

# 155 The Interløper April 2011

#### Interlopers BBQ at the Scottish 6 Days

Friday 5th August 2011 Time: 4.00pm onwards

Location: Tim Brand's House
1 Ach an Duin
Benderloch
Argyll
PA37 1QP
Grid Ref: NM 905 384



Please park at the car park in Benderloch and walk along to house. The club shall provide a number of disposable barbeques but if you have one – bring it – just in case. Let's hope the sun shines...........

#### 10% off Compass Point Kit

See article later in the newsletter.



### Editor's Introduction Ann Haley

At last the days are longer. I hope you enjoyed the South of Scotland League events that have taken us back to some old haunts (thinking of Lanton Moor) and the night events, but are ready for the championships that are coming up. Now that the new O Tops are here there are lots of smart orienteers out there.

Ann Haley

#### Chairman's Chat Ken Daly

Breaking news! The new Interlopers O tops have arrived and should be visible on all good orienteers in a forest near you. We have also renewed our sponsorship deal with leading orienteering kit supplier, Compass Point. Please see the separate article in this newsletter and support our sponsor.

The 2011 orienteering season is now well underway and hasn't it been great. I really enjoyed the University's Big Weekend (city street race and Holyrood SOSOL). Ironically, two of my main errors in the city race, occurred near the end of the road I live on. Daaahh! I guess that shows that orienteering is a sport that tests your concentration as well as running and navigation. If you become complacent, as I did, you pay the price.

I also enjoyed the ESOC and TAY sprint races and five events in the Lake District. But the serious competition began with the Scottish Night Championships at Braids & Mortonhall and SOL 1 at Dalrulzion. Interlopers hosted both events and although I only managed to run in one of them, the feedback was very positive on both occasions. Well done Interlopers, especially our main officials (Ann Haley, Graeme Ackland, Pat Squire and Robin Galloway). Thank you!

I would also like to say a big thank you to Paul Caban and his helpers for hosting two "come and try it" (CATI) events. These introductory events are equally important because they cater for new and novice orienteers. If we fail to cater for these people we will struggle to attract new members and future volunteers.

Our other early season commitment was a club training weekend based in Kingussie, Speyside. We have been to Kingussie before and will undoubtedly go again. I can recommend it as a fun social, as well as great training opportunity, but a separate article follows so I will say no more, except a thank you to all the volunteers that made it happen, especially Graham and Morag McIntyre, Colin and Lorna Eades, Su Twissell and Pat Bartlett.

We can now look ahead to the rest of the SOL series, JK, British Champs, Scottish Champs and Scottish 6-Day, along with

plenty of smaller but equally fun local events. Interlopers will be the lead club for the Scottish Relays (29/05/11) and day 4 of the Scottish 6-Day (04/08/11), so I need you to keep these days free and help as much as possible (everyone should get a run if they want one).

Interlopers will also, once again, be hosting its summer Wednesday evening street O series. This series has grown in popularity and usually entails a street run of circa 30 minutes, followed by a relaxing chin wag in the evening sun. The provisional programme should be available further into this newsletter. If you have not attended the previous events / series, give it a go! It's great fun!

Finally, I would like to invite you to our club AGM, on the evening of Thursday 23/06/11. We hope to book a room at KB and then head out for a meal. The AGM should be short in duration, which leaves plenty time for a meal, drink, chat and more....

Ken Daly.



# **East of Scotland Championships**

The East of Scotland Championships were postponed from a very icy winter's day in December to take place in conjunction with the EUOC Big Weekend event on Holyrood Park.

We had several winners and a few were caught on camera.

Our East of Scotland champions are: M10 Max Bloor M12 James Ackland W14 Fiona Sutherland M14 Alex Carcas M16 Matthew Galloway M21 Murray Strain W45 Jane Ackland M45 Ken Daly M50 Rob Bloor Well done everyone!



Ken Daly (Chairman), Max Bloor, Rob Bloor, Matthew Galloway (photo by Patricia Alston)



### **Come and Try It Events**

Mortonhall and Craigmillar Castle

The Edinburgh & Lothians Come and Try It events that ourselves, ELO and ESOC put on continue to be popular. The numbers at the Mortonhall event in February probably suffered slightly from the snowfall overnight and also being held at the end of Schools' half-term. It was also, deliberately, held on the same day as the Scottish Night event so many regulars kept their energy for the evening's activities. No matter, the day brightened up, and proved somewhat more enjoyable than a previous event that we had held at the same venue, where torrential rain was the order of the day. Mortonhall also has a new Campsite Manager, Andy, who although aware of what our sport entails, was a little nervous about possibile interactions with the new electric fence around the paddock, and was very impressed with our conduct, organisation

(us!) and lack of electrocutions. Thanks to all the helpers, some of whom reappeared a couple of hours later to help with the night competition.

