

INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 108

June 1997

108

New Committee New Danger !

Just when you thought it was safe to go and orienteer again Interløpers go and form a new committee. If you were at the AGM you will know the gory details but as a lot of you weren't I'll have to tell you what happened there. It became evident early on in the evening that something momentous was about to happen. For years the club has been run by a group of staid, boring, conformist SOD's (Sad Old Duffers!). The membership have been getting tired of the Club Chairman bemoaning the lack of support from the electorate for planning and organising events. The harsh, monetarist stance of the Treasurer and his constant economy drives and pleas for increased club fees were turning voters off. It has been evident of late due to the lack of issues that the Newsletter Editor 'is just not getting his message across'. As for the Club Secretary, he doesn't know if he's coming or going or whether he's on holiday or not. As a result, club members decided to show their displeasure by not even bothering to turn up and vote them out. A wind of change is blowing

through the corridors of power and it was on the cards that there would be a swing to the left. It usually happens when you're standing on a hillside and your right leg is higher up the slope than your other one. Another possibility is there might be an air bubble in your compass and it's deflecting the needle. Anyway, what changes have taken place? Virtually none! Most of the conservatives are still there. Big John didn't turn up so he was summarily kicked off the committee as a result. Sorry, John! Dymo resigned before he was pushed. New 'boy', Barry Owen, didn't realise he had to say "Sorry, I have a lot of other commitments just now" and so he was handed the black spot. The one note of alarm was the resurgence of the loony left when the Acklandite faction forced their man back onto the Committee in a power sharing deal and also in an attempt to inject a bit more humour into meetings. So does this herald a brave new era for the club? With the same old dozy twonks on board, no chance! Make the right decision. Join ESOC now!

And About Time Too, Issue !

***Four Go Mad In
Yorkshire***

Letter From France

***Special Readers
Canoeing Offer***

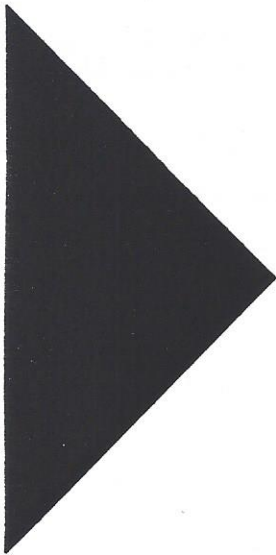
The New Committee

Bampot's Diary

***and all the usual
guff you expect
from your deranged
newsletter editor***



**The acceptable face of New Interløpers
or a Teenage Mutant Hero Turtle ?**



ON THE MOVE !

Make a mess of your filofaxes time or just doodle on the side of your existing club directory. Are orienteers more prone to move than other sportspeople ?

Gillian Dobbie
5 Belgrave Gardens, EH12 5NG, 0131-334-1052

Pete Kinny
30 Peel Street, Jolimont, Western Australia 6014, Australia
00-61-9-387-7850

McIntyre Family
Rosehall, Main Street, Polmont, Stirlingshire, FK2 0QY
01324-711506

Finlay Ross
as Gillian !

Gordon Shiach
15/7 Rothesay Terrace, EH3 7RY

On a sad note, it was mentioned at a committee meeting some time ago that Gordon's daughter, Katherine, a former Interløper, had died suddenly. I apologise profusely for my failure to inform club members timeously. I am sure that the club joins me in offering our sincerest condolences to Gordon on his tragic loss. Katherine was in her mid30's and a contemporary of Ann Haley if I am correct. Our thoughts go to you.



Bampot's



DIARY

Some of you may have noticed a similar column in The Scotsman where bright young things, usually the sons and daughters of the rich, the famous, the movers and shakers beloved of fawning sycophants like old brillo pad, the editor-in-chief of that august publication are featured. Not to be outdone, Interløpers brings you the scurilous gossip on the people who really matter !

Graeme Ackland, a man often unjustly pilloried in these pages (according to Jane anyway), has asked her to make an honest man of him. By now the charming couple will be happy (and married ?). The choice of Reading as the site of the nuptials had nothing to do with the fact that the Harvester is being held nearby !

Namesake Graham McIntyre has also plighted his troth apparently. He and Morag have set a date in September if my moles are correct. Congratulations to you both and make sure you finish that Glenearn map before you go off on your honeymoon Graham.

Fairly widely known amongst the hip groovy Meadows clique and anyone who has seen Janet recently at an event, the Waltons are expecting. I'm not going to suggest any names for a boy ! Nice to see Janet competing regularly through her pregnancy. The youngster is certainly going to be fit and active. Best wishes to the three of you from all your fellow club members and we are supposed to be seriously looking at Club Tent 2 - The Creche !

IN THE CLUB !

Latest mad fools to join Interløpers are

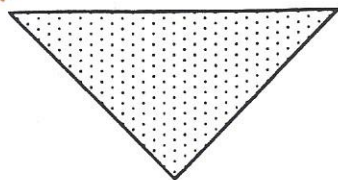
Tim Brand (at last !) (M35?)
129 Castle Crescent, East Calder, West Lothian, EH53 0QQ
01506-881385

Dave Godfree (defecting from EUOC ?) (M21)
3FR, 17 West Preston Street, Edinburgh EH8 9PU
0131-667-4920

Helen Murray (W??)
65/6 St. Leonards Street, Edinburgh, EH8 9QR
0131-667-4059

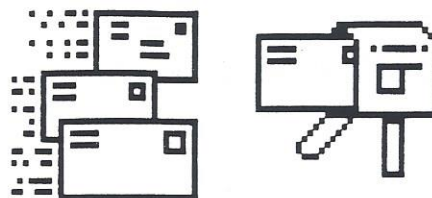
Welcome to the club and all the best to you in your orienteering !

Rumour has it that some of you might not have done it yet ! Have you renewed your membership ? Come on skinflints ! Stop waiting for the half year membership reduction and cough up the dough now. Which reminds me - I've still to pay for the use of Laggan Village Hall and relay fees ! Anyone else in the same boat ? Make Steve Ambler's day - Pay now !



Interlopers Committee 97-98

Chairperson	Colin Eades 22 East Preston Street EH8 9QB 668-2822
Secretary	John Barrow 3 Charlton Grove Roslin Midlothian EH25 9NY 440-2136 (Home) 668-8377 (Work)
Treasurer	Steve Ambler 105 Greenbank Road EH10 5RS 447-2634
Newsletter Editor	Colin Inverarity 161 Dalkeith Road EH16 5BY 668-2170
Social Secretary	Darina Cunnane 98 Montgomery Street EH7 5HE 556-1930
Member	Graeme Ackland 1 Savile Place EH9 3EB 667-3485
Member	Paul Caban 50 Buckstone Road EH10 6UE 445-3098
Member	Barry Owen 8 Merchiston Place EH10 4NR 229-5858



Sad Persons' Mailbox

Courtesy of JB here are the club members who are 'wired up'. Note the numbers of students and research assistants with an e-mail address and think about all the time they spend mucking about at the taxpayer's expense. Shocking! Anyone left out, please let us know!

