

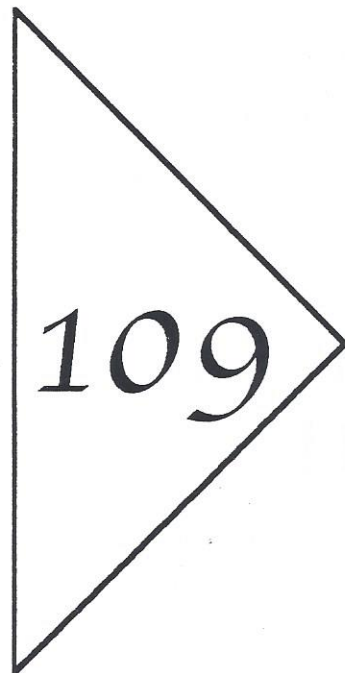
INTERLOPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 109

October 1997



Yes Yes

Yes - there still is a newsletter. Yes - it is a bit late coming out. Yes another summer has gone and the nights are drawing in. Yes - it's time to try and dredge enough will power to go out on those cold, wet, windy nights and train. Yes - it was a good Six Days. Yes - we came 2nd again in the Eleven Person Relay. Yes - the canoeing was fun. Yes - there are quite a few socials planned for the coming weeks. Yes - we lost to ESOC in the Compass Sport Cup. Yes - we lost to FVO in the Inter Club Knockout.. Yes - we have a new club tent. Yes we have a number of new Interlopersto welcome. Yes - Ackland hasn't been to the last two committee meetings. Yes - the next

meeting's at his place although he doesn't know it. Yes - Lorna's back in the World Cup Squad. Yes - Gordon's fairly flying round the Meadows on Tuesday evenings. Yes - a map of Glenearn and Berryknowe has been spotted. Yes - mapmaker Graham and Morag are getting married. Yes - the wedding is the day before our Scotland galoppen. Yes - the groom is reputedly not faring too well in the pre-stag night training sessions. Yes - Steve Conway was spotted at an event.. Yes - We're desperately trying to sign up the visiting Scandinavians before ESOC do. Yes - I'm running out of inspiration here. Yes - I'm orienteering just as badly as ever.

Post Early For Xmas Issue !

Lots to catch up on

*Events, Results,
Socials and all that
rubbish*

*Do You Want A
Newsletter ?*

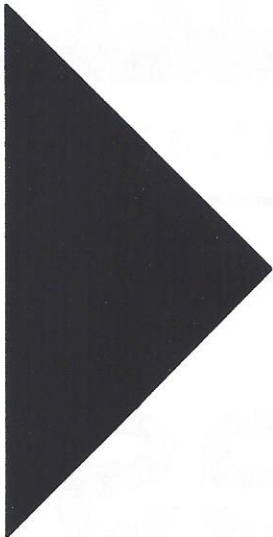
*Lots of club gossip
- well, not really !*

Six Days Report

*and make sure you
turn up to help at
SG7, or else*



The Club Chairperson challenging FVO on Stirling Bridge to beat us Sick



LOL CERTIFICATE WINNERS 96-97

Yellow

Ruaridh Inverarity 1st Overall
Emma Mason 4th Junior Woman

Orange

Niall Inverarity 1st Overall

Light Green

Graham Haley 1st Senior Men

Green

Ann Haley 1st Overall
Chalmers Smith 1st Senior Men
Ray Heyworth 5th Senior Men

Blue

Bill Mason 3rd Overall
Pat Squire 5th Overall
Barry Owen 10th Overall
Darina Cunnane 2nd Senior Women

Brown

Colin Inverarity 4th Overall
Heather Hartman 1st Senior Women

LOTHIAN O LEAGUE

Here they are ! These are the fixtures for the real orienteers in the club. Not the namby-pamby world cup / national squad / Two Breweries / Three Peaks / 2 days up a mountain with a kitchen sink / fell running / mountain biking softies. Sorry the newsletter didn't get out for LOL1.