The Come and Try It at Craigmillar was held in glorious sunshine with far greater The small technical area is numbers. always testing, and became quite busy at times. There were lots of families with small children who enjoyed their run around the park's paths, and the cakes that Lucy Galloway sold supporting Interlopers participants at the "World Schools". The more experienced orienteers on the green course had two particularly tricky controls in the ever challenging 'quarry', together with a control on an unmapped crag in the centre of the circle for number eight. And by all accounts, many people holding their map upside down ran from 5 to 9 and then on to 6 ..... Again, thanks to all my helpers, and especially Anne Geddes most marshalled Registration at both events extremely efficiently.

Results for both events on the Club web site at http://www.interlopers.org.uk/



# Scottish Night Championships

Braid Hills February 19<sup>th</sup> 2011 *Ann Haley* 

I was approached one very wintery day (19<sup>th</sup> December: the day of the Interlopers Christmas party) to see if I would organise the Scottish Night Championships in February. With no permissions, and no map, this was going to be a challenge. January was spent approaching Edinburgh Leisure and Mortonhall Golf Club to ask permission to use the areas. The calls and emails to Edinburgh Leisure proved useful

and before long we had use of a nice indoor facility; just what we needed for a night event. Graeme Ackland offered to plan, but it proved challenging to find a controller with time to visit the area at very short notice. Paul stepped up to the challenge, and that is exactly what it was. Time was so short that the map was being tweaked only a week before the event, and Paul had to do most of his controlling in the dark.

Being a championship event, there were trophies to locate, and prizes to source. In the end seven trophies were located, and another three are now know to exist but have gone missing. Edinburgh Leisure proved to be superb hosts. We had the luxury of dry facilities, a shop selling hot drinks and at the 11<sup>th</sup> hour they came up with more prizes than I could possibly have hoped.

The evening proved to be mild, the helpers duly appeared to put out controls, man the start and help with registration and download. We had lots of happy runners who had really enjoyed Graeme's courses.

Thank you to everyone, and particularly to Edinburgh Leisure, who made this event happen.

I thought I would just share a few of the comments received:

"Great event, loved it. A lot more challenging than I expected, should have given braids some more respect! And I especially liked having somewhere warm to sit afterwards. Thanks"

"Found it very hard to navigate and would've struggled even in the daylight! That said I really enjoyed it, certainly more challenging than our Glasgow parks. Now back to picking gorse from my thighs."

"Well done for all your efforts organising such a good event in next to no time."

#### "Ann & Interlopers

Thank you to you and your team for a really enjoyable competition last night. The new map of the Braids was superb, the planning totally appropriate and we even enjoyed the confidence giving gorse inspired dog legs. .... Thanks again! Lovely night out!"

"A quick note to say that I thought it was a fantastic event last night on an amazing new map.

Thanks very much."



### World Masters Ski Orienteering

Rob Lee and Helen Murray



Rob Lee (photo by H Murray)

A group of four ventured to Lilliehammer, Norway to take part in the World Master Ski Orienteering Championships in February.



Rob Lee (photo by H Murray)

Rob declares that he was a little outclassed when it came to expert skiing ability.



### SOL 1 - Dalrulzion Pat Squire, Organiser

To whoever in Interlopers has the hotline to the weather gods – a huge thank you.

The event was always going to be vulnerable to the weather. Had there been rain in the previous week the assembly field would at best have cut up badly with consequent entry / exit issues. At worst we would have lost the field altogether. Plan B involved parking on the forest roads and really was an option that I didn't want to seriously contemplate. In the end, to paraphrase Brian Hanrahan (\*), "we got them all in and we got them all out."

Not that all went completely smoothly. At 8.30am the event wasn't going to happen. I arrived to find the lorry delivering the toilets stuck in the entrance to the Assembly field. And of course the more he tried the more cut up was the entrance tracks. Fortunately he found some solid ground and got in only to repeat the process to a lesser extent on the way out! A mere hiccup designed to test my blood pressure response.

By the time the lorry returned to uplift the loos the only vehicles left were Ken's, Robin's and mine and I reasoned that we would be able to get each other out if really necessary as I watched the exit of the toilet lorry from up the hill whilst dismantling the stile and restoring other crossing points.

