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Editor's Intro

As Interløpers now have no newsletter editor on the committee, I have stepped forward to create this edition of 'The Interløper'. Sadly, I don't think I have the writing genius of Brad or any of his predecessors, and I especially don't have any fancy desk top publishing tools so please bear with me on this edition! Please take this as a personal plea to anyone who fancies having a go at writing the Interløpers newsletter in the future, be it just for one edition!

Many thanks to all those who I have pestered for an article, especially those who replied with something within a few hours!

Emily



NEWS IN BRIEF

Donald Petrie Resigns from SOA *John Barrow*

Some of you may know, most probably don't, that Donald Petrie, the SOA's Professional Officer for the past 15 years or so, has tendered his resignation with effect from 16 November.

Donald has contributed a huge amount to the development of Scottish orienteering during his time, in particular through the 6-Day Events for which he has been the standing Assistant Coordinator. His work on access agreements has been of immense value to Clubs seeking to map areas, and Interløpers have benefitted from this work in the preparation of the maps of Glenearn & Berryknowe and Norman's Law, among others.

Clubs and members have been invited to contribute to a leaving present. At a recent Committee Meeting, we agreed that the Club as an entity should donate to this worthy cause. However, if anyone feels they might like to make an individual contribution, they are welcome to do so.

If you would like to make an individual contribution then Cheques, payable to the SOA, should be forwarded to the SOA Treasurer, Les Dalgleish, at 7 Silverburn Drive, Penicuik, EH26 9AQ.

Interløpers has good representation for the Veteran Home International

Well done to the following interløpers who were selected and ran for Scotland at the 2007 Veteran Home Internationals in November.

W35 Heather Hartman
W40 Lorna Eades
M35 Ben Hartman
M40 Colin Eades
M45 Graeme Ackland

The VHIs took place on November 17th/18th near Pitlochry, with the individual at Errochty coinciding with the National event on the 18th. The relays took place on the 17th at Faskally where Scotland ended up second overnight to England with 76 points to England's 108.

Despite Scotland winning the individual day they couldn't catch England's lead from the relays and ended up second overall.

Well done to Ben and Heather Hartman who came second in the VHI M35/W35 class respectively and Lorna who came 2nd on W40.

Lorna models the Scotland Strip at the VHI Individual race



Interløper's Scott Fraser comes home first for Scotland at Senior Home International

Scott Fraser won the M21 class at the Senior Home Internationals held in South Wales on October 20th/21st near Merthyr Tydfil. Well done Scott. Scotland were sadly piped at the post and ended up Second overall.



GUEST COLUMN

New Members Viewpoint *Chris Shaw*

Having given Emily a hand setting up a come and try it event at Heriot Watt University, and then proceeding to storm round the orange course, I came to the conclusion that this orienteering lark isn't all that hard. How wrong I was! Omitting the fact that I spent 5 years on the campus studying, and also more importantly that I helped put the controls out and therefore was just running round the course not really thinking, it didn't really make for a balanced assessment of my skills!

Blissfully unaware of what was about to follow, I headed to Abergavenny for the British Championships, to do a light green course. Oh dear! Four kilometres, 100 minutes (do the maths!) and many expletives later I appeared back at the finish to find Emily had done twice as much in half the time! This would be the last time I saw one hour and something as my overall time for a while! The following

day saw me agree to fill in on the last leg of the Interløper's Men's Open relay team, where I scraped in just before the prize giving had started!

Nonetheless, I actually had a great time getting royally lost, and followed up my British toils with another marathon effort at the Scottish Champs. Then came the Scottish 6 day, which I was assured was to be a bit of a holiday. Holiday indeed! I encountered a major revelation on day one where on my first proper encounter with orienteering in forest, it was established that white bits are actually green in reality, and really green bits should be avoided at all costs! Having retired after a couple of hours, things improved slightly on days two and three where I managed to clock around about two and half hours. Then, somehow it all began to make sense on days 4 and 5, and I lost the two from my time and replaced it with a one! Wahay! Normal service was resumed on day 6 however with another impressive retiral, although I still maintain it was due to the pressure of having to finish quickly to leave for Inverness and the Belladrum Music Festival!

Subsequently I have actually managed to beat Emily once (couldn't let the piece pass without mentioning that!), but can most frequently be spotted running furiously for a while, only to stop, look at the map and run back the way I came! Especially on the first leg! Anyhow, I am very much looking forward to more getting lost next year!

