

INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 106

December 1996

106

We Are The Champions !

Ok - so Forth Valley might not have been taking it seriously and did not put out their strongest team. Maybe the results from Devilla were open to doubt and CLYDE should have qualified. Perhaps the outcome would have been different if ESOC had eschewed the Tinto Twin for Shropshire at the end of October. But nyah-nyah, nyah-nyah, nyah-nyah - we won ! Yes, despite it all, the Millwall of the orienteering world (that's us !) came good in the end. The boys and girls (all 24 of them) done us proud and brought the Small Clubs Trophy back to Scotland for the 3rd (?) year in a row.

I've never orienteered so far south before so it came as a surprise to me when they got stropo about having to carry a cagoule in such tropical climes. Never mind the

added encumbrance on an already overweight and still trying to regain some fitness orienteer I did enjoy myself, although the strain of trying to keep up with young John Mitchell took its toll and I ran out of steam (and spatial awareness) towards the end.

I must have been about one of the last runners back but the daunting drive back home for school the next day meant that the Inverarity tribe departed sharply and so it wasn't till Forton service station by Lancaster when Le Chair caught up with us that we found out that we'd won. So it had been worth it ! So everyone join in our adaptation of the Millwall song (to the tune of Sailing) We are Interløpers, We are Interløpers, No One Likes Us, We Don't Care ! (We do really !)

Special Cup Winners Issue

*We Came, We Saw,
We Conquered*

*Letters From
Everywhere*

*Results, Renewals,
Address Changes,
New Members*

*Events Organiser
(just kidding !)*

*And What Club
Members Are Up
To*



The excitement as Interløpers arrive back in Edinburgh

IN THE CLUB !

More new members to welcome into the club. Have they heard of our success in the CompassSport Cup ? Are ESOC's fees too extortionate ? Or do they just not know any better ? Whatever the reason you're stuck with us now so you better have some fun in the forest. For the lunatic fringe who are existing members add these names to your address list and try to be nice to them. There's no truth in the rumour that Barrow's too mean to print another list this financial year or that I'll try and sneak last April's addresses past you again !

This is the boring 'you better read this and then cough up some money' page. It's that time of year when the BOF subscription is forgotten about because of the train set, the ghetto blaster, the snooker table, the Don't say you haven't been warned. No renewal - no newsletter. That should cause a drastic drop in club membership !



Membership Renewals for 1997

Full members should already have received their BOF membership renewal forms for 1997. However, so far, the SOA are keeping us in the dark as to what the renewal arrangements are to be for the Associate category. The Full (BOF+SOA+Club), Associate (SOA+Club) and Club-only fees for 1997 are:

Category	Full	Associate	Club-Only
Junior (Born 1977 or later)	£5.00	£3.00	£1.00
Senior (Born 1976 or earlier)	£18.25	£9.75	£4.50
Family	£27.60	£15.40	£7.00
Group	£19.20	£12.50	£2.00

Note that Juniors aged 19 or 20 are expected to be Individual members; Juniors included in families may be aged up to 18 only. Ages are taken as at 31st December 1997.

If you intend renewing your BOF membership, please send the entire form and subscription directly to BOF. Note that (a) the subscription to **CompassSport** is handled independently of the BOF subscription and (b) this year you have an option to receive the Ranking List for an extra fee.

Would Club-Only members please send their subscriptions (payable to INTERLØPERS) for 1997 directly to the Club Secretary. John can also handle conversions from Club-only to either Associate or Full membership. Please phone 0131-440-2136 for answers to any queries.

John Barrow
3 Charlton Grove
Roslin
Midlothian
EH25 9NY

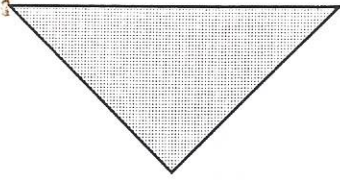


The Christmas Party At the Riemersmas 36 Buckstone Loan Wednesday 18th December 7.00 p.m. onwards

Celebrate the festive season in style

Mulled Wine and Fruit Juices available

Bring Your Own Mince Pies, Shortbread, Irn Bru and suggestions for party games as Mr Eades won't be there. Bah humbug !



Good old Donald! You can always rely on him to send a letter from Ca-na-da just when the newsletter editor needs one. The only thing puzzling me is that if Donald's Glaswegian then surely he must have come across a few ursa majors before!

Close Encounters Of The Furry Kind

1806-465 Richmond Rd.,
Ottawa,
Ontario K2A 1Z1
Sept. 1, 96

Dear Colin,

Hope you've been having a good summer. The schools have just gone back here so I guess you must be through with holidays too. In Ottawa we're enjoying some fine end-of-summer weather; warm sunshine, but ~~not~~ so hot at night you can't sleep.

The Peck's letter from Hong Kong in the last newsletter reminded me I hadn't written for a while. Here's a few lines about a run-in I had with some local wildlife during the Canadian orienteering championships. For me anyway it was a partial excuse for finishing only sixth in my own back yard.

Cheers,
Donald Watson

In nine years of orienteering in the Gatineau Park, just north of Ottawa, I've seen porcupines bristle, deer crash the start line and rodents, snakes and the unidentified rustle off into the leaves. These faunal experiences did not prepare me for an encounter during the first day of the Canadian Championships held there this August.

Climbing a ridge on the way to my second control, I heard rocks clatter and branches snap above me. I looked up, expecting to see another orienteer heading through the pines for the same control. Instead I saw an adult black bear charging towards me.

Scarcely 20 metres away, it swerved - perhaps sensing a Glaswegian - and took off back up the ridge, towards my control. Fleeting thoughts of climbing a tree, playing dead or tossing a Powerbar in its direction while I headed in another were replaced by a mixture of fear and competitive concerns.