The event itself i.e. the important "in forest stuff", went well. Robin's courses were well received and offered suitable challenges, especially of a physical nature, for all classes. We had a higher than expected entry (close to 400 runs were recorded) and so financially the event will help swell the Club's coffers for some time to come.

There was a good turnout of Club members both to run and to provide help in various capacities throughout the day. My thanks to everyone for their contribution. I think we kicked off the 2011 SOL season in fine fashion.

\* If you are younger than M/W 40 does this mean anything to you?



## Interlopers Training Weekend

18<sup>th</sup> - 20<sup>th</sup> March 2011 *Pat Bartlett* 

A gaggle of Interlopers orienteers (Ken, Rachel and families Bartlett, Eades, McIntyre and Ackland) gathered at Woodlands in Kingussie on the evening of Friday 18<sup>th</sup> March for the 2011 training weekend.

Woodlands is a University of Edinburgh owned building with large communal areas – ideal for socialising, group cooking and den building in the living room!

Saturday morning training was on the ROMP (Regular Orienteering Map Programme) area of Strathmashie. Coaching supremo Graham McIntyre was out early to set up training on the area. Graham returned to brief us and advise us that this would be adventurous orienteering!

The training started with a line course – the idea is to follow the line as accurately as possible practicing continuous contact map reading, with controls (tapes) at unknown locations along the line. For children this provided a good opportunity to go around with adults and look at features on the map.

The line course was followed with either the ROMP course (for adults) or an orangish course set by Graham for kids. The area lived up to the adventurous billing with some deep snow in places and rugged forest!

The snow led to some cold feet – and generally the rest of the day was taken up with tea shops and chilling at Woodlands. Only the Acklands ventured out for some further O training on the area close to Woodlands.



James Ackland (photo by K Daly)

On Saturday evening there was a large communal meal topped off with delicious crumble and custard! Rob Lee (and skiing friend) and Hilary Quick also joined us for the meal.



Rachel Kirkland (photo by K Daly)

On Sunday morning Graham and Colin were out early putting out controls at Ellan Wood. Meanwhile Ken planned a morning sprint street race around Kingussie – using a black and white copy of a sprint race map (a bit like street events of old).

Graeme, Graham, Colin, Pat, Rachel and James all enjoyed a morning sprint around Kingussie.



Graeme Ackland (photo by K Daly)

Following the sprint race we all set off to Ellan Wood in Carrbridge. This was a great area for training — mostly good running white forest, plenty of contour detail and lots of paths for the kids. For children there was a yellow++ course, whilst for adults there was a longer course on a pathless version of the map. Best of all the map included the Landmark centre tea shop where we all retired for a post training cuppa (and mirror magic for kids).

The weekend was relaxing with just the right amount of training – and was a great opportunity to practice O techniques. Many thanks to Graham for organising and planning all the training activities.



### Scottish 6 Day Preview Paul Caban and Colin Eades

The "Interlopers' " (with help from Moravian) day of the Six Days is progressing. We have allocated to us, Day 4, at Torinturk, a new area to the south of Connel.

The area is nice: a mixture of forested slopes above the River Lonan, together with some moorland above. The finish is on the opposite side of the river to the main area and there are advanced plans to have a bridge put in place, replacing one that isn't quite as, er, continuous as it might be. This, fortunately, is a responsibility of the Central Organising Team, rather than us.



Photo by P Caban

Planners Graham McIntyre and Colin Eades have all the sites tagged now, and are tinkering with the courses a little. The bulk of the taping was done over the long weekend of appalling weather at the start of February; fortunately ex-Interloper Tim Brand put me (Colin) up, and Lucy fed me her legendary pine-nut and spinach lasagne to make everything better. Tim & Lucy are also pointing us to the choicest location for a Club Barbeque, most likely on Day 5.

I digress. We have some great courses for you. There's one especially delightful area of Scots Pine, which wouldn't be out of place in Speyside, that we're endeavouring to use for as many senior/TD5 courses as possible. The rest of the woodland is good too, and the moorland is perfectly fine.

For anyone who has never been to the Six Days, it's one of those "everyone should do it at least once" occasions. There will be more than three thousand people running each day: we're most definitely not a minority sport for at least one week a year. Accommodation may be tricky if you haven't booked any yet, but Oban is chock-full of B&Bs, and the Event Campsite.

Organisation, under Supremo Colin Eades, is coming along with the time fast approaching when you all need to avoid Colin's eye at events so as not to end up on car parking duty at the event. "If you all cannot face trying to avoid me for the weeks and months to come, I will be looking for victims to volunteer for the usual posts."

