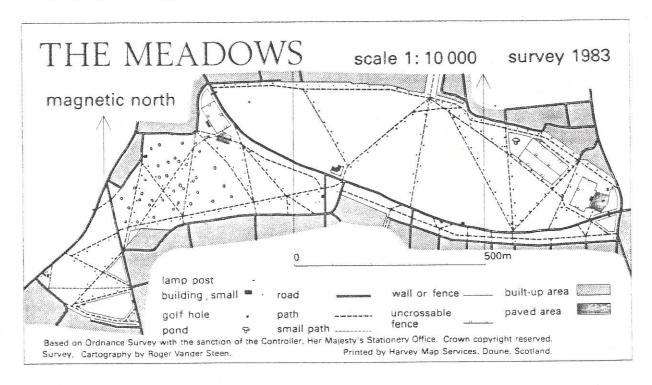
INTERLØPERS

ORIENTEERING CLUB . EDINBURGH

news-e-ter



EDITOR'S NOTE

This is the first issue of the new Interlopers Newsletter. It was decided at the AGM by a majority vote to withdraw from the combined newsletter "Capital O" and return to the original position of one newsletter per club.

This is a direct result of ESOC not wishing to join with Interlopers and form a combined club. It was felt that for Interlopers to levelop as an individual club it should have its own newsletter.

The name, Interlopers Newsletter, is the same as that for the original newsletters and the numbering carries on from where it left off.

There will be some regular columns eg secretary's report, president's report, comments from previous events members have been to, letters (if there are any!) etc. In addition I am hoping to have at least one feature article with a non-orienteering content. This month, Bob Cherry has written about his exploits in the Scottish Peaks Race.

I should like to bring to your attention the local evening events, kindly organised by Scott Balfour, and in particular the Club Champs and Barbeque on 29 July 1987.

I hope you enjoy the newsletter but if you have any comments, criticisms etc please get in touch.

Closing date for next issue 1 September 1987.

Jane Lupton, 101 East Claremont Street EDINBURGH, EH7 4JA, 031-557 0652

COMPETITION*COMPETITION*COMPETITION*COMPETITION*

We have over 500 of these maps in stock which need to be used up. There will be a prize for the most original event thought up for the area. It could be funny, technical and challenging(!), fiendishly clever... The winning entry will actually take place some time in the future.

Please send your entries to the editor not later than 1 September 1987. $_{\pm}$

CLUB*CHAMPS*CLUB*CHAMPS*CLUB*CHAMPS*CLUB*

Interlopers Club Championships

Wednesday 29 July 1987

Beecraigs Country Park Linlithgow

6:30 for 7:00 - massed start

Don't miss the EVENT OF THE YEAR and your chance to become CLUB CHAMPION. There will be some International Guests.

followed by BARBEQUE

(bring your own food & drink)

CHAMPS*CLUB*CHAMPS*CLUB*CHAMPS*CLUB*CHAMPS*

CHAIRMAN'S COLUMN

Well, it is as a result of frantic barrel-scraping at the recent AGM that I have donned the charismatec shoes of the soon-to-be-wed Cherry B, and now address you in this capacity.

As I age, ungraciously, with rage against the dying of the light, I look at an Interlopers which has changed totally since I joined 13 years ago, but is yet the same club in so many ways. Gone are the giants of championships world-wide, the McNeills, Pecks, Mills's, Smiths, yet we now have Christine and other promising talent; gone is the powerful Junta which ruled in the club's young days, yet founder member John Barrow is back from the land of Oz and introducing offspring to the sport, and the hallowed name of T D Sheill has been seen in event results in Scotland recently; meetings happen, events get organised, maps get made, all at the very last minute as in days of yore; our Edinburgh rivals ESOC, although putting on a tremendous spurt of growth lately, continue to be a source of Interloper irritation and the butt of private Interloper jokes; we continue to be casual, "laid-back", even lackadaisical, in our approach, with the very notable except of livewires such as Charlie and Scott; even the newsletter is returning to independence, in spite of my heroic rearguard minority of one at the AGM! So although nearly all the names on the list are different, the club staggers on towards the 1990's with the same breathless gusto and determined stop-go-manship as ever.

