NTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 107

March 1997



Orienteers In Event Fixing Scam Shock!

Shock waves are reverberating through the small, specialist world of orienteering when it emerged that it may be the latest sport to be the target of big-time match fixing. The scam came to light when some orienteers raised their eyebrows at the publication of recent Lothian O League results which showed the brown course to be led by M40 Colin Inverarity, a competitor generally perceived to be over the hill, round the bend and unable to see the wood for the trees. Further investigation has revealed a number of unlikely coincidences. The long time absence of Andy Kitchin from any competitive event. The inability of Graeme Ackland (M35 and counting) to do wellon any course organised by ESOC suggested an inside man in that club. Promising young ster Gordon Riemersma's foot injury which has sidelined him for months took on a sinister aspect when he finally admitted that he had been the victim of intimidation when two unidentified men came around with a pair of pliers and pulled his big toenail out. His fear of any further violence prevented him from disclosing this until now. Apparently a Far

Eastern syndicate have been laying large sums of money on Inverarity to win the league. The odds on this happening at the start of the year were apparently greater than those for an alien spacecraft landing on the Loch Ness Monster. Matters took on another intriguing twist when it was noticed that Inverarity's sons, Nialland Ruaridhwere leading the Orange and Yellow courses respectively. The payout on a treble would be so vastit would exceed Conservative Party spending in therun up to the election. Inverarity himself is believed to be an impocent dupe in these proceedings and just finds himself in this position because basically no one useful has been going regularly enough to events to overtake him. The penul timate event at Elibank showed this up when a revitalised Riemersma came home over an hour in front of him. The mastermind behind the scam is believed to be areclusive Edinburgh businessman. Rumours that Interløpers treasurer, Steve Ambler, may be giving up his post shortly are said to be mere coincidence!

Can't Believe It Hasn't Folded Issue

Where We Came From

Where We've Been

Where We're Going
- (Who Knows?)

Lotsa Events

Courses To Go On

Results For You To Laugh At

And Don't Forget The AGM!



Is this the man they call Steve Ambler?



Yes it's still here, but there are always some of you who haven't coughed up even although it's March already. Come on! Pay your subs now and don't hang on till you qualify for half-year membership. You might not get another newsletter. Now there's a threat....

IN THE CLUB!



Congratulations to Mr and Mrs Galloway! They are now the proud parents of Matthew Colin. A bouncing 8lbs 5oz born on Sunday 2nd March. Welcome to the newest Interløper! Big brother Christopher is fair taken with his wee brother apparently. Things have been fairly hectic for Lucy and Robin rather surprisingly! Best wishes to you both from all your club mates. (P.S. The third one's easy!).

NEW MEMBER WARNING!

Look out for and be nice to

Ian McLean (M21) 159/2 Slateford Road, Edinburgh, EH14 1PB (0131-443-7265)

Welcome to Interløpers, Ian. Hopefully you'll get to know some of our fairly soon. In the meantime have fun in the forests!

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Membership Renewals for 1997

Full members should already have received their BOF membership renewal forms for 1997. However, so far, the SOA are keeping us in the dark as to what the renewal arrangements are to be for the Associate category. The Full (BOF+SOA+Club), Associate (SOA+Club) and Club-only fees for 1997 are:

Category	Full	Associate	Club-Only
Junior (Born 1977 or later)	£5.00	£3.00	£1.00
Senior (Born 1976 or earlier)	£18.25	£9.75	£4.50
Family	£27.60	£15.40	£7.00
Group	£19.20	£12.50	£2.00

Note that Juniors aged 19 or 20 are expected to be Individual members; Juniors included in families may be aged up to 18 only. Ages are taken as at 31st December 1997. If you intend renewing your BOF membership, please send the entire form and subscription directly to BOF. Note that (a) the subscription to **CompassSport** is handled independently of the BOF subscription and (b) this year you have an option to receive the Ranking List for an extra fee.

Would Club-Only members please send their subscriptions (payable to INTERLØPERS) for 1997 directly to the Club Secretary. John can also handle conversions from Club-only to either Associate or Full membership. Please phone 0131-440-2136 for answers to any queries.

John Barrow 3 Charlton Grove Roslin Midlothian EH25 9NY

WE ARE NOT WORTHY!

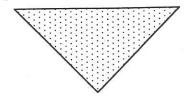
Well some of you are. Never before in the forests of orienteering have so few certificates been won by so few Interlopers. That's maybe a bit of exaggeration on my part but here are those who performed consistently enough in Scotlandsgaloppen 96 to merit being awarded a certificate.

W21E	Lorna Eades	2nd
W21L	Ann Haley	1st
W21S	Karen Dobbie	1st
M21E	Rob Lee	3rd
M21L	Iain Wilson	3rd

ON THE MOVE!

No sooner do I get a new address list from JB but someone goes and moves. Get your red crayons out! Gregor Lindsay is now at 82 Willowbrae Avenue, Edinburgh, EH8 7HU.

Apologies to my colleague Chalmers Smith if he got any strange telephone calls . I gave him Fiona Weir's telephone number in the last address update. His real telephone number is 0131-447-1297 if anyone is daft enough to want to phone him for anything!



