

The Interloper



No. 170
March 2015

Long-standing Interloper member, Paul Caban, turned 50!



Paul's most amazing birthday cake

Photo Janet Forte, For Heaven's Cakes



Interlopers Terrain Training & Post-Run Socials

Start 18:30 prompt at designated meeting point. The training programme has been created to encourage people to get out and train. Please refer to the website for suggested routes. Anyone that participates in any way does so at their own risk and are responsible for their own safety. No permissions have been arranged.

Date	Training run	Grid ref	Bite / drink
Pub social after first run of each month (circa 20:00 hours)			
09/04/2015	Bonaly & Kinleith: From Bonaly Country Park car park -3	NT211676	Pub TBC
16/04/2015	Holyrood & Craigmillar: From Holyrood House car park -11	NT270738	
23/04/2015	Braids & Mortonhall: From N side of high point of Braid Road -4	NT244694	
30/04/2015	Colinton Dell: From Craiglockhart Drive South (mid to W end) -6	NT221702	
07/05/2015	Holyrood & Duddingston: From Holyrood House car park -12	NT270738	Pub TBC
14/05/2015	East Craiglockhart, Union Canal & Colinton Dell: From Craighouse main gate -8	NT236707	
21/05/2015	Swanston & Bonaly - from Swanston car park	NT240673	
28/05/2015	Craigmillar & Jack Kane - from Double Hedges Rd	NT274704	
04/06/2015	Bonaly & Kinleith: From Bonaly Country Park car park -3	NT211676	Pub TBC
11/06/2015	Blackford & Braids: From Blackford Observatory car park -1	NT258705	
18/06/2015	Castlelaw & Harbour Hill: From Castlelaw Ranges car park -5	NT230637	
25/06/2015	Braids & Mortonhall: From N side of high point of Braid Road -4	NT244694	
02/07/2015	Harlaw & Bavelaw: From Harlaw Farm public car park -9	NT181654	Pub TBC

Editor's Introduction

Mary Ross

Welcome to the March issue of *The Interloper*. Thank you to all those who responded to my second plea for articles and sent me some words. Here's the result, another issue!

A varied mix, with articles on organising parties and orienteering events, a comment about mapping, details of upcoming events and Junior news.

If you are like me, with the spring weather (which has currently disappeared, cold wind and rain lashing at my window, but hopefully will return soon) comes a new zeal for getting out orienteering and going to beautiful places, so I trust you are eagerly anticipating the next few months of orienteering, in particular of course the JK and British Champs, and not long after the

Scottish Champs with SOLs and SoSOLs inbetween.

Good luck to everyone in these major competitions, especially our Elite runners.



Scott Fraser, Oleg Chepelin, Murray Strain
Photo Ken Daly

See you out in those forests hopefully,

Mary



Interlopers' Joint Christmas and Birthday party

21 December 2014
Paul Caban

The impetus came from Jane and Max: chatting with them at the Hallowe'en Party that they were hosting, I observed that I had an upcoming significant birthday just before Christmas, and – due to some prescient pre-planning on my part: I was ten days early – it was going to be on a Sunday. Perfect for combining with the Club Christmas Party, they said. An idea was born

I went off and thought about it. The last party I'd hosted had been for Hallowe'en in 1996, just after I'd moved to Buckstone. The house then was perfect for a party: the

downstairs carpets were awful, were going to get replaced, and I really didn't care what happened to them. At this point, I'll digress to embarrass a few people: John Mitchell came in 'fancy dress', the only person to do so; Mark Haley spurned all the toys, and spent the evening playing with the springy door-stop; Ian McIntyre invited in some unsuspecting trick-or-treaters, and demanded a joke from them; Chris Galloway was discovered by me, sitting in the middle of my brand-new bedroom toilet, wearing only a nappy, saying "Daddy, wee-wee".

Anyway The house now is most definitely not party-proof, nor big enough. I started looking for a venue. I was aware that Fairmilehead Church Hall hired out rooms. One Friday I called in. The lady administrator said that they didn't usually do evening lets, especially at weekends, but as they'd already got two afternoon parties that day, if they could find reception cover, they would make an exception. A few days later, confirmation came that I had my booking.