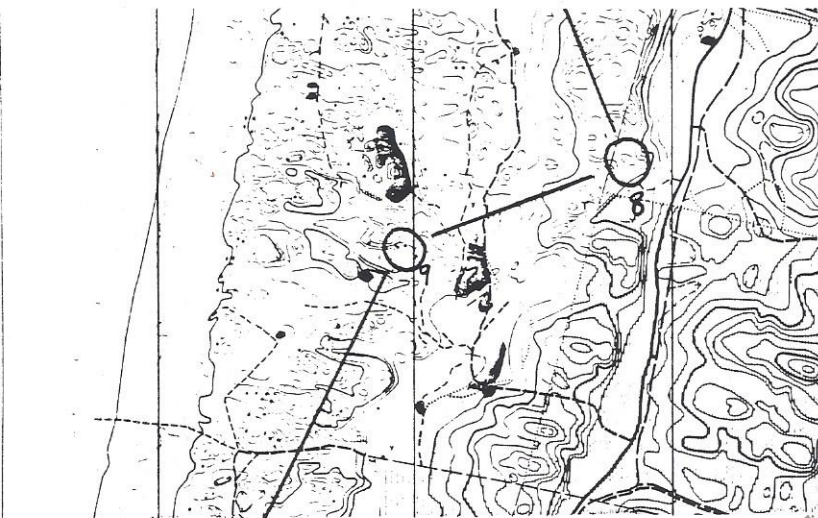
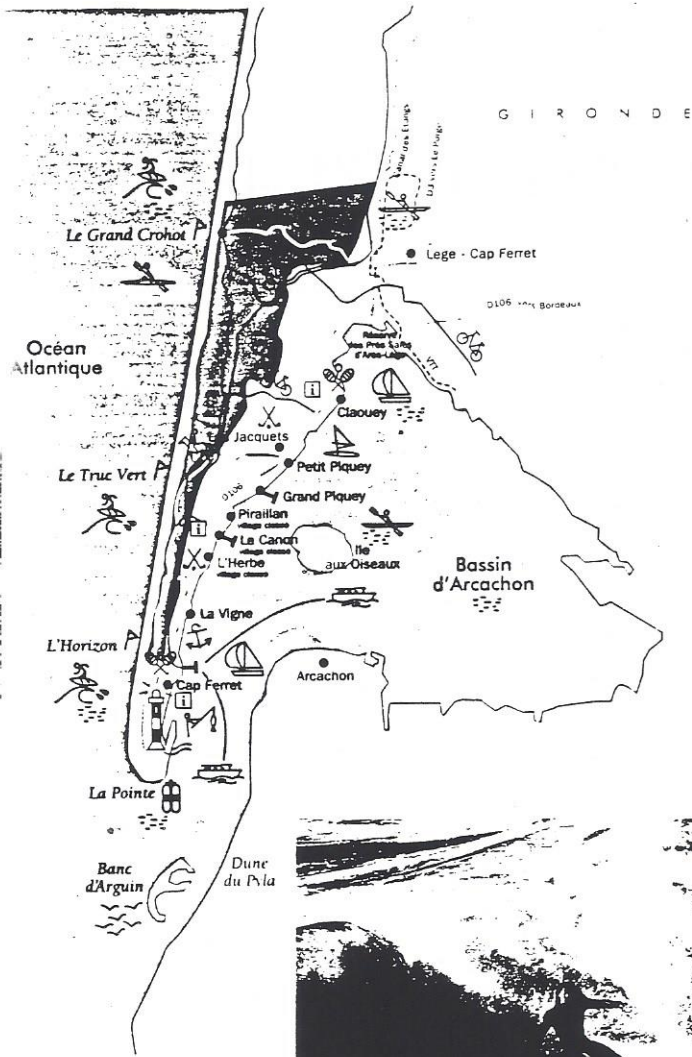
Graeme Ackland	G.J.Ackland@ed.ac.uk
Steve Ambler	stevay@monetpost.stdavids.ncr.com
John Barrow	jbw@roe.ac.uk
Tim Brand	tbrand@glg.ed.ac.uk
Paul Caban	Paul.Caban@ed.ac.uk
Karen Dobbie	esa501@ed.sac.ac.uk
Colin Eades	dcetn@carlbro.dk
Lorna Eades	8860959@lewis.sms.ed.ac.uk
Dave Godfree	9360793@lewis.sms.ed.ac.uk
Ann Haley	ann.haley@ed.ac.uk
Mark Johnston	dmjassoc@popmail.dircon.co.uk
Tim Jordan	tjordan@hgmp.mrc.ac.uk
John Kenworthy	john.kenworthy@gecm.com
Pete Kinny	rkenny@Alpha1.curtin.edu.au
Rob Lee	R.Lee@ed.ac.uk
Alastair Matthewson	mathews@geocean.u-bordeaux.fr
Angela Mudge	angela.Mudge@ed.ac.uk
Gordon Riemersma	G.R.Riemersma@sms.ed.ac.uk
Rudolph Riemersma	rudolph@srv2.med.ed.ac.uk
Ynske Riemersma	y.f.riemersma@sheffield.ac.uk
Andy Spenceley	andy.spenceley@nevis.kscl.com
Juliet Vickery	J.Vickery@ed.ac.uk
Charlie Walton	Charlie.Walton@visiongroup.ie
Donald Watson	donald.watson@gpo.canada.cdev.com

Ok - Here's where we name the guilty men (and woman). They haven't committed any crimes yet, but they probably will. Ladies and gentlemen we give you - the new Committee! We still don't have a Junior Member / Rep or an LBOA Rep but with Barry's inclusion we are not so alphabetist and now have someone in the second half of the alphabet on the committee.



The Alternative JK

another missive from one of our many foreign correspondents scattered across the globe. I have a sneaking feeling that the Newbattle photocopier will not do justice to your graphics, Alastair!



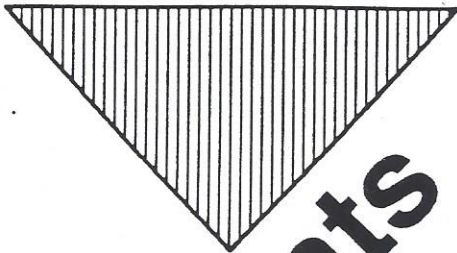
There I was, moping around in Bordeaux for a few months, wondering what to do with myself, when suddenly, out of the blue (internet via e-mail), came a message - 3 Jours du Sud Ouest - Course Orientation Internationale - Lege Cap Ferret - 29-31 Mars - I could hardly say no. (Thanks, Lorna !).