Just how closely did I want to follow flying fur and teeth, possibly with a bad attitude, into a reentrant? Should I tell the other orienteers coming up behind me on the same course what I had just seen? Should I quit?

I reasoned the bear didn't seem at all keen on our company and anyway would soon be off the map if it kept going at the same speed. I moved on, tentatively, saying nothing. Thicker vegetation limited my view and did nothing to calm my nerves. After punching the control I fled. My third control was in the opposite direction.

Rounding a corner near the finish, a large black animal ahead on the path brought me to an abrupt stop. It barked and I cursed.

THE COMPASSSPORT CUP FINAL

SEMI-FINAL

INTERLØPERS

Niall Inverarity	M11	2
Rachel Balfour	W15	2
Ray Heyworth	M65	3
Eva Riemersma	W45	1
Lorna Eades	W21	4
Heather Hartman	W21	2
Scott Balfour	M45	4
Rudolf Riemersma	M50	1
Anthony Squire	M19	4
John Mitchell	M35	3
Rob Lee	M21	3
Ben Hartman	M21	2

TOTAL 31

Orange Team G	3
Light Green Team F	3
Green Team E	4
Green Team E	2
Blue Team D	3
Blue Team D	1
Blue Team C	3
Blue Team C	2
Brown Team B	2
Brown Team B	1
Brown Team A	4
Brown Team A	1

EYRI

W13	Suzanne Bennell
M15	Gordon Bennell
M65	Roy Clemerson
W50	Dorothy Mayes
W21	Jenny Heming
W21	Heather Burrows
M15	Jonathon Rhys
M50	D G Williams
M19	Gwydian Tomos
M35	Ian Davidson
M21	Andy Dale
M21	A T Williams

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FINAL

INTERLØPERS

Niall Inverarity	M11	2
Rachel Balfour	W15	2
Ray Heyworth	M65	2
Eva Riemersma	W45	1
Lorna Eades	W21	4
Heather Hartman	W21	3
Scott Balfour	M45	3
Rudolf Riemersma	M50	1
Anthony Squire	M19	4
John Mitchell	M35	3
Rob Lee	M21	4
Ben Hartman	M21	3

TOTAL 32

Orange Team G	3
Light Green Team F	3
Green Team E	4
Green Team E	3
Blue Team D	2
Blue Team D	1
Blue Team C	4
Blue Team C	2
Brown Team B	2
Brown Team B	1
Brown Team A	2
Brown Team A	1

ESSEX STRAGGLERS

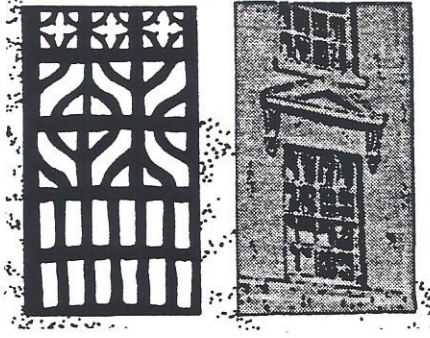
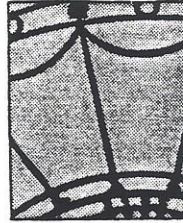
M11	J Chris Sellons
M15	J Powell Davies
W40	Hillary Sellons
W50	J Collyer
W21	Sue King
W35	Merce Aloy
M45	Nick Pugh
M50	John Collyer
M40	Steve Robertson
M40	Geoff Pye
M21	Richard Bonnett
M21	Jonathan Creak

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Santa's sleigh is getting heavier each year with more and more Interlopinis to deliver presents to. Unfortunately government cut backs, reductions in local orienteering club budgets (no events - no money !) and no lottery funds available mean that we've had to postpone Club Tent 2 - The Annexe, in the meantime. Perhaps by the Six Days we'll have worked something out



Merry Christmas to Rachel, Kirsty, Alan, Catherine, Joe, Christopher, Stephen, Mark, Niall, Ruaridh, Calum, David, Claire, Donald, (and latest), Andy, Emma and a junior Smith whose name escapes me!



Interløpers travelled down to Brown Clew Hill in Shropshire for their first ever appearance in the final. The majority of these brave souls stayed at Shrewsbury Youth Hostel on the Saturday night. We had in fact filled the Youth Hostel so a few had to slum it in a nearby public house where a wide variety of pies were sampled along with a foaming ale or two. Most sensible club members returned to the hostel after this although a hard core lunatic fringe stomped off in the direction of the town centre to see what the locals did on a Saturday night.

The day of the final arrived and our brave heroes sped off on the twenty mile or so journey to the race site. The start times were already assigned to each club and so it was just a case of people choosing, or being told, which time they were going to start on. The event itself was just a standard colour coded event except that there were two parallel courses on each of the brown and blue courses. The opposing clubs had each won the Small Clubs Competition before. Undaunted by this fact and in the knowledge that ESOC had opted not to attend the Final, 25 or so bold Interløpers set out on their courses. The way the starts were arranged made the finish very frantic as most clubs had their faster runners going last.



On looking at the results at first things did not look from our point of view. I started counting up the points and as I wrote the scores down we were getting a sound drubbing on the Orange, Light Green and Green. I did not think we could win from there but as I checked the longer courses it appeared the other clubs were weaker here. Totalling the points it appeared that we had beaten Eryri in the semi-final by 2 or 3 points. I then checked the scores against Essex Stragglers and found that a similar case existed against them. However, it took a further 30 minutes or so of anxious waiting until all runners were reported in and the result could be finalised.