For any new or recently joined members you may have wondered sometime where Interløpers came from and how or when they were formed. There again, if you have any sense, you might not care a damn. Anyway here's something I managed to unearth when rummaging through the back issues. You'll find out soon that nothing in this newsletter is original. Plagiarism rules OK!

The Origin Of The Species

Way back in 1970 when most of us were gay young things (Hasn't time been unkind to the word 'gay'? - Ed.), students without a care in the world, there was a city called Edinburgh which had an orienteering club called ESOC. EUOC had a (fairly) friendly rivalry with ESOC, and then the time came to leave the majestic splendour of the McEwan Hall (holding the little red tubes which contained their degrees). "We can't swallow our pride and join ESOC" 'hey thought, and so Interløpers came into being. The name is a mixture of ideas, interloping onto ESOC's preserves, the Norwegian word for running, and the symbol Ø being a mixture of 'O' and the control shape. At first, the Club was open only to those who had been at Edinburgh University or taught there, but it soon became obvious that the original members were too scattered to keep the commitments of a club. We jogged along as a closed club till we became a bit more organised and the Newsletter came into being.

And then the rot set in, obviously!

Famous Interløpers

Predictably _______'s fame has bred contempt, mostly among established critics. They regard her as a kind of art-world Ross Perot; an **interløper**, mesmerising in her anecdotes and colourful in her speech, with a ast following to boot. Some of the rudest noises have come from Robert Hughes, the long-time art critic for *Time* magazine whose series *American Visions* also enjoyed an elite following on BBC2. Hughes has called her a "relentlessly chatty pseudo-hermit with her signature teeth", whose commentary is "pitched at a 15-year old level."

Who is she?

Through all this, the band were struggling to make a second album. ___ would sit in the reception area at Abbey Road, clutching his guitar, waiting to be invited into the sessions. Eventually he stopped waiting. There were a few strained moments when he took to following the band around the country in his Mini Cooper, scowling at Gilmour in the belief that his friend had become an **interløper**.

Who was thought to be an interløper and who thought he was one?

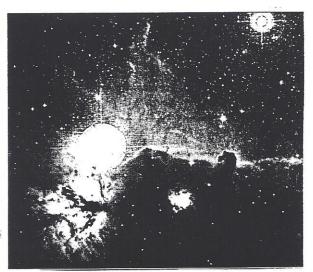
(answers on page 7)

GALACTIC BUZZWORDJ

Forget your remote sensing satellite tracking systems for relocating. Here's the solution to all your orienteering problems!

Gaze on the Horsehead Nebula in the constellation of Orion (pictured below) and wonder. And wondering is all that most people can do. Even as the boffins debate on naked singularities, most Earth-dwellers find it hard to get their heads round *Twinkle Twinkle Little Star*. Not any more. In part two of our occasional series, *Bulletin* brings you Worm Holes.

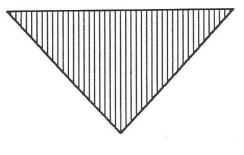
Worm holes are nothing to do with slimy, legless things in the garden. They are theoretical tunnels from one universe to another, created by 'lining' a black hole with anti gravity. No one knows how to do this but if and when we work out a way, time travel will become a reality.



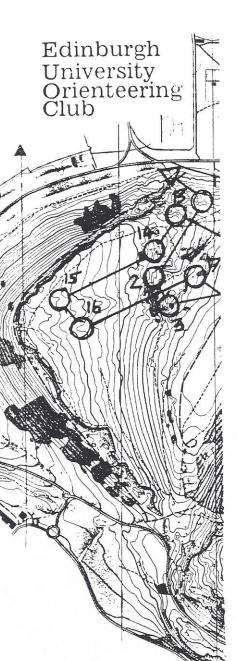
I bet this doesn't photocopy well!

Coincidentally, in the results for LOL5, held at one of the more infamous venues in the galaxy, the organiser commented "Blairadam will probably be left to mature for a few years, during which time we shall dig several more undelectable (Should that not be undetectable? - Ed.) pits."

Spooooky or what?



Sunday 20th April LOL8 (ESOC) Dalkeith Park, Dalkeith (NT 334677) Information from John McLaren (0131-667-3988)



Dave. So

Sunday 23rd March
PO Colour Coded
Tenstmuir Forest, Tayport
(NO 482265)
Information from
Diane Adams (01382-884450)

Sunday 6th April
Scotlandsgaloppen 2 (GRAMP)
Balmeddie Country Park,
Aberdeen
(NJ 976181)
Organisers and Enquiries and
Pre-entries on SEF to
Bob and Niki Anderson
27 Hilltop Drive, Westhill, Skene,
Aberdeenshire, AB32 6PL
(01224-743484)

Aberdeenshire, AB32 6PL (01224-743484)
Senior £6 / Junior £3
Cheques payable to Grampian
Orienteers Late Entries +£1.50
Closing Date 23rd March
Ltd EoD

Saturday 12th April
INVOC Colour Coded
Inshriach, Strathspey
(NH 857033)
Information from
Mark Thomas (01540-673436)

Saturday 12th April
ESOC Local Event
Bonaly Park, Edinburgh
(NT 212675)
Information from
Janet Clark (0131-225-7771)
Starts 1.00 - 2.30p.m. Entry £1