The training was coming: trips to the Pyrenees brought to the fore a high degree of mountaineering incompetence, especially on skis, but at least I was getting fit. Having now undergone a transformation from Has-Been Climber (through Injury-Prone Hill Runner) to Potential International Orienteer, I searched around for a quality O-event to hone my technique








. . . . and so it was that I ended up back in Edinburgh for LOL6 on Arthur's Seat. Here, my smooth tongue lulled the main opposition into a false sense of security, thus further weakening the slender threads holding together his Title Challenge. (Does he mean me? - Ed.) Back in France some more high altitude snow plodding and finally a training session in the woods caused some navigational concern. An hour and a half for 5kms. (Been there, done that - Ed.) How was I going to cope with 12kms of M21L on Day 1? And I still had to swot up all my IOF control description symbols also!

In the end I didn't disgrace the illustrious name of Interlopers too much, despite some pathetic technique and tortuously conservative route choices. After 3 hours and 40 minutes of thrashing around over the two days I scraped into the top half. (Are you a bad counter Alastair or is it some Gallic peculiarity to only run for 2 days in a Trois Jours? - Ed.) There were rather too many trees for my liking, but the dunes (within earshot of the pounding Atlantic surf) were fun. The organiser told me he was going to the Scottish Six Days: I warned him about the midges but he didn't seem to understand how a minute insect could possibly spoil his enjoyment! The prize-giving seemed to involve lots of French and Italians kissing continentally and singing their club songs. Feeling very British I retreated to Bordeaux and had a pleasant evening in the bath squeezing thorns out of various parts of my anatomy.

Alastair Mathewson






Events

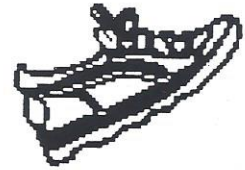
-  **Sunday 3rd August - Saturday 9th August Scottish Six Days Breadalbane '97**
 Pre-entries on SEF to Breadalbane '97
 PO Box 14754
 Alloa, FK10 2ZA
 Next Closing Date - 30th June
-  Day 1 - Drummond Hill, Kenmore (NN 758470)
-  Day 2 - Rannoch Forest, Rannoch (NN 595566)
-  Day 3 - Leachdann Tom-na-Croich, Tummel Bridge (NN 600837)
-  Day 4 - Creag Vinean, Dunkeld (NN 998447)
-  Day 5 - Dunalastair, Tummel Bridge (NN 742595)
-  Day 6 - Birnam Hill, Dunkeld (NO 015405)




Remember that you can enter for individual Days if you're not a teacher and have endless holidays but do NOT enter on Day 3 as that is our day for organising and there are plenty of jobs you can volunteer for before we tell you what you're doing.

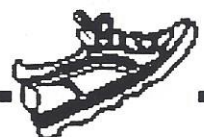
Web Site:
<http://www.almac.co.uk/soa/breadalbane>

-  **Sunday 31st August ELO Local Event Hedderwick Hill, Dunbar (NT652787)**
 Starts from 2.00 p.m.
 Information from Ian Moir (041-452-8789)
-  **Sunday 7th September Scotlandsgaloppen 5 (Northern Lights) Pananich, Ballater (NO380955)**
 Organiser and Enquiries Evelyn Hall (013398-84332)
 Pre-entries on SEF to A&M Forsyth
 11 Hollybank Crescent, Banchory, Kincardineshire, AB31 3TX (01330-823244)
 Seniors £6 / Juniors £3
 Cheques payable to MAROC
 Late entries (+£1.50) Ltd EOD
 Closing Date 25th August
-  **Sunday 7th September Northern Navigators Badge Event Lumsdon Law, Otterburn (NT733039)**
 Organiser, Enquiries and Pre-entries on SEF to Bob McKenna
 26 Grasmere Road, Hebburn Tyne and Wear, NE31 2RW (0191-4219659)
 Seniors £5/ Juniors £2.50
 Cheques payable to Northern Navigators
 Late entries (+£1) Ltd EOD
 Colour Coded EOD only
 Closing Date 24th August

... an interesting alternative nearer to home and for those who prefer moorland to forests.



-  **Sunday 21st September Eleven Person Relay (PO) Muirward Wood, Scone**
 Organiser and Enquiries Felicity Martin
 Bellvue, Thimble Row, Dunning, Perthshire, PH2 0RT (01764-684454)
 Darina or John Barrow will probably try and press-gang you nearer the event but if you're interested and game for a laugh let them know now. (Phone numbers on Page 3).
-  **Saturday 27th September Scottish Short Race Championships Cardrona Forest, Peebles (NT293385)**
 Courses - Mens' Open and Womens' Open
 Organiser, Enquiries and Pre-entries on SEF to Janice Nisbet
 10 Mansionhouse Road Edinburgh EH9 1TZ (0131-667-8464)
 Seniors £3 / Juniors £2
 Cheques payable to ESOC
 Late entries (+£1) No EOD
 Closing Date 20th September
-  **Sunday 28th September Scotlandsgaloppen 6 (ESOC) Elibank Forest, Peebles (NT387374)**
 Organiser and Enquiries Mary Williams (01383-860389)
 Pre-entries on SEF to Robert Findlay
 58 Nether Currie Crescent Edinburgh EH14 5JG (0131-538-2597)
 Seniors £6 / Juniors £3
 Cheques payable to ESOC
 Late entries (+£1) Ltd EOD
 Closing Date 12th September



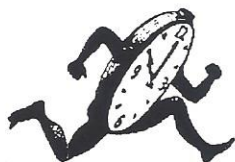
as well as standing for did not finish, on this page it means **do not forget !**