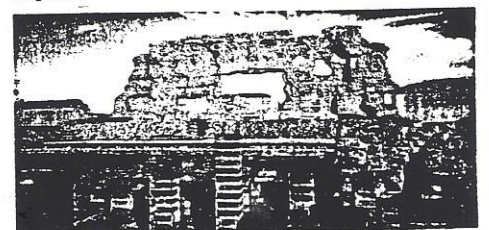
The final scores were Eryri 29 Interløpers 31 and Essex Stragglers 28 Interløpers 32. However, this result was as much due to the people who finished their courses to gain points on the courses where we were beaten, as to our superstars on longer courses. Only one missing person could have totally changed this result as the Orange and Light Green courses are 3 points to the winner and 2 points to the other club runner if they finish. This was the first time to my knowledge that we managed to field a full team and as both the other clubs did too, it was just as well.

Special thanks are due to all those who turned up, especially those like myself who failed to gain any points (Me, too! - Ed.). I hope that all those who ran enjoyed themselves and that you will someday forgive me for all my gentle persuasion to get some of you to run. You should all bask in the glory of our win because Roxburgh Reivers are already trying to challenge us to our first tie as defending champions. Arthur's Seat or Beecraigs are likely venues and I will keep you informed of which it is to be.



















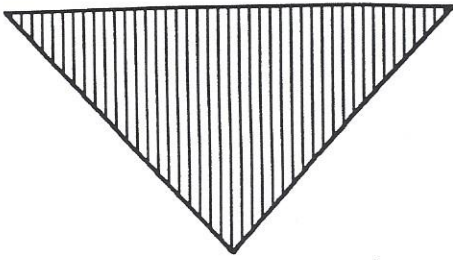
WROXETER ROMAN CITY

Go back in time to Wroxeter. Here, you will find the excavated centre of the fourth largest city in Roman Britain. Walk in the Forum where Romans walked over 1,800 years ago, see the site of the market stalls where they shopped and look around the best example of Roman bath remains to be seen in England.



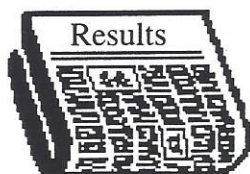
dnfas well as standing for did not finish, on this page it means **do not forget !**

-  If you're reading this and you're not a club member and you think that you might like to be then the person to get in touch with is Club Secretary, John Barrow. Address and telephone number on Page 2 in the Subscriptions box.
-  BOF have backed down on their proposal that everybody should be qualified before they plan or control an event. Apparently they were inundated with mail on this subject. Some from those who saw it as the way forward but more from those who felt that it would hinder the recruitment of helpers in the future. Council decided to put aside the qualification requirements but to go ahead with the training courses which seems a sensible decision
-  The LBOA AGM in October wasn't. It will be held sometime in the future if anyone's interested but no one seems to have suggested a date yet.
-  Just as we actually go and win something we find out that they've set up a working party to consider the future of the competition. Watch this space for news of orienteering's answer to the Leyland Daf Trucks Trophy ?
-  Start training now ! The Australian Orienteering Federation are trying to get our sport officially recognised for the Commonwealth Games in 2002. No Swedes, Finns, Norwegians, Swiss, . . . We must be in with a chance of winning something !
-  Steve Ambler is looking for Xtra-Large Interløpers ! Oh, he is awful, isn't he ? He's the man with the T-shirts if you haven't bought yours yet. As can be deduced we still have a few tent-size left. There may be a reprint in the near future when consideration will be given for a few more dwarf-size to be ordered. Steve can be contacted on 0131-447-2634 and the price is £5 or £6 - I can't quite remember.
-  Try and keep your expenses to a minimum. We're entering a fallow period event wise and so a time when more money is going out than coming in. We still have to pay for the Kinneil maps but we will get some in from ESOC for Archerfield. Then we have to pay out a big whack for the remapping of Glenearn. Keep this in mind before you start roasting the Treasurer at the next AGM.
-  Cartographic genius, Graham McIntyre, (also the cheapest), has been commissioned to do the mapping. He's expected to start pottering about the fields and hills there in February or March.
-  On the equipment front the trestles are now further uphill at Caban's new pad in Buckstone in a shed out the back if you want to pinch some. It is padlocked but you'll have to guess who's got the key !
-  A possible party game for the Riemersma's involves a grid plan of the Walton's flat in which you put a cross indicating where you think the Club Multi-Memory Watch might be. Some people on the Committee maintain a keen interest in it's location. Sad really, aren't they ?
-  Has anyone volunteered to plan Scotlandsgaloppen 7 yet ? October 17th is the date and Glenearn and Berryknowe is the venue. Here's your chance to emulate those wacky guys from ESOC with their penchant for off the wall control descriptions like Pond, underneath; Stingy nettles, middle of; Gorse, centre thicket. It would be fairly helpful to have an organiser as well. If you think you're up to either task let us know before we start sticking pins in the address list.
-  Whatever happened to the extremely popular cloth club badges ? Did we sell them all or are they gathering dust somewhere in the Riemersma's house ? Did anyone think of a practical use for them ?
-  The proposed sale of the Strathmashie Estate, where we're organising the Scottish Relays next May, seems to have fallen through. This uncertainty aside, planning (by Mrs Eades) is apparently well under way. The main concern is whether we can get the nice big field to park the cars in. The tenant farmer is quite happy for us to use it so maybe it doesn't really matter who owns it.
-  Ander's mission to see if we could find a reasonably cheap source in Sweden for another round of O-suits was not very fruitful. They don't make the material anymore so if we are to go ahead we might have to seek British manufacturers to do as good a copy as they can which probably won't be up to the standard of the originals unfortunately. Do you want more O-suits ? Let us know.
-  You might not get this issue before the Christmas Party so put January 25th in your diary. Burns Night Chez Caban. More details from Soc. Sec., Darina (0131-556-1930).
-  Next Committee Meeting - Monday 3rd February at John Barrow's, 3 Charlton Grove, Roslin (440-2136). Your chance to play ever decreasing circles as you wind your way through to the centre of the labyrinth.