Sunday 13th April
ELO Local Event
Binning Wood
(NT 595797)
Information from
Marion Moir (0131-452-8789)
Starts 2.00p.m. Entry £1.50/£1

Sunday 27th April
National Event 2 (LOC)
Holme Fell, Coniston
Organisers and Enquiries
Alan and Angela Heppenstall
(01229-587382)
Entries on SEF to
Tim Field
14 Applewood
Kendal LA9 5EJ
(01539-727907)
Senior £8.50 / Junior £3,50
Cheques payable to Lakeland OC
No EoD
Closing Date 24th March

Sunday 27th April
PO Local Event
Linn of Tummel (North),
Pitlochry
(NN 913610)
Information from
Ian Stokes (01738-787567)

Sunday 4th May Scotlandsgaloppen 3 (SOLWAY) Drumlanrig Woods, Thornhill (NX 853990) Organiser and Enquiries and Pre-entries on SEF to Ian Turner Shinnel Cottage, Tynron, Thornhill, Dumfriesshire, DG3 4JJ (01848 - 330814)Senior £6 / Junior £3 Cheques payable to Solway Orienteers Closing Date 18th April Ltd EoD

Saturday 10th May SOA AGM Perth



Sunday 11th May
WOSOL 2 (TINTO)
Wilsontown, Forth
(NS 950548)
Information from
John Graham (01555-751726)

Thursday 15th May
Interløpers AGM
EU Sports Centre, Pleasance
Edinburgh
(NT 263734)
Information from
John Barrow (0131-440-2136)

Clumber Park, Worksop (SK 645773) Organiser and Enquiries Andrew Jones (01623-795497) Entries on Special EF to BOC 97 20b New Street, Kegworth, Derby, DE74 2FT (01509-670010) Closing Date 5th April No EoD

Saturday 17th May

British Championships

Sunday 18th May
British Championships Relays
Chatsworth Park, Matlock
(SK 262723)
Those wishing a run let John
Barrow (0131-440-2136) or Colin

Eades (0131-668-2822) know asap



Sunday 18th May
NATO Colour Coded
Kielder Burn, Bellingham
(NY 632933)
Information from
J. Crosby (0191-268-5449)
(Something different for those who can't be bothered going to the British!)

Saturday 24th May
Scottish Championships
Craigbui, Kingussie
(NH 809038)
Organiser and Enquiries
Ian Moir (0131-452-8789)
Entries on SEF to
Janet Clark
13 NW Circus Place,
Edinburgh, EH3 6SX
(0131-225-7771)
Senior £8 / Junior £3.50

Cheques payable to ESOC Closing Date 26th April Surcharge 27/04 - 12/05 £2.00 EoD Colour Coded only

Sunday 25th May
Scotttish Championships Relays
Strathmashie Forest, Laggan
(NN 584910)
Remember we're organising so
runs might be a bit thin on the
ground but ask CDE or JB any-

Monday 26th May British Squad Fund Raiser Colour Coded Event Strathmashie Forest, Laggan (NN 584910)

how.

Organiser - Robert Bloor (0141-357-3167) EoD only £tba If you've got the holiday Monday and you've nothing better to do stay around and give this a shot

Saturday 7th June Scotlandsgaloppen 4 and **Bull Badge Trophy Event** (MORAVIAN) Lossie Forest, Lossiemouth (NJ 256670) Organiser and Enquiries Pat Richards (01309-691975) Pre-entries on SEF to Eddie Harwood Corriegarth, Loch Oire, Lhanbryde, Elgin, IV30 3LH (01343-843294)Senior £6 / Junior £3 Cheques payable to Moravian OC Closing Date 24th May Ltd EoD £1 surcharge

Sunday 8th June Scottish Score Championships (INVOC) Anagach, Grantown-on-Spey (NJ 046267) Organiser and Enquiries Bronwyn Crymble (01479-811623) Pre-entries on SEF to Eddie Harwood as per previous day! Enjoy this Highland Fling by booking your place at Woodlands in Kingussie for our Club Weekend. Ring Pat Squire (0131-445-4830) for details

Sunday 3rd August -Saturday 9th August Scottish Six Days Breadalbane '97 Pre-entries on SEF to Breadalbane '97 Po Box 14754 Alloa, FK10 2ZA Next Closing Date - 30th April Day 1 - Drummond Hill Day2 - Rannoch Forest Day3 - Leachdann Tom-na-Croich Day4 - Creag Vinean Day5 - Dunalastair Day6 - Birnam Hill Remember NOT to enter on Day 3 as that is our day for organising!

dnf

as well as standing for did not finish, on this page it means do not forget!

