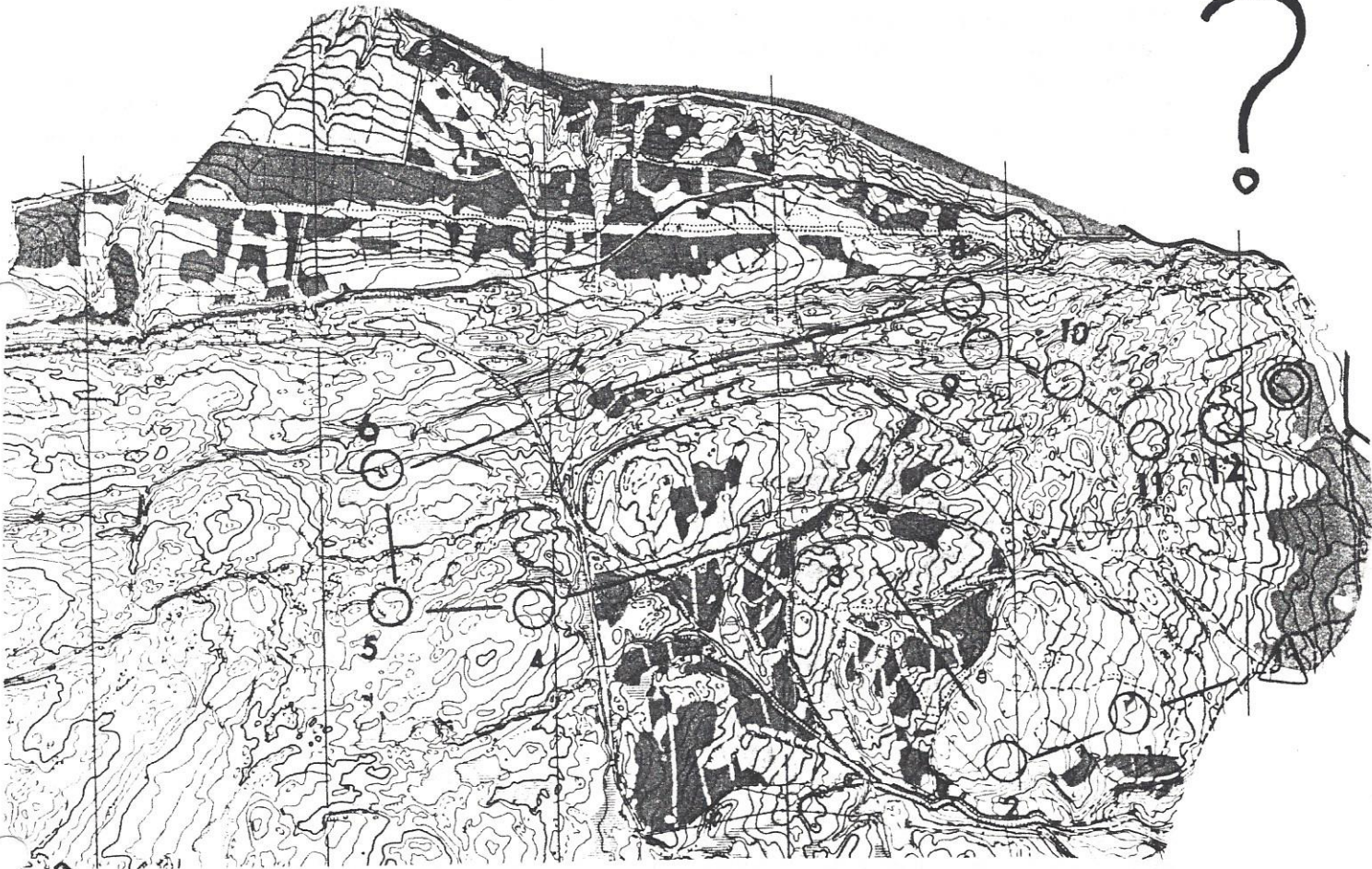


INTERLOPERS

ORIENTEERING CLUB • EDINBURGH

APRIL/MAY 1989

NO 66



EDITOR'S NOTE

This month's newsletter is slightly longer than usual as I have had a rush of enthusiasm from club members and lots of articles which is fantastic - keep it up!

However, there is a major piece of bad news - we did not manage to beat ESOC at the second round of the Compass Sport Cup. Results are on the back page and as you can see, we were, well let's be honest, hammered! This is largely because several of our key runners were on their easter holidays, but never mind - we had a good try and many thanks to all those who did manage to come on the day.

There is quite a lot of club news etc this month including a summary of the committee posts - the AGM is looming up again - and we thought it would be a good idea to let you know what we committee members get up to, just in case anyone out there wants to become a committee member. The most important part of

the AGM is the dinner afterwards - which will be in Fat Sam's, once again, by popular request and is the highlight of the Interlopers' social calendar!

There are a couple of interesting articles this month - one from our Chairman, Steve Terry, about his wanderings down under, and the other from Anthony Squire who travelled with his Dad to the deep south for this year's JK. Also Pat Squire has provisionally booked accommodation in Kingussie for an Interlopers training/social/events weekend. Please keep this weekend free (September 8-10th) and we will update with details as soon as possible.

Finally - can you guess this month's mystery map?

Good Orienteering!