- **Sunday 29th December**
The Festive Frolic (ELO)
Yellowcraigs, Dirlerton
 A fun event for "all standards (of orienteering . . . and intelligence)"
 Registration 10.30 a.m.
 Mass Start 11.00 a.m.
 Further information from
 Robin Strain (01875-611014)
- **Sunday 29th December**
JOK Chasing Sprint
Devilla, Kincardine
 Pre-entry only to
 Josie Stansfield
 Kippenrait Cottage West
 Sherrifmuir Road
 Dunblane FK15 0LP
 (01786-822197)
 Senior £3 / Junior £1.50
 Closing Date 20th December
 Starts from 11.00 a.m.
- **Sunday 29th December**
Rudolf O Fun Event (STAG)
Chatelherault Country Park,
Hamilton (NS 738539)
 Information from
 Terry O'Brien
 (0141-770-7618)
 Registration 11.30 a.m.
 Starts 12.00 noon
- **Saturday 4th January**
Mabie Knoll Bagging Competition
(SOLWAY)
Mabie Forest, Dumfries
(NX 950710)
 Information from
 Dave McQuillen
 (01387-261741)
 Registration 10.00 a.m.
 Starts 11.00 a.m.
- **Sunday 5th January**
Antique O Fun Event (STAG)
Cathkin Braes Country Park,
Glasgow (NS 614583)
 Information from
 Terry O'Brien
 (0141-770-7618)
 Registration 11.30 a.m.
 Starts 12.00 noon
- **Sunday 12th January**
PO Colour Coded
Blairadam Forest, Kelty
(NT 129945)
 Information from
 Nigel Williams
 (01577-830297)
- **Sunday 19th January**
LOL5 (LINOC)
Beechraigs Country Park,
Linlithgow (NS 997742)
 Information from
 Doreen Biggar
 (01506-845084)
- **Sunday 19th January**
JK 97 Cornwall
First Closing Date for entries
 Details and entry forms from
 JK 97
 Blackthorn Cottage
 Fiddleford
 Sturminster Newton
 Dorset DT10 2BX
 (01258-861804)
- **Friday 31st January**
Scottish Six Days
Breadalbane '97
First Closing Date for entries
 Details and entry forms from
 Breadalbane '97
 PO Box 14754
 Alloa FK10 2ZA
- **Sunday 2nd February**
ELO Local Event
Saltoun
(NT 464668)
 Information from
 Marion Moir
 (0131-452-8789)
 Seniors £1.50 / Juniors £1
 Starts 2.00 p.m.
- **Sunday 9th February**
STAG Colour Coded
Faskally Woods, Pitlochry
(NN 937582)
 Information from
 Jackie Riley
 (0141-778-3127)
- **Sunday 16th February**
LOL6 (EUOC)
Arthur's Seat, Edinburgh
 No further information
- **Tuesday 18th February**
British Championships
East Midlands
First Closing Date for entries
- **Sunday 2nd March**
ELO Local Event
Barns Ness
(NT 728772)
 Information from
 Marion Moir
- **Sunday 9th March**
Scotlands Galoppen 1 (CLYDE)
Dunrod Hill, Greenock
NS 247720
 Organiser and Enquiries
 Rachel Wilson (0141-942-9907)
 Pre-entries on SEF to
 Phil Barlow
 57 Muirkirk Drive
 Glasgow G13 1BZ
 Senior £6 / Junior £3
 Cheques payable to Clydeside
 Orienteers Late Entries +£1.50
 Closing Date 21st February
 Ltd EoD
- **Sunday 16th March**
LOL7 (RR)
Elibank Forest, Peebles
(NT 39736?)
 Information from
 John Tullie
 (01450-850217)

Events



Sunday 22nd September LOL1 - INT Kinneil Wood

A fun romp round the forest. This was a pleasant change from the usual LOL format in this very runnable wood. Despite a couple of errors and a slidy bit down the cliff I ran under 8 minute/kms but still finished 20 minutes after the winning Dymoke. My rivalry with Heather continues. I remember passing her. When did she pass me? That's the mystery of orienteering. For some reason world class orienteer Mrs Eades was quite chuffed at beating unfit, technically incompetent old buffers like me.

Yellow 2.1kms 50m climb

2nd	Ruaridh Inverarity	M10	18.31
4th	Emma Mason	W10	20.32

Orange 3.2kms 80m climb

5th	Niall Inverarity	M11	43.13
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Light Green 3.4kms 85m climb

17th	Penny Mason	W45	83.42
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Green 4.6kms 150m climb

4th	Ann Haley	W21	38.36
9th	Finlay Ross	M21	44.21
11th	Morag Anderson	W35	44.56

Blue 7.2kms 245m climb

7th	Bill Mason	M45	54.37
8th	Darina Cunnane	W21	56.39
18th	Barry Owen	M45	68.02
20th	Fiona Weir	W21	70.50
22nd	Paul Jackson	M21	74.18

Brown 8.8kms 275m climb

1st	Peter Dymoke	M21?	46.29
7th	Lorna Eades	W21	56.02
11th	Brad Connor	M21	62.42
12th	Heather Hartman	W21	63.42
14th	Mark Davies	M21	65.28
15th	Colin Inverarity	M40	66.51
20th	Alistair Matthewson	M21	72.34
24th	Karen Dobbie	W21	106.29

