local Event  
Bowmont Forest, Kelso. NT729288  
Carol Boyd, 01434 250 422  
Starts 17.00-18.30, Yellow, Orange and Light Green courses.  
£2.00/£1.00. Park at sawmill, off B6401 to B6352 minor road

**29<sup>th</sup>** ELO Local Event  
Yellowcraig, Dirleton. NT519855  
Trina Rogerson, 01368 864922

**30<sup>th</sup>** ESOC District Event  
Dalmeny, South Queensferry. NT163779  
Margaret Dalgleish, 01968 675737.  
[Margaret@dalgleshfamily.net](mailto:Margaret@dalgleshfamily.net)  
£5.00/£2.00. EPS-SI. String course. Parking £1.00.  
Incorporating launch of the new Access Agreement between  
the SOA and the SRPBA. [www.esoc.org.uk](http://www.esoc.org.uk)

## May

**7<sup>th</sup>** ECKO Regional Event & SOL 4  
& Future Champions Cup Final  
Creag Mhic Chailein, Oban. NM948333  
Organiser: Niall Urquhart. [niall.urquhart@argyll-bute.gov.uk](mailto:niall.urquhart@argyll-bute.gov.uk)  
Entries: Paul Frost, 41 Cammesreinach Crescent, Hunter's  
Quay, Dunoon, Argyll, PA23 8JZ, 01369 702607.  
[info@ecko.org.uk](mailto:info@ecko.org.uk)  
CD: 22/04/06. £8.50/£3.50. Lim EOD +£1.00/£1.00. Chq:  
EckO. EPS-SI, Lim CC courses - White-Light Green + Red,  
String course. Parking £1.00. Dogs on lead in car park only.  
[www.ecko.org.uk](http://www.ecko.org.uk)

**14<sup>th</sup>** CLYDE Regional Event & SOL 3  
Dunrod Hill, Greenock. NS247722  
Organiser: Donald Petrie, 01505 613094. [donald@scottish-orienteering.org](mailto:donald@scottish-orienteering.org)  
Entries: Steve & Rachel Wilson, 64 Bailie Drive, Bearsden,  
Glasgow, G61 3AQ, 0141 942 9907.  
[r.m.wilson@ukgateway.net](mailto:r.m.wilson@ukgateway.net)  
CD: 30/04/06. £8.00/£3.00. Lim EOD +£1.00  
Chq: Clydeside Orienteers. EPS-SI  
String course. Lim CC courses. Dogs on leads.

**17<sup>th</sup>** RR Local Event  
Eildon Hills, Newtown St Boswells. NT572326  
Ian Maxwell, 01835 863268  
Starts 17.00-18.30, Yellow, Orange and Light Green courses.  
£2.00/£1.00 Signed from Eildon Village on old Newtown to  
Melrose Road.

**20<sup>th</sup>** ELO Local Event  
Gullane Bents, Gullane. NT479831  
Trina Rogerson, 01368 864922

**27<sup>th</sup> - NATIONAL EVENT & Scottish Individual  
Championship**  
Bogendreip, Banchory. NO662907  
Organiser: Andy Oliver, 01561 378902. [andyolvr@aol.com](mailto:andyolvr@aol.com)  
Entries: addressee TBA. CD: *unknown*. Fees TBA. EPS-Emit.  
*Full registration pending*

**28<sup>th</sup> Scottish Relay Championships**  
Glen Dye, Banchory. NO662911  
Organiser: Donald Grassie, 01224 744393.  
[donald.grassie@grampoc.com](mailto:donald.grassie@grampoc.com)  
Entries: addressee TBA. CD: *unknown*. Fees TBA.  
[www.grampoc.com](http://www.grampoc.com) *Full registration pending*

## June

**4<sup>th</sup>** ESOC Long-O  
Pentland Hills Regional Park, Edinburgh  
Organiser: Margaret Dalgleish, 01968 675737.  
[Margaret@dalgleshfamily.net](mailto:Margaret@dalgleshfamily.net)  
Entries: Ron Nolan, 17 Viewfield Road, Juniper Green,  
Edinburgh, EH14 5BE, 0131 453 1497.  
[ron.nolan@hulley.co.uk](mailto:ron.nolan@hulley.co.uk)  
CD: *unknown*. Fees TBA. Chq: ESOC. No dogs.