Separately, I'd started sourcing a cake. I don't plan to have another big birthday party any time soon, so I wanted it to be a good one. Now, my work deputy's wife, Janet, is a professional cake-maker, and was happy to take a commission from me. I set some ground rules: sponge, not fruit; no coffee flavouring; and definitely no desiccated coconut (the devil's work). But I also wanted a surprise too, so Lorna kindly volunteered to liaise with Janet over micro-decoration. It was all coming together.

Max did some advertising, and many people said they'd come. I still had this fear that there'd be only ten of us, rattling around a cavernous room, though. At that point, I decided to open out the invitation beyond just Interlopers, inviting the great'n'good from ESOC, ELO and TAY, as well as past members of the Club too. And

Ann had offered the ever popular orienteering game.

December passed very quickly. I was putting in 80km weeks, trying hard to make it to 3000km of running for the year, and I think I spent most of the rest of the time asleep. Suddenly it was my birthday weekend. I snuck to the supermarket and bought a couple of gallons of the sort of fizzy drinks I never drink (but not Coca-Cola: I have some standards), which Jane said would make me a friend of all the kids present, though likely not their parents. I'd also come up with some other games and puzzles (Great ESOC Controls Of Our Time, copyright Colin Inverarity). And Graeme had come up with a "50" themed quiz.

In the midst of everything, Janet arrived with the cake. I didn't want to see it – which she understood – but, curiously, she wanted to explain that all of the decoration had been Lorna's idea. I didn't even have to think: my answer was that I trusted Lorna absolutely, completely, and I was sure it would be perfect.

I had a bit of a run during the afternoon, and Ann & Graham, Graeme, Jane & James, and Sheila joined me on the Braids, in mediocre weather, and took me through the 3000km target. And then suddenly it was time to put on my best frock and paint the town red, or something.

And of course, as everyone there could tell from the huge grin plastered all over my face, I had a fabulous evening. Many, many friends old and new were there; lots of food and drink; lots of party games and everyone joining in. And, of course, the cake. I didn't see it before being taken to cut it, and it was – naturally – fantastic. The top was decorated with a map of Culbin, there were all sorts of orienteering-themed decorations, and, to make the thing

completely unique, Rice Krispie images on the side, too. Absolutely perfect.



Photo Janet Forte, For Heaven's Cakes

Thanks to everyone who came, or who sent a card because they'd got unavoidable plans. And of course, a massive thanks to all those who I've name-checked (and apologies to anyone I've missed out) who worked hard to make the evening so memorable. See you all in ten years time.



Best Laid Plans...The Organiser's Tale

8 March 2015

Robin Galloway

It began innocently enough...a casual chat in a field, heading for the car.....

'Looking for folks to help with SOL1 in March' said Pat. Slight pause...sideways glance....

'...oh..err...ok.....I'll do something' I said quietly, though not quietly enough.....

'Great.' said Pat

'....er...maybe the organisation?', I suggested, briefly recalling doing the planner role previously and how Dalruzion

forest became a second home for a few weeks.

'Great' said Pat.

'.....and...where will it be..?', I enquired.

'Drummond Hill', said Pat 'but a few problems baby capercaillie in the area, those zip wire slidey things about the place...may have to move the event.'

'..right', I said. '..and the fall back?

'Gullane' said Pat. '...probably..' he added

'..ah...'. I said. Gullane. That rang a bell....

toilets in the wrong carpark...locked gates...sympathetic looks at the poor organiser.

'Great' I said. And so it began.

I started on the mission with a determination to be as efficient as possible, though the over-whelming feeling throughout the preparations that ensued was one of re-inventing the wheel. My searches for useful organiser artefacts from the past (even from events I had previously organised) proved disappointing. I repeatedly had to fall back on the Interlopers 'three stöeges wise men' – Pat, John and Paul.

Thanks to their words of wisdom and guidance, I picked a trail through the permissions, catering, loos, oentries set-up, publicity and general logistics. Additionally Max gave me a hot lead for First Aid cover, which proved excellent. As any organiser knows, the period of most stress is the hour before the event starts. At the start of the hour there are piles of equipment scattered randomly across the site and small clusters of helpers chatting as if on a Sunday day out. At the end of the hour there are erect tents, operational computers, a working generator (always a tense moment), a motivated purposeful work-force and orderly queues of competitors. What happens in-between is a high octane mixture of direction, initiative, collaboration, the odd expletive and a sprinkling of mild panic. Fore-seeing this, I decided early on to take some of the

uncertainty out (therefore lower the stress) by issuing a helper spreadsheet to get folks aligned prior to the event. Personally, it worked well for me, and generally was well received by the majority of the helper community. One job I particularly wanted to land early was that of String Course organiser, and my thanks to Mary for bearing the burden so well.