We are teamed with Moravian for the event and they usually get help from their friends at RAFO. We may still be looking for more helpers and may look to our contacts with an English club so that those who wish to sample Graeme and Paul's courses during the day can do so.

The main target for helpers currently are an organiser for the string course as we need to identify a theme etc., so any volunteers?

Paul & Colin



### **Cross Country**

Galloway News



Photo by L Galloway

Christopher, Matthew and Samuel Galloway having won the Edinburgh Schools Cross Country Relay.



# **East of Scotland Junior Orienteering Training**

Jane Ackland

I'm trying to think of any inactive Interloper juniors.....and actually I can't. But if there are any, then extract yourselves from your gaming chairs, lend your DS's and Ipods to your elderly relatives, or better still, experiment by posting them into the kitchen sink waste disposal unit and measuring the decibels produced (the DS's and Ipods that is), and give junior training a try. It happens roughly once a month on a Saturday afternoon, and it involves juniors. It is organised by some very training. talented grown ups from ESOC and RR, whose very talented offspring are in SCOTJOS and SEDS and other acronyms.

Some of your parents help out too, but don't worry, you can probably avoid them. Anyway, what I'm trying to say is that you can learn lots from really classy orienteers, and check out your friends and opponents in the other clubs.

So far this year, there have been two slightly alternative sessions. The first was some training in Currie High School when the weather was too snowy and unreliable for anything outdoors (other than BUPA runs and international cross country races). Having cackled at your parents' navigation skills in finding the venue, you could learn a lot about stretching and warming up with Miss Maxwell as the model, race around a map of the lines on a sports hall floor using Sportident, run in a relay to find different control features, and learn a bit about interpreting maps.

The second session used the national sprint championship King's Buildings map to practice sprint orienteering; speedy decision-making in a safe built up area, and quite a bit of skill required in planning your route to avoid impassable buildings and dead ends. As always, the session involved warm up exercises and a relay at the end.

By the time you read this, there will also have been a trip to the beach at Yellowcraigs, where, if anyone was prized off the excellent playpark, they should have learnt all about contours.

as for the next FCOA innie

The dates for the next ESOA junior training session is **7th May** 2011, 1 to 3 pm, and is provisionally East Craiglockhart. This session is expected to concentrate on relay training. Look out for an email to let the training coordinator (lan Pyrah, <a href="mailto:ianp@esoc.org.uk">ianp@esoc.org.uk</a>) know you wish to come so that he can arrange for sufficient maps to be printed.

Badge schemes – contact <a href="mailto:Ann.Haley@eda.c.uk">Ann.Haley@eda.c.uk</a> if you are eligible for your next badge.

There are two schemes:

"Courses completed" badges: count how many courses you complete (simple completion of courses at any standard); badges for 5, 10, 25, 50, 100

Colour coded badges based on competition results – juniors should have details in their junior folder.



### Old Interloper O tops Pat Bartlett

With the new o-tops coming out we are selling off the old O-tops at the bargain price of £15

We have the following sizes available (one of each):

Large - short sleeved Medium - short sleeved Medium - long sleeved Extra small - short sleeved (£10 for juniors)

Contact Pat Bartlett if you would like one.



### Club Training Coordinator: Ken Daly

Club runs are most Thursdays at various locations starting at 6.30pm.

See the website for more details and routes: http://www.interlopers.org.uk



# Interlopers Edinburgh Street O - Summer 2011

Coordinator: Ken Daly

One long course (circa 30 mins) and cut off for short course.

Starts are between 1800 & 1900 hours on Wednesday evenings. SI timing (bring your own SI dibber if you have one).

Cost £3 adult / £1 junior.

Email to reserve a map if email address provided.

| DATE | VENUE                 | REGISTRATION                        | OS GRID<br>REF |
|------|-----------------------|-------------------------------------|----------------|
| 25/5 | Astley<br>Ainslie     | Oswald Court                        | NT 246716      |
| 08/6 | South<br>Gyle         | 107 South Gyle<br>Wynd, EH12<br>9EX | NT 191719      |
| 22/6 | Tranent               | 39 Bankpark<br>Grove, EH33<br>1AU   | NT 400733      |
| 06/7 | Dean<br>Village       | TBC                                 | TBC            |
| 20/7 | Edinburgh<br>Old Town | 2 Hatton Place,<br>EH9 1UD          | NT 259722      |



### **Puzzles**

Graeme and James Ackland

Small quiz to find the various misquoted Chapter and Verse. Answers to Graeme Ackland (this one is lost on the Ed).

How the Christmas Canter became a moveable feast.