5th October	Binning Wood	ELO
16th November	Benarty Hill	WFO
7th December	North Pentland Hills	ESOC
18th January	Beecraigs	LINOC
8th February	Archerfield	INT
1st March	Corstorphine	EUOC
22nd March	Eildon Hills	RR

IN THE CLUB !

New members for Interlopers again. A big welcome to :-

Donald Ketrick (M21)
67 St. David's, Newtongrange, Midlothian EH22 4LF
0131-654-0305

The McLeod Family (Andy M40 and Chris W35)
Resident in Huntingdon just now but heading for Edinburgh soon

We're the ones in the distinctive O-tops. Feel free to indulge any of us in conversation and abuse us. It's the only way you'll get to know any of us.

ON THE MOVE !

Graeme and Jane Ackland
112 Relugas Road, EH9 2LZ, 0131-667-7718

Dave Godfree
2F1, 30 Blackwood Crescent, EH9 1QX, 0131-667-9747

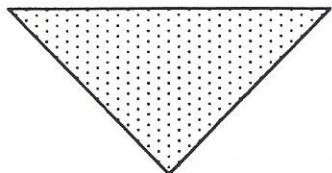
Gillian Matthews
10 Cross Street, Kendal, Cumbria, LA9 4RW,

Alastair Matthewson
2F3, 43 Warrender Park Terrace, EH9 1EB, 0131-229-9957

Barry Owen
4 Bothwell Street, EH7 5PR, 0131-661-8898

and Juliet Vickery is off to Cambridge somewhere and hasn't told anybody but we'll find her !

The final points and placings were published in the last issue but just to remind you and give another pat on the back to those deemed good enough to merit a certificate - here they are ! (Though why Barry Owen is worthy of a certificate for 10th place I don't know !).



Data Protection Act

Implications for Interlopers

Club Corner

Apologies are due first of all to Pete Kinny and spouse for me giving them a very premature child. I must have been dozing off at a committee meeting and woke up to catch the chair in one of his rambling flights of fancy. Sorry, Pete! When is the baby due?

Talking of premature. Hello, Heather Patricia Walton. 4 weeks early on 23rd August at 8.24 a.m. weighing in at 4lbs 10oz. What lazy sods bagged the Blue/White Start on Day 3 and made Janet walk 2.2kms and 150m climb to the Red when 8 months pregnant?

Own up Squire, Owen, Davies, Inverarity, . . .



Best wishes to Mr and Mrs McIntyre (Graham and Morag) on their marriage. Wedding in the church down at Mayfield and the reception afterwards at the King's Manor. There better not be too many sore heads at Glenearn the next day!

Some of the provisions and details of the Data Protection Act have recently been brought to our attention by BOF. Under the terms of this Act, Orienteering Clubs count as 'unincorporated members clubs'. As such, they may hold personal information on members without having to register under the Act, provided that:

they hold information only on members

they seek and obtain the consent of all members (if a member objects, the club must either delete that person's information, or else register under the Act)

they disclose such information only with the member's consent or at the member's request

To abide by these requirements, this is the formal notification to all Club members that personal details, in the form of name, address, telephone number, year of birth, BOF / SOA number and e-mail address where applicable, are held on computer to assist in the smooth running of the Club.

This is the opportunity for members, if they so wish, to object to the central holding of such information. However, they may then find that this may make communications between themselves and Club officials rather difficult, and could mean that these members may not receive normal circulars from the Committee (such as Newsletters) since such circulations are organised using address labels generated from the database.

Any such objections may be overcome by the Club registering with the Data Protection Registrar, on a payment of a three-yearly fee of £75.

(Personally, I think it's a good idea making the Club pay £75 for the privilege of you lot getting a newsletter but you may think otherwise - Ed.)

You are cordially invited to attend any of the following soirees

Friday October 31st

Monday November 17th

Thursday December 18th ?