On the day itself I drove out early, our big car packed with stuff, and lots of it – assorted kit from Caban's Shed, generators and string from ESOC, clocks from Ted. My check-lists told me I had everything needed....what could possibly go wrong?

I had discussed the unlocking of the gates twice with the local Nature Officer prior to the event and, on arrival, strode up to them with confidence. They were locked. Oh dear. With Loos arriving in 30mins, what to do? I started to explore road parking options, and happened upon a friendly dog walker. We chatted. I mentioned my quandary and it turned out he lived nearby and had a key, which he gladly fetched for me! Amazing luck. I embraced him, weeping with gratitude....first issue addressed....on a roll!

Remarkably, I was indeed on a roll... things ran fairly smoothly. The Loos arrived, Compasssport arrived and claimed a great spot, ScotJOS arrived with their cakes...even the helpers arrived. And organiser 'stress hour' wasn't so bad after all.

Thereafter the workforce did its stuff fantastically well. One minor competitor injury requiring our First Aid support, individual now recovering well. In conversation with the medic, he told me of his next assignment later that day, a 'cage fight' in the east end of Glasgow. He painted a picture for me that sounded like a scene from Fight Club, or perhaps an

ESOC AGM. Another world fortunately – best stick to orienteering.

Aside from a small hiccup with download hardware, the event passed off well, controls were collected in, equipment tidied up, signs taken down. All good. Folks seemed to have really enjoyed it all, particularly Max's adventurous tidal courses, and the local dog walkers enjoyed the entertainment. All but one that is, who subsequently issued a missive to Roger Scrutton and me suggesting that the orienteering fraternity a rude, abrasive and not very environmentally sound bunch and, by the way, several of his aged friends who were unfortunate enough to get in the way, were unceremoniously knocked over (image of pins at a bowling alley). You can't judge a whole sport by the behaviour of FVO, we replied! Actually, no, we didn't. But hopefully our diplomatic responses have calmed the waters. He raised some good points about notifying the general public in the area prior to the event, something we should take forward.



Our thanks to Max Carcas for planning at Gullane
Photo Ken Daly

All equipment safely now returned. Pat assures me it will be a while before my conscience is disturbed again. Many thanks for all for the help.



CompassSport Trophy

15 March 2015

Robert Lee

The Scottish Qualifying Round of the CompassSport Cup & Trophy competitions took place on Sunday 15 March with the first, second, and third place teams in the Trophy competition qualifying for the Final. Nine of the Scottish clubs who had entered the Trophy had runners competing across 11 classes at Balnagowan, near Aboyne in Deeside on a beautiful spring day. The organising club, MAROC, had a particularly large number of runners and their strength in depth across all the classes gave them victory with a total of 1271 points. Interlopers came a close second, only 13 points behind, with our total of 1258 points. Not many points behind us was an incredibly close battle between CLYDE and RR, with CLYDE gaining the third qualifying place by just 2 points with their total of 1240 points.

A total of eleven clubs have qualified for the CompassSport Trophy final from the Qualifying Rounds held at seven venues around Great Britain. In addition to the first three clubs from the Scottish Qualifying Round the other qualifiers are NATO, SROC, BL, EPOC, GO, SOS, SBOC, and WIM.

The **Finals** of the CompassSport Cup & Trophy competitions are being organised by SROC and will take place at **Helsington Barrow, near Kendal in the Lake District, on Sunday 18 October.**

Please put this date in your diaries.

It would be great if we could send as strong a team as possible to the final as I would expect us to be in contention to win the Trophy competition. Note that it is very helpful to have in each class not just those runners who are expected to provide the scores which count towards the team score but also one or more additional runners. As well as acting as backup in case of an injury, missed control, or mispunch these runners can potentially reduce the points scored by runners from other clubs.



2011 Interloper team (who came a close 2nd)

Make sure you are part of the team for 2015, and maybe we can come home with the Trophy!