Jane Cherry
101 East Claremont Street
EDINBURGH
Tel 557 0652

CLUB NOTES - Charlie Walton

Membership

Welcome to new members Ishbel Mollison and Pauline Muir.

1989 renewals have been coming in steadily, we now have 49 full and 18 club "membership units" but I'm still waiting for a few renewals.

Ian Lamont has been on the move again, his new address is

11 Beechwood Avenue
WHITLEY BAY
Tyne and Wear NE25 8EP

BOF Bits

Some notes from the British Orienteering Federation that may be of interest:

Light Green Courses - you might find a new "light green" course at some colour coded events, fitting in between orange and green, ie technically medium / 3 to 4 km.

Event titles events offering 4 or more colour coded courses ("C4" events like Lothian O League events for example) should now be referred to as "Colour Coded" events rather than "open" events. Smaller events should be referred to as "Local" events.

Dogs Competitors should now assume that dogs are NOT welcome at events, either in the competition area or in the assembly/car park area, unless event information indicates that they are.

Veterans Home International - an international match for the M/W 40 classes and above is proposed for next year - a challenge for our older members!

Books

We recently got a very interesting Swedish coaching book (translated into English!) "Orienteering Step by Step". Remember the club has a stock of books about planning, mapping, coaching and training etc that members can borrow - contact Jane Cherry for details.

Relay Teams

Not many Interlopers at the JK or British relays this year, both in the deep south, but we've 5 club teams

entered for the Scottish relays on 30 April, in the Open, Women's Open, M40, W13 and Ad Hoc classes. Teams haven't been finalised so we'll try and fit in everyone wanting a run. We'll put in a team for the Harvester if there is enough interest beforehand - it's a 7-person overnight relay, date is the 1 July this year somewhere in SW England.

Future Events

Loch Lomond '89 6-day event enjoy a week's orienteering in the west, 30 July - 5 August this year. The next entry deadline is the end of April, though later entries will be accepted at higher rates. Remember Interlopers are helping with Day 5 at Rowardennan, so please don't enter that day - and if you can't make it to the whole event, maybe you could come along on our day (4th August) to help out. Steve Terry is our club organiser for the day.

October Badge Event - We're still hoping to hold our Scotland's Galoppen badge event on the Lomond Hills in Fife. The date is the 15 October, please keep it free as we'll need a full turn-out of helpers. Janet Fallon is our organiser and Simon Thompson is planner.

JK 1990 This prestigious 3 day Easter weekend event comes to Scotland next year and all the Scottish clubs will be helping out. We will be helping with the relay event on Easter Monday. Perth is the event centre, with the races at Craig a Barns and Craigvinean (Dunkeld) and Devilla (Kincardine).

1991 Scottish Championships We're pursuing the possibility of using Airds Park near Oban, one of the 6-Day areas, for this major event. We badly need volunteers to take on the main jobs - co-ordinating/organising and planning the event. Do you fancy playing a part in British Orienteering at its very best?

Training

If you fancy a run, remember there are usually Interlopers to be found at the Meadows Intervals on a Tuesday night (8 pm) and running from Meggerland at 6 pm on Thursday.

Junior Success

Our top junior members continue to do us proud - Gordon and Ynske Riemersma are going to the Northern Championships with the Lothian and Borders Junior Squad, and Gordon has been invited to go to Sweden in the summer with the Scottish Juniors.

N.Z.S.I. O-FEST '89
(or: What would YOU do with 70 million sheep?)

After sampling the hills and bush of wild Tasmania, and taking a lazy Christmas break in the Adelaide Hills of South Australia, the trip across the Tasman Sea to New Zealand was an inviting prospect. I got a good idea of the South Island's geography from the superb view of Mt Cook in the west and the Canterbury Plains in the east, from the window of the flight into Christchurch. The first day I spent looking around the town (very nice), collecting my hire car, registering for the 7-day O-Fest, and most important of all - buying maps! Inevitably, I bumped into John and Sheila Colls at the registration office - orienteers going down under are bound to bump into them!

Day 1

The following day was the first event at Orton Bradley, which is SE of Christchurch across the Lyttelton Harbour, on the edge of the Banks Peninsula. If you have ever looked at a map of NZ, this is the bit like a great convoluted wart sticking out from the side of the South Island, an amazing contrast with the flatness of the plains inland. The O-area was mostly sheep pasture, but with areas of bracken, pine plantations, and my first taste of mataouri scrub - a bit like gorse but with longer spines and generally not so dense. Also, my first taste of a map with NONE of the many fences marked! Also my first time orienteering in a hat - to keep off the fierce sun. Think I was nearly last in H40.

Lake Tekapo

Day 2 was a fun score event half way across the South Island at Lake Tekapo, in beautiful sandy pine forest reminiscent of Culin. I was almost last in H40. The weather had stayed fine right up until now, but the afternoon turned cloudy and wet, and I lost my chance to drive up to nearby Mt Cook in good visibility. The Kiwis, however, were pleased about the rain - there had been a severe drought for several months in the South Island.

The terrain on Day 3, at Craigmore near Timaru, was different again - although still mostly sheep country, the sharp contrast between limestone sink-hole plateaux and swampy scrub made a good test of navigation. Unfortunately this was the poorest event of the week technically, with several controls badly misplaced, and some dubious planning. I was placed somewhere near last in H40. The afternoon drive to Ranfurly showed more contrasting scenery, from the flat sheep country south of Tekapo and north of Hakataramea, to the spectacular twisting mountain roads through Dansey's Pass.