**Remember to always ask
questions
(Controlling a six day event Part 1)
Colin Eades**

It all started with a weekend at Woodlands. We had been training at Achlean and the Eades family was on route back to Woodlands. As we were driving back to Woodlands, we spied one Paul Caban furtively disappearing into the forest. Later on when Mr Caban appeared I quizzed him as to what he was up to. Planning for the six day was the reply from the man who just can't say no...Feeling I had to do something before Paul ended up being the entire staff for the six day I asked him who else was on the team. He replied Graham McIntyre was his co planner and Bob Cherry was organiser with Ted Finch as main controller. Before I knew what I was saying my hat appeared in the ring to be the controller's assistant or the assistant organiser. A few weeks later and with little further thought the question became well which one then? I opted for assistant controlling as an excuse to spend some time on Speyside in a forest and on the basis that an assistant to the organiser is the easiest job to fill later on, with the controller being required over a longer period of time.

The deed done and committed to helping, the answers to the questions I had not asked started to become clearer. Paul had said the event was on Inshriach West which was in fact the reinvention of Uath Lochans under a new name to try to trick tempt people back.

Next as I talked to Graham and Paul I discovered the area was to be used for the classic race i.e. the Men's and Women's elite were to race for half as far again as a normal six day course. Mr. McIntyre started talking 15km distances! What I knew of most Grade 1 controllers was that I could expect a fair bit of running to go round these long courses.

Another question I did not ask at the start was where the finish was to be, as after a chat with Paul one evening I discovered that the finish was on the Eastern extreme of the map and that large areas of out of bounds existed which meant to all intents and purposes we had a 2km run in with punching practice. There was a much more preferable location for the finish but it was strictly out of bounds and after a number of 'but what about this', or 'can we not do that's', we had to concede we had to make the best of what we had. Then it dawned on me that I had seen Paul on his knees begging Donald Petrie at an event a while back, it transpired that this was Paul trying to get relaxation of the out of bounds areas and not an improved ranking position.

The next thing I had failed to ask was what Ted is like to work with as a controller. As we progressed through the process of putting the event together it became apparent that Ted's approach was to say the least relaxed. Some might say this stemmed from supreme confidence in the abilities of the rest of the day team. However after asking around a selection of the greater good of

Scottish orienteering I gleaned the following comments:

"What have they paired Interløpers with him for? You will never get anything done on time and you will be still putting controls out after the events starts" etc. etc.

Another comment was along the lines of "He is so laid back the blood rushes to his head!" The more I asked the more I realised that I would have to try to be the dynamic, nagging type who tried to keep an eye on deadlines and make sure things were happening. This is fairly alien to me but I am supposed to do this at my work so by some means or other we needed to meet deadlines (well stretched deadlines anyway).

Find out more about this in the next issue unless enough complaints are registered that you want to hear no more!



SOCIAL NEWS

**Halloweeneeneeneen and the
Haunted Hospital – The INT
Halloween Party (27th Oct)**
Graeme Ackland

Ghoulies and ghosties couldn't scare our long legged beasties as the junior Interløpers whizzed around the Transylvanian forest of the Astlie Ainslie Hospital. Thirty minutes of night score vampire orienteering (don't ask) couldn't separate the varied Bartletts, Eadesies,

Galloways, orangeage and nuclearbombnage. Peace was finally restored when the clock stuck twelve and all the pumpkins turned into children. Or maybe Haleys, McIntyres, Owens and Acklands, and a mass tie on 10/10 was only resolved by a mobbing and flattening of the planner. Back at the party the gobbling and fattening began in earnest, and only four and a half folk braved the streets. Further party games involving cars, postmen, trains, oranges and nuclear bombs produced further carnage, postage, trainage, it was the other way round - by that stage we were past caring.

Many thanks for hosting a great Halloween Party – Ed.

**Interløpers Club Champs
9th December**

As I am writing this on Friday 7th December it's too late to give out information and too early to write about the results! Hope all who took part in this year's club champs enjoyed themselves.

Many thanks to Gillian and Dave for organizing and hosting the after champs party and prize giving – Ed.

**INTERLØPERS CHRISTMAS
PARTY
Saturday 15th December**

The Interløpers Christmas party will be held this year on **Saturday December 15th**. In a break from tradition and in order to accommodate the growing number of little Interløpers, we were hoping for

a hall; however, lack of insurance mean that we're Chez Haley at 34 Queen Margaret Close, Fairmilehead, Edinburgh 7:00 until – whenever Graham demands sleep and/or silence.

They'll be games for kiddies and adults as well, including guess how little sleep Graham got on his overnight flight back from California!

Please bring food and drink and a secret santa gift worth no more than £2.50.