**10<sup>th</sup> RR Harvester Trophy Relays**  
Teviothead, Hawick. NT404053  
Organiser: Robin Sloan, 0189 682 2548.  
[ROBIN\\_SLOAN@ROSEISLE.DEMON.CO.UK](mailto:ROBIN_SLOAN@ROSEISLE.DEMON.CO.UK)  
Entries: Lindsey Knox, Riversdale, Slitrig Crescent, Hawick,  
Roxburghshire, TD9 OEN, 01450 377383.  
[lknox46426@aol.com](mailto:lknox46426@aol.com)  
CD: 26/05/06. Class A (7 laps) £70, Class B (5 laps) £50,  
junior teams on B, £25. No EOD  
Chq: Roxburgh Reivers. EPS-SI  
Club Secretaries please download entry form from RR website  
or contact organiser. Parking and camping also suitable for  
Scottish League race on Sunday 11th June. Harvester will start  
before midnight in daylight, League Race start times from

11.00am. Dogs in car park and camping fields only on leads.  
Parking £1.00. [www.roxburghreivers.org.uk/](http://www.roxburghreivers.org.uk/)

### 11<sup>th</sup> RR Regional Event & SOL 5

Teviothead, Hawick. NT404053

Organiser: Robin Sloan, 0189 682 2548.

[ROBIN\\_SLOAN@ROSEISLE.DEMON.CO.UK](mailto:ROBIN_SLOAN@ROSEISLE.DEMON.CO.UK)

Entries: Lindsey Knox, Riversdale, Slitrig Crescent, Hawick,  
Roxburghshire, TD9 OEN, 01450 377383.

[lknox46426@aol.com](mailto:lknox46426@aol.com)

CD: 26/05/06. £8.50/£3.50. Lim EOD +£1.00/£1.00

Chq: Roxburgh Reivers. EPS-SI

Parking and camping same as for Harvester Relays. Harvester  
will start in daylight to allow later leg runners more time  
before League race. Please specify E/M/L start time when  
entering. Dogs on leads in car park and camping fields only.

Parking £1.00. [www.roxburghreivers.org.uk/](http://www.roxburghreivers.org.uk/)

### 28<sup>th</sup> ESOC Local Event

Glentress, Peebles. NT284397

Janet Clark, 0131 225 7771 [janetclr@aol.com](mailto:janetclr@aol.com)

Start times 6 - 7.30pm £2/£1, Meet outside The Hub.



## Club Running Evenings

The Club running evening is migrating in both time and space.  
The first of the spring evenings was from Dave and Gillian  
Godfree's. These runs are not all marathons! Lengths to suit  
those who turn up.

All these evenings are the first Monday of the month.

May 1<sup>st</sup> will be back with Dave and Gillian, 104 Tryst Park  
June 5<sup>th</sup> will be at Buckstone Road with Paul Caban.

There'll be some sort of food – soup, or whatever's easy – but  
anything else brought along will be gratefully received, and of  
course the chance to chat about maps and events in convivial  
company afterwards, too.



Interloper juniors at the Jamie Stevenson Trophy

# Results

## SoSOL 7 & CompassSport Trophy

### Norman's Law – 26.02.06

#### SoSOL 7

<b>Brown</b>	<b>8.6km</b>	<b>340m</b>	
7 <sup>th</sup>	Colin Eades		77.04
<b>Blue Women</b>	<b>6.6km</b>	<b>280m</b>	
4 <sup>th</sup>	Ann Haley		69.32
19 <sup>th</sup>	Patricia Alston		101.03
<b>Blue Men</b>	<b>6.6km</b>	<b>260m</b>	
3 <sup>rd</sup>	Rob Bloor		56.22
7 <sup>th</sup>	Ken Daly		64.28
10 <sup>th</sup>	Colin Inverarity		66.29
11 <sup>th</sup>	Paul Caban		66.40
14 <sup>th</sup>	Graeme Ross		67.34
16 <sup>th</sup>	Colin Ledlie		69.47
33 <sup>rd</sup>	Ronnie Lardner		88.05
<b>Green Women</b>	<b>4.6km</b>	<b>210m</b>	
1 <sup>st</sup>	<b>Jane Ackland</b>		<b>51.11</b>
4 <sup>th</sup>	Mary Ross		59.10
8 <sup>th</sup>	Lorna Eades		66.02
<b>Green Men</b>	<b>4.6km</b>	<b>210m</b>	
1 <sup>st</sup>	Rob Lee		38.54
9 <sup>th</sup>	Stephen Haley		64.06
10 <sup>th</sup>	Graham Haley		67.34

(Stephen gets no pocket money for a month!)