Naseby

Day 4 at Naseby was the only thoroughly wet one - this time the hat was needed to keep the rain off my glasses! There were several more "firsts" for me here - my first experience of old

gold diggings, "gully-spur" terrain, fascinating and very chastening. Also my first encounter with "spaniard" a very sharp-spined plant with a nasty habit of blending with the long grass and saving your ankles as you run past. I was about last in H40.

Rest Day - Mt St Bathans

The next day was the first "rest" day, so I found the highest peak in the area - Mt St Bathans, 2,088 metres - and walked up it in scorching sunshine. A more desolate place would be hard to imagine - most of Scotland's mountains have at least a little vegetation among the rocks on top - this place had monotonous uninterrupted tussock grass in all directions up to about 1,700 metres, giving way to barren rock and scree above that. The only signs of life here were a few sparse patches of black lichen, inhabited by spiders and tiny ladybirds. However, the panorama from the top was well worth the 20 km + 1,500 m trek.

Relay Event

Day 5 was held again among Naseby's gold diggings, this time a relay. As I was footloose and unattached, the organisers put me in a team with an average-standard Kiwi and an ace Swiss. We were about last in H40. On to Day 6, and I'm running out of exclamationary words to describe terrain! Open, flatish grassland again, but with thousands of huge boulders, rock outcrops and pillars - "after God made NZ, he had some rock left over, so he dumped it at Gladbrook!" Very fast running, but tailor-made for parallel errors. I was somewhere around last in H40.

The second rest day I spent cruising around the Catlins Forest Park in the car, and included a visit to the coast as far south as I could get. At about 46° 40' south latitude, the Falkland Islands and the southern end of South America are the only civilised parts of the world further south.

Final Day

The most spectacular part of the final day north of Waikata was the access to the venue - about 15 km to the nearest main road to the east, but no roads over the hills that way, so we had to motor about 60 km from the main road to the south. The final 10km was a very exciting drive! The terrain was different again, native beech forest - yes, beech - much like the beech woods of southern England, but wetter, steeper, denser and apparently almost untouched by humans. I managed about last in H40. This time, I finally made contact with the other half-dozen Brits who reached NZSIOF'89 and we gathered briefly for group photos before dispersing to our various holidays.

Altogether a very enjoyable week - the organisers are to be congratulated on a very smooth operation, including 3 evening meals for about 500 folk each time, and hot food and drink tents at every event. I haven't received the final results yet, but I think I managed about 40th out of 60 competitors in H40!

Steve Terry

COMMITTEE POSTS

At the last AGM, comments were made by club members that they did not want to stand for the committee as they did not know what the various committee posts involved. Therefore in an attempt to encourage as many new folk as possible to stand for the committee, we thought it would be a good idea to write a short paragraph outlining duties responsibilities etc for the main posts. There are a couple of extra general posts similar to Pat Squire's with no specific responsibilities, which are an ideal first step for new committee members.

So, if you feel you would like to get involved in helping to run the club and have any bright ideas about changes and improvements that could be made, get a friend to nominate you for a post at the AGM.

The Chairman's Role

The Constitution (yes, we have one folks! - Charlie can supply copies) says: - "overall good management of the Club and its affairs; chairing meetings of the Club and Committee".

I feel that the chairman needs to be a reasonably experienced (not necessarily fast!) orienteer, with a sound knowledge of the administration and structure of the sport and preferably a fair number of contacts in various parts of it. He/she also needs to be able to keep meetings moving along briskly, diplomatically truncating the long-winded and encouraging the diffident.

I also think that the chairman should try to promote actively the club's interests, also possibly relieving the secretary and other committee members of some of their load, where appropriate. It is in these areas that I feel I cannot make as much contribution as I would like.

We have very efficient officers on the committee at present, but in cases where they might show signs of neglecting their duties, the chairman has the responsibility of ensuring the work gets done by someone!

Above all, the chairman must CARE about the club and all aspects of its activities, and try to promote and develop these and encourage others to do so.

Steve Terry

Being Interlopers Secretary ...

...has its good points and its bad points, I'm just trying to remember some of the good ones at the moment. The secretary's job takes in much of the day-to-day running of the club, such as dealing with loads of stuff sent by the BOF and the SOA, handling enquiries about the club and the sport, ensuring meetings happen and trying to pass information about. I do committee and club meeting minutes, which is not a lot of fun, and I look after lots of papers and other club bits and pieces. I fill in lots of forms and send them off to people, and I keep the membership list

up-to-date and deal with renewals with help from the treasurer.

It might not sound a lot but there is an ever-growing pile of things to do - if you like getting mail this could be the job for you! The club secretary is meant to keep tabs on all that is going on in the club and in the sport at large, a sort of club "information centre". You certainly do get the opportunity to keep well informed about anything that is happening - I guess that's one of the good points I was trying to remember. Another (the other?) one is getting to know some of the club members - I guess I've been in touch with more current members than anyone else in the club.

Charlie Walton

Treasurer

Looks after the club money, often visits the bank and keeps the books up to date. At the end of the year waves a magic wand, the books balance and the treasurer goes off to the Bahamas!