The Christmas Canter, club champs and ESOA champs saw the genesis of a brand

new map of Deans and Dechmmont. Oleg begat some wondrous courses, and Paul saw that they were good. But the Lord had brought a mighty snow unto the lands of the North. And the cars in the road of Relugas were as stone, for no pillar of salt was to be found about the land. And though there was wailing and gnashing of teeth, on the eve of the Sabbath Paul saw that the gathering was removed from the list of the BOF; saying "verily in a race the runners all shall run; yet if we had not delayed, we could have gone and returned twice".

Here's a little puzzle. All you have to do is start at the START, and follow the word INTERLOPER over and again until you reach the end.

How hard can it be?

#### **START**

| 9             | n             | 7                          | ε             | $\mathcal{R}$ | 2             | 0             | P             | $\mathcal{E}$ | R                          |
|---------------|---------------|----------------------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------------------|
| 9             | ٢             | $\varepsilon$              | $\mathcal{R}$ | 2             | $\mathcal{R}$ | $\varepsilon$ | ε             | n             | 9                          |
| 0             | 1             | $\boldsymbol{\mathcal{R}}$ | P             | 0             | P             | 9             | R             | $\varepsilon$ | n                          |
| n             | 9             | R                          | ε             | P             | 9             | n             | 7             | P             | 7                          |
| 7             | n             | 9                          | n             | 0             | R             | 1             | ε             | 0             | ${\mathcal E}$             |
| $\varepsilon$ | $\mathcal{R}$ | 2                          | 0             | P             | $\varepsilon$ | $\mathcal{R}$ | $\mathcal{R}$ | 2             | $\boldsymbol{\mathcal{R}}$ |
| 2             | n             | 9                          | $\mathcal{R}$ | ε             | P             | 0             | 2             | 0             | 9                          |
| 2             | 1             | ε                          | 7             | $\mathcal{R}$ | 1             | n             | 7             | 2             | 0                          |
| 0             | P             | $\mathcal{R}$              | n             | 1             | $\mathcal{R}$ | 2             | ε             | R             | P                          |
| 2             | ε             | 2                          | 0             | P             | ε             | P             | ε             | $\mathcal{R}$ | ${\mathcal E}$             |
|               |               |                            |               |               |               |               |               |               |                            |

**END** 



#### National Orienteering Centre Courses

#### **Coaching Awards**

**UKCC Level 1**: Tuition and assessment are covered in the 3 days of the Level 1 course. Courses are normally held at Glenmore Lodge, but can also be run elsewhere.

Saturday - Monday 21-23 May Wednesday - Friday 20-22 July

**UKCC Level 2**: 3-day course is followed by home tasks, logged experience and observed session to complete the qualification.

Contact Hilary Quick if interested: hilary@scottish-orienteering.org

Full course schedule: <a href="http://www.scottish-orienteering.org/index/natcen/page/national-centre-course-schedule/">http://www.scottish-orienteering.org/index/natcen/page/national-centre-course-schedule/</a>



### New 'GO FASTER' O Tops Ken Daly

The new Interlopers O tops have arrived and look fantastic! Whether they 'go faster' depends on what's inside! Have you got what it takes?

If you ordered a new O top please arrange to collect it from Ken Daly.

The price is £30 adult and £20 junior (under 18). There are 3 ways to pay:

- 1. Send a cheque payable to "Interlopers" to Pat Bartlett and include a remittance advice note.
- Make an electronic bank payment (details available from Pat Bartlett) and submit a remittance advice note.
- 3. If absolutely necessary, pay cash to Pat Bartlett.

If you did not order a new O top, this time around, but would now like to order one (or you want an additional one) please let Ken Daly know, so he can check the spare stock and also gauge interest for a second order.



### **Compass Point Sponsorship**

The result of global warming in Scotland?!



Compass Point event shop, Denmark JWOC 2010

#### www.compasspoint-online.co.uk

The top orienteering equipment retailer, Compass Point, has renewed its sponsorship of Interlopers. This is great news, especially during a credit crunch. The details of the sponsorship deal are as follows:

- 1. The sponsorship deal commenced Monday 04 April 2011.
- 2. Compass Point has provided the club with a subsidy towards the junior O tops (the current O tops order only).
- 3. Compass Point secured additional discounts off the order from Trimtex (the club had already negotiated a good discount, but Compass Point secured further savings).
- 4. Compass Point has offered a 10% discount for Interlopers when they shop at Compass Point. The discount does not apply to goods already discounted under a promotional deal, special offer, sale, etc. Please note that Rick and Angela (of Compass Point) know lots of orienteers (GB wide) by face, but not necessarily by name or club, so they require you to ask them for the discount (and preferably show them your lovely new O top or some other proof). They have also advised that if you order goods on line there is a comments box in which you can provide a "clear" notice that you are from Interlopers and would like a discount where applicable. Finally, please note that if you forget to ask for the discount, they can not back date or correct the claim (sorry).