- Going through my rambling jottings from committee meetings I noticed one topic which has been raised before but we have never acted on it yet. It has been suggested by the SOA that we might like to donate a trophy for the Scottish Score Championships. M65 has been put forward as a possibility. The fact that Ray is virtually certain to win it may have something to do with this idea.
- Steve Ambler was a bit concerned lately at the apparent lack of conformity in colour coded events on offer at Scotlandsgaloppen events. Alison ended up doing a Green in the pouring rain at Drumlanrig and I gather was out for a long time. Apparently there are suggested colour combinations but it is up to the organising club as to what is available.
- We bludgeoned CUNOC into submission in the CompassSport Cup at Wilsontown way back in May. It has not appeared officially anywhere in print but an unreliable source, the Chairperson, has ventured that we won 35-25. Now only the Mighty ESOC stand between us and a trip to the Finals again. Come on club - we can do it!
- The Summer Series been done and gone. Apologies for the lack of publicity. A combination of the editor failing to produce a newsletter and LBOA not getting their act together as has been the case for a number of years ever since some bright spark decided it would be a good idea for each club to run their own 'series' independently. They can not be serious! Our events I believe went fairly smoothly apart from the inevitable walking of some punches from InchPark but the money from both evenings should more than compensate us for their loss.
- On the SICK front (Scottish Inter Club Knockout) our next opponents were supposed to be FVO and the tie was supposed to be played in early June at The Bin, near Huntly. Fairly handy for both teams. Needless to say neither of us could be bothered so we still have this to play for. The Final is not at Beecraigs as previously intimated but at Palacegigg Country Park, Cumbernauld for aficionados of Gregory's Girl.
- Social News. The Treasure Hunt is scheduled for Sunday 6th July. Meet at the Steading, Hillend at 10.30 a.m. Don't park in the pub car park. Teams of 3 or 4. More details on arrangements from Darina (556-1930) if required. Take note of our special readers offer on the back page for canoeing, courtesy of Barry and Chalmers. Mr Caban is fed up of hosting the Burns Supper (strange him being a vegetarian!) and has put in an early bid for the Hallowe'en extravaganza. Take it as being there unless you hear to the contrary.
- At the last Committee Meeting the old chestnut of mapping cropped up again. Suggested areas were Craiglockhart, Craigmillar Castle, Gore Glen and a revamped Colinton Dell to include Merchiston Castle. We tend to be strong on thought and slow in action though. Is anybody willing to take on any of these tasks, making enquiries, contacting landowners, obtaining permissions, mapping? If you're keen and enthusiastic let someone on the Committee know. Having a lot of small local maps might be one avenue for us to build up links with schools and start developing more junior interest. Think about it!
- Has anyone offered to plan SG7 at Glenearn yet? Time is running out. Caban has volunteered to deal with entries. Pat's name has been suggested as a possible organiser probably unbeknownst to him. We're not putting any pressure on you Pat, honest! Ackland half offered at one stage to plan with the proviso that he would probably be out of the country at the time as per usual but no one knew whether to take him seriously or not. Another suggestion was new, enthusiastic club member, Dave Godfree who may find out soon what a shiftless, feckless bunch we are! Can you help?
- Also on the help front we have been allocated Starts and Drink Stations as our responsibilities for the Six Days. Register your availability or preference now. And remember, you're not supposed to run on our Day. Teamed with us are CUNOC and MORAVIAN. Why are we never with the same club twice? Is it something we've said?
- Strangely enough we're also looking for a planner and an organiser for next year's LOL event at . . . Archerfield! Yes, we've decided to go there for a change. It'll be nice (and cheaper says Steve Ambler) to use one of our own maps (our only one) rather than buy them from someone else. Suggestions here have been Rob Lee might overprint maps so that he doesn't have to go through the agony of master maps. Graeme volunteered the services of his good wife - Was he being serious? Caban woke up and volunteered to organise this one also. So we need a Planner for this event in February. It could be you!
- The Club Watch is on the move. I remember someone telling me that they borrowed it because theirs was broken. I can't remember who though! My suspicions are with Ben, Colin or Darina.
- Next Committee Meeting - Monday 28th July at Barry's, 8 Merchiston Place (229-5858). Holidays no excuse.



Sunday 2nd March Scotlands Galoppen 1 Dunrod Hill (CLYDE)

This was reported on in the last issue but the results were not available at the time. While we're on the subject has anybody got any results from Wilsontown Ironworks yet? Come on TINTO, get a move on! For those with access to the internet, British Championships results are available for perusal on a web page which I forgot to take a note of it can probably be found via the BOF or the CompassSport page.



M12A	Ruaridh Inverarity	8th
M14A	Niall Inverarity	9th
M21E	Rob Lee	1st
	Ben Hartman	4th
	Mike Burton	8th
	Phil Smith	10th
M21L	Ian McIntyre	ret'd
M21S	Paul Caban	2nd
M35L	Graeme Ackland	1st
	Pete Kinny	4th
M40L	Colin Inverarity	11th
M45L	Pat Squire	13th
	Steve Ambler	15th
M65L	Ray Heyworth	2nd
W21E	Lorna Eades	2nd
	Heather Hartman	5th
	Gillian Matthews	6th
	Jane Hailey	7th
W21S	Karen Dobbie	4th

Blue 5.65kms 210m climb

2nd	Mark Davies	M21	52.54
4th	Darina Cunnane	W21	73.16

Why does that Mark Davies guy always run colour coded? Did the Royal Mail do something horrible to him in his formative years so that he refuses to use their services at any cost? Spill the beans, Karen!

Sunday 16th March LOL7 - Elibank (RR)

An event to forget. Things were going fine . . . How many times have you heard that? It's true though! I just couldn't get No. 10 no matter how often I relocated. It looks easy on the map but in the green of the forest after a few years sometimes it's a bit difficult relating vegetation now to what it was then. Gordon whizzed past me soon after. I'd already been out longer than it was going to take him to finish his course. My first over 2 hours for some time. I'll probably discard this score. Lots of competition on the Blue course today. CLYDE seemed even less enthusiastic than us about the 'SICK' Trophy fielding 6 competitors against our 21. They romped home in Brown but we won everything else and now progress reluctantly on to the next round.

Yellow 2.3kms 50m climb

2nd	Ruaridh Inverarity	M12	21.20
8th	Emma Mason	W10	39.57

Orange 3.0kms 100m climb

9th	Niall Inverarity	M14	44.23
18th	Penny Mason	W50	69.35
22nd	Alison Ambler	W45	99.39

Light Green 3.5kms 125m climb

3rd	Matthew May	M21	56.30
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Green 4.0kms 140m climb

6th	Susan McMillan	W21	53.54
10th	Ray Heyworth	M65	55.09
12th	Janet Walton	W21	56.27

Blue 5.7kms 200m climb

1st	Charlie Walton	M21	51.58
6th	Ian McLean	M21	65.36
8th	Bill Mason	M45	69.10
9th	Gillian Matthews	W21	69.51
13th	Barry Owen	M45	72.02
19th	Fiona Weir	W21	78.29
21st	Paul Jackson	M35	82.44
22nd	Steve Ambler	M50	84.24
27th	Darina Cunnane	W21	99.28

Brown 7.0kms 300m climb

1st	Gordon Riemersma	M21	55.50
18th	Colin Inverarity	M40	126.39 !!
	Pat Squire	M50	dnf

Sunday 23rd March PO Colour Coded Event Tentsmuir Forest

Well this one brought a lot of people out. 360 competitors! Perth's treasurer must have been rubbing his hands with glee and thanking the CompassSport Cup lots. Of course I drove through Tayport expecting to find the start there. Needless to say I didn't have a flyer or a copy of Score to hand with the grid reference on it. We were treated to a tour of the forest to get to registration. Next problem for me was marking on all the felled areas on three maps. Somehow I seemed to miss out on the copies with them already nicely highlighted in fluorescent yellow. I had a most enjoyable run. Mistakes made were minor, by my standards anyhow. It seems strange being pleased with 51st place but I was still running at 8min20secs a kilometre. 90 competitors on Brown! How often does that happen? The boys experimented with running up a course to mixed success. Niall did fine but Ruaridh obviously found it a bit harder than usual.