The first thing not to forget is the Annual General Meeting. You are hereby formally intimated that the AGM will take place on Thursday 15th May in the usual venue, the Meeting Room in the University Sports Centre in the Pleasance. Start times begin at 7.30 p.m. with a 30 minute call up in the bar beforehand. Remember to bring a red pen, motions for amendment and a safety pin - they're always handy to have, aren't they! There will be a meal afterwards but I don't know anything about it yet but just coming along for the last 10 minutes of the meeting isn't allowed. Anyone caught doing that will automatically be put on the committee. If you fancy one of the high profile, low paid and lacking in credibility posts turn up or let someone on the committee know your intentions and we'll gladly resign and vote for you. Hopefully this will reach you before the statutory six weeks deadline. If not, tough!	Own up! Who's got the Kinneil maps? Doreen Biggar is convinced some of you lot didn't hand the residue back. It you have got them - do the decent thing. Rumour has it that John Biggar has probably put them in the back of his car and forgotten about them The Tresh says we look to be in profit as he prepares to relinquish the chains of office (and head off to Zimbabwe?) but has warned that Relay fees tend to swallow up a fair amount of club funds so be prepared for a rise in charges. Remember the club still subsidise a large part of the fees and be prompt in settling up afterwards. A volunteer to plan Scotlandsgaloppen 7 is still needed. October 17th is the date and Glenearn and Berryknowe is the venue. Most of the big boys will be away at the Fell Running Association Relays but some may be willing to offer advice
Next important item is CompassSport Cup Round 2. We're taking on CUNOC at WOSOL2 at Wilsontown on Sunday 11th May. Not a first choice venue being moorland and old coal workings I believe but not so far away from Ayrshire as Dalkeith Park would be. Put a note in your diary and try to be there. Let's see if we can hold on to the cup. This is	if not on the day assistance to any prospective planner. Can you help? Mapping goes on apace with Graham receiving the unwanted attentions of some interested cows apparently. The farm where the parking usually was has been sold so we might have to look for somewhere new but apart from that things seem to be progressing well.
 especially directed to important points collectors like Ray, Eva, Rudolph, Cathy, John, Rachel, etc. We don't want to put any pressure on you but	The Six Days organisers were wanting to know if any qualified medics were prepared to be on standby for particular days. We weren't sure what it would entail and weren't keen to lumber you so we played dumb, but if you feel you want to volunteer please let us know.
You may have noticed in less important sections of the media that the villagers of Laggan are now running the Strathmashie Estate (our Scottish Relays venue). It's nice to see local people being given the opportunity to control more of their affairs. You can do your bit too. The Chair has negotiated some floor space in Laggan Village Hall for the weekend in lieu of Woodlands not being available. If you're not Rob Lee and you don't have a bad back and you're	The final of the Scottish Inter Club Knockout (or SICK if I might call it that - Ed.) is scheduled for Beecraigs in June. While it's more familiar to us and a lot better than Fauldhouse it's touch and go whether we'll be there after a nail-biting contest at Elibank where CLYDE seemed to be trying harder than we were to lose!
interested let Colin know. Spaces are limited to 24 persons and I believe Roxburgh Reivers are invited as well so telephone 668-2822 now to reserve your floorboards. T-shirts, t-shirts! Roll up! T-shirts! Yes, we still have	We're in the money! Our share of the CompassSport Cup gate has come our way. The only thing is it's not in hard cash. It has to be in the form of some 'memento'. Our £82 looks like it's going towards the new club tent which is probably going to be postponed for a while anyhow.
some. Don't be shy about asking for one. All enquiries will be treated in strictest confidence. If Pakit can squeeze into an XL anyone can! We have 10XL and 6L left. There were murmurs from certain quarters about buying more Medium / Small sizes. We will do so if there is sufficient demand. So if you want some let Steve Ambler (447-2634) know now. The more we order the cheaper the unit price.	On the social front Darina's planning another bowling evening and trying to get John Mitchell to revamp his works treasure hunt. Keep your ear to the ground or telephone the Soc. Sec (556-1930) for further info rather than relying on the newsletter. There-will be a post-AGM meal.
Charlie - Where's the Club Watch?	Next Committee Meeting - Monday 24th March at the Ed's 161 Dalkeith Road (668-2170). Send your apologies now.

Personal Performance Training

Coaching Conferences are all very well but most orienteers prefer to spend a sunny Sunday in an attractive forest rather than sitting and talking about it. In recognition of this, the SOA aren't having a conference this year. Instead, Graham McIntyre, BOF Senior Coach, is organising a coaching day to which everyone is invited, with the emphasis on improving your personal performance.

Assembly - Strathyre Village Hall Sunday 13th April at 10.30a.m. Orienteer in Bailefuil Forest

There will be a variety of practical exercises and other related activities. This is an ideal opportunity to improve your orienteering at the same time as enjoying a pleasant social occasion with orienteers who you only usually see as they pass you at speed. This is an informal occasion with something for everyone.

Further information from Graham McIntyre (0131-668-1851)

First Aid Certificate Training

The BOF Coaching Scheme now requires holders of most coaching courses to also have a current first aid certificate and the courses already provided in conjunction with the Red Cross have received glowing reviews.

It is proposed to hold two of these courses in Scotland this year on the weekends of;

13-15 June and 29-31 August based at Stirling Youth Hostel

Places will be available to members of the coaching scheme with any remaining places for other interested orienteers. Numbers will be limited so put these dates in your diary.

Places may be provisionally reserved by contacting Peter Leach (01875-852060)

Famous Interløpers Answers





SYD BARRETT

Why do artists not tape. spring onions to their Forehead For promotional purposes anymore?