As chairman, I feel I am already falling down in various jobs which could be important, like going to meetings and generally getting back in touch after several years of low profile. So if anyone out there can provide any good cures for the bachelor mid-life crises (and twisted ankles!) please give us a shout.

Finally, with the usual exhortations to everyone to communicate your thoughts and ideas about the club and its running, as well as about orienteering, and the universe in general....

Farewell for now - and enjoy Highland '87.

Steve Terry

SOCIALS*SOCIALS*SOCIALS*SOCIALS*SOCIALS*

July

Wednesday 29 July. BARBEQUE. This is after the Club Champs at Beecraigs. Bring your own food and drink.

August

Monday 24 August. SLIDE EVENING
A post-Highland evening to talk
about courses, discuss the
event, show our best slides of
the week, have a drink... 3 pm
law FLAT, 131 EAST CLAREMONT ST.

September

Wednesday 16 September.
WATER 'O'. Linlithgow Loch.
This is provisional as yet but
keep your diary free.

New Members

Welcome to the Grant family, 3 Duncan Street:-Richard (M35), Jacqueline (W40), Mathew (M13) and Sonia (W11).

Address Change

Ian Lamont has moved down to Wakefield, to

23 Castle View
Sandal
WAKEFIELD
West Yorkshire WF2 7HZ

Visitors

Mike Burton (now of NASA) is popping over to Britain in July and will be in town for a bit to catch up with what's going on. Then we've got Ben Hall and 20-odd Danes arriving for a couple of days at the end of the month ... details elsewhere. Ken Ovens is back in the country after his latest Cameroon trip.

Help Needed

Highland '87 We are a bit short of manpower for our day (Day 6) at Highland, so we'll have to work hard. Please try to encourage friends to help out.

Mapping It would be nice to have a re-done Archerfield map in time for our Lothian O-League event on 13 December, so surveying needs to be done very soon. Contact Lorna Boyd for details. We also need officials for the LOL event - do you fancy planning or organising?

<u>Autumn 0</u> Please lend a hand at the local series in August and September. Details elsewhere.

The CLUB TENT made its comeback at the Scottish relays, and may turn out to the Club Champs before a week at Highland. Many thanks to Donald for the fine repair job, but the poor thing now needs a permanent friendly home to rest between outing. Anyone fancy looking after it?

BOOKS We are buying a bundle of orienteering boods for club members to borrow - watch for details.

After the SUITS...... any design ideas for INTERLOPERS T-SHIRTS or SWEATSHIRTS?

Charlie Walton

Dear Editor

Down in the Dell Summer Series Event 20 May 1987

No punches or controls went missing. The rain held off and everything went smoothly, thanks to all the people who turned up to help.

All in all, about 190 maps were sold, making this quite a sizeable event. Now that it is attracting large numbers, I feel we should give some thought to the series in order to decide what its aims are and in an attempt to streamline its organisation since the load tends to fall on a rather small number of people.

Firstly, are we attempting to put on a series of open events for beginners or are we aiming to give beginners the opportunity to try orienteering and enjoy themselves at the same t:

I would favour the second of these and would go on from this to say that results and other such trappings are unnecessary (people can time themselves from the clock). If someone is keen to compete and beat other people, then that person should be encouraged to join a club and compete in colour coded events.

Low key beginners events really only require a low-key registration, start system and finish.

Registration This is where most queues occur. Under the present system 3-4 officials have been necessary to keep things running smoothly. Traditionally, registration involves cards being filled in, times being allocated etc. Is this necessary? The most important thing is to see everyone has a control card and map. One person could sell these. Or they could even be sold in bulk beforehand - packs of cards for the series eg large numbers for schools which could be used at any event.

Start As there has to be someone here and as people tend to arrive early anyway, why not let the start official allocate times and mark them on control cards?

Finish A clock (and someone to collect cards?)

As I see it, such changes would free officials to help and give adivce to beginners. Pressure would be taken off registration (it may reappear at the start but I think an efficient system could be operated) and people may be encouraged to join clubs and travel further afield if they want to take part in "real" events.