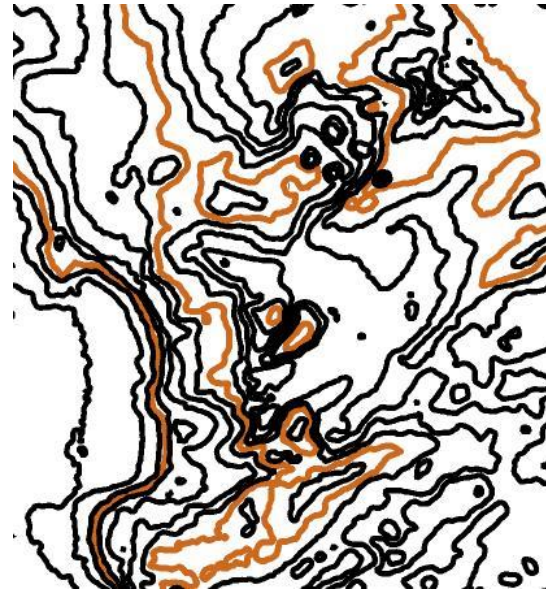
Mapping with Lidar

Graeme Ackland

I don't know what it stands for, but Lidar is touted as the next big thing in orienteering mapping. You might have seen Bilbo Baggins writing in *CompassSport* about how great a map he could make with it. Trouble is, Bilbo could make a great map with a blunt crayon on a blancmange. What does it mean for the rest of us?

When I got the LIDAR for Gullane, I thought I could knock off an extension

easily. For example, the big dune at the west end: here's the lidar and the map.



A 50cm deep dip can put a big wiggle in a contour, but a 1.5m sand knoll may only produce a dot. Obviously not as easy as I'd hoped. When you get there, on the south dune, you find two long depressions to the east, four big knolls getting higher as you go north on the crest of the dune, and three decent-sized reentrants dropping into the bowl. On the north part the black circles didn't seem to show anything.

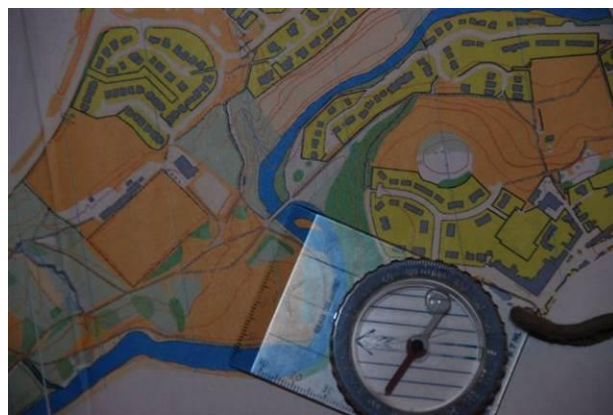
So I did a lot of removing details and straightening lines, and the resulting map had everything I wanted on it, nothing more, and ... nobody could read it.

Taking some hints and advice from professional mapper Jon Musgrave (obviously he doesn't see me as the opposition!) and cheating on the line thicknesses, I had another go. Still not great and it took me ages – so when we extend the map, let's get someone who really knows what they're doing!



then we entered into a development project with West Lothian Council.

The development project objectives include the mapping of two parks, creating two permanent orienteering courses and holding events to launch the new maps. The project also involves an Awards for All grant, which is being used to fund the installation of the permanent markers and printing of maps for the permanent courses and school orienteering that will be delivered by the Council's Lowport Centre.



It's been a lot of work and is coming to a head, with the events now registered for **Saturday 9 May 2015 (Eliburn & Peel Parks)** and **Saturday 16 May 2015 (Almond Park)**. The events will be part of the Edinburgh and Lothian CATI series, but busier than normal as the Council are making a big effort to promote the events locally. We expect about a hundred regulars and at least another hundred novices to turn up and that's why I am writing this article. I need your help. I need lots of you to help at these events and provide guidance to the novices. I promised the Council we would have plenty of helpers, so please keep the dates free and support me.

You will also get to run, probably towards the end of the events. The current courses are roughly yellow, orange and light green in length. If time allows I will also plan a



Interlopers' Development Project

Ken Daly

I hope you all remember the JK 2012 Sprint at Livingston. Wasn't it good? Well there is more to come. Over the last couple of years a few of us have been working hard to develop orienteering in Livingston. We started with the INTrepid weekends, which I hope will continue and

tougher course. I can promise all helpers a free run!