White 1.7kms

12th	Jane McIntyre	W21	71.44
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Orange 3.8kms

30th	Ruaridh Inverarity	M12	76.05
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Light Green 4.2kms

19th	Niall Inverarity	M14	43.19
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Blue 7.4kms

25th	Heather Hartman	M45	69.57
38th	Darina Cunnane	M50	74.56
43rd	Karen Dobbie	M45	77.52
46th	Pat Squire	M21	78.47

Brown 9.4kms

1st	David Godfree	M21	53.55
6th	Rob Lee	M35	59.21
15th	Ben Hartman	M21	64.15
18th	Colin Eades	M21	66.33
21st	Lorna Eades	W21	67.47
35th	Phil Smith	M21	73.43
36th	Ian McIntyre	M35	73.50
51st	Colin Inverarity	M40	78.54
62nd	Mark Davies	M21	88.34
77th	Gillian Matthews	W21	97.38

Sunday 6th April Scotlands Galoppen 2 Balmedie - (GRAMP)

It's a bit disconcerting when one of the control descriptions on your 10 year old's course is Mine. You know the round metal type with knobby bits on the sides! The weather had seemed a bit ominous but it stayed fine for the duration of the event. I knew the area was sand dunes but I wasn't expecting the Sahara like expanse I had to trudge across from 1 to 2 (and later on from 12 to 13 and 14 to 15). Ice Cold In Aberdeen? Once again a good run apart from the one where I came along the beach and couldn't find where I was when I headed back into the dunes. Some good performances from the Interlopers present.. Wins for Karen, (keeping up the pressure at the top of W21S), Graeme Ambler, (Yes, he's still orienteering), Graham McIntyre (Mr Invincible!) and Kitchin (the first sighting for many a moon). No Heather for me to compete against this time. She was indisposed but I did manage to go round faster than Angela and Darina



M12A	Ruaridh Inverarity	5th
M14A	Niall Inverarity	6th
M20L	Graeme Ambler	1st
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	Ken Daly	3rd
M35S	Graham McIntyre	1st
M40L	Colin Inverarity	8th
M50L	Pat Squire	10th
	Barry Owen	11th
	Steve Ambler	16th
W21E	Angela Mudge	4th
	Darina Cunnane	5th
W21S	Karen Dobbie	1st
W35S	Morag Anderson	disq'd

Blue 6.0kms 250m climb

1st	Mark Davies	M21	77.40
	Bob Sheridan	M21	disq'd

Sunday 20th April LOL8 - Dalkeith Park (ESOC)

Well maybe we should have known but I never remember that the last LOL is usually the LBOA Inter Club Championships. Once again we almost win it by not bothering our backsides. We come second again -141 points to 132- to the Mighty ESOC! Running on home territory almost for me but as usual familiarity only helps me part of the way. Never mind! I've enjoyed every event since Elibank. I feel I'm running well and the areas have been great to run in.

White

4th	Stephen Haley +1	M5	28.19
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Yellow

3rd	Ruaridh Inverarity	M12	28.25
6th	Emma Mason	W10	45.57

Orange

5th	Niall Inverarity	M14	44.48
9th	Penny Mason	W45	60.31

Light Green

2nd	Graham Haley	M21	43.39
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Green

3rd	Ann Haley	W21	51.11
13th	Ray Heyworth	M65	64.00
16th	Chalmers Smith	M45	65.36

Blue

11th	Bill Mason	M45	72.21
13th	Barry Owen	M50	74.23
17th	Gillian Matthews	W21	78.26
22nd	Karen Dobbie	W21	80.20
24th	Pat Squire	M50	81.59
28th	Paul Jackson	M35	85.17
30th	Steve Ambler	M50	86.19
36th	Fiona Weir	W21	93.01

Brown

1st	Andy Kitchin	M21	50.14
7th	Jane Hailey	W21	72.22
9th	Colin Inverarity	M40	77.30
14th	Tim Brand	M35	83.29
16th	Dave Simmons	M21	88.52
18th	Ken Ovens	M35	92.02

LOL Final Placings Best 4 out of 8 events

The Inverarity Treble was never to be. The boys done good but their Dad had calculated in private that some ESOC types could overtake him if they ran a fourth event. And none of the sods were organising or planning! Still it would have been a sad reflection on the LOL if a goat like me had won. Hopefully you all had lots of enjoyment and are eagerly looking forward to next year's events. Well done, Ann by the way!

White

4th	Stephen Haley +1	M10	203
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Yellow

1st	Ruaridh Inverarity	M12	555
8th	Emma Mason	W10	388

Orange

1st	Niall Inverarity	M14	569
14th	Kirsty Balfour	W14	226

Light Green

2nd	Graham Haley	M21	443
17th	Rachel Balfour	W16	203

Green

1st	Ann Haley	W21	566
2nd	Chalmers Smith	M45	459
12th	Ray Heyworth	M65	408
39th	Morag Anderson	W35	216