Hallowe'en Party

Skittles Evening

Christmas Party

Chez Paul

The Sheep Heid

Chez Riemersma

Phone your friendly Social Secretary Darina (0131-556-1930) to confirm arrangements



It's Only Words

Evenwood
Cothill
By Naim
IV12 5LE
25/5/97

Dear Ann,

This is just a short note to say thanks to your club for putting on an excellent Scottish Relay Champs. I managed to persuade Moravian to enter 3 relay teams (the first time we've actually entered a relay in living memory - most of our team run for RAFO in competitions). Some of the team were doing a relay for the first time, and they went away enthusing about it all. Everything from the organisation to the superb changeover area was magic. The atmosphere you created by letting everyone watch the closing stages of the courses was great - What a good idea to place the start where you did!

I know from experience how much hard work and time goes into such events, and it all seems worthwhile when it's appreciated and people bother to say so.

I don't know how many people will have passed comment, but on behalf of all of us in Moravian, thanks for laying on a superb event and we hope to see some of you floundering about in the impossible contours of Lossie on June 7th!!!

Yours Sincerely



Moravian O.C.

and from the stand-in Organiser of Day Two at Breadalbane

Dear John,

Please pass on to your club members on behalf of Jim Heardman (Lead Controller) and the other officials on Day 3 our appreciation of their hard work at the event. The superb contribution by all members of the Clubs certainly made Day 3 an outstanding day of orienteering.

Regards,

John (McNee)

The more cynical might translate this as things were on the verge of falling apart but you all mucked in enough and just prevented that from happening!

We are Interlopers. No one likes us. We don't care! Not really true. A couple of letters have come our way showing appreciation for some of the things we have done. It doesn't take much time but it doesn't happen perhaps as much as it should. So thank you for your letters Roger and John. I'm sorry it's taken me so long to pass your kind words on.

EUROPEAN MOUNTAIN RACING TROPHY (Ebensee, Austria). Men (9.5km): 1, H Schmuk (Austria) 49min 46sec. British placings: 4: R Findlow (Eng) 51:05; 13, A Peace (Eng) 52:48; 19, J Hooper (Wal) 53:21; 23, R Quinn (Scot) 53:41; 33, M Roberts (Eng) 55:19; 39, D Weir (Sco) 56:42; 44, A Douglas (Sco) 57:29; 45, C Jones (Wal) 57m39s; 47, N Adams (Wal) 57:52s; 55, J McQueen (Wal) 61:31. Team: 1, Italy 17; 2, Austria 18; 3, Slovakia 27; 5, England; 10, Scotland; 11, Wales. Women (8.5km): 1, E Speiss (Switz) 49:26. British placings: 2, C Greenwood (Eng) 50:06; 4, A Mudge (Sco) 50:27; 11, H Heasman (Eng) 52:18; 16, A Buckley (Eng) 53:10; 26, M Todd (Wal) 55:43; 27, A Nixon (Wal) 57:32s; 28, T Brindley (Sco) 57:48. Teams: 1, Switzerland 4; 2, England 13; 3, France 16; 9, Scotland 32; 12, Wales 53.

Mudge Corner.

July

August

TISO SCOTTISH HILL RUNNING CHAMPIONSHIP (Fourth Round, & World Mountain Trophy Team Trial, Dreghorn). Men: 1, N Wilkinson (Cambuslang H) 55:27; 2, C Donnelly (Cambuslang H) 56:02; 3, J Wilkinson (Shetleston H) 56:26; 4, M Rigby (Westerlands CCC) 56:41; 5, D Rodgers (Lochaber AC) 57:31; 6, J Hepburn (Lochaber AC) 58:07. Team: Shetleston Harriers 37pts. Women: 1, A Mudge (Carnethy HRC) 42:51; 2, H Diamantides (Westerlands CCC) 44:04; 3, T Brindley (Cosmic HB) 45:12; 4, J Salvona (Livingston & Dist) 47:12; 5, S Ridley (Edinburgh WM) 47:33; 6, K Powell (Carnethy HRC) 48:53. Team:

Make a Date with the Squad for 1998

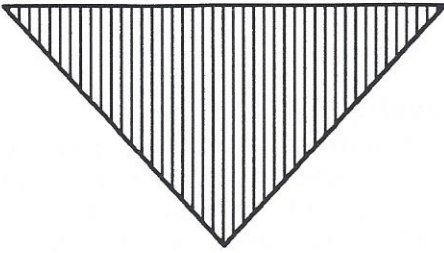


In order to raise much needed funds the British Squad and supporters have produced an attractive and useful full colour Orienteering Calendar for 1988 of 12 superb orienteering and forest photographs, which can also be used as postcards.