The good work does not end there. A month later we are hosting the Scottish Schools Orienteering Festival at Dechmont Law on Friday 5 June 2015. Don't worry, there is a regular band of retired orienteers that normally help deliver that event. But it does mean I am extra busy and would appreciate names of helpers for the development project events (Elburn & Peel Parks on Saturday 9 May 2015 and Almond Park on Saturday 16 May 2015). Please email me (Ken Daly). Thank you.



Junior News

Jane Ackland

Juniors – Dates for your diaries and other stuff

11 April, 5 June, 14 June, 5-6 Sept, 18 Oct

First of all, hello and welcome to Katie and Emma Johnson, new Interlopers who have been spotted running fast at Vogrie and Dalmeny, and training at Hopetoun. Well done to Fiona, Pippa, Matthew, Freddie and Alex who helped seal our place in the finals for the CompassSport Trophy match. We will need a big turnout in the Lake District (**Helsington Barrow**, nr Kendal) on **18th October**, so plan your half term holidays with care.

The orienteering season is definitely underway. ESOA junior training has been happening monthly, with a January indoor session at the Royal High School (followed by a surprisingly pleasant Cammo local event), a February sprint training session at KB, and then Hopetoun House in March. The next training is **11 April 1-2pm** at **Yellowcraigs** (followed by a local event). The next event for your diaries will be the Scottish Schools Orienteering Festival.

Details aren't on the SSOA site yet (look for the pigtailed cartoon character on the Scottish Orienteering Association website). You will need to get permission from your school, and persuade the school to join SSOA for the year. Rumour has it that it will be held on **Friday 5th June** at **Dechmont Law**, and our club, in the form of Paul Caban, is planning it. It is time to start recruiting your friends at school. There are individual prizes but also school team prizes per year group P5/6, P7, S1, S2, S3 etc. The courses aren't usually too technical, but your friends will enjoy it more after a bit of training, and there may be scope for INT parents to join forces to put on a few evening training sessions.

The **Jamie Stevenson Trophy** (inter-club event for juniors) is on **14th June**, usually in some forest near Perth.

Remember to respond to Rob Lee's emails about relay runs. The JK is presumably already sorted, but we will be looking for junior teams for the British (19 April) and the Scottish (24th May)

Finally, please mark **5-6th September** on your calendars for the **Junior Inter-areas weekend**, this time based at **Lagganlia**. Perfect for any junior happy to spend a night away and who can do a yellow course (in the relay) on their own. We will likely use the same areas as the BASOC Highland Wolf weekend. As East are the organisers this time, I will be hunting for parents (and other saintly types) from all the East clubs who would like to help out. The unfilled posts are: relay planner, relay organiser, relay control collectors, prize-giving officiant for one or both days, shopper/caterer for approx. 100 breakfasts and pack lunches (dinner is provided), mini-bus driver, games master for Sat evening, crowd-controllers. If you see your name written all over one of those jobs, please let me know!

If you haven't been receiving junior details from me (eg the details of the ESOA junior training), please get in touch so that I can update the junior group email list.



My first white courses

Thomas Ross

I have just started doing white courses on my own. Surprisingly I've come second in most of the events I have done. I've come first twice! I have just done my first SOL event which I found pretty easy (I came 1st). I got a tiny bit confused at the start but then I got going. The rest was somewhere near easy peasy! Overall I have quite enjoyed orienteering. I'm looking forward to my next SOL event on the 22nd of March.



SOL Certificate Winners 2014

Congratulations to the following Interlopers who won certificates in last year's SOL league.

Fiona Eades	W10	2 nd
Pippa Carcas	W12	4 th
Mairi Eades	W14	8 th

Matthew Ross	M12B	2 nd
Alex Carcas	M16	1 st
Samuel Galloway	M16	4 th
James Ackland	M16	9 th
Freddie Carcas	M16	13 th
Matthew Galloway	M18	7 th

Jane Carcas	W45S	2 nd
Ann Haley	W50L	2 nd

Hector Haines	M21E	1 st
Ian McIntyre	M50S	2 nd



Future Club Events

Pat Squire

Event Coordinator

By the time that you read this article our SOL at Gullane Dunes will have taken place. Organised by Robin Galloway and planned by Max Carcas the event was a great success. Max's planning took us to some new and interesting places whilst Robin's efficient organisation ensured a smooth and enjoyable event for all participants.