<b>Green Vets</b>	<b>3.3km</b>	<b>155m</b>	
4 <sup>th</sup>	Ray Heyworth		73.57
<b>Orange</b>	<b>2.7km</b>	<b>110m</b>	
2 <sup>nd</sup>	Mark Haley		35.37
9 <sup>th</sup>	Max Ledlie		63.48
<b>Yellow</b>	<b>1.9km</b>	<b>45m</b>	
3 <sup>rd</sup>	Cherry/Hannah Ledlie		26.41
4 <sup>th</sup>	Max Bloor		28.43
5 <sup>th</sup>	Team Lardner		37.03

#### CompassSport Trophy

5 <sup>th</sup>	INT		814pts
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by Paul Caban

Our SoSOL at Norman's Law became the Scottish Heat for the Compass Sport Cup, too. Using an ingenious reading of the CSC rules, Graeme carefully declared that he didn't need to plan any extra courses (the Men's and Women's Green courses were different – the map box was in a different place .....). Brad was the hero of the day, volunteering to organise just when I was about to declare I'd do it, and he also became SI mastermind, too,

in the absence of Dave and Gillian. I opted to run the start. I figured that this would be easy because most people should have been pre-allocated start time; unfortunately I didn't count on the fact that everyone wanted to run early, and that one Edinburgh Club (who shall remain nameless, but they aren't EUOC) hadn't given any of their people their own start times. Predictably the start was a shambles; and predictably everyone who remembers my lets-deprogramme-the-SI-units Archerfield event said that it was all they expected. Ho hum.

Anyway, Graeme's courses were well received on an area that hasn't been used for about twenty years, though no-one can work out why. For the baggers, it has a Marilyn in the middle (if you don't know, don't ask), and fabulous views over the Tay to Perthshire. Collecting controls in later, I got a very close view of a Jay, so unexpected that I didn't recognise it until Hilary prompted me in the right direction afterwards. I also managed to lose my SI card (boo), although this has now turned up in the the zip pocket of a recently washed pair of trousers (hooray, but I've no idea how it got there). Does anyone know whether SI cards are tumble-drier proof .....? The owner of the farm we used for car parking was exceptionally impressed that we squeezed so many cars into a small space, and also that we left absolutely no mess, unlike the hill runners for their annual race up the Law. We're welcome back again.

Alas, 5<sup>th</sup> place in the CompassSport Trophy meant we didn't qualify for the final. So no expedition to the deep south this year...

#### SOL 1 Dalbeattie

<b>JM3</b>	<b>2.6km</b>	<b>70m</b>	
4 <sup>th</sup>	Max Ledlie		29.18
<b>M35L</b>	<b>7.3km</b>	<b>215m</b>	
3 <sup>rd</sup>	David Eades		76.57
4 <sup>th</sup>	Toni O'Donovan		80.58
<b>M40L</b>	<b>7.3km</b>	<b>215m</b>	
5 <sup>th</sup>	Ken Daly		78.09

#### 5 March

8 <sup>th</sup>	Paul Caban		101.46
10 <sup>th</sup>	Colin Ledlie		115.00
<b>M45S</b>	<b>3.9km</b>	<b>3150m</b>	
1 <sup>st</sup>	Graham McIntyre		35.43
<b>M45L</b>	<b>5.9km</b>	<b>205m</b>	
16 <sup>th</sup>	Richard Webb		79.40
<b>M50L</b>	<b>5.9km</b>	<b>205m</b>	
7 <sup>th</sup>	Colin Inverarity		94.34
<b>JW1</b>	<b>1.5km</b>	<b>30</b>	
2 <sup>nd</sup>	Hannah Ledlie		21.56
<b>W45L</b>	<b>3.9km</b>	<b>150m</b>	
3 <sup>rd</sup>	Morag McIntyre		66.19
<b>Yellow</b>	<b>1.8km</b>	<b>70m</b>	
2 <sup>nd</sup>	Logan McIntyre		84.07
<b>Lt Green</b>	<b>3.0km</b>	<b>90m</b>	
1 <sup>st</sup>	Lorna Eades		33.07

by Paul Caban

Through some piece of brainlessness, I'd asked for an early start, and managed to get the very first start. After doing the subtraction, a 7:30 start from Edinburgh didn't seem appealing – particularly also needing to allow an extra fifteen minutes to de-ice both the inside and outside of the car windscreen. I was just contemplating a sulk, when the SEDS training announced itself, and especially a note that there were some beds in the bunkhouse that really could do with being filled. Together with the offer of a vegetarian meal, that sounded like a result.