- 5. Interlopers will try to use the name "Compass Point" on all or our relay teams: "Interlopers Team Compasspoint".
- 6. Interlopers will promote Compass Point, through our web site, newsletter and any other suitable means. We hope this will include a button on our Interlopers web site to provide you with easy access to the Compass Point web site.
- 7. Some items are low margin and Compass Point can't offer any further discount. This won't happen very often but the items will be marked as a net price.

(The junior O tops have also been subsidised by the club element of the BOF Junior Volunteer of the year Award presented to Stephen Haley.)

This is a great sponsorship deal, so I ask you all to show your appreciation by supporting Compass Point over the next few years.

Ken



### **Fixtures**

For up to date event information and further details please visit www.britishorienteering.org.uk.
This list includes all fixtures registered by (01/04/2011)

|       | 2011                      |  |  |  |  |
|-------|---------------------------|--|--|--|--|
| April |                           |  |  |  |  |
| 10th  | SOA<br>ESOC<br>Level<br>C | ESOC SoSOL, Cademuir Peebles, NT251383 Organiser: John McLaren, johnmclaren111245@hotmail.com, 0131 6673988 Entry On Day: Senior £8.00, Junior £3.00, Student £3.00., Punch Type: SI, Dogs: Dogs on leads in the car park (on forest roads) only. No dogs on the courses; there will be sheep and lambs on the hillside. Start Times: 11.00 - 13.00 esoc.org.uk/?page=home |  |  |  |
| 16th  | SOA<br>KFO<br>Level<br>D  | KFO Try Orienteering Calais Muir Wood, Calais Muir Wood Dunfermline, NT129867 Organiser: Ian Doig, ian.doig@btinternet.com, 01383 412273 Entry On Day: Senior £0.00, Junior £0.00, Student £TBC., Punch Type: None, Dogs allowed. Start Times: 12:00 to 13:30 www.kfo.org.uk   |  |  |  |

|                  |                            | ,  |
|------------------|----------------------------|--|
| 17 <sup>th</sup> | SOA<br>STAG<br>Level<br>C  | STAG Strathaven Market Town Races , Strathaven Strathaven , NS702446 Organiser: Pauline McAdam Online entry through <a href="www.oentries.com/">www.oentries.com/</a> Entry On Day: Senior £8.00, Junior £2.00, Student £4.00. , Punch Type: SI, Start Times: 11am > 12 Noon <a href="www.stag-orienteering.co.uk">www.stag-orienteering.co.uk</a> |
| 24 <sup>th</sup> | SOA<br>TAY<br>Level<br>D   | Tay Easter Egg Hunt O Grand Prix event 1, Kinnoull Hill Perth Perth Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, taysideorienteers.org.uk  |
| 30 <sup>th</sup> | SOA<br>ELO<br>Level<br>D   | Local Events in Edinburgh and the Lothians, Vogrie Country Park Pathhead, NT377632 Organiser: Trina Rogerson, 01368 864922 Entry On Day: Senior £0.00, Junior £0.00, Student £0.00., Punch Type: SI, Dogs allowed. Start Times: 2-3 pm www.elo.org.uk  |
| 30 <sup>th</sup> | SOA<br>RR<br>Level<br>D    | RR Spring Series 2, Lanton Woods Jedburgh, NT640220 Organiser: Ian Maxwell Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, roxburghreivers.org.uk   |
| May              |                            |  |
| 3 <sup>rd</sup>  | SOA<br>TINTO<br>Level<br>D | Tinto Spring Series Event 1, Shaw Hill, Coulter Biggar, NT030335 Organiser: Marcella McLennan, marcella47@btinternet.com Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: SI, Dogs allowed. Start Times: From 1800 hours www.tintoorienteers.org/  |