The man who gave you At hast the Medcep Laughs and was the inspiration for Shine On You Crazy Diamond



Sunday 22nd December Scottish Score Championships Devilla (LINOC)

For some reason the Score always seems to have difficulty attracting large fields. I think it's good fun giving you the option of choosing the completely wrong strategy and forcing you to lambast yourself for your pathetic run and not some hapless planner. Things were going well until I chose the wrong ride. Mistakes like that tend to be really costly in a score event and sure enough it was with me but I thought I retrieved something from a total disaster scenario. Poor Ray winning in a field of one and not even getting a trophy for his efforts!

M10	Ruaridh Inverarity	1st	120
M11	Niall Inverarity	1st	270
M21	Ben Hartman	3rd	800
	Ken Daly	4th	700
	Charlie Walton	6th	600
	Paul Jackson	12th	450
M35	John Mitchell	6th	590
M40	Colin Inverarity	6th	460
M45	Bill Mason	9th	560
	Barry Owen	12th	490
	Pat Squire	18th	450
M65	Ray Heyworth	1st	320
W11	Kirsty Balfour	2nd	240
W15	Rachel Balfour	6th	250
W21	Heather Hartman	3rd	600
	Darina Cunnane	5th	540
	Janet Walton	7th	480

Brown 8 4kms 160m climb

DIUV	VII 0.4KIII3 10	om cm	III
1st	Ben Hartman	M21	56.26
2nd	Graeme Ackand	M35	58.50
3rd	Rob Lee	M35	59.22
6th	Colin Eades	M21	62.22
15th	John Mitchell	M35	74.08
17th	David Simmons	M21	75.10
22nd	Charlie Walton	M35	76.42
25th	Colin Inverarity	M40	82.32

Sunday 19th January LOL4 - Beecraigs (LINOC)

It was busy! CompassSport City almost. No report with points breakdown forthcoming from the now gainfully employed chairperson but I gather we beat Roxburgh Reivers fairly comfortably. I had a great start. A stupid mistake halfway through not going far enough and then doubling back! I'm convinced McIntyre didn't map that wall on the south edge of the map when he updated it. It's always someone else's fault! Dave S. overtook me then but somehow I managed to catch him back (and you should see the speed he goes at round the Meadows). Riemersma returns!

White 1.5kms 35m climb 2nd Emma Mason W10 16.07

Yellow 2.3kms 45m climb 2nd Ruaridh Inverarity M12 34.00

Orange 3.6kms 80m climb 2nd Niall Inversity M14 43.29 Kirsty Balfour W14 Wrong 1

Ligi	nt Green 4.7kms	110m	climb
4th	Graham Haley	M21	56.30
9th	Rachel Balfour	W16	68.14

Green 4.9kms 110m climb 1st Gordon Riemersma M21 34.27 6th Ann Haley W21 42.41 Richard Weller 58.03 28th M21 32nd Chalmers Smith M45 60.45 44th 64.49 Matthew May M21 56th Ray Heyworth M65 74.40

W45

85.26

62nd Cathy Balfour

Blue	6.9kms 150m	ciimd	
9th	Heather Hartman	W21	61.39
10th	Jane Hailey	W21	61.54
16th	Bill Mason	M45	66.25
18th	Scott Balfour	M50	66.58
19th	Pat Squire	M50	67.07
31st	Fiona Weir	W21	75.03
22 1	D . C	TT 70 1	75.07

W21 33rd Darina Cunnane 75.27 Janet Walton 81.02 41st W21 49th Steve Ambler M50 83.50 56th John Kenworthy M21 90.39 92.34 57th John Barrow M50 Barry Owen M45 ret'd

Sunday 2nd February LOL5 - Blairadam (Score) (WFO)

Well, wasn't this a popular event? Not! Very few of you were persuaded to attend The total turnout was 100 competitors but for those plucky souls who did attend it meant the opportunity to gain more points with the absence of the big boys who usually skew the scores somewhat. And points mean prizes. This score event differed from Devilla in that controls seemed to be thin on the ground and very widely spaced apart. So much so that bagging all the controls must have been an impossibility. I saw some parts of Blairadam that fancy continental lager drinkers have never reached before. At one time I was almost on the M90. My strategy of going anti-clockwise round the outside on the farm / moorland and avoiding the kak in the middle seemed to be paying dividends until I met the prevailing westerly wind. It was heartening to come back and find that your 'poor' score was actually one of the better ones.