Christine Whalley

LETTERS*LETTERS*LETTERS*LETTERS*LETTERS*

THE SCOTTISH CHAMPS WEEKEND

The 'Scottish' was over in the wet west again this year, and water and mud were very noticeable features at the individual race, held at Drumore Wood.

Although the area is small it is high quality orienteering terrain, and long, demanding courses presented plenty of challenge. The worst bit came at the finish, though, when you were eaten alive by midges. The conditions made life very difficult for the organisers and helpers, but out in the forest there was some great orienteering, and a lot of people looking rather lost. I thought some courses were a bit long in the heavy going, and faster conditions might have presented more technical problems. The map was quite helpful in most places and Drumore is certainly well worth another visit: I think CLYDE are using it for a "Scotlands Galoppen" badge event next year, definitely one to look forward to.

The relay assembly area was reported to be half under water on the Saturday, but Sunday was fine and all seemed to go fairly well. Doon Hill and Drum Wood was another good area, with a wild tough part visited by the longer courses and a lovely runnable section crossed by some large ditches and a river you couldn't see the bottom of. The courses for the open race were quite long and teams were well spread out. However with no PA system, it was hard to tell what was going on in any of the classes.

The Intelopers tent made an appearance to act as base for our 6 teams, bu didn't inspire much success. Janet Fallon and Lorna Boyd brought our ladies in 7th but had no third runner; Gail Balfour (W10) and Ynske Riemersma (W11) joined up to successfully anchor the M13 team; an injury to John Barrow at Arthur's Seat downed our M40 superstars; and Jane Lupton bravely took on the long leg for the Ad Hocs (though had the second slowest time! Ed). As for the open teams 'A' trailed 'B' for two legs after Mathew Strachan put in our fastest time and Graham McIntyre had a run to forget. Ian McIntyre cought Donald Watson on the final leg, but both teams ended up down the field. Even the tent had been dismantled by the time Donald, its mender, returned. There's always next year....

VISITING DANISH ORIENTEERS

A party of 21 Danish Orienteers, headed by Ben Hall (of Interloper's fame), will be arriving in Edinburgh on 29 July 1987. They are competing in Highland '87 but would like to spend a few days in Edinburgh beforehand. The youngest is 19 with parents — 45, and the majority are in their twenties.

If you would be willing to play host to two or three Danes please get in touch with Scott Balfour, who is coordinating things. All it would involve is a floor (they are arriving with sleeping bags etc) and breakfast from Wednesday night to Saturday morning.

If all goes according to plan, they will arrive at our club champs and barbeque on Wednesday 29 July at Beecraigs, when introductions etc can be made.

Please help out, and support Interlopers Go International:

SCOTTISH ISLANDS PEAKS RACE 1987

Verity (Bolero 36')

Crew: Skipper

Vivien Cherry (sister) Crew Member Alan Cherry (father)

Runner

Andy Spenceley

Pete Couldrey Crew Member, Spare Runner, General Bob Cherry (author)

The Race

Scottish Islands Peaks Race is a fascinating mixture of coastal yacht racing and fell running. Starting from Oban and finishing in Troon, two to three days later, two members of each crew must visit the summit of Ben More on Mull, the Paps of Jura and Goat Fell on Arran. The route is shown on the map.

The 'Cherry Syndicate' attempted the race in 1986 and retired in a rising southeasterly gale in the Sound of Jura, amid much argument. The race itself was subsequently abandoned though several members of the Cherry family didnt speak to each other for a number of months!

We were therefore determined to complete the race in 1987. In February Alan had found a choice of two boats to charter: a GK29' in Troon, or a Bolero 36' from Rhu.

Much to Pete and Andy, the non-sailing crew members's relief, the larger boat was chosen. The Bolero 36' had a reputation as an outdated but fast racer-cruiser.