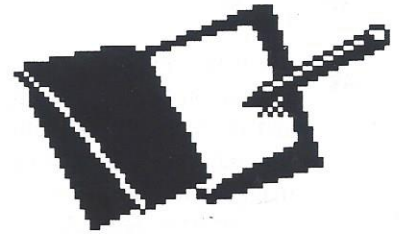
The calendar is A5 in size (210x149mm), wire bound, and contained in an envelope. The cost is just £3.50 each, plus 50p for postage - an ideal Christmas present or stocking filler. Great for office or home. Please support the Squad by buying some for your friends and relations.

Cheques should be made payable to GBR Orienteering Squad.

Orders to
Calendars
Kirkmoors
Main Street
Huby
York
YO6 1HS
Phone / Fax 01347 810348



Events

















- **Sunday 19th October**
Scotlandsgaloppen 7 (or is it 6 ?)
Glenearn and Berryknowe
(NO133127)
 Organiser: Pat Squire
 (0131-445-4830)
 Enquiries and entries to
 Paul Caban
 50 Buckstone Road
 Edinburgh EH10 6UE
 (0131-445-3098)
 Seniors £6 / Juniors £3
 Cheques payable to Interlopers
 Late entries (+£1.50) Ltd EOD
 Closing Date 5th October
- **Sunday 25th October**
MAROC Night Event
The Shooting Greens, Banchory
(NO633943)
 Information from
 Mick Curtis (01330-823508)
- **Sunday 26th October**
MAROC Colour Coded Event
Redburn, Ballater
(NJ432022)
 Information from
 Lesley Bett (01224-743090)
- **Saturday 1st November**
Tinto Twin Night Badge Event
and Scottish Night Champs
Carmichael Estate
(NS927393)
 Organiser and Enquiries
 Pat Allan (01555-662783)
 Seniors £6.50 / Juniors £3.50
- **Sunday 2nd November**
Tinto Twin Day Badge Event
Carmichael Estate
(NS927393)
 Organiser and Enquiries
 Pat Allan (01555-662783)
 Seniors £5.50 / Juniors £2.50
 Pre-entries on SEF to
 Marjory Foreman
 12 Cartland View, Lanark
 ML11 7PR
 Closing Date 25th October
 Ltd EOD Combined Entry £11/£5
 Cheques payable to
 Tinto Orienteering Club
- **Sunday 16th November**
LOL2 (WFO)
Benarty Hill, Ballingry
(NT137970)
 Organiser
 Peter Adams (01592-64390)
 Seniors £3.50
 Juniors / Students £2
 White / Yellow £1.50
- **Sunday 23rd November**
Scotlandsgaloppen 6 ? (ESOC)
Linn of Tummel, Pitlochry
(NN870596)
 Organiser and Enquiries
 Mary Williams (01383-860389)
 Pre-entries on SEF to
 Robert Findlay
 58 Nether Currie Crescent
 Edinburgh EH14 5JG
 (0131-538-2597)
 Seniors £6 / Juniors £3
 Cheques payable to ESOC
 Late entries (+£1) Ltd EOD
 Closing Date 14th November
- **Sunday 30th November**
WOSOL Colour Coded Event
(STAG)
Palacerigg Country Park,
Cumbernauld
(NS?????)
 Information from
 Jackie Riley (0141-778-3127)
- **Sunday 7th December**
LOL3 Score Event (ESOC)
North Pentland Hills, Edinburgh
(NT231680)
 Information from
 Janet Clark (0131-225-7771)
- **Sunday 28th December**
ELO Festive Frolic
Yellowcraigs, Dirlerton
(NT515855)
 Information from
 Sheila Strain (01875-611014)
- and to structure your training for
 the winter
- **Weekend 14th-15th March**
British Championships
Aldershot, Hampshire
 The date as well as the venue for
 this event are uncertain at the time
 of going to press.
- **Weekend 10th-13th April**
Jan Kjellstrom Festival
Dolgellau, North Wales
- **Weekend 6th-7th June**
Scottish Championships
Darnaway, Moray



dnf

as well as standing for did not finish, on this page it means **do not forget !**