Blue

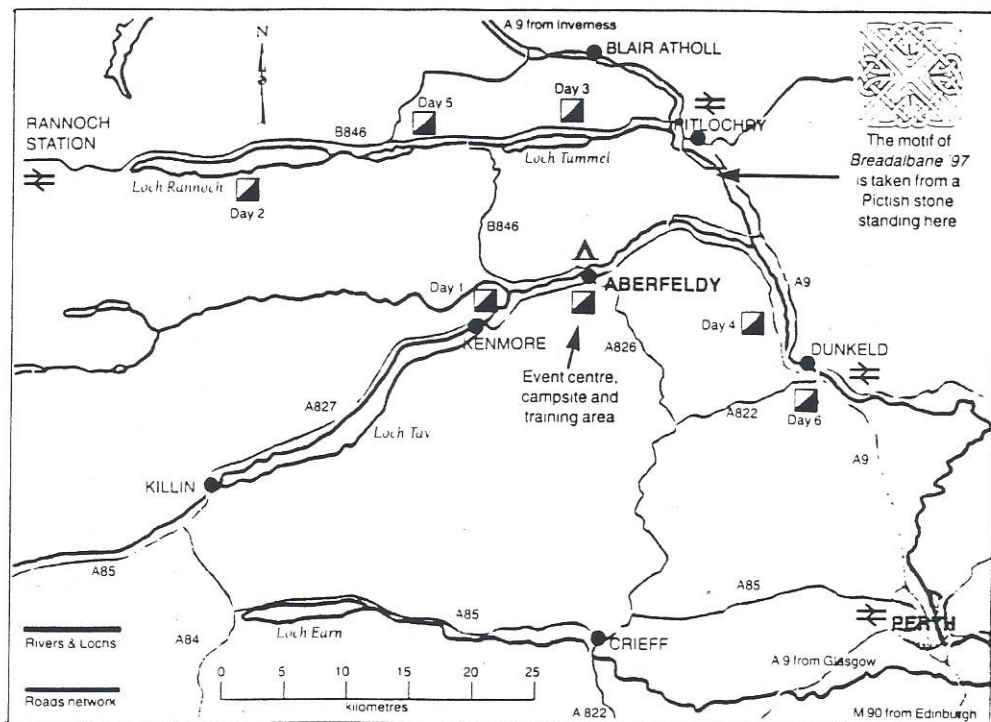
3rd	Bill Mason	M45	477
5th	Pat Squire	M50	453
10th	Barry Owen	M50	426
14th	Darina Cunnane	W21	416
20th	Steve Ambler	M50	381
21st	Fiona Weir	W21	372
22nd	Paul Jackson	M35	368
44th	Scott Balfour	M50	221
48th	Janet Walton	W21	202

Brown

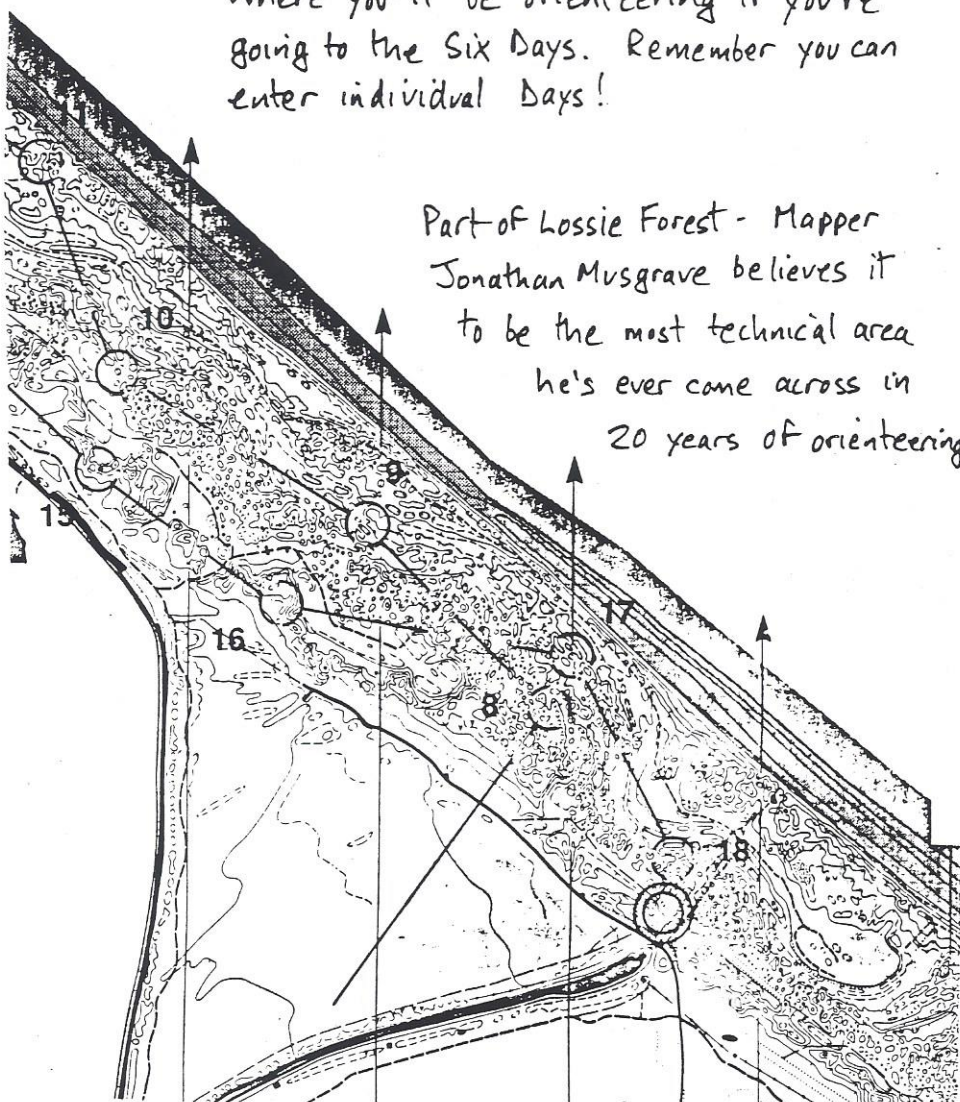
4th	Colin Inverarity	M40	427
5th	Heather Hartman	W21	416
21st	John Mitchell	M35	213
21st	Jane Hailey	W21	213
25th	A. Matthewson	M21	199
27th	David Simmons	M21	192
28th	Tim Brand	M21	190

Sunday 4th May Scotlandsgaloppen 3 Drumlanrig Woods (TINTO)

It rained! Quite a lot! Mind you that's just about all it has been doing this 'summer' so far. You were soaked going to the start so after that nothing really mattered. My navigation was fine to start off with. Regular competition obviously does help. I had caught up with a schoolmate of mine by Control 4. Louie and me spent most of the rest of the course swapping the lead. I have to admit to ending up in an out of bounds area by following his lead at one time. Needless to say it took us miles off the red line anyhow! I surged ahead and finally lost him when it came to decision time. Take the long way round the tracks or plough through the green. How come I didn't find the alleged motorway through it all? That ended up being my big mistake for this run. Just watch out! One day I won't make any mistakes. It wasn't to Mrs Hartman's liking - too many tracks! Victory to me for a change. Ben enjoyed himself though and so did Kitchin, running as a woman! Karen's impressive form continues and Ackland foolishly orienteers before he's ready again.



Where you'll be orienteering if you're going to the Six Days. Remember you can enter individual Days!



M12A	Ruaridh Inverarity	3rd
M14A	Niall Inverarity	9th
M21E	Ben Hartman	1st
	David Eades	5th
	Phil Smith	9th
M21S	Paul Caban	6th
M35L	Ken Daly	5th
	Graeme Ackland	ret'd
M40L	Colin Inverarity	8th
M50L	Pat Squire	5th
	Barry Owen	14th
	Steve Ambler	15th
M65L	Ray Heyworth	1st
W21E	Andy Kitchin !!!!!	1st
	Heather Hartman	5th
	Gillian Matthews	7th
W21L	Ann Haley	3rd
W21S	Karen Dobbie	1st

Blue

6th	Mark Davies	M21	64.33
11th	Brad Connor	M21	76.26
14th	Fiona Weir	W21	105.36



Happy Hols!