A gentle drive down to Galloway, with couple of bagging stops on the way – and a locked gate in the way – got me to a nice hostel in the middle of Mabie, with Colin chopping vegetables, and Mairi and Fiona at play (these elite sorts just get younger). After very convivial evening – the hostel even had sauna! – it all went horribly wrong in the bedroom. I have never, ever, been in a dormitory so cold. Ever. Thankfully I had my world-Eider-duck-population-threatening sleeping-bag with me but, one or two others, looked an odd shade of blue in the morning.

Interesting orienteering: good and technical, though a wee bit rougher underfoot than I would have liked it. And certainly one or two bits of forest that the mapper didn't appear to have gone into. Most of the course winning

times looked OK, but the big boys (and girl – well done Toni) seemed to have been given the wrong end of the mapping stick. One 40 second leg in particular – between two crags on the same middle-green hillside seemed to have caused carnage, with packs of people, hunting en-masse still taking ten minutes.

Overall, though, a good event put on by one of Scotland's smaller clubs. The weather was cold and clear (and just right for another hill-bag on the way home), followed by a tea-shop stop where all the usual suspects were already ensconced. For those who like that sort of thing, the Scottish Sprint-Distance Championships are in Dalbeattie as part of the Havester "Big Weekend", and using the part of the map that most people seem to think was OK.

## SOL 2 26 March Mill of Fortune

<b>JM3</b>	<b>3.1km</b>	
4 <sup>th</sup>	Mark Haley	42.41
<b>M21S</b>	<b>7km</b>	
4 <sup>rd</sup>	Graeme Ross	88.02
<b>M21L</b>	<b>9.4km</b>	
3 <sup>rd</sup>	Andy Kitchin	64.00
<b>M40L</b>	<b>8.1 km</b>	
4 <sup>th</sup>	Ken Daly	70.35
9 <sup>th</sup>	Paul Caban	99.21
<b>M45S</b>	<b>4.5km</b>	
1 <sup>st</sup>	Graham McIntyre	37.04
<b>M50L</b>	<b>7km</b>	
9 <sup>th</sup>	Colin Inverarity	110.57
<b>M55L</b>	<b>5.3km</b>	
1 <sup>th</sup>	Bill Mason	72.10
11 <sup>th</sup>	Steve Ambler	72.37
<b>M75L</b>	<b>3.2km</b>	
3 <sup>rd</sup>	Ray Heyworth	71.13
<b>W21S</b>	<b>4.5km</b>	
1 <sup>st</sup>	Mary Ross	53.14
<b>W40L</b>	<b>5.3km</b>	
1 <sup>st</sup>	Ann Haley	53.40
<b>W45L</b>	<b>4.5km</b>	
3 <sup>rd</sup>	Morag McIntyre	75.26
<b>Red</b>	<b>4.5km</b>	
3 <sup>rd</sup>	Ronnie Lardner	58.44

by Paul Caban

I hadn't intended going to this one, then Ann phoned me up on Saturday evening asking for a lift so Graham could take the car to drive to (and more importantly

home from) the half-marathon that he the Wallabies to the start.