We had three days to sail the boat from Rhu near Helensburgh to Oban for the start of the race. After the usual equipment problems with the charterer, in which two inflatable dinghies and a UHF radio were exchanged, we had a wet and windy trip around the Isle of Bute and through the Crinan Canal, where Vivien joined us to Oban. Here we met Pete and Andy desperately consuming carbohydrates at the pre-race pasta

There were 35 boats in the race ranging from flying machines like the trimarans 'Karrimor' and 'Mmemec and Chips' to Graham Tiso's large and stately 'Sea Eagle'. The size limit on craft was 40' length and there were several boats under 30'. The fell running line up was formidable with the likes of perennial mountain marathon winners Robin Bryson, Derek Ratcliffe, Ken Taylor et al.

The Start

forecast for the weekend reasonable and Friday started fair and sunny. The race began with a run; from the harbour to McCaigs Tower and back to the Bay, where I was waiting to ferry Pete and Andy out to 'Verity' in the dinghy. A race round the buoys followed and we left Oban Bay for the Sound of Mull in the middle of the fleet.

Mull

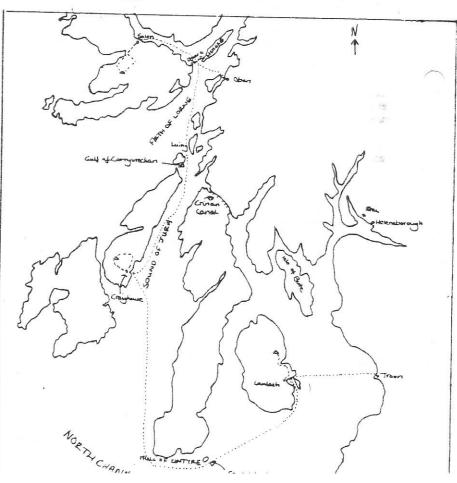
The force 3-4 with which we had begun died, off the Isle of Lismore and to our consternation we were forced to row for about an hour. Use of engine was not permitted in the race so with no wind, competitors either sat still and waited for the wind or attempted to row, slowly and painfully in the right direction.

The fortunately soon reappeared and we wind reached Salen on Mull after 5 hours 4 minutes, an hour behind the leader Mmemec and Chips. Pete and Andy were rowed ashore in the dinghy to set out on their 22 mile run over Ben More, a combination of a 12 mile road run and fell race over the 3000' hill. Three hours 42 minutes later they returned, hav ng picked up two places, and we left Salen for Craighouse on Jura, spinnacher aloft as night fell ..

Jura

There was little wind overnight and we made slow progress past Duart Point into the Firth of Lorne. Snores from the exhausted runners in the bunks were interspersed by calls to the Oban coastguard from other race boats reporting their positions various intervals.

At about 3 am on Saturday morning, we were faced with a problem: fierce north bound tides in the Sound of Luing. With only light winds, there was little prospect of us getting past Fladda lighthouse and through the Sound until the tide turned in about six hours time. If the wind dropped any further, we would be unable to find a safe anchorage to hold our position. However, as dawn broke on a glorious morning, we were still creeping forwards against the tide and with the light we opted to anchor off Balnahua Island in a tidal eddy until the tide began to turn. Whilst the others slept, Vivien and I waited at anchor watching about six other boats including Viva, and Midnight Cowboy struggle against the tide, listening to a dawn chorus of hundreds of sea birds.



After an hour and a half, we raised anchor and pressed on. After some rowing interludes as we passed the Gulf of Corryvreckan, the wind rose and we made rapid progress through the Sound of Jura with the tide to arrive at Craighouse at about 1pm. We had surprisingly overtaken two boats in the night to take eighth place.

Pete and Andy had emerged, rested, and now set off around the Paps of Jura, perhaps their hardest run as these hills are notoriously rocky and steep. While Pete and Andy did all the runs in daylight, many runners on slower boats went around Jura entirely at night, a formidable feat of navigation and endurance. 4 hours, 14 minutes later, Pete and Andy returned, still looking good, having notched up another scalp on the way and we left for Arran in 7th place, about 2 hours 30 minutes behind the leader Mmemec.

Arran

The race was on. We were in a cluster of boats
Troll Marathon, Midnight Cowboy and Rapier
cry close with Aperitif and Viva on the horizon in front of us.