Yello	ow 1.5kms (Cross Co	untry
3rd	Emma Mason	W10	34.23
Yello	ow Score		
2nd	Ruaridh Inverarit	y M12	180
T 1.1.	4 C		
_	t Green		
2nd	Gregor Lindsay	M21	115
Gree	173	191	
Gree	711		
3rd		M45	200
25th	Ray Heyworth	M65	50
Blue			
Diue		į.	
3rd	-Bill Mason	M45	260
5th	Pat Squire	M50	225
17th	•	M45	150
22nd	John Kenworthy	M21	125
_			
Brov	vn		
6th	Colin Inverarity	M40	210

Sunday 16th February LOL6 - Arthur's Seat (EUOC)

It makes a change being able to roll out of bed on a Sunday morning at a reasonable hour and be a 5 minute car journey / 10 minute run away from an orientee ring event. We really are fortunate in having the Queens Park in Edinburgh. Ominous clouds are loitering over the Park. There's a bit of a downpourw hile we wait for these disorganised students to get their act together but thankfully the weather ameliorates. The distances and climb were omitted from the results but I can confirm that they wer long and high. A climb straight up onto the Crags is always bad news as it inevitably knackers me for the rest of the run. Having to run up and down Hunters Bog and over The Dasses three times did prove a bit taxing. Still a reasonable run was had and I did manage to beat that Hartman wifie for a change! The new map is nice too. You can almost make sense of the gorse on the eastern side now. A storming run from Rudolph and Alastair did well despite him pleading lack of match fitness.

Orange

0	8			
1st 3rd	Niall Inversity Kirsty Balfour	M14 W14	30.24 32.45	
	t Green			
0				
1st	R. Riemersma	M50	34.44	
15th	Rachel Balfour	W16	63.51	
Gree	-			
Gree	11			
6th	Chalmers Smith	M45	60.46	
Blue				
5th	Scott Balfour	M50	72.13	
6th	Darina Cunnane	W21	73.01	
12th	Pat Squire	M50	80.17	
21st	Server som Storm Server	M45	99.33	
	Fiona Weir	W21	ret'd	
Brown				
4th	Alastair Matthewso	on M21	79.11	
5th	John Mitchell	M35	79.31	
6th	Colin Inverarity	M40	84.01	
9th	Heather Hartman	W21	86.52	
12th	Gillian Matthews	W21	94.36	

LOL Placings after 6 events

Here are the people in prominent positions with 2 events to go. Can they possibly be overtaken? Can they hold on? Can they improve their placing? Emma and Kirsty haven't been to as many events this year and so Ruaridh and Niall have been having an easy time. Graham has had some good runs on Light Green with his better half romping away on Green. Lookout for the new improved slimline Chalmers Smith picking up more points. Fierce competition amongst the old men and attractive women on Blue and the closest battle is on Brown where the leader has the lowest winning total on any colourand has little chance of staying where he is!

Ruaridh Inverarity M12

496

Yellow

11th	Emma Mason	W10	208
Orar	ige		
1st	Niall Inverarity	M14	569
	Kirsty Balfour	W14	226
	Ž		
Ligh	t Green		
11	Graham Haley	M21	295
	Rachel Balfour	W16	203
Gree	en		
1 st	Ann Haley	W21	566
	Chalmers Smith	M45	353
	Ray Heyworth	M65	348
29th	Morag Anderson	W35	216
Blue			
3rd	Bill Mason	M45	477
4th	Pat Squire	M50	453
6th	Darina Cunnane	W21	416
9th	Barry Owen	M45	402
24th	Steve Ambler	M50	288
25th		W21	273
30th		M50	221
35th	Janet Walton	W21	202
D			
Brov	wn		
lst	Colin Inverarity	M40	418
2nd	Heather Hartman	W21	416

John Mitchell

18th

M35

Sunday 9th March Scotlandsgaloppen 1 Dunrod Hill, Greenock (CLYDE)

I thought the results would have arrived by now but they haven't so I'll just have to fill up this space with as much rubbish as I can. It was rather misty with a cool wind when we arrived in Greenock - that was strange for the West Coast! The sun was struggling to get through and it didn't look as if it was going to make it. We get there early enough to park at the visitor centre rather than way back along the road. The first thing to do is divest myself of large sums of money buying a new pair of O-shoes for No. 1 son whose feet seem to get bigger every week and will soon be the same size as me. Long gone are the days of buying children's sizes. 9 and a half and he's only 12! A kilometre to the start and most of that is vertically. Classic convex slope terrain. Ruaridh starts off a mini-avalanche as he kicks away at a stone on the hillside and it rapidly gains momentum Our warnings aren't quick enough for some poor student wh gets hit on the leg but fortunately not badly. After a severe ear wigging it's time for him to go, followed soon after by Niall. I've been keeping my eyes open watching where rivals like Dave Marshall and John Tulliehave been going as we alltend to do. I'm breezing along nicely, hitting the controls well. The area is very Pentlandishbut maybe awee bit wetter underfoot. The sun is now out and it's very pleasant. The long leg to 7 fazes me a bit and I end up at 8 first. I farf around but can't find it even although it's only 150m away. Heather comes along and helps me. Nice lady she is! Call that a re-entrant? I sneak off straight to 9 while she goes to 8 and manage to stay ahead of her but can't make up the timelost. That's one to her! My time is good for me but not great compared with the leaders but I've enjoyed myself and that's the main thing.

Greenock is dominated by the moorland of Dunrod Hill. During the industrial revolution water was needed to satisfy the growing demands of manufacturing and housing.