On 26th April at Tulliallan near Kincardine we have our SOSOL event. This is being organised by Colin Inverarity and planned by Jane and James Ackland. The arrangements for this are well under way and a preliminary call for assistance at the event has already been made. Please try to come along and provide help. The Registration and Download teams will be based INSIDE in the Recreation Block at the Scottish Police College so book early to ensure your place on one of these teams! Please note: the event itself is being held on the Tulliallan map which apart from a narrow overlapping strip of forest is NOT the same as Devilla.

Ken Daly has been involved in a West Lothian development project and as part of this 2 CATIs are scheduled:

9th May – Eliburn Park Livingston
16th May – Almond Park Livingston

Ken is needing Planners and Organisers for both of these as well as help on the day. They are both to be held on Permanent courses so Planning and Organising is pretty straightforward. A great opportunity for folks to gain experience in either of these roles.

On the days of the events we would hope that a good number of folk new to orienteering will turn up so a good turnout of Club members to provide a cheery welcome and to help and explain how to do things will be very important. Book the dates in your diaries.

We are back in West Lothian on Friday 5th June for the Scottish Schools Festival at Dechmont Law. Planners and Organisers are in place but on the day help from anyone who is available on that day will be most welcome.

Graeme Ackland has agreed to coordinate a Summer Street Series this year. No doubt he will shortly be asking for volunteers to host /organise and plan these events.

For this year's 6 Days we are a lead Club on Day 4 (Thursday 6th August) at Darnaway so much assistance will be required then. I have no further details at present but please note this in your diaries and be prepared to help in some way or another at the time.

Looking ahead to 2016 we are anticipating having at least another INTrepid weekend with a SOUL street event on 9th April (probably in Livingston) and a SOL the next day at Culteucher.

As you should be aware from previous Newsletters and e-mails from myself INT is a central club along with MAROC for the 2017 Six Days and thus volunteers are required for the Central Organising Team (COT). Even if it is too soon to commit yourself to attending the 2017 6 Days you can still make a major contribution by volunteering for one of the roles and undertaking the build-up work that will be required. I have details of each role available so do get in touch for further details.

Several folks have indicated to me that they are likely to volunteer but they don't want to commit themselves just yet (perhaps because of commitments this year to WOC / Highland 2015). If you fall into this category and have not already told me please do as at least I then know where we are likely to be later in the year.

As ever if you would like to put your name forward in any capacity for any of these events or would like further details of what is involved please do get in touch (patsquire@yahoo.co.uk).



SOA News

Courses etc. – bookings now open for:

- Coaching Foundation course, 28 March, Kinnoull Hill
- Coaching Foundation course, 18 April, Dalbeattie
- Coaching Foundation course, 25 April, Edinburgh
- Coaching Foundation course, probably 9 May, Aberdeenshire
- UKCC Level 2 coach course, 16-17 May, 13 June
- UKCC Level 1 coach course, possibly June *
- Coaching Foundation course, 12 September, Glasgow (NB date changed)
- Coaching Foundation course, 19 September 2015, Inverness
- UKCC Level 1 coach course, 31 October – 1 November *
- UKCC Level 3 coach course, 7-8 November 2015 – COURSE FULL

Please note some of the Coaching Foundation and UKCC L1 dates have changed from earlier lists.

All dates are in the complete course schedule: <http://www.scottish-orienteering.org/courseschedule>, including several dates for Teaching Orienteering courses – please make your schools contacts aware of the information at www.scottish-orienteering.org/teaching UKCC Level 1 courses marked with * are the two-day versions which require you to attend the Coaching Foundation course first.

The **Coaching Foundation** course gives experienced orienteers the skills and tools to coach beginners and returners of any age. It would also make a useful update or refresher for anyone whose coaching might be a bit rusty. These courses are part of the planned offerings to help you make the most of the growth in interest that should result from WOC 2015.