I didn't remember too much about MoF from our SOL there two years ago – there's only so many times you can say, "Step into the box" before your brain turns to mush; however, I'd remembered I'd had a better run than Ken (who is usually Mr Consistent), and after four good early controls, it came was doing. I didn't have an entry, but I figured that even if it all went horribly wrong, I could always go for a another bag somewhere, and Ann and Mark could amuse themselves with the Guinea Pigs and Cookaburras until I got back. Having overtaken Karen on the way, she came over to announce that there weren't many spare maps. Uh-oh. Still I'd got there early, and I wanted to do one of the least popular courses, so there'd be no problem about getting a run, wouldn't there? Er, no. The last M40L map was sold to the person in front of me in the queue, so I took the only M21L map. I then decided that as the courses would be closing before Tuesday that I probably wouldn't finish in time, so after a quick look at the start list, persuaded Steve Wilson that I could run with his map, and then get it back to him in time for his last (parental split) start. A quick un-entry from 21L (allowing John Emeleus to get a run), and off I jogged past as a real surprise when I hit the first of the brashings. There followed seventeen minutes of mistake at the next control – one of these 'diagonal downhill to oblivion' crags that I really didn't want to go any further down for, so went off to (mis-)relocate somewhere else. Sigh. After that, nearly every other control seemed to be a crag foot half-way down a steep slope, followed by more thrashing around in the brashing. (unfair, it wasn't really that bad, but if Jose Morinho can blame the referee, I can blame ESOC .....). I eventually snapped out of my self-pity when I realised that unless I started working just a wee bit harder, Steve would be standing around at the start waiting for his map to re-appear. (and one wag commented that I was running faster away from the finish than I had the whole of the previous 8Km). As it happened, I arrived just as he got into the -3 box, and later in the coffee-shop could even genuinely claim that as I didn't have a map, I couldn't really discuss the splits. Or at least, that's my excuse.

## British Championships 1/2 April Midhurst, Deep South

### Individual

<b>M21E</b>	<b>14.2km 440</b>	
8 <sup>th</sup>	David Brickhill-Jones	87.54
13 <sup>th</sup>	Dan Marston	89.16
15 <sup>th</sup>	Scott Fraser	90.29
24 <sup>th</sup>	Anthony Squire	98.19
31 <sup>st</sup>	Andy Kitchin	106.29
32 <sup>nd</sup>	Graeme Ackland	106.41
<b>M35L</b>	<b>10.7km 380m</b>	
16 <sup>th</sup>	David Eades	94.10
24 <sup>th</sup>	Brad Connor	112.32
<b>M40L</b>	<b>10.7km 300m</b>	
11 <sup>th</sup>	Rob Lee	80.19
<b>M45S</b>	<b>6.2km 215m</b>	
2 <sup>nd</sup>	Graham McIntyre	52.16
34 <sup>th</sup>	Gordon Ross	82.38
<b>M55S</b>	<b>4.6km 190m</b>	
12 <sup>th</sup>	Pat Squire	67.26
<b>W21E</b>	<b>9.5km 330m</b>	
6 <sup>th</sup>	Claire Ward	76.38
19 <sup>th</sup>	Toni O'Donovan	102.06
<b>W21S</b>	<b>5.5km 235m</b>	
1 <sup>st</sup>	Emily Seaman	62.13
<b>W45L</b>	<b>6.2km 215m</b>	
33 <sup>rd</sup>	Morag McIntyre	86.36

### Relays

#### Men's Premier

2 <sup>nd</sup>	INT 3	Norway Branch
22 <sup>nd</sup>	INT 4	

#### Women's Premier

6 <sup>th</sup>	INT 1
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#### M40

1 <sup>st</sup>	INT	Oldies
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## SOL 2005 Certificate winners

M21L	2nd Graeme Ackland
M35L	2nd Ben Hartman
M35S	1st Colin Ledlie
M75L	3rd Ray Heyworth
W35S	1st Heather Hartman
W40L	2nd Ann Haley

## Junior News *(by Ann Haley)*

### Cross-Country

Friday 10 March was the Edinburgh Primary Schools cross country championships. Interlopers had at least three competitors! There were 4 races (P6/P7 and Girls/Boys), each with ~ 250 competitors.

### Results

#### P6 Boys

1st Christopher Galloway representing Buckstone Primary  
2nd Mark Haley representing Buckstone Primary

#### P6 Girls

4th Demi Lardner representing Buckstone Primary

These were clearly outstanding performances. Congratulations to all of them.

### *Important date for the junior diary:*

Scottish Schools Orienteering competition:  
Friday 2nd June. Location Scone.

If you are interested, please let me know so that I can get hold of entry forms. If you want an Interloper top and haven't ordered one yet - then please reply quickly!

### Aquathlons

This notice about junior aquathlons is for anyone who might be interested. Traditionally, we have had quite a few Interlopers joining in. It is a bit of good fun. There are normally prizes for the top 3 in each age group, and occasionally spot prizes too!

<http://www.edinburghtri.org/index.php?option=content&task=view&id=120&Itemid=>

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