The wind dropped and the rain started as we rounded the mull of Kintyre at about midnight. Because our navigation lights were behaving erratically, we opted to stand well out into the North Channel and made steady progress. We lost contact with the other boats. As we rounded Sanda Island and set course for Lamlash on Arran, the rain and visibility worsened and with the stengthening wind directly behind as we picked up speed and reached Arran at 8 am. As we entered Lamlash Harbour, we counted the boats at anchor as we thought that we may have lost several places by staying well out around the Mull. Only 4 boats in! We had gained two places - the other boats had been becalmed while staying too close to the Kintyre headland.

Meanwhile another battle was taking place below decks as Pete struggled to get out of his bunk, having spent 14 1/2 of the 15 hour Jura-Arran passage in it. It was an early, nasty, wet Sunday morning and the runners were weary. Pete remarked that he wanted an 18 mile fell race like a hole in the head. I was invited to join the run but having been up for two nights, I declined. Off they went, returning from Goat Fell after a gritty 3 hours 44 minutes, both very tired. We were still in 5th place.

The Finish

We reached Troon after 3 1/2 hours sailing, having caught up time but no places on the leaders 'Mmemec' and 'Viva', and sailed across the finish line well pleased. We then heard that one of the leading boats, Karrimor had retired as a result of various rule infringements and we had finished 4th 1 hour 20 minutes behind the winner Viva, who had pipped Mmemec, a mile from the finish.

Our total time for the race was 2 days 3 hours and 2 minutes, and in addition to 4th overall, were 2nd on aggregate sailing time and 7th on aggregate running time. We were the fastest monohull in the race and are to be awarded the prize for the best sailing performance.

We celebrated in appropriate style after an arduous weekend.

RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*

This could be your chance for glory! I hope to keep my eye on results to pass on news of noteable INT performances at major events. I won t catch them all so sorry if you get missed

Charlie Walton

JK '87, Yorkshire, 18-20 April

Individual

Gail Balfour 7th D10A Christine Whalley 9th D21E Ann Heyworth 17th Anthony Squire 2nd (by 1 second:) M10A

Relay

Mens Open - 29th (4th Scots) Medium Open - 39th Short Open - 45th Ad Hoc - disqualified

British Champs, Forest of Dean, 17 May

Ann Heyworth 20th W21E

Not many INTs made the trip down for this one and reports suggest they made the right decision!

Scottish Champs, Drumore Wood, 6 June

Anthony Squire 1st (Ian McIntyre 6th - but more than a M21E little doubt about this result!) M21A . Bob Cherry 12th Matthew Strachan 15th

Scottish Relays, Doon Hill and Drum, 7 June

16th and 21st (though our best 3 times Open would have made 10th) 7th (Gordon Riemersma 7th fastest) M13 5th (Pat Squire 6th fastest) M40 Womens Incomplete - 7th after 2 legs Open 37th Ad Hoc

South East Area Champs, Glentress 24th May

Ynske Riemersma 2nd WIO Anita Sinclair 3rd W13A Julie Grant 2nd W21A Jane Lupton 2nd W21B Joan Bearhop 3rd Anthony Squire 1st M10 Ian McIntyre 5th M21A Bob Cherry 6th We won the team trophy - Ian, Bob and Calum McIntosh Derek Bearhop 2nd M21B Pat Squire 1st M35A Ray Heyworth 1st M55

National Event IV, High Rigg (Lakes) 21 June

Lorna Boyd 3rd WIGA Christine Whalley 6th W21E Anthony Squire 4th MIOA

This was a World Champs selection race - we wish Christine all the best in her bid to get on the team again.

No doubts about our star performer of the year so far - well done to ANTHONY SQUIRE.