| 10th  | SOA<br>TINTO<br>Level<br>D | Tinto Spring Series Event 2, Stone Hill Lanark, NS898380 Organiser: Marcella McLennan, marcella47@btinternet.com Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: SI, Dogs allowed. Start Times: From 1800 hours www.tintoorienteers.org/ ESOA Local Events in Edinburgh and   |
|-------|----------------------------|--|
| TIUTI | ESOC<br>Level<br>D         | the Lothians , Hillend Edinburgh Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, esoc.org.uk/?page=home  |
| 14th  | SOA<br>KFO<br>Level<br>D   | KFO Try Orienteering Townhill Woods , Townhill Woods Dunfermline , NT108897 Organiser: Ian Doig, ian.doig@btinternet.com, 01383 412273 Entry On Day: Senior £0.00, Junior £0.00, Student £0.00. , Punch Type: None, Start Times: 12:00 to 13:30 www.kfo.org.uk   |
| 15th  | SOA<br>TAY<br>Level<br>D   | Tay Local Event Deuchny and Murrayshall Grand Prix event 2, Deuchny Hill Perth Perth Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, taysideorienteers.org.uk   |
| 20th  | SOA<br>KFO<br>Level<br>D   | KFO West Fife Schools Festival , Pittencrieff Park Dunfermline Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, Start Times: 10:00 to 14:00 homepages.tesco.net/~D.Ellison/index.h tml  |
| 28th  | SOA<br>ESOC<br>Level<br>A  | Scottish Individual Championships, Auchengarrich Comrie, NN769198 Organiser: Ian Doig, ian.doig@btinternet.com Postal Entry: Simon Firth, 6/1 Lorne Street Edinburgh, EH6 8QU, 0131 5531253, entries.soc@scottish-orienteering.org. Cheques payable to Interlopers OC Online entry through http://www.fabian4.co.uk/default.aspx?E ventID=483 Entry On Day: Senior £19.00, Junior £8.00, Student £8.00., Punch Type: SI, www.scottish- orienteering.org/championships/scottish- championships-2011 |

| 29th          | SOA<br>INT<br>Level<br>B  | Scottish Relay Championships , Drummond Estate Crieff Organiser: Roger Scrutton Postal Entry: Simon Firth, 6/1 Lorne Street Edinburgh, EH6 8QU, 0131 5531253, entries.soc@scottish-orienteering.org. Cheques payable to Interlopers OC Online entry through www.fabian4.co.uk/default.aspx?EventI D=484 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: SI, www.scottish- orienteering.org/championships/scottish -championships-2011  |
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| June          | Ī                         |  |
| 3rd           | SOA<br>TAY<br>Level<br>D  | SSOA Festival 2011, Scone Palace Perth, NO115266 Organiser: David Prentice Postal Entry: Terry O'Brien, 257 Warriston St Carntyne, Glasgow, G33 2LF, 0141 7708671, terry@tobrien1.wanadoo.co.uk. Cheques payable to Terry O'Brien Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.scottish-orienteering.org   |
| 5th           | SOA<br>ESOC<br>Level<br>D | ESOC Long-O , St Mary's Loch area<br>Selkirk<br>Entry On Day: Senior £TBC, Junior<br>£TBC, Student £TBC. , Punch Type:<br>None, esoc.org.uk/?page=home   |
| 11th-<br>12th | SOA<br>MOR<br>Level<br>B  | Moray Mix Weekend 11th Day 1 - Nopesport Urban League - Lossiemouth , Lossiemouth Community Centre Lossiemouth , NJ227700 Organiser: Rupert Hornby, roo.hornby@btinternet.com, 01343 810533 Postal Entry: Mike Rodgers, Cherrycroft Kintessack, By Forres, Morayshire, IV36 2TG, 01309 641413, alisonrodgers@supanet.com. Cheques payable to Mike Rodgers Online entry through www.fabian4.co.uk/default.aspx?Eventl D=491 Entry On Day: Senior £12.00, Junior £5.00, Student £12.00. , Punch Type: EMIT, Dogs: Dogs welcome, but on leads please due to the proximity of roads. Start Times: TBD (PM) Probably 1200-1500 www.moravianorienteering.org |