EVENTS ROUND-UP

Scottish 6 Day's Speyside 2007

The 16th Scottish 6 Day took place at the start of August and was well attended by many Interløpers. With two wet days, two moderate days and two good days, it was a good chance to practice navigation in different climates!

The event centre was at the picturesque Highland village of Grantown on Spey and the folk/salsa band Salsaceltica kicked off events on the Saturday evening with an impressive open-air performance in the town square.

Interløpers helped out on Day 3 at Inshriach West.

A special mention also goes to John Barrow at the blue start who not seeing a gate on his drive into the

start area, managed to hit the gate barrier which pierced through his windscreen and stopped inches from his nose! In fine form he carried on regardless and helped out all day before driving back to Edinburgh to get it fixed!

Congratulations to Interløpers Lorna Eades who finished 1st overall in W40L and Rob Lee who finished 1st overall in M45S.

A big personal thanks to all the Interløpers who helped provide lifts to and from the events for Chris and I after our car broke down on the Monday evening!

**11-man relay
29th September, Kinnoull Hill**

Interløpers had one team at the 11-man relay this year which was held on Kinnoull Hill near Perth. A good overall team performance (and an unlucky disqualification for FVO on the first leg – whoops!) left INT 3rd overall. Some experienced members of the team found the terrain quite tricky with lots of confusing tracks, Mr. Ackland in particular taking his time! EUOC won overall with CLYDE second.

**SOL 6 Dumyat
September 30th**

The day after the 11-man relay saw SOL 6 held at Dumyat near Stirling with parking at Stirling University. The start was on the edge of the moorland and required a decent effort uphill to reach but was rewarded with gorgeous views out over Stirling and the hills beyond.

My legs suffered on the hilly terrain with plenty of heather hopping and the steep walk back to the car park finished me off! With me on W21L and Chris on M21S we had the same course for the first time. My horrendous orienteering aside, well done to newcomer Chris who beat me by miles! (I'm putting it down to all my coaching tips that have finally paid off!)

Results

JM2	Angus McIntyre 2 nd
JM3	Mark Haley 4 th
	Donald McIntyre 5 th
	Max Ledlie 10 th
JM5S	Stephen Haley 1 st
M21L	Graeme Ackland 7 th
M21S	Graeme Ross 3 rd
	Chris Shaw 4 th
M53L	Ben Hartman 2 nd
M40L	Ian McIntyre 6 th
M45L	Robert Lee 3 rd
	Ken Daly 7 th
	Graeme McIntyre 8 th
W21L	Lorna Eades 3 rd
	Emily Seaman 8 th
W35L	Mary Ross 1 st
	Heather Hartman 2 nd
W40L	Ann Haley 3 rd
	Jane Ackland 5 th
	Jane McIntyre 9 th
W45L	Morag McIntyre 6 th
Yellow	James Ackland 3 rd
Orange	H. & D. McIntyre

**SoSOL 2 at Cademuir
October 28th**

Cademuir was the venue for the October ESOC SoSOL. The grassy moorland of Cademuir provided good runability and great views out over

the Peeblesshire countryside (maybe if I had concentrated on the map and not the views I wouldn't have spent quite so long at number 7!). I particularly enjoyed reading an article in the 'Peeblesshire news' on the Saturday which read that this event was "one of the biggest events of the orienteering calendar this year!".

Results

White	Mairi Eades 7th
Yellow	James Ackland 4th Tina Lardner 7th
Orange	Donald Mcintyre 4th Max Ledlie 6th
Green	Ben Hartman 1 st Heather Hartman 2 nd Jane Ackland 4 th Mary Ross 6 th Emily Seaman 10 th Fiona Weir 12 th Chris Shaw 28 th Ronny Lardner 29 th
Blue	Graeme Ross 6 th John Mitchell 7 th Paul Caban 11 th Lorna Eades 13 th Barry Owen 14 th Richard Speirs 16 th
Brown	David Godfree 1 st Graeme Ackland 3 rd David Eades 5 th Gillian Godfree 7 th Colin Ledlie 9th

**STAG National Event
Errochty
November 18th**

Not the best day for the weather but an enjoyable event on technically demanding terrain.