Scottish Championships and SOA AGM

The AGM will be held following the Scottish Individual Championships on Saturday 23 May. The Individual Championships will be at Ardnaskie and the venue for the AGM will be near the event at Taynult. Members wishing to put motions or proposals to the AGM should submit them in writing to the SOA Professional Officer, Colin Matheson, by Saturday 11 April. By email attachment: colin.matheson@scottish-orienteering.org By post: National Orienteering Centre, Glenmore Lodge, Aviemore PH22 1QU. The Scottish Relay Championships will be at Inverawe, on Sunday 24 May.


Fixtures 2015
www.britishorienteering.org.uk

April 2015		
3rd	NWOA Level A	JK Weekend Sprint (UKOL) , Lancaster University, Lancaster Organiser: Tony Marlow www.thejk.org.uk/jk2015
4th	NWOA Level A	JK Weekend Individual 1 (UKOL) , Ulpha Park & Barrow Fell, Ulverston Organiser: Gill Browne www.thejk.org.uk/jk2015
5th	NWOA Level A	JK Weekend Individual 2 (UKOL) , Bigland, Ulverston Organiser: Richard Tiley www.thejk.org.uk/jk2015
6th	NWOA Level A	JK Weekend Relays , Graythwaite, Windermere Organiser: Stephen Fellbaum www.thejk.org.uk/jk2015
8th	RR SOA Level D	RR Spring Sprints 1 , Tweedbank, Galashiels, NT520345 Entry times: 6.30 - 7.00pm. Dogs: on lead or under close control. Organiser: Ian Maxwell roxburghreivers.org.uk/
11th	ELO SOA Level D	Local Events in Edinburgh and the Lothians , Yellowcraig, North Berwick, NT515855 www.elo.org.uk
12th	SOLWA Y SOA Level B	SOLWAY CompassPoint Scottish O League 3 , Mark Hill, Dalbeattie, NX845549 Dogs: Dogs must be kept under control at all times. Not allowed on courses.. Organiser: Dave McQuillen www.solwayorienteers.co.uk/marksol.htm

15th	RR SOA Level D	RR Spring Sprints 2 , Hirsell Estate at Dundock Wood, Coldstream, NT819398 Entry times: 6.30 - 7.00pm. Dogs: on lead or under close control. Organiser: Ian Maxwell roxburghreivers.org.uk/
18th	BOK SWOA Level A	British Long Distance Orienteering Championships (UKOL) , New Beechenhurst, Coleford, Forest of Dean, SO620121 Entry times: 1000-1400. Organiser: Katy Dyer , 01179 684173 www.boc2015.org.uk/
19th	BOK SWOA Level A	British Relay Orienteering Championships , Cannop Ponds, Coleford, Forest of Dean, SO620121 Organiser: Howard Thomas , 01666 510655 www.boc2015.org.uk/page/home
25th	ESOC SOA Level D	ESOA Local Events in Edinburgh and the Lothians , Mary Erskine School and Ravelston Woods, Edinburgh, NT221739 Entry times: 14:00 - 15:00. Dogs: Dogs allowed on leads in the car park only. Not to be taken into the school grounds at all.. www.esoc.org.uk/events/mary-erskine-school-and-ravelston-woods-apr-25-2015
26th	INT SOA Level C	INT SoSOL 7 , Tulliallan, Kincardine on Forth, NS936882 Organiser: Colin Inverarity www.interlopers.org.uk
May 2015		

3rd	GRAMP SOA Level B	GRAMP CompassPoint Scottish O League 4 , Glen Dye, Aberdeen, NO649891 Dogs allowed. Organiser: Helen Rowlands
6th	RR SOA Level D	RR Spring Sprints 4 , Traquair Estate, Innerleithen, NT326351 Entry times: 6.30 - 7.00pm. Dogs: on lead or under close control. Organiser: Ian Maxwell roxburghreivers.org.uk/
9th	BAOC SCOA Level A	British Sprint Championships (UKOL) , Aldershot Barracks, Aldershot Organiser: Allan Farrington
10th	TVOC SCOA Level A	British Middle Championships (UKOL) , Naphill and Park Wood, High Wycombe Organiser: Neville Baker , neville.baker@chem.ox.ac.uk
9th	INT SOA Level D	Local Event 15/01 , Livingston Organiser: Kenneth Daly www.interlopers.org.uk
10th	TAY SOA Level D	TAY Local event - Moncrieffe Hill , Moncrieffe Hill, Perth Organiser: Fernando Quintiliani
13th	ESOC SOA Level D	ESOA Local Events in Edinburgh and the Lothians , Hillend, Edinburgh, NT243667 Entry times: 18:00 - 19:00. Dogs: Hillend is a popular area for dog-walkers, so dogs are allowed.. www.esoc.org.uk/events/hillend-park-may-13-2015
16th	INT SOA Level D	Local Event 15/02 , Livingston Organiser: Kenneth Daly www.interlopers.org.uk