Sunday 29th September Scotlandsgaloppen 6 Inshriach (ESOC)

And a happy time was had by all (?) at the latest Club Weekend. The Haleys bagged the 'wee house' before us this time so the general population had to put up with our rowdy tribe. Mr Eades did a very good job of amusing them and keeping them occupied. He should consider this parenting lark full time. Junior junior was seven on the Saturday so everybody got a bit of cake. Calum got a tube of Slurpy Slime from Caban which we found in the house the other day. There's still quite a lot left. Despite the weather looking ominous it was pleasantly bright on the day and most of us returned before the rains came. I caught up with Heather by 2. We both made a mess of 5 or 6 and ran around together for most of the way. She wasn't a happy orienteer at the end. The ladies did well with three firsts and no one below 6th!

M10A	Ruaridh Inverarity	4th
M11A	Niall Inverarity	8th
M17A	John Ostlund	6th
M21E	Rob Lee	2nd
	Ben Hartman	10th
	Colin Eades	11th
	Graeme Ackland	14th
M21L	Phil Smith	2nd
	Iain Wilson	3rd
M21S	Paul Caban	2nd
M35S	Graham McIntyre	1st
M40L	Colin Inverarity	9th
M45L	Pat Squire	19th
M50S	Rudolph Riemersma	2nd
W21E	Lorna Eades	1st
	Darina Cunnane	4th
	Heather Hartman	6th
W21L	Ann Haley	1st
W21S	Karen Dobbie	1st
W35S	Morag Anderson	6th
W50S	Eva Riemersma	3rd

Yellow 2.5kms 30m climb

5th	Calum Inverarity	M7	35.45
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Light Green 4.0kms 100m climb

2nd	John Barrow	M50	54.42
17th	Gillian Dobbie	W21	78.25

Blue 6.0kms 180m climb

6th	Mark Davies	M21	81.54
10th	Finlay Ross	M21	97.01
12th	Fiona Weir	W21	115.17

Sunday 13th October LOL2 - SCOTJOS Allermuir, Caerketton and Hillend

I was incapacitated. I can't remember if it was my leg or my back but I'd promised to take a school group so I had to go. The first experience for some of them. I steered the younger ones to suitable courses but some of the older ones weren't so easily persuaded. I thought that nothing could go wrong. The Pentlands are nice and open. They won't come to any grief. 100 minutes later and still not back from the light green course - I was getting a bit worried. I probably ended up doing longer than Brown ending up scouring the hillside looking for them. I should have known better. Competition from the Pentland Skyline probably reduced the field somewhat. On reflection the light green courses were perhaps a bit on the hard side.

Yellow 1.6kms 70m climb

12th	Stephen Haley	M10	33.36
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Orange 2.1kms 95m climb

2nd	Niall Inverarity	M11	29.22
4th	Ruaridh Inverarity	M10	31.16
8th	Kirsty Balfour	W11	35.09

Light Green 3.7kms 120m climb

8th	Rachel Balfour	W15	65.49
19th	Eva Riemersma	W50	104.24

Green 4.8kms 210m climb

1st	Ann Haley	W21	47.37
19th	Ray Heyworth	M65	68.31
20th	Morag Anderson	W35	68.35

Blue 5.6kms 280m climb

1st	Paul Caban	M21	49.16
5th	Bill Mason	M45	61.27
8th	R. Riemersma	M50	63.33
10th	Janet Walton	W21	63.41
15th	Pat Squire	M45	65.07
19th	Steve Ambler	M45	69.03
21st	Barry Owen	M45	69.55
23rd	Paul Jackson	M21	71.08
24th	Darina Cunnane	W21	71.30
	John Kenworthy	M21	No 16

Brown 7.6kms 380m climb

5th	Jane Hailey	W21	82.44
7th	Heather Hartman	W21	84.02

Sunday 27th October CompassSport Cup Final Brown Clee Hill, Shropshire

More about this elsewhere. Out of curiosity I scored us against the big clubs and while we were beaten we didn't come out too badly especially when you take into consideration that we didn't have a full scoring team. Against the losing semi-finalists INT 63 EBOR 68 and the same against CLOK. INT 62 TVOC 69 and against the winners INT 60 SLOW 71.

Orange

15th	Niall Inverarity	M11	35.07
17th	Ruaridh Inverarity	M10	36.20
19th	Kirsty Balfour	W11	39.24

Light Green

18th	Rachel Balfour	W15	47.08
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Green

22nd	Ray Heyworth	M65	69.09
39th	Eva Riemersma	W50	92.38
43rd	Cathy Balfour	W45	104.21

Blue 2

1st	Lorna Eades	W21	62.18
5th	Heather Hartman	W21	72.13
9th	Gail Balfour	W19	77.58
11th	Janet Walton	W21	83.10

Blue 1

14th	Scott Balfour	M45	79.01
26th	Pat Squire	M45	79.12
28th	R. Riemersma	M50	99.00
	John Barrow	M50	102.45

Brown 2

2nd	Anthony Squire	M19	66.36
6th	John Mitchell	M35	77.57
18th	Jim (?) Jordan	M40	92.02
20th	Colin Inverarity	M40	95.46

Brown 1

2nd	Rob Lee	M21	64.53
3rd	Ben Hartman	M21	66.57
4th	Colin Eades	M21	68.38
15th	Charlie Walton	M21	83.52
16th	Iain Wilson	M21	84.44

Sunday 3rd November LOL3 - ELO Hedderwick Hill

Another nice place to run around in ! So what if it's not technically demanding. Nice open forest, a run across the marsh and out to the dunes, no climb. What more could a person ask for ? We even got an updated map ! I took the gang from Newbattle again. Their performances were better second time round. Some of them quite promising too ! Perhaps I should try and persuade the head teacher to give me some money so that we can affiliate to the club. Ben was motoring as our paths crossed at one time. He wasn't running Brown because he didn't think he was fit enough to cope with it then ! Heather got the better of me this time round. The boys had good runs. Ruaridh with a fast time was disappointed to finish 5th. Niall pleased with winning for a change. He's now leading the Orange course after three events. Blue is shaping up to be fairly competitive with some keen M45/50's regularly taking part. Watch out for the mad keen and rapidly improving Barry Owen who has taken to the sport with enthusiasm. Well done Graham on a good performance and time on Light Green.