Four Go Mad In Yorkshire

Orienteering in the Haley family had a slow start in 1997. SG1 and SG2 past me by for various reasons, so I began to look further afield. The week before Easter we had booked a holiday cottage in the Yorkshire Dales - Ah! There was a Badge Event at Crookrise Crag, near Skipton - just the thing!

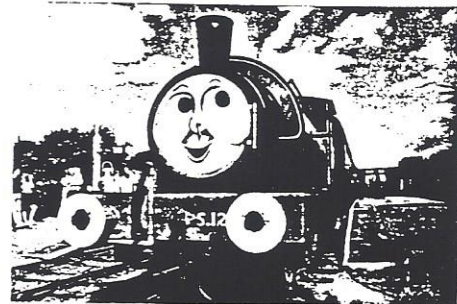
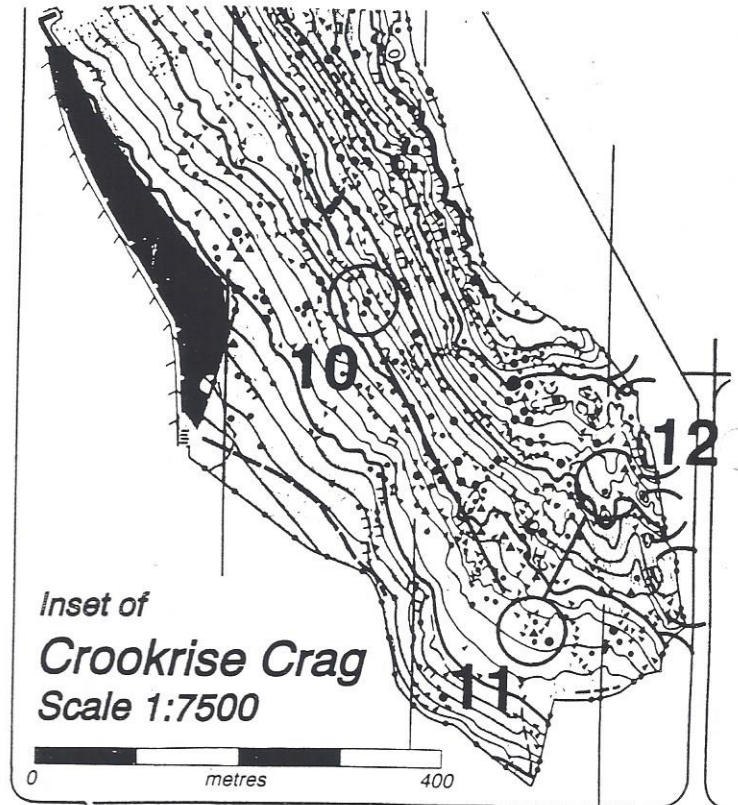
As it happened, Crookrise was an old haunt of ours from University days, not for orienteering, but for rock climbing. From our cottage in Wensleydale, the day looked fine, but as we approached the crags the clouds blackened. Then, the bad news - the already long walk to the start had to be extended. No cars could get into the flooded car park field. I abandoned the family and set off up the hill.

The start was positioned at the top of the crag and my first 3 controls were out on the moor. En route to No. 2, I was passed by an old rival, Wendy Smallwood. Not knowing which class she was running (W21 or W35?), or when she had started, I initially didn't bother myself too much. Numbers 4 to 7 were on open farmland and it became apparent that we were running the same course. Despite different route choices we converged on No. 7. Then it was into the wood where Numbers 8 and 9 were fairly straight forward.

The area had been described as some of the most technical in Great Britain. So far so good - but that was about to change! I entered one amazing boulderfield beneath Crookrise Crag. The terrain became amazingly rough and I could have done with my rock boots on rather than studs. To appreciate what I was climbing over you have to understand that marked boulders were over 3 metres high and large boulders were 8 metres high. This section of the map had been blown up to 1:7500 to aid you on your way! It certainly slowed me down. With little to go by on the constant slope I was relieved to get to No. 10. Number 11 proved a little easier with a vegetation change and a few contours to go by. However, I wasn't too impressed by ragging my hand down some of that rough gritstone. Number 12 was fine. My concentration wavered badly as I ran into 13 and I was relieved to see 14 and the finish. Overall that wasn't so bad. I even finished 4 minutes ahead of my old rival who had started a minute behind me!

Meanwhile, the family had had a wonderful steam train ride and Had finally made it to the event where Stephen and Graham were doing a white course around Embsay Reservoir. So, in the end a good day was had by all!

It's nice to see another family beginning to really enjoy the logistics of orienteering with a bunch of weans. The Balfours and Squires are old hands at this sort of lark. The Masons and Inveraritys are going through it now. Here's what the Haleys are up to.



Skipton C4
North Yorkshire BD23 6AX Y
☎ (01756) 794727 (General Enquiries)
☎ (01756) 795189 (Talking Timetable)

Runs 2.5 miles from Embsay Station to Holywell Halt & beyond, at the Station there is a cafe & gift shop (shop open daily), many events for children. Ride 'Yorkshire's Friendly Line'

Opening times: Open all year. Steam trains run all year every Sunday and also on Tuesdays & Saturdays in July and daily (except Monday & Friday) from 25 July until the end of August. Diesel hauled trains operate on Saturdays in June and September.

Admission prices: Adult £3.00, Child £1.50



Have We Got News For You ?

This week's guest publication is Midlothian Insider. The in-house newsletter for employees of Midlothian Council - that enlightened local authority which has just reduced the amount of days approved parental leave for care of a dependent from five days to three - but like the Murphy's I'm not bitter and twisted about it ! Anyway, here's more stuff about Dymo on his bike again. Dig those crazy socks !

Duel success

Enjoying success in a growing sport is **Peter Dymoke**, Accountant with the Corporate Services Division who won third place in the Scottish Duathlon Championships last year at East Kilbride.

The Duathlon is very similar to the Triathlon which consists of swimming, running and cycling but as the name implies the uathlon consists of only two sports - running and cycling. The Triathlon has been around for around 20 years but the Duathlon is a relatively new event, though it has grown to become fairly popular in Australia and America.

His success in the Scottish Championships was unexpected as Peter had competed in his first Duathlon event whilst on holiday in Lanzarote only 3 months earlier where he was placed first.

"Coming first was a surprise because I had only entered the competition for a bit of a laugh. I had experience of cycling and running but had never combined the two in a single event."