Janet Fallon

Social Secretary

Looks after the apres-orienteeing, holidays in the Bahamas ... Firmly believes that Interlopers are sociable beasts and arranges various recreational activities from skittles evenings to fun orienteeing evnets (yes, even more fun than the real thing) every 2 or 3 months to keep in touch with the social orienteers.

Julie Grant (now in Bermuda) Janet Fallon - acting Social Sec.

Newsletter Editor

The workload for this comes in fits and starts, with reasonably long periods of time with little to do except recover from the previous newsletter! The constitution states a minimum of 5 editions per year, which is a fairly

comfortable number to produce. The hardest part is getting people to send in articles, letters etc, and I sometimes have to do a little prodding and persuading. The most important point to note is that the newsletter editor must have access to a typewriter or preferably a word processor - It is impossible to produce the newsletter without this. However there is no problem about photocopying, as I have an agreement at work to make as many copies as is necessary at cost price.

Once all the material is in, I find getting the bits and pieces together and laying out the pages is challenging and lots of fun.

Distribution of the newsletter is quite straight forward - we have a first class band of helpers who hand deliver newsletters in their areas and I have the address lists on computer disc which can be quickly printed out each month.

Jane Cherry

Life as an Interloper Committee Member

When I was asked to stand for the committee last year I really didn't know what I was letting myself in for. I was assured that the task was not too onerous and I'm pleased to say that that has proved to be the case. Meetings are held about every two months and usually last a couple of hours (there is always the coffee and biscuits to look forward to if things drag on a bit!).

It has actually proved to be an interesting insight as to how the sport is run and organised, as well as providing an opportunity to have a say in the way things are done. I suppose it's something of a cliché but you at least can feel that you are putting a little bit back into an activity that has given a lot of pleasure and enjoyment over the years.

As I say, the job is not too demanding and can certainly be interesting. So when the AGM comes around why not give some consideration to joining the committee?

Pat Squire

AGM NOTICE

The Interlopers 1989 Annual General Meeting will be held at 7 pm on Thursday 8 June 1989 at the Edinburgh University Societies Centre in the Pleasance.

Any items for inclusion on the Agenda or proposed amendments to the constitution must be given to the secretary by the 11 May 1989.

Please consider contributing to the club and to the sport by standing for a committee post at the AGM.

The AGM will be followed by the Annual Club Meal - all members most welcome.

ADVANCE NOTICE

Club weekend in the Spey Valley September 8th - 10th.
Stay in dormitory accommodation (self catering) in Kingussie
and enter the INVOC events on the Saturday (score at
Inshriach) and Sunday (badge at Alvie).

Further details including costs etc. in the next
Newsletter.

J.K. ORIENTEERING IN DARKEST SOMERSET!!!!!!

WHEN DAD SAID WE WERE GOING TO DARKEST SOMERSET, I DIDN'T THINK HE MEANT IT LITERALLY. THE FIRST TWO DAYS WE WERE DOWN IN CAVES OR DISUSED MINES. TO BEGIN WITH ON THE THURSDAY WE WERE IN GOUGH'S CAVE, ONE OF THE CAVES IN CHEDDAR GORGE. IT WAS WELL DESIGNED WITH INTERESTING COMMENTARY AND SIGHTS OF STALAGMITES + STALACTITES AS WELL AS ROCK FORMATIONS. THE FOLLOWING DAY WE WENT INTO WOKEY HOLE CAVERNS WHERE THE OLD WITCH OF WOKEY HOLE LIVES! AS WELL AS THE CAVES THERE WAS A PAPER MILL, A WAX WORKS EXHIBITION, FAIRGROUND EXHIBITS AND A PENNY ARCADE.

AFTER ALL THIS SIGHT SEEING WE DECIDED IT WAS TIME TO ACTUALLY DO SOME ORIENTEERING SO OFF WE WENT TO THE TRAINING EVENT. THIS CONSISTED OF A SERIES OF COLOUR CODED COURSES TO ALLOW US TO STRETCH OUR LEGS AFTER THE LONG JOURNEY AND TO GET THE FEEL OF THE TERRAIN FOR THE NEXT THREE DAYS.

FOLLOWING A CONVENTIONAL ORIENTEERING EXPERIENCE IT WAS TIME TO SAMPLE SOMETHING A LITTLE DIFFERENT. WE HEADED NORTH TO A PLACE CALLED MONKTON FARLEIGH JUST OUTSIDE BATH (THAT'S A LEFT TURN OFF THE M5 ABOUT 350 MILES SOUTH OF EDINBURGH FOR THOSE WHOSE GEOGRAPHY IS NOT TOO GOOD!). THIS PLACE WAS A HUGE UNDERGROUND AMMUNITION DUMP DURING THE SECOND WORLD WAR. IT HAS RECENTLY BEEN RESTORED AND OPENED TO THE PUBLIC. THERE ARE HUNDREDS OF TUNNELS AND IT IS PITCH BLACK. NEVERTHELESS WE MANAGED TO FIND OUR WAY TO ALL THE CONTROLS IN THE TIME ALLOWED. IT WAS A VERY GOOD IDEA AND I'M SURE EVERYONE ENJOYED IT THOROUGHLY.