Yellow 1.8kms

5th	Ruaridh Inverarity	M10	17.03
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Orange 3.1kms

1st	Niall Inverarity	M11	29.40
5th	Alison Ambler	W45	50.12

Light Green 3.7kms

1st	Graham Haley	M21	38.32
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Green 4.4kms

4th	Ann Haley	W21	34.18
8th	Ray Heyworth	M65	47.49

Blue 6.1kms

1st	Ben Hartman	M21	39.44
8th	Barry Owen	M45	51.43
9th	Pat Squire	M45	51.48
11th	Bill Mason	M45	53.36
12th	John Barrow	M50	54.05
19th	Steve Ambler	M45	60.03
25th	Fiona Weir	W21	70.55

Brown 7.8kms

2nd	Heather Hartman	W21	58.38
3rd	Colin Inverarity	M40	61.40

Sunday 17th November LBOA Championships Archerfield (ESOC)

It made a pleasant change to go out to Archerfield and not have to do anything. No freezing in a car for a couple of hours then getting out all stiff and rushing round before the controls are taken in. There was quite a large club turnout and we ended up with 4 LBOA champions. Well done Ruaridh, Ben (still running wee boys' courses), Rudolph and Darina. I thought that I was going to be included in that list too. Two and a half hours after I finished and I was still humiliating a field of three by leading. While ESOC were trying to prove that an event could be organised with a minimum of administration and manpower, the calculation of results seemed to be painfully slow. It was a very enjoyable run though. I certainly appreciated a well planned course. Familiarity saw me coping reasonably well with the forested dunes in the south west of the map. Usually by the time I get there not enough oxygen is getting to my brain and I blow it. Not this time though ! Anyhow it wasn't till a week later when the mail arrived that my hopes of glory were cruelly dashed. My hallucination at Blackhill almost came true !

M10A	Ruaridh Inverarity	1st
M21L	Colin Eades	3rd
	Phil Smith	7th
	Ken Daly	8th
	James Laird	9th
	Brad Connor	10th
	Ian McIntyre	13th
	Dave Simmons	15th
M21S	Ben Hartman	1st
	John Kenworthy	3rd
	Paul Jackson	4th
	Finlay Ross	7th
	Richard Weller	11th
M35L	Graham McIntyre	5th
M40L	Colin Inverarity	3rd
M45L	Bill Mason	9th
	Barry Owen	10th
	Steve Ambler	13th
M50L	John Barrow	4th
M50S	Rudolph Riemersma	1st
W10	Emma Mason	6th
W21L	Darina Cunnane	1st
	Heather Hartman	2nd
	Jane Hailey	3rd
	Juliet Vickery	7th
W21S	Susan McMillan	3rd
	Fiona Weir	7th
W35L	Morag Anderson	4th

Just say boo to problem goose

Our moles leave no publication unscanned in their search for dirt, gossip, scandal, innuendo and downright lies about fellow club members. I know that we've exposed Juliet to the harsh glare of publicity before but that doesn't let her off the hook. Here's a bit about one of her more recent research topics. It sounds like there's a potential opening for redundant orienteers like C.D. Eades to obtain gainful employment. Previous experience - running about daft in fields, forests, hills . .

A large field of grass and a full-time bird scarer are all farmers need to preserve their crops from a protected species of goose, according to a researcher in Scotland.

Conservation measures over the past forty years have helped to increase the global population of Brent geese (*Branta bernicla*) from 15,000 to 25,000. But at the same time the birds have developed into agricultural pests, forsaking the estuaries and mud flats where they used to feed for fields full of winter wheat and rape.

Juliet Vickery of the University of Edinburgh has found a compromise which could reconcile the interests of farmers and conservationists. Her experiments in North Norfolk and Essex at farms besieged by the geese showed that the birds are quite happy to feed on rich pastures adjoining the fields where the crops are growing. However, it is necessary to employ a full-time bird scarer to remind the birds to stay on the pasture and keep off the crops, says Vickery. With these measures, the usual crop losses of around 7 per cent were cut to zero in her experiments.

Brent geese have been protected in Europe since the early 1960's, when shooting the birds was banned. They breed in Siberia but spend the winter in Europe, with half the world's population decamping to Britain each October. "This means Britain has a big international responsibility to preserve the goose," says Vickery.

She looked at several ways of resolving the conflict between farming and conservation, keeping track of the geese by monitoring the distribution of their rich, green droppings. "We had a formula for converting numbers of geese droppings into geese hours on the fields," she says.

Vickery concluded that a farmer's best option, both economically and practicably, was to set aside a single, large field for pasture and employ a bird scarer. But to make the scheme work, farmers should receive special "conservation" subsidies to pay for pasture management and the bird scarer, Vickery recommends.

ON THE MOVE

We're getting so professional and organised what with welcoming new members and letting you know changes of address. All I need to do now is get the thing out on time. Maybe it's time for a new editor.