SOA FORTHCOMING FIXTUR

-

| Sept | Sept | Sept | Sept | Sept | Sept | Sept | Sept | 3 d 9 g | Sept | Aug | Aug | Aug | Aug | Aug | July |
|---|--------------------------------|--|---|----------------|--|---|--|--|--|--|--|---|---|------------------------------------|---|
| 27 | 26-27 | 20 | 0 | يم) سا | 4 | 1 | 12-13 | 6 | €^ | 30 | 3 | R) | 9 | 2-8 | S |
| LOTHIAN O' LEAGUE - 1, (Linco) Beecraige, Limithgow 997742 A. Biggar, 10 Manse Road, Limithgow 0506-845084 (Score Evert) | HORTHERN IRELAND CHAMPIONSHIPS | SHOG BADGE EVENT Broughton Moor - no other details | MOHAVIAN BULL BADGE EVENT Darnaway Central 995532 P. Gromar, 80 Pluscarden Road, Elgin 0343-7528 | BL BADGE EVENT | INVOC NORTHERN GALOPPEN EVENT Craig Ulladail, Strathpeffer M. HacArthur, Stonington, Ness Road East, Fortrose 0381-20198 | GLASGOW GALOPPEW 6, ECKO Barnacabber, Duncon NS 183887 F. Lilley, The Mount, Ardentinny, by Duncon 036981-260 | LOTHIAN MOUNTAIN CHALLENGE Moorfoot Hills, Peebles NT 285400 G. Moolverton, 41 Swanston Park, Edinburgh 031-445-3818 slosed event - for Lothian Schools only | NORTH ISLES LOCAL EVENT Sandwick, Mainland Shetland A. Gillings, Islesview House, Bigton, Shetland | SCOTIANDS GALOPPEN - 4 (FWO Badge Event) Dollarbank, Dollar NS 960983 entries = 0. Bryan-Jones, 29A Dunster Road, Stirling 0786-72758 pre-entries by = 24/8/87 £1.50 Senior, £1.00 Junior, SEF 4/9/87 £2.00 £1.20 chaques to 'FWO'. EOD £2.50 £1.50 | ELO LOCAL EVENT 7?? I. Barrie, 23 Summerside Place, Gullane, East Lothian 0620-843499 | BEECHAIGS OPEN EVENT, Linco Beecraigs, Linlithgow 997742 J. Biggar, 10 Manse Road, Linlithgow, West Lothian 0506-845084 | GLASGOW GALOPPEN - 5, Clyde Overtoun, Dumbarton WS 425755 R. Field, Kintore, Aros Road, Rhu, Dumbartonshire 0436-820936 | NORTH ISLES LOCAL EVERT Hillswick, Meinland Shetland P. Hibbert, 8 Worbrek, Voe, Shetland | HIGHLAND '87 Inverness 0463-226445 | ELO LOCAL EVENT Carberry 66/365697 S. Strain, 39 Benkpark Grove, Tranent, East Lothian 0875-611014 |

LOCAL EVENTS IN THE EDINBURGH AREA

Following the very successful summer orienteering events, Interlopers are putting on a further mini-series of training events, which will be of an informal nature. The emphasis will be on coaching for all using a wide variety of exercises to cater for the varying abilities of those who attend. There will be at least three courses at each event, and a chance to discuss techniques eg simple compass use, distance judgement and aiming off.

These wee events use self timing, master maps and do-it yourself results. There will be no markers or punches, but bright orange tapes with codes.

The intention is to provide an opportunity to practise and improve and so extend the summer series by taking crienteers through to mid September.

Wed 29 July BEECGRAIGS COUNTRY PARK,

BALVORMIE

6:30 for 7:00 - massed start.

INTERLOPERS CLUB CHAMPS

and BARBEQUE

Bring your own food and drink. This

fun-event is a traditional activity.

Scott Balfour 445 3966

Wed 19 Aug

CALDER WOOD, MIDCALDER

5:30 for 6:00 - 7:00 starts. Park B8046

5:30 for 6:00 - 7:00 starts. Park B8046 200m north from Midcalder g/r077678. Graham McIntyre 668 1851.

Heriot Watt University main car park, 5:30 for 6:00 - 7:00 starts. Charlie Walton 225 5762.

Wed 2 Sept HILLEND SKI SLOPE. Car Park. Scott Balfour 445 3966.

Wed 9 Sept COLINTON DELL

East side Dovecote Park Field. 5:30 for 6:00 - 7:00 starts

Janet Fallon 449 3532.

After this event, the winter Lothian O League will start up again.

Sopt

N

Ē

GRAMP NORTHERN GALOPPEN EVENT

no details --