Loch Thom was built by Robert Thom to provide the necessary water, as well as an 8km aqueduct. The Greenock cut, to carry it into town. The project was completed in 1827 at a cost of £52,000 and was in use

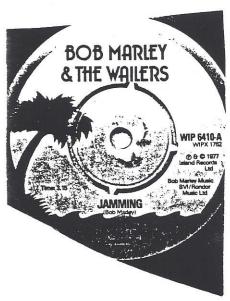
The area above the industrial town of

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Time Tunnel

No more tiptoeing through the tulips with Tiny Tim alas but 'let me take you on a little trip' where 'cellophane flowers of yellow and green towering over your head' are 'far from Mu-Mu Land', in fact '2,000 light years from home'. (Somewhere near Blairadam?) So let's 'get right back where we started from. To do this 'I will walk 500 miles' and go 'any way the wind blows'. Yes, it's time to enjoy another trip down the orienteering time tunnel.



Newsletter Editor Eileen Peck informed us that Steve Terry had gone down with glandular fever and so wouldn't be able to complete the Glenearn and Berryknowe map in time for the Scottish Score Championships to be held on it. The event was rescheduled and relocated to Balmaha in June. The event officials were commended for the good job they made of organising such an important event miles away from our home base in such a short time span. Robin Sloan organised an event at Gala Hill and Roger Vandersteen was in charge of our LOL event at Saltoun. Carol MacNeill was appearing on BBC Scotland traversing the country on skis and organising the first (?) Ski-O event at Glenshee. John Barrow was in charge of relays (How times change ! - Ed.) and was apparently still trying to recover fees from BOC 76. Ann Heyworth was a W13. For some reason Interløpers organised the Midland Championships - that's English Midlands !!! Steve and Geoff found a nice area in Norfolk and wanted to map it and so ended up seeing the whole thing throug' from surveying the area to posting the results out to all the happy orienteers. Well done, Interløpers Norfolk! Plans were underway for a "Festival of Orienteering" - Highland 77 - the first Scottish Six Days. Steve Terry's legendary INTERLØPERS masthead was seen for the first time. Carol opened a way faring course in Glentress. Bob Donaldson was reputedly mapping Beecraigs. ESOC beat us 8-3 at hockey with a cricket match to follow. The AGM was in the Heather Hotel, Forres at the princely sum of £2.75 plus VAT. Unfortunately it was on at the same time as the SOA AGM. And last but not least a Beach Picnic was planned "for a frolic in the sands at Tyninghame" later on in the year. Take That and Party!



"Surprise, surprise the Interlopers newsletter is not defunct! This issue comes to you as a direct result of threats of physical violence against the Editor if he didn't come up with something quick.", wrote Geoff Ramsay. The fluid job market and the prospect of employment in the booming oil industry had him wondering if perhaps the club should be reconstituted as Interløpers Aberdeen in the light of the number of club members residing there now. Richard Horswill (sometime London Marathon runner) was looking for on the day help for our Gullane Badge Event. Scott Balfour was trying to sell off outstanding club stock. Even in those days Interlopers must have been midget because they too had a surfeit of tent-size t-shirts. It was suggested that "you chop them up to produce one of the required size - takes about 30 minutes for a competent seamstress." The Club Weekend was held in Galloway. Roger Vandersteen, Ian Lamont and Ann Heyworth organised the LOL at Selm Muir. Ian Hendrie's novice training sessions were cancelled due to poor attendance. Scott was busy with a Night Street-O and a Cycle-O. Preparing for triathlons even then! Barrow was back on a brief visit from Oz. In the Situations Vacant column - Club Chairman - "An easy one this! Must have the ability to put down hecklers at committee meetings, persuade anyone to do anything, and drink beer, etc. while the rest of the committee do the real work." And Club Treasurer? - "Only requirement is O-grade Arithmetic and the ability to look honest when visited by the Inland Revenue." Douglas McKeith published the results of his survey into the possible amalgamation of INT, ESOC and AROS. The latter had come into being apparently when some EUOC types didn't fancy being members of ESOC or INT! Anyway, only 25% of Interløpers bothered to respond and 85% of them were against the idea. Against that a 55% response from ESOC produced 60% in favour of the merger and 95% of AROS's 80% said yes also. Needless to say Interløpers continued to plough their unique, individual furrow. A visiting Australian reminded us that Carol had pinched the infamous Interløper 'Running Man' from his club, Parawanga OC. On the new members front we said hello to Andy Spenceley.



The shotgun wedding of 'Capital O' was about to end in messy divorce. The inevitable schism was more a can of worms than a diet of worms. Charlie's comments in a previous newsletter on the irrelevance and junkiness of 'Capital O' provoked a response from Ben Bate and John Morris in his 'Captain's Log' didn't seem to hold back in his criticism on the organisation and first aid provision at our Badge Event at Craig a' Barns on a cold Sunday in March in blizzard like conditions. Ian McIntyre and Jane Smith joined the club. Coincidence? The Donald Watson designed budgie suits were unveiled. We were wondering if anyone knew any good areas to map. The spectre of ticks and Lyme Disease was aired for the first time. There was a For Sale notice. "Four children aged 10, 8, 6 and 3; House trained but will need careful management in forest. Any reasonable offer accepted." One suspects it was newsletter editor Scott Balfour who for some reason seemed to be spending a lot of time organising a Night-O on the Braids. Family life must have been hectic at the time. 36 people had failed to renew their club subscription. We name some of the guilty people - Martin and Pakit Hyman, Graham McIntyre and the Riemersma Family. A measure of the balance of 'Capital O' can be gained from the fact that Interlopers contributed two and a half out of 9 pages. Ray was looking for help on Day 6 of Highland 87 at Achilty South. We lost our rearranged CompassSport Cup match against CLYDE - "One day we'll get a strong team out " Christine Whalley was representing Britain at the Suunto Games in Finland and the Swedish 5 Days. We came 30th in the Mens' Open at the JK. M21(!) Colin Inverarity joined Interlopers.