SATURDAY DAY 1. TO BEGIN WITH, WE WENT ROUND BRITAIN'S LARGEST MAZE IN LONGLEAT AND I ADMIT IT WAS HARD BUT A LOT OF FUN - JUST THE KIND OF PRACTICE YOU NEED FOR RELOCATING IN THE MIDDLE OF A JUNGLE. THEN WE WENT OFF TO DO OUR COURSES. I DID AN ABSOLUTELY STUPID MISTAKE IN GOING FROM NUMBER 4 TO 5 WHICH PUT ME IN TWENTIETH PLACE AT THE END OF THE DAY.

DAD RECKONS HE RAN THE FASTEST HE HAS EVER DONE AT UNDER 7 MINS/KM ONLY TO FIND THAT THE CLASS LEADERS WERE ABOUT 1 1/2 MINS/KM FASTER!

AFTER THE ORIENTEERING INTERLUDE IT WAS BACK TO THE SERIOUS TOURIST BUSINESS. WE MANAGED TO GO AROUND MOST OF THE ATTRACTIONS AT LONGLEAT - THE ADVENTURE CASTLE, MODEL OF THE HOUSE, V.I.P. VEHICLES, BUTTERFLY GARDEN, LONGLEAT MINATURE RAILWAY, PETS CORNER, DR WHO EXHIBITION, LORD BATH'S BYGONES, TWO DOLLS HOUSES, VICTORIAN KITCHENS AND ON THE SAFARI BOATS.

THE FOLLOWING DAY WAS AT STOURHEAD, WHERE I DID A BETTER RUN THAN THE DAY BEFORE AND MANAGED TO FINISH 5TH FOR 12TH PLACE OVERALL. DAD MADE A MAJOR MISTAKE AND MISSED OUT A CONTROL ALTOGETHER SO HE HAD TO DO A DETOUR AND VISIT THE CONTROL ON THE WAY BACK! LET ME KNOW WHEN YOU WHAT ME TO GIVE YOU SOME HELP DAD!

WHEN WE FINISHED AT THE EVENT WE WENT BACK TO LONGLEAT TO VISIT THE SILES THAT WE HAD NOT SEEN THE DAY BEFORE - THE SAFARI PARK WITH ITS LIONS, TIGERS, ELEPHANTS, GIRAFFES AND THE HOUSE WITH ITS PAINTINGS, PHOTOGRAPHS, TAPESTRIES, CHINA, ROOMS AND.....

AND THAT WAS DAY 2. OH! I FORGOT ABOUT THE EASTER EGGS.

THE NEXT DAY WAS THE RELAYS. I WAS OFFERED A PLACE IN THE E.S.O.C. HILL TEAM WHICH WAS GOING TO RUN NON-COMPETITIVE ANYWAY. WE MADE AN EARLY START AND ARRIVED JUST IN TIME TO

SEE THE FIRST RUNNERS SET OFF. I GOT READY AND WAITED FOR THE CHANGEOVER. OUR TEAM'S RUNNER CAME IN THIRD. THEN IT WAS THE TURN OF THE SECOND RUNNER. I WAITED IN THE PEN FOR HIM TO COME IN. HE WAS IN 9TH PLACE. I WENT OFF AS FAST AS POSSIBLE AND MANAGED TO CATCH SEVERAL PEOPLE ON THE WAY TO THE FIRST CONTROL.

THE COURSE WAS ONLY AROUND THE ASSEMBLY FIELD BUT IT WAS HARD WORK RUNNING UP THE HILLS. YOU ALSO HAD TO BE CAREFUL TO MAKE SURE JUST WHERE THE CONTROL WAS. I KEPT GOING AS HARD AS I COULD AND MANAGED TO COME IN SECOND - NOT BAD RUNNING FOR A RIVAL OUTFIT!

AFTER THAT IT WAS BACK TO THE VAN AND THE LONG DRIVE BACK HOME. ALL IN ALL A GOOD WEEKEND WITH PLENTY TO SEE AND DO. NOW IF ONLY I'D CHECKED THE MAP WHEN I LEFT CONTROL 4 AND HADN'T GONE TO THE WRONG PATH ON LEG 7 AND.....

* CONGRATULATIONS TO GORDON RIEMERSMA WHO HAS BEEN
*
* INVITED TO JOIN THE SCOTTISH JUNIOR SQUAD FOR A
*
* TRIP TO SWEDEN LATER ON IN THE SUMMER
*

*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS

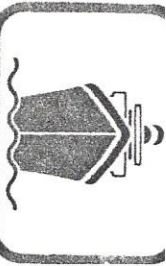
SCOTLAND'S GALOPPEN 1 LUSS

The first Scotland's Galoppen badge event of 1989 took place on a fine new area on the bonny, cold and wet banks of Loch Lomond on the 5 March. I found about 20 Interlopers among the badge course results, including a few running for university clubs as it was the SUSF championships.

Notable INT results:	1st	Ray Heyworth	M60
	2nd	Gail Balfour	W11A
		Anthony Squire	M11A
	3rd	Ynske Riemersma	W13A
	4th	Jane Cherry	W21B
		Gordon Riemersma	M15A

Top W21A was Lorna Boyd 8th (4th SUSF)
Top M21A was Ian McIntyre 15th

*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS



ROYAL INSTITUTE OF NAVIGATION

Young Navigators Competition



We are all navigators.

Virtually every movement from one place to another requires navigation anything from flying to finding your way through the London Underground. If you are under 23 years of age, why not write about a journey, or invent a new navigational technique, or write a history of some sort of navigation. The scope is wide...

Prizes in the past have included a sea voyage and a trip on Concorde.



Details from

THE ROYAL INSTITUTE OF NAVIGATION
1 KENSINGTON GORE, LONDON SW7 2AT
TELEPHONE 01-589 5021

CLOSING DATE 1 OCTOBER



Annual Competition

The Royal Institute of Navigation runs an annual competition for young people. It is open to anyone under the age of twenty-three.

We are all navigators - as we first start crawling, as school children finding our way to school, and through adulthood as we find our way from place to place in our work and leisure. The usual picture of a navigator is of a sailor navigating his craft, using tide and wind from one port to another, avoiding dangers as he goes, certainly the modern ships' officer is a navigator. But there are many others. Take aircraft for instance. The air crew have to navigate in three dimensions, using height as one way of avoiding collision. Nowadays, most flying is done under ground control with controllers sitting in front of radar sets navigating aircraft in the air and telling them which way to go and at what height to fly. These controllers are navigators too. Land explorers are certainly navigators, but even today if you go out into the countryside with an Ordnance Survey map and compass you have to navigate to find your way through fields, woods and over the hills. Even in a modern city navigation is needed. Thus, virtually every activity that requires movement from one place to another - be it pot-holing, orienteering, climbing, walking, driving, sailing or flying - requires navigation.

Navigation is not used only by human beings; fish, animals and birds use navigation to find their way, often over long distances, to return to their breeding grounds each year. How they do it is still only roughly known, but navigate they do.

The Institute's competition is intended to encourage an interest in navigation in all its forms. If you take part in any of the activities mentioned, you are already a navigator. What you are invited to do is to become a better navigator, by considering what you are doing and improving your performance. You can do this by thinking up some new technique for your particular navigational problem - a better map for instance, or a better way of telling direction. Or by completing some journey or voyage, by land, sea or air, showing how you used navigation to arrive safely at your destination. The journey doesn't have to be long, nor does it have to be in some exotic, strange area away from civilization, but it does have to be your own work. If you wish, of course, you can write an article on some form of navigation, past, present or future - how they navigated to the Moon, for instance, or how Columbus discovered America. The scope of the competition is wide and open to anyone who is under twenty-three at the time of entry. Your age, the facilities you have at your disposal, how much time you spent on the project, and how much help you had will all be taken into consideration by the judges.

All those taking part will be invited to a special lecture and prize-giving at the Royal Institute of Navigation. In addition to awards for all entrants of merit, special prizes will be awarded for the outstanding entries. These will take a form appropriate to the skill shown in the project and might, for example, be a pair of binoculars, a navigational instrument, a berth on a seagoing voyage, a flight in an aircraft, a clock, even a cruise in the Mediterranean, etc. These prizes have often been won by the younger competitors. Remember, entries must be in by 1 October.

METHOD OF ENTRY

- 1 Having chosen your entry and completed it, make up all the material into a folder. At the beginning write a short summary of the project telling us what it is, how you accomplished it and what the results were.
- 2 An Entry Form is necessary and these are obtainable from:

The Royal Institute of Navigation
(Annual Competition)
1 Kensington Gore
LONDON SW7 2AT
Telephone 01 589 5021

- 3 you wish your entry to be returned, please enclose a stamped, addressed envelope



FIXTURES LIST

April 23	ELD LOCAL EVENT 2.00 pm G. Nicholson, 20 Seaview Crescent, Joppa. 031 609 4274	Dalketh Country Park. NT 335080
Apr 23	SOLWAY GALLOPPEN 6 D. McQuillen, 10 Craigvale Court, Georgetown, Dumfries 0387-61741	Drumlanrig Woods, Thornhill 852992
Apr 23	GLASGOW GALLOPPEN 3 (GUOC) P. Walder, Dalrymple Hall, 22-26 Belhaven Terrace West, Glasgow 041-339-6463	Wilderness Woods, Glasgow NS 600720
Apr 23	INVOC OPEN EVENT A. Armstrong, Warrindale, Canon Bridge. 0349 61246	Achilly North, near Contin.
Apr 29-30	SCOTTISH CHAMPS WEEKEND (incl. National Event 3) Day 1 - Individual Champs Day 2 - Relay Champs entries, D. Biggar, 10 Manse Road, Linlithgow, W. Lothian EH49 6AL closing date 1/4/89, £3.50/£1.80 for individual £7.50/£4.50 per relay team (£6.00 ad-hoc) cheques to Scottish Champs 89', no EOD for championship courses	Drummond Hill, Kenmore NN 748469 Strathgryre, Callander NN 560170
9 May 7	GRAMPIAN OPEN EVENT M. Pearson, Newtyle Farmhouse, Drums of Foveran, Newburgh 03586-8	South Kirkhill, Aberdeen NJ 847110
May 7	WCOC BADGE EVENT D. Scarlett, 5 Common Side, Distington, Workington 0946-830343 closing date 17/4/89	Mosser Fell, Cockermouth 135215
May 13-14	BRITISH CHAMPS WEEKEND entries: TSB British Champs 1989, PO Box 114, Wokingham, Berks closing date 6/5/89, £2.50/£1.50, SEP, limited EOD RG11 4XH	Surrey/Berkshire Box 114, Wokingham, Berks closing date 31/3/89
May 21	ESOC BADGE EVENT R. Beck, 43 Easter Bankton, Livingston EH54 9BD closing date 6/5/89, £2.50/£1.50, SEP, limited EOD	Glentress, Peebles 280410
May 21	MORAVIAN OPEN EVENT J. Suttie, The Conifers, St. Leonards Road, Forres 0309-73431	Binn Hill, Garmouth 306648
May 21	BL OPEN EVENT - - no details - -	
May 24	GLASGOW PRIMARY SCHOOLS CHAMPS T. O'Brien, 159 Warriston Street, Carntyne, Glasgow 041-770-7618 closing date 20/3/89, 50p, no EOD, special entry form	Glasgow Zoo, Glasgow 64/67862 Carntyne, Glasgow 041-770-7618
May 28	GLASGOW GALLOPPEN 4 (ECKO) E. Todd, 5 Cobble View, Lochgillhead, Argyll 03013-374	Ardroy, Lochgillhead NN 190003
May 28	MAROC OPEN EVENT - - no details - -	
Jun 3-4	NORTHERN LIGHTS WEEKEND (Gramp)	Battlehill Bin Forest, Hunt1
Jun 11	Glasgow Galoppen 5 (STAG)	Pollok Park West, Glasgow
Jun 11	Invoc Open Event	Creag Ulladail, Contin
Jun 18	SCOTTISH SCORE CHAMPS (Tintin)	Carmichael Estate, Lanark
Jun 18	Moravian Open Event	Whiteash Od, Fochabers
Jul 30	- Aug 5 LOCH LOMOND 89	

Compass Sport Cup Round II Baluaian 9th April

ESOC 75
Interlopers 48

Alas, we lost. Despite some very good performances it wasn't enough to beat a large ESOC team. Thankyou to everyone that came along and perhaps those that didn't will turn out next year and help fill in the gaps. There were five Compass Sport Cup matches being fought at this event, on rather a nice area. Anyone fancy planning an event next April? (treasurer)
Well done to everyone that scored points

Brown A	pts	Brown B	pts	Blue	pts
Ian McIntyre	6	Pat Squire	6	Kate Richards	3
Simon Thompson	5	Steve Terry	2	Carol Boyd	2
Graham McIntyre	3			Rudolph Riemersma	1
					-
	10		8		6
Red	pts	Green	pts	Yellow	pts
Gordon Riemersma	5	Ray Heyworth	5	Ynske Riemersma	3
Anthony Squire	2	Elaine Abbot	2	Gail Balfour	2
				Fay Balfour	1
	-		-		-
	7		7		6

SUMMER SERIES

START APRIL 19th

FULL DETAILS ON SEPARATE SHEET

COME AND TRY IT - NO EXPERIENCE NEEDED - JUST TURN UP AT 5.30pm MONDAY 19th APRIL 1989

SUMMER ORIENTEERING 1989

WHAT YOU NEED:

50p for a map, 1 plastic bag, 1 red biro.

EVENTS

- 19th April Colinton Dell
- 26th April Dechmont Law
- 3rd May Carberry
- 10th May Selin Muir
- 17th May Dalkeith Park
- 24th May Kinneil
- 31st May Brads & Blackford
- 7th June Holyrood Park
- 14th June Haylodge Park
- 21st June Bonaly

START LOCATION: The exact location of the start of the event will be displayed at the previous S.O.S. event or can be obtained from the organiser.

EVENT 1: The start for the Colinton Dell event will be in Dorecart (near post off the Lark Road, Edinburgh, just to the east of Kingswale Golf Course).

SERIES CO-ORDINATOR: David Lane 031 226 2379

WHAT IS ORIENTEERING?

Orienteering is using a map to find your way to a series of control points, then returning to the map to see where the controls are. Orange and white bushes mark the controls. You have to find the controls in the required order. At the control, punch your control card with the punch provided or write down the code symbols to be found at it.

Hints for beginners

First study the map

Note the yellow colour (open land) shows ground with no trees (e.g. parkland or playing field). Wooded terrain is white.

Notice the symbol for a path. Following the path is the easiest way to make sure you always know where you are on the map. They are not always the quickest route.

Check your position by recognising features marked on the map as you pass by them. A compass can be a useful check that you are going the right way.

ORIENTEERING CLUBS IN THE AREA:

- East Lothian O.C.**
Fred Kerrigan
10 Greenbank Road
Dunbar. 0346 03567
- Leith O.C.**
John Bigger
10 Marine Road
Leith. 031 543 004
- Interpreters O.C.**
Charlie Wilson
1000 Leith Road
Edinburgh. 031 226 4963
- Edinburgh Teachers O.C.**
Alister Leach
60 Drumhead Terrace
Edinburgh. 031 267 1144
- Redburn's Rovers O.C.**
Lindsay Knox
37 Telford Terrace
Hawick. 0450 77058

Map by the Ordnance Survey. Printed by Gordon & Breach.

THESE EVENTS ARE SUPPORTED BY
THE ASSOCIATION OF DISTRICT
COUNCILS IN Lothian REGION.

CO-ORDINATOR DAVID LANE
031 226 2379

8 **JUNE 7th**
6pm
HOLYROOD PARK
JANET FALLOON
031 551 0090

6 **MAY 24th**
6pm
KINNEIL
JOE WELSH
031 54859

2 **APRIL 26th**
6pm
DECHMONT LAW
GRAHAM MCINTYRE
031 668 1851

4 **MAY 10th**
6pm
SELIN MUIR
DAVID LANE
031 226 2379

10 **JUNE 21st**
6pm
BONALY - Burn & B-B G
JIM HEARDMAN (organiser)
031 441 2335
JOHN McLAUREN (planner)
031 667 3988

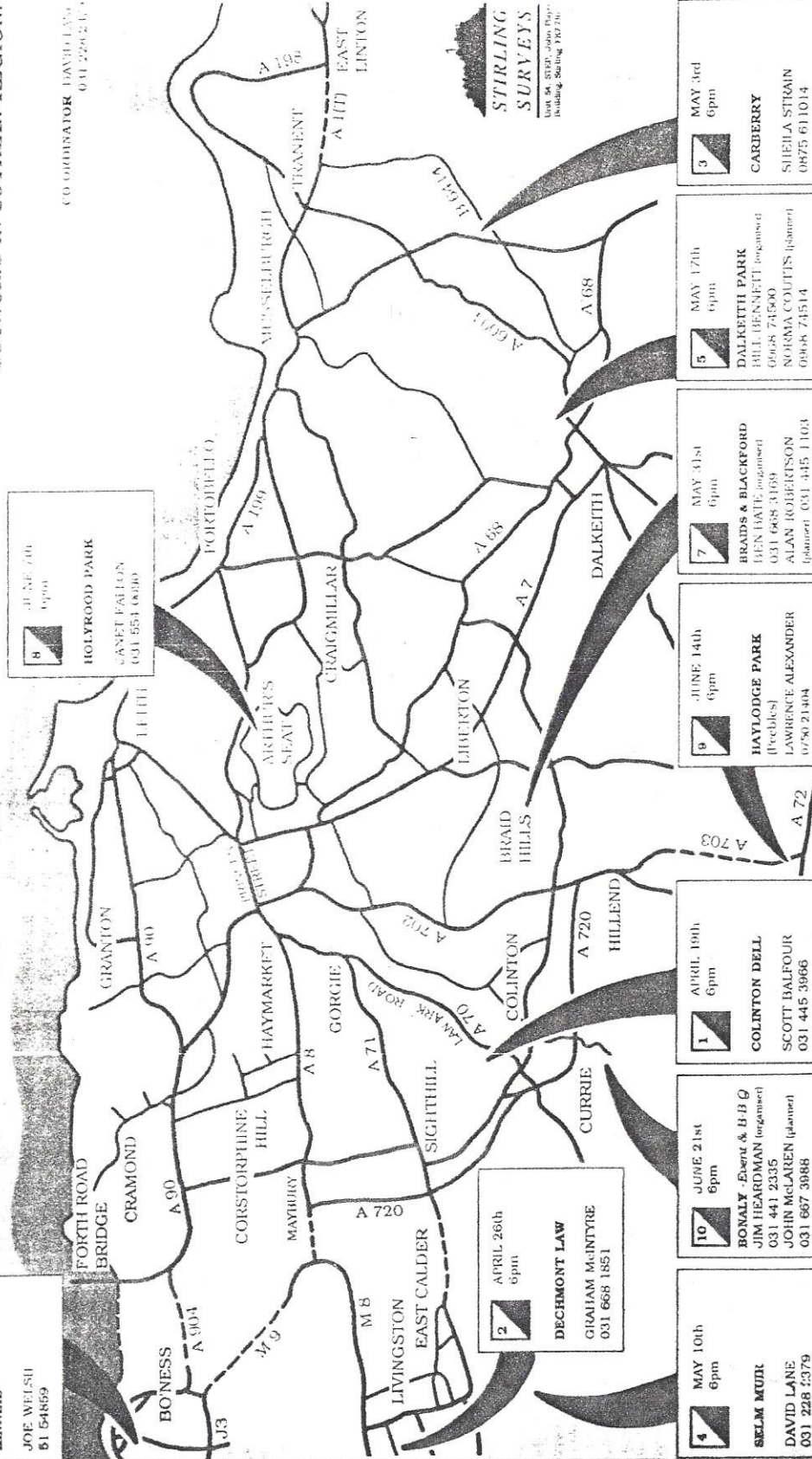
1 **APRIL 19th**
6pm
COLINTON DELL
SCOTT BALFOUR
031 445 3966

9 **JUNE 14th**
6pm
HAYLODGE PARK
(Peebles)
LAWRENCE ALEXANDER
0750 21404

7 **MAY 31st**
6pm
BRADS & BLACKFORD
DEN HATE (organiser)
031 668 3169
ALAN ROBERTSON
(planner) 031 445 1103

5 **MAY 17th**
6pm
DALKEITH PARK
HILL BENNETT (organiser)
0968 74500
NORMA COULTIS (planner)
0968 74514

3 **MAY 3rd**
6pm
CARBERRY
SHEILA STRAIN
0475 611014



STIRLING SURVEYS
Unit 24, 25th, 26th Floor
Building, 25th, 26th Floor

IF YOU HAVE NEVER ORIENTEERED BEFORE WHY NOT COME ALONG AND JOIN US AT OUR 10 SUMMER ORIENTEERING EVENTS?