-  The new club tent has arrived in a combination of fight and open colours. Paid in part by our CompassSport Cup victory and obtained through Ultrasport. (I wonder if we know anybody who works for them?). It was due to be given it's inaugural airing at the Eleven Person Relay but it took very little effort to persuade the Chair not to get it out of its bag. But we do have it - so plenty of room for Galloways, Kenworthys, McIntyres, Smiths, Waltons, et al. No excuse for not going orienteering now! Plus the big boys can hide in the old tent.. P.S. - if there's something wrong with the tent we can blame Darina!
-  The Scottish Relays made something like £1250 which has to be divvied up. There has been a suggestion that some of the monies from both weekend events be pooled together to fund some junior developments which seems a fairly sensible suggestion. Rumours of Steve Ambler being on holiday in Brazil with one of the Spice Girls have not been substantiated. Yet!
-  Our Scotlands galoppen is upon us soon. Once again, C.D. Eades stepped in heroically to fill the vacuum caused by the dearth of volunteers offering to plan. What do we as a club want to do in the future? Do we want to hold events or do we just want to compete? Can we achieve some sort of balance so that the workload does not fall on the same accommodating people all the time? Do you want to help your club? Everyone has to start somewhere, so if you are interested but concerned about your lack of experience - don't worry! Let us know. You can be paired with someone to learn the ropes of organising / planning / controlling. You can start off with a summer series or training event or even an LOL. There are enough qualified people in the club to pass on expertise as long as they are not called upon all the time in our hour of need. Do your bit!
-  On that score do we have any volunteers for our Summer Series events before we have to victimise / cajole the usual suspects? Register your interest now. It could be the stepping stone to something big. Today, Inch Park - tomorrow, WOC '99!
-  The full report will appear in the next issue but it must be reported here that Lorna was faster than Colin on the tartan course!
-  Hey you reading this! Are you an Interløper? If not, why not? You don't get this newsletter for nothing! If you're remotely interested in becoming a member of our merry motley crew of mirth get in touch with our club secretary, John Barrow, (0131-440-2136) to satisfy any queries, obtain further details, or generally just sign up and pay us your subscription.
-  OK - you've missed the BOF Club Delegate Conference at Crewe on October 11th because of your editor's procrastination but you might just have enough time to sign up for the National Mapping and Coaching Conferences at Lillieshall in Shropshire on November 14th-16th and December 5th-7th respectively. Fees are £50 and £40 and I dare say you could apply to the club for a grant but that's no guarantee we'll actually give you any money! Anyone interested phone me at 0131-668-2170 or John Barrow on 0131-440-2136 for further details / application form, etc.
-  Apparently the new bijou Ackland residence possesses an Interløpers sized attic. Could this be the opportunity Jenny has been waiting for to reclaim her attic and also give some rest to Pat from scurrying up and downstairs in search of various bits of club equipment? Rumours also abound that Dave Simmons still retains some odd orienteering signs, if you want miscellaneous signs, for some event, ask Dave.
-  The club watch is in Darina's pocket.
-  Is there anyone interested in circuit training of a Wednesday evening? Various Interløpers convene at the University Gym in the Pleasance about 6.00 p.m. Cost is around £2.50 and you need to be signed in by a card holder. Folk to get in touch with are Rob (0131-668-1851), Colin or Loma (0131-668-2822). Don't forget the Meadows Intervals on Tuesdays about 7.45 p.m. and the longer runs from Meggetland on a Thursday from around 6.00 p.m.
-  Well done to not-so-young