Interløpers were 20 years old. Socials were thick on the ground thanks to Soc. Sec. Bankhead. Gordon had returned from Sweden just in time for the Mulled Wine and Mince Pie Evening at his parents. Lucy and Robin hosted the Burns Supper. A Skittles Evening took place. If it's Pancake Evening it must have been at the McIntyre's! Andrew gave me a note about a French Evening in French which nobody understood but we went anyway. Donald Watson won M21B in the US Long-O Championships in New York State in his first run in the new suits. He also paid his membership as well! Sad news came with the untimely death at 34 of Jim Doig, an Interloper of a few seasons, who moved on to become one of Scotland's top marathon runners. Ynske and Gail came 2nd overall in the Lothian Mountain Challenge. Not bad for a pair of girlies! Graham McIntyre was organising the World University Orienteering Championships on Deeside. Andy Kitchin was planner of our LOL at Calder Wood. Pat was signing up people for the Sports Injury Clinic at Moray House. We beat Roxburgh Reivers in the CompassSport Cup at Tentsmuir. Our first win for many a day. Andrew brought attention to the fact that the haggis was in danger of becoming a threatened species. Scotlandsgaloppen champions were Andy at M21L, Ray at M60L and Gail at W13A. Our Mens' Open team won the JK Relay. New members included Ben Hartman and Heather Peel, Pete Kinny, Cathy Tilbrook and Lesley McFarland. The latter announced her engagement to John Kenworthy, bachelor of this parish and Colin and Lorna and Robin and Lucy also announced their intention to tie the noose, sorry knot. Spring must have been in the air! The editor finished a race ahead of Pat for the first time and for his efforts became LBOA M35L champion at Glentress of all places. (Not his favourite forest!) There were only 3 of us on the course needless to say!

M fortysomething



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Well another year and a lot more SOD's about! I refer to those for whom their BOF renewal has been more of a traumatic event than normal as they enter the ranks and suffer Sad Orienteers in Distress Syndrome. Yes, welcome to M35 Rob Lee, Graeme Ackland, Charlie Walton and Ken Daly (and anyone else who has made the grade but hasn't let on to us yet 1) I suppose I shouldn't be laughing. I'm approaching the top end of my class and now I have to compete against the likes of Donald Petrie and John Tullie. Funny how that wonderful year you were going to have always seems to slip past you. You can bet your life the minute you move up an age level you are immediately stricken by some viral infection which lays you low for weeks and ruins your training schedule or you do something basic like trip over a coke can while out training and go over your ankle and it needs major structural repair. When you eventually find that the old git who has been constantly thrashing you for four years is moving on an age group who appears but some incredibly lean, mean running machine whose kilometre times convince you he must be on drugs of some sort. BOF changing the age qualifications this year has come as a surprise to some of us as well finding out that we're actually a year older than we thought we were. Yes the odds on orienteering's roulette wheel of chance seem firmly stacked against some of us poor old SODS!

As well as changing the age groups BOF have had a working party beavering away on our sport's fixtures structure. The basic recommendations if I've got them right are a shortened 'racing season' between February and June with National Events and Badge Events by Area Championships, ranking Regional events and non-ranking regional events. The British Championships to be an elite-only affair with 4 courses M/W21 and M/W20. The existing championship to continue as a separate event, provisionally called the National Orienteering Championships. All Junior 'B' courses to be axed. Colour Coded events to be expanded to 9 courses. These changes to take effect from 1998. BOF welcome any written comments on these proposals which have to reach them by April 15th. I have a copy of the full 5 page report if anyone wishes to peruse it and I'm sure JB has one also. If you feel strongly about any of these suggestions do let your committee know as we as a club

have to submit a response. You are of course free to write yourself if you feel particularly concerned about some aspects of the proposed changes.

Nice to see Pete Kinny on a flying visit. Those who were there seemed to have really enjoyed his wedding celebrations. Suggested competition for the next newsletter is 'Guess Pakit's Waistline'. The winner of course to receive an XL club t-shirt. Crackerjack!

Welcome back to the club to Susan MacMillan whose membership lapsed for a short while.

Remember to get in touch with Colin Eades or John Barrow if you want a relay run in the British Championships.

Other things to put on your to do list include the Club Weekend in June, making sure you've got accomodation booked for the Six Days, remembering to go to some of the Summer Series events which we haven't got any publicity about again, keep the training going, sharpen up your navigation technique and enjoy yourself.

Remember - We are not alone!
The controls are out there somewhere!



Interløpers
Annual General
Meeting

Meeting Room
E.U. Sports Centre
Pleasance
Edinburgh
Thursday 15th May
7 for 7.30 p.m.

You should have seen the lot they voted on last year!