Other successes that Peter has since enjoyed include a second place in the Duathlon event at Ayr which was part of the Scottish Triathlon Calender and ninth place in the British Duathlon Championships. As a result of his success in the British Championships, Peter was selected to represent Britain in the World Championships. Peter was placed 58th out of over 100 contestants and was the third Briton to finish.

Peter trains hard: "I cycle into work and to home from Edinburgh every day and I also train regularly with Livingston and District Amateur Athletics Club, The Midlothian Cycle Racing Team and Edinburgh Triathletes".

Peter's next big race will be the British Heat of the Powerman Tournament which will be held in Guernsey at the end of March. If Peter does well he will qualify for the world Long Course Duathlon in Switzerland. The event consists of a 5 mile run, followed by a 95 mile bike ride and then finally a 20 mile run, all over a hilly course. **Insider** will keep you posted. And wishes Peter the best of luck.

While we're at it Dymoke - how come Interlopers never rated a mention?

Midlothian Insider



Peter keeps in shape for the Duathlon by cycling to and from work every day.

Too many capital letters, using around twice in the same sentence, spelling calendar wrong, starting a sentence with and.....

What sort of people are Midlothian employig ?



M fortysomething



108

Well, it certainly has been a busy time for old M40something and family of late. Hardly a weekend has gone by without orienteering of some sort. Not mentioned in dispatches or results yet, the CompassSport Cup at Wilsontown proved to be a lot more enjoyable than nearby Fauldhouse though I did require some assistance to direct me to the proper cairn having marked it down incorrectly at the 2nd master map. A very rare mistake for me it has to be said. It didn't affect my position much.

The British Champs at Clumber Park saw my introduction to classic bramble brushing terrain. It took a couple of controls for my dinosaur like brain to get round to the idea that I would be a lot quicker using the paths. I wimped out and opted for M40S at 9.9kms and was pleased to end half way up the placings instead of usual near the bottom position. Maybe I should consider it seriously with the appearance of Messrs. Dean, Petrie and Tullie in my age group. The Relays at Chatsworth saw me leading off an Interlopers Mens' Open Team. That's how desperate they were. I blasted round 7.6kms in just over 60 minutes. OK - so I was 15 minutes behind Anthony but I'm twice his age. And I wasn't last either! Our M14 Team saw Niall running twice when we couldn't find a third runner.

The Scottish Champs at Craighui saw some of our elite runners lose out over some last minute confusion and course changes. Once again I blew it on one control but had a good run otherwise keeping pace with Ken Daly for roughly the

last third. Laggan Village Hall was not the place to be on Friday night with most of the Inveraritys and Simon in residence there. Maybe someone designated a 15 mile exclusion zone around us. Simon was in his usual ebullient form over the weekend. It was nice to hear him again. Just joking, Simon! Me and the boys had a great time with the Hall to ourselves playing football and volleyball.

It was a different story the next night as we helped Lorna with the last minute preparations for the Relays. At one time half the floor of the Hall must have been covered with maps lain out in various classes and combinations. Sometimes people don't really appreciate the work which goes behind the scenes in major events. We have some very capable organisers and planners in our club who bear the brunt of the work and often for very little thanks. Lorna, with the help of Colin, drew all the relay maps by hand (allegedly). She also designed super courses which brought the runners along the ridge in full view of the spectators for their final controls. A decision which a few Interlopers appreciated when we saw Rob blasting along and taking first place at the second last control. Yes - we are Scottish Men's Open Relay Champions. Well done Andy, Gordon and Rob. You brightened up our day.

Scott has been putting in lots of man hours as chief controller for Day 6 at Birnam involving lots of last minute dashes up the motorway and site checking till all hours. As well as doing our Gleneam map, Graham McIntyre is also busy

planning the courses for our Day at Unpronounceable. Various club members have been helping him by test running courses. To you all we should really give a big vote of thanks.

Our two man M14 Relay Team were in action again at Strathmashie with Ruaridh the unlucky one to run twice this time. See if they ever find a third runner...

Lossie Forest - I've never orienteered anywhere like it! Comparing split times with Heather afterwards I didn't seem to come off to bad but when I did make a mistake I really did. On the whole though I stuck to my bearings and 8 times out of 10 it worked. Is my navigation improving I ask?

Anagach was fun to run in as usual for the Scottish Score. I should really remember some results from all these events but there's too many things for my poor wee brain to cope with. Going back because I wasn't there, Graham Mc won M35L at the JK and Heather W21L. Morag Anderson 'won' W35S at the British only for the course to be voided. Did you win there as well, Graham? Scottish results are even more of a blur but I think Heather was a winner there too! Apologies to anyone who did well and totally omitted by me.

Just space left to say congratulations to Pete Kinny, now the proud dad of young Angus (very Australian). Best wishes to Finlay and Gillian on their engagement. Don't forget the Treasure Hunt, the Canoeing and oh - Have a great summer. Happy Trails, again.

Date Wednesday 27th August

Time 6-00 - 9.00p.m approx.

Venue Low Port Centre,
Linlithgow
(Opposite Tesco - 1 minute
from railway station)

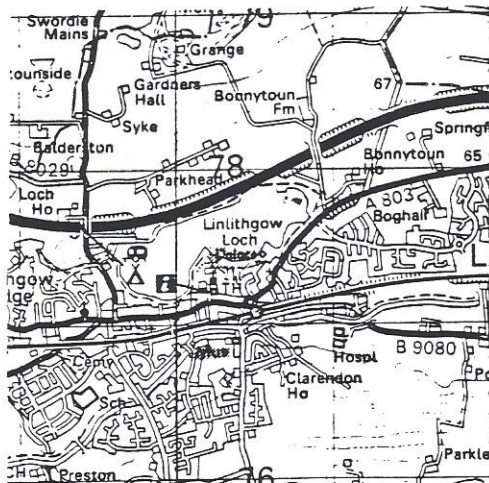
Activities available

Kayaking - a single seated, decked craft whose ancestors were used by Eskimo hunters and propelled by a double bladed paddle.

or

Canoeing - paddling with a partner in an open boat using a single bladed paddle; kneeling or sitting; head dress optional!

Interlopers Canoe Evening



Be there or be up an excremental watercourse without a satisfactory means of propulsion or steering!

Instruction will be provided by experienced and qualified fellow Interlopers.

All equipment (kayaks/canoes, waterproofs, etc.) will be provided.

Participants will be expected to bring suitable personal clothing.

No previous experience required!

To comply with Scottish Canoe Association guidelines, each group must be limited to a maximum of 10 persons.

Cost - M/W10-17 £2.50 Others £5

Contact Barry Owen (0131-229-5858) in the evenings for a place. First come, first served!