Results

M10B	Max Bloor 2nd
M35L	Ben Hartman 3 rd
M40L	Colin Eades 5 th
M40S	Paul Caban 1 st
M45L	Graeme Ackland 5th Ken Daly 11th Graham Mcintyre 13th
W21S	Emily Seaman 1 st
W35L	Heather Hartman 2 nd
W35L	Fiona Weir 1 st
W40L	Lorna Eades 2 nd Jane Ackland 5 th
W45L	Morag Mcintyre 11 th
White	Logan Mcintyre 1 st
Yellow	James Ackland 1 st

Paul (in red) tries to psyche out the competition on the start line at the Errochty National Event



FIXTURES

December	
29th	ELO Local Festive Frolic
30th	INT Festive Score Event

January

- 1st INVOC News Years Score
- 2nd SOLWAY Knoll Bagging
- 12th INT Mortonhall CATI
- 26th/27th EUOC Burns Weekend including SoSOL & ESOA Champs

February

- 3rd ESOC Sprint O
- 17th RR SoSOL
- 23rd ESOC Scottish Night Champs
- 24th ELO SoSOL

March

- 2nd SOLWAY SOL1
- 9th INT SoSOL

More details – Other events: see www.scottish-orienteering.org



INTERLØPERS BABY NEWS!

Yes, it seems Interløpers are still breeding like rabbits! Undoubtedly we will have the strongest min-relay team at the JK and British very soon!

In particular in this edition we welcome two new faces to Orienteering.

Baby Murphy

Congratulations to Peter and Jen Murphy whose little boy Oliver James was born on August 21st weighing 8lb 10oz.

Baby Connor

Not technically an INT baby now that Brad has de-camped to FVO but we say congratulations to Brad Connor and Beccy Osbourne and welcome little boy Jamie Connor (named only on the way to be registered!) who arrived on October 12th after 23 hours (poor Beccy) weighting in at 8lbs 3oz. He was weighed again after two weeks and tipped the scales at 9lbs 9oz; they're supposed to lose weight at first! To quote Brad "Wee biffa".

Brad also tells us that 'he was the wrong orientation, back-to-back rather than on the left side, and rather than turn the short way, he decided to go the long way round. Typical Connor navigation tactics, those. He also took about two hours of popping in and out before he finally decided to make an exit. Traits so far - he likes music, any music, and shows a remarkable gift of trouser-trumpeting in time to the beat!'

Jamie Connor ponders his string course tactics



Chairman's Corner

So here I am, writing the Chairman's 'bit' whilst supposedly practicing wrapping myself up in bandages and putting myself in the recovery as my 'homework' for the First Aid course that I'm in the middle of attending. Somehow it doesn't work when there's just one of you

It's been a busy six months. The Six Days certainly left me a little tired, but exceptionally proud that Interlopers had helped but on another classic event, and that I'd had a major role in it.

Maroc's SOL – how did I end up spending 90 minutes on car-parking? – proved that the tiredness extended to my navigation too: it's been a while since I've been out quite that longThe start of term and one heavy cold later, and my invitation to the Tinto Birthday Ceilidh turned up, followed by, a week later, the Tinto Twin itself heralded the return of the Night O season.

For reasons that now escape me, a fortnight after that found me kipping on a scout hall floor, struggling to understand some *very* Glaswegian accents whilst doing my bit for the Scottish VHI cause by putting *nearly* all the controls out in the right place. Ah. Oops. My excuse was that some of the sites weren't taped, there was only two hours to get the lot out, and the planner and controller thought it was right. Where did that pit come from? – it wasn't on the map. Unfortunately.

And what does Interlopers have to look forward to next ?

Well, obviously, the Christmas Party will be the first highlight. And where will I be? Well, funnily enough, I'll be in Aberdeen accompanying Hilary to a Status Quo concert. Don't ask. Hopefully the hair will grow in time for some serious headbanging

Then we have some events coming up. First of all, Ken again proves that one (super)man can put on an event, with his Speyside New Year Score. Then Robin & Lucy Galloway will be masterminding a Saturday afternoon CATI at Mortonhall. Parking somewhere near the campsite.

A short hiatus sees the Interlopers SoSOL, this time at Dalkeith Park, on March 9th. Colin Eades will be planning, and some mug will be organising. The end of May sees the Scottish Champs at Tullachroisk by KinlochRannoch. INT, along with Tay and RR are in charge of the Individual on Saturday. We're not planning this time, but your Club's professional (dis-)organiser will again be in charge, with Family Ledlie running the String Course, and Rob Lee (or possible Mary Ross) in charge of entries.

The finally, SOL6 in Inshriach. Ken is planning (again), Rob, Patricia and Max organising, and Barry satisfying his inner geek to take entries.

Thanks everyone listed, and to anyone else who volunteers next time. The sport doesn't happen without us.

**HAPPY
CHRISTMAS AND
SEE YOU IN THE
FOREST IN THE
NEW YEAR!**