23rd	ECKO SOA Level A	Scottish Championships Individual , Ardnaskie, Taynuilt, NM9533 Organiser: Terry O'Brien , terry@tobrien1.wanadoo.co.uk
24th	ECKO SOA Level C	Scottish Championships Relays , Inverawe, Oban

June 2015

13th	ESOC SOA Level D	ESOA Local Events in Edinburgh and the Lothians , Bonaly, Edinburgh, NT212676 Entry times: 14:00 - 15:00. Dogs: Dogs on leads; no dogs on the courses..
14th	SOA Level C	Jamie Stevenson Trophy , Central Scotland Organiser: Maureen Brown
19th	FVO SOA Level D	Schiehallion Weekend Day 1 Bannockburn Sprint Race incorporating SOUL4 & UKCUP , Bannockburn, Stirling, NS801919 Entry times: 11.00 - 12.30. fvo.org.uk/events
20th	FVO SOA Level B	Schiehallion Weekend Day 2 Tullochroisk incorporating CompassPoint SOL 5 and UK Cup , Tullochroisk, Highland Perthshire
21st	TAY SOA Level B	Schiehallion Weekend Day 3 Dunalastair - CompassPoint SOL 6 , Dunalastair, Kinloch Rannoch Organiser: Angela Dixon

July 2015

18th	ESOC SOA Level D	ESOA Local Events in Edinburgh and the Lothians , Blackford Hill, Edinburgh, NT258706 Entry times: 14:00 - 15:00. Dogs: No dogs on the courses..
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August 2015

1st	SOA Internati onal	World Orienteering Championships 1-7 Aug/World Cup Rd 3 , Scotland
2nd	SOA Level B	Scottish 6 Days - Day1 , Keppernach, Inverness www.scottish-orienteering.org
3rd	SOA Level B	Scottish 6 Days - Day2 (UKOL) , Glen Strathfarrar, Inverness www.scottish-orienteering.org
5th	SOA Level B	Scottish 6 Days - Day3 (UKOL) , Darnaway, Inverness www.scottish-orienteering.org
6th	SOA Level B	Scottish 6 Days - Day4 , Darnaway, Inverness www.scottish-orienteering.org
7th	SOA Level B	Scottish 6 Days - Day5 , Glen Affric, Inverness www.scottish-orienteering.org
8th	SOA Level B	Scottish 6 Days - Day6 , Glen Affric, Inverness www.scottish-orienteering.org

September 2015

6th	BASOC SOA Level B	Highland WOLF CompassPoint Scottish O League 7 , Speyside Organiser: James Tullie
19th	AIRE YHOA Level A	Dales Weekend Day1/Northern Championships(UKOL)/Senior Home Internationals Individual , Monk's Road (Malham Tarn to Arncliffe), Settle, SD893672 Dogs: No dogs please. This is sheep country. Organiser: Chris Burden

October 2015

18th	SROC NWOA Level A	Compass Sport Cup Final , Helsington Barrows, Kendal Organiser: Richard Towler
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**Present:
2 more local orienteering events on 2 new areas**

Saturday 09 May 2015 (1400 – 1600 hours)

Eliburn & Peel Parks, Livingston

Parking at OS Grid Ref. NT031681

Saturday 16 May 2015 (1400 – 1600 hours)

Almond Park, Livingston

Parking at OS Grid Ref. NT071678

Courses: White, yellow, orange and green courses (the green will include some urban orienteering).

These local events will also be the launch of 2 new permanent orienteering courses, so please make yourself available to help as well as run. Thank you.

See Interlopers web site for further details:

www.interlopers.org.uk

Compass Point Sponsorship



Compass Point event shop, Denmark JWOC 2010

www.compasspoint-online.co.uk

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