|      | SOA                       | 12th Day 2 - Scottish O League 4 - Culbin Forest, Culbin Forest (East) Forres, NH997614 Organiser: Kim Eden, kv281@btinternet.com, 01807 590716 Postal Entry: Mike Rodgers, Cherrycroft Kintessack, By Forres, Morayshire, IV36 2TG, 01309 641413, alisonrodgers@supanet.com. Cheques payable to Mike Rodgers Online entry through www.fabian4.co.uk/default.aspx?Eventl D=491 Entry On Day: Senior £14.00, Junior £5.00, Student £14.00., Punch Type: EMIT, Dogs: Dogs must be under control and must not be let off a lead near the poultry farm. Start Times: TBD but expect 1030 -1300. We hope to have on-site refreshments provided by Dyke & District Hall Committee (as featured at BOC 2008 and Moray 2003) www.moravianorienteering.org |
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| 18th | SOA<br>ESOC<br>Level<br>D | the Lothians, Bonaly Edinburgh and Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, esoc.org.uk/?page=home  |
| 19th | SOA<br>Level<br>C         | Jamie Stevenson Trophy , Tentsmuir<br>North Tayport<br>Organiser: Maureen Brown Entry On<br>Day: Senior £TBC, Junior £TBC,<br>Student £TBC. , Punch Type: None,<br>www.scottish-orienteering.org/   |
| 25th | SOA<br>KFO<br>Level<br>D  | KFO Try Orienteering Beveridge Park , Beveridge Park Kirkcaldy , NT270909 Organiser: Ian Doig, 01383 412273 Entry On Day: Senior £3.00, Junior £1.50, Student £1.00. , Punch Type: None, www.kfo.org.uk   |
| 25th | SOA<br>ELO<br>Level<br>D  | Local Events in Edinburgh and the Lothians , Yellowcraig Dirleton , NT-515855 Organiser: Sheila Strain, 01875 611014 Entry On Day: Senior £0.00, Junior £0.00, Student £0.00. , Punch Type: SI, Dogs allowed. Start Times: 12.00 to 13.00, with BBQ to follow www.elo.org.uk  |
| 26th | SOA<br>TAY<br>Level<br>D  | TAY long o, Tay Long O somewhere in the Ochils Dollar Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, taysideorienteers.org.uk   |

| July         |                           |  |
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| 16th         | SOA<br>ESOC<br>Level<br>D | ESOA Local Events in Edinburgh and the Lothians, Blackford HIII Edinburgh Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, esoc.org.uk/?page=home  |
| 24th         | SOA<br>TAY<br>Level<br>D  | St Magdalene Hill Score Event and social? barbeque GP event 3, St Magdalene Hill Perth Perth Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, taysideorienteers.org.uk   |
| 31st-<br>6th | SOA<br>Level<br>B         | Scottish 6 Days 31st Scottish 6 Days - 2011 - Day 1 , Dunollie & Ganavan Oban , NM865325 Organiser: Louise Longhurst Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: SI, Dogs: Only in car park and assembly, on lead at all times www.scottish6days.com/2011/ |
| Augu         | st                        |  |
|              | SOA                       | 1st Scottish 6 Days - 2011 - Day 2 , Ardnaskie Near Oban , NM964333 Organiser: Richard Oxlade Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: SI, Dogs: Only in car park and assembly, on lead at all times www.scottish6days.com/2011/                        |
|              | SOA                       | 2nd Scottish 6 Days - 2011 - Day 3, Creag Mhic Chailein Near Oban, NM930310 Organiser: Margaret Dalgleish Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: SI, Dogs: Only in car park and assembly, on lead at all times www.scottish6days.com/2011/             |
|              | SOA                       | 3rd Scottish 6 Days - 2011 - Rest Day<br>, Fearnoch Forest Near Oban ,<br>NM965310<br>Organiser: Andrew Dale Entry On Day:<br>Senior £TBC, Junior £TBC, Student<br>£TBC. , Punch Type: None,<br>www.scottish6days.com/2011/  |
|              | SOA                       | 4th Scottish 6 Days - 2011 - Day 4, Torinturk Near Oban, NM916278 Organiser: David Eades Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: SI, Dogs: Only in car park and assembly, on lead at all times www.scottish6days.com/2011/                              |

| SOA | 5th Scottish 6 Days - 2011 Day 5,<br>Lochnell & Shenavillie Near Oban,<br>NM890402<br>Organiser: Rhona Fraser Entry On<br>Day: Senior £TBC, Junior £TBC,<br>Student £TBC., Punch Type: SI,<br>Dogs: Only in car park and assembly,<br>on lead at all times<br>www.scottish6days.com/2011/ |
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| SOA | 6th Scottish 6 Days - 2011 - Day 6, Ardchattan Near Oban, NM969364 Organiser: Jonathan Musgrave Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: SI, Dogs: Only in car park and assembly, on lead at all times www.scottish6days.com/2011/                              |

| 20th | SOA   | Local Events in Edinburgh and the     |
|------|-------|---------------------------------------|
|      | ELO   | Lothians, Levenhall Links Musselburgh |
|      | Level | , NT358737                            |
|      | D     | Organiser: Paul Richardson,           |
|      |       | paulrichardson237@hotmail.com Entry   |
|      |       | On Day: Senior £0.00, Junior £0.00,   |
|      |       | Student £0.00. , Punch Type: SI, Dogs |
|      |       | allowed. Start Times: 13.00 to 15.00  |
|      |       | www.elo.org.uk                        |



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