Paul Caban (M21)

Mark Davies (M21)

Karen Dobbie (W21)

McIntyre Family

(Ian, Jane et al)

John Mitchell (M35)

Ynske Riemersma (W21)

Iain Wilson (M21)

50 Buckstone Road, Edinburgh, EH10 6UE

2F2, 21 Gibson Terrace, Edinburgh, EH11 1AT

As above

1F2, 1 Leven Terrace, Edinburgh, EH3 9LT

107 South Gyle Wynd, Edinburgh, EH12 9EX

337 Springvale Road, Crookes, Sheffield, S10 1LL

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(0131-445-3098)

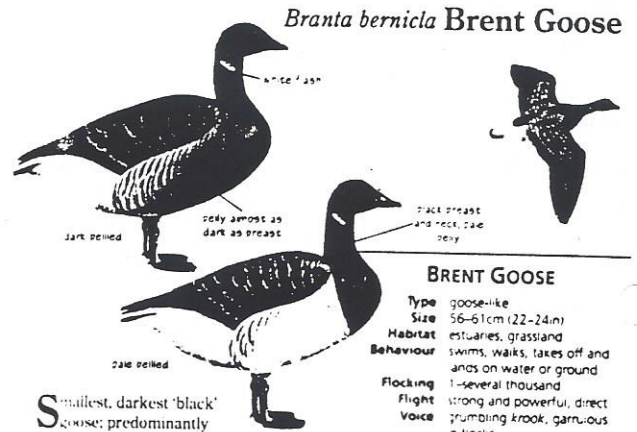
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Branta bernicla Brent Goose

Smallest, darkest 'black' goose; predominantly estuarine species regularly found feeding amongst coastal fields. Two subspecies occur: Pale-bellied *B.b. hrota* brown above and pale below; black head and neck ends in clear-cut breast band. Adults have small white neck flash.

Dark-bellied *B.b. bernicla* similar, but lacks contrast between breast and belly. Juveniles lack neck flash.

Status: has prospered with protection. Dark-bellied mostly southern and eastern England; Pale-bellied in Ireland and N.E. England.

Similar Species: Barnacle Goose (p.44) and Canada Goose (p.43).



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BRENT GOOSE	
Type	goose-like
Size	56-61cm (22-24in)
Habitat	estuaries, grassland
Behaviour	swims, walks, takes off and lands on water or ground
Flocking	1-several thousand
Flight	strong and powerful, direct
Voice	rumbling krook, garrulous in flocks
IDENTIFICATION	
Ad dark	black
Crown	brown
Upperparts	white
Rump	white
Tail	white with black terminal band, short and square
Throat	black
Breast	black
Belly	brown
Bill	black, duck-like
Legs	black, medium length
Ad pale	is above but belly buff
Juveniles	white wingtips, no neck flash
BREEDING	
Nest	reed scrape near water, mostly near sea
Eggs	1-5, white-yellow
Incubation	4-26 days ♀
Young	active downy
Flodging	
Breeds	June-July
Food	wheat, salted plants, growing cereals, grass
Population	dark-bellied 92,000+ winter, pale-bellied 13,000+ winter

Another Postcard From The Edge

Well, we're still surviving out here ... only another 7 months to go 'til the infamous handover.

I thought you might appreciate some items of news from this part of the world ... the Aussie Championships were held at the beginning of October in Tasmania, where one of our ex-Chairmen failed to distinguish himself (yes, again) by running slower in M21A than I did in M45 (and I was unfit!). However, a lean looking Pete Kinny managed to secure 3rd in M35, albeit over 20 mins behind another expatriate, Mike Billingham. Jo Mitchell failed to finish W21E with a spectacular injury that involved a high speed ambulance dash to the nearest hospital. The rain was not unlike some of the World Vets areas from 92 (the individual was held on an area adjacent to Littlechild Creek and the relay was held on Jason's Task), and the less said about the weather the better. We did consider an Interlopers team in the relay, but Pakit wasn't really up to it.

As usual, there's not much happening on the local scene. I've just finished another new o-map here but, true to form, the course-planner just used the old base map to set abysmal legs, some of them outside the mapped area! We've also offered to help the Beijing orienteers with APOC 98 - at a recent meeting it transpired that, although the event is less than 18 months away, they haven't found an area and there are no base maps available. But no doubt the banquet will be excellent.

Some of you may be heading for next year's World Champs in Norway (I mean as spectators!). You may be interested to know that an ex Heriot-Watt stalwart (1968 variety!), Arne Skiftenes and his wife, Ellen, live just outside Grimstad (literally, 'grim town') and they've found some lovely log cabins for rent, right on the beach, on an o-map, within walking distance of the town! The cabins are equipped for self-catering, and sleep 4 or 5 people. This unbelievable offer is available for bone fide Interlopers (or anybody else who wants to come!) for a princely sum of 100Nkr per person per night, and is pre-booked for the WM week. If anyone wants to book a bed and/or a whole cabin, I would need to know by the end of January address in Interlopers mail list or fax to (852) 27923525 ... or try e-mail to Joff@HKIntcom.net.

Wishing you all a very succesful o-season, and a happy Christmas and New Year.

Geoff and Eileen Peck

Keep up the good work - it's an excellent news letter.

Best wishes

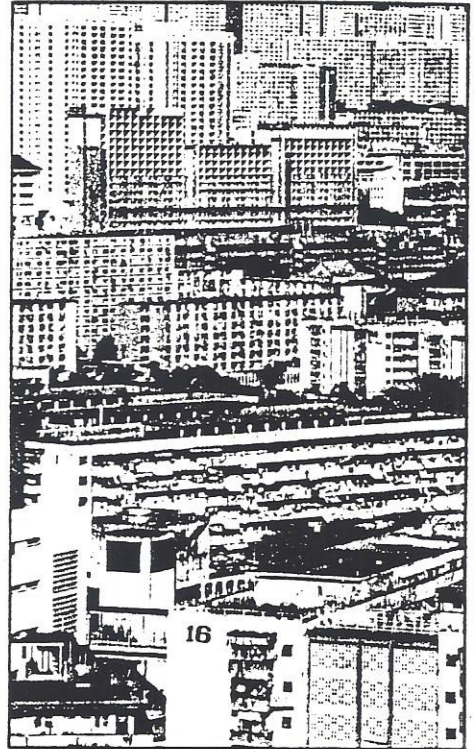
Joff

Living in a High Density City

The experience of working, living, and succeeding, in a high density environment is examined in the exhibition 'Hong Kong - City of Tomorrow' at Edinburgh's City Art Centre.

* Till
January
4th.

Thank heavens for sad gits surfing the net. If I've had one club member I've had three telling me about the latest letter from Hong Kong winging its way about the ether and how it's all encrypted and had to be translated and blah, blah, blah! So I duly imported a copy into this issue and then my hard disk crashed and of course I hadn't backed up by which time Geoff himself had sent me a copy snail-mail!



How do you squeeze a population greater than Scotland into an area the size of Edinburgh, half of which is preserved as parkland?

This is the challenge that has been successfully overcome by Hong Kong. It is one of the safest cities in the world, providing its 6.3 million citizens with a high quality of life.

M fortysomething



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Apology time again ! I've been out of the habit of backing up for a while so I deserve all I get. This is the third time I've taken the computer back since I got it 10 months ago. And this time I had actually done a lot of this issue before it crashed. When I went to pick it up from the AppleCentre I decided I would be smart and park across the road in Moray House instead of 200 yards down the road at a parking meter. I was fed up of giving myself a hernia going up and down Holyrood Road. Of course when I came out I found that the gate to the car park had been locked. Having made the decision to lug it around while I looked for a janitor it was inevitable that it would take me over 15 minutes to do so, wrenching my arms out of my sockets in the process and doing my neck in so that I was incapable of going into school next day. Of course there have been a number of systems errors since I got it back but on the whole it has been running well. Until I try to print the newsletter that is. For some reason it takes 8 minutes to print a simple 2 column piece of text with no graphics. It wasn't doing this before. Why is it doing it now ? So despite slaving away to complete the newsletter, printing difficulties have held me back seriously so very sorry to any club member who missed the Christmas Party through lack of publicity. Things were beyond my control.

Anyway, didn't we do well at the CompassSport Cup. I found 1 OK, drifted off en route to 2, found it with the help of Mal Lyon (traitorously running for SLOW). Was caught up by John

Can't now the school printer's not doing apostrophe's of Funny 0's

Mitchell by 3. We all seemed to run together till about 11 when they started pulling away. He's quite sprightly these days, young John ! I dragged Anthony in the right direction towards 12, stayed with him to 13, followed his route choice to 14 and paid the price for it by being pulled too far along the hill and I ended up going round in a circle to find the damn vegetation corner. Never mind. I hadn't scored before so I wasn't likely to there.

The Scottish Score was at Devilla the other day. We missed out on the practice at Blairadam the week before. I got round most of my school group but as could be expected some dozy pupils hadn't handed their forms in and couldn't be found in the telephone directory meaning I still had to get up early, drive out to school and transport any who turned up back home. I didn't think Devilla would be on either. A last minute thaw saved the day and also covered the car in a nice thick layer of mud. I know my choice wasn't perfect but I gasped on returning. My 460 paled into insignificance against the 800+ scores being posted. No room for results this issue, but 2 national champions in the Inverarity household. Well done Ruaridh and Niall. They're like their Dad. They only win when there's a field of 2 or 3. They are certainly showing a lot of enthusiasm these days though. They ask me if there are any events on. They've never been forced to do orienteering so it's nice when that reaction comes from them.

Late breaking news. Dave Simmons has moved again ! Is that 4 times or 5 times in 2 years ? Is

he the flat-mate from hell ? Now currently residing at 5 Ritchie Place. Let's hope Flat 13 is lucky for him. He came across some assorted club equipment on moving if Paul or Pat are interested.

No Eades's about these days. They're off down under for a short break. The prime reason being the impending marriage of Pete Kinny. Best wishes to the happy couple.

Important announcement coming up - PLEASE TAKE NOTE. Before you send off your Breadalbane 97 entry form it is now official club policy that anyone entering all 6 days should forgo their run on our allocated day. There - it's been said ! So save yourselves some money and don't enter Day 3 at the unpronounceable place which is the extension of Allean and probably not very nice to run in anyway !

Not much space left now. Just enough to thank Martin for his organisation of the intervals at the Meadows on Tuesdays come rain or shine. It's much appreciated by the many Interlopers who go ! And if you're a bit of a masochist remember the triathlon in Holyrood Park on New Year's Day. If you contact Scott Balfour (0131-445-3966) he can probably give you more information if you want.

STOP PRESS - In the absence of the Chairperson, JB has agreed with Roxburgh Reivers to start the defence of our title at Beecraigs on January 19th. The gauntlet has been thrown down. Are we up to the challenge ? Watch this space for CompassSport Cup (ESOC's Revenge) or CLYDE's, or FVO's or



The Chairperson sensing the CompassSport Cup slipping away



**Merry Christmas
to all
Interlopers
and
Happy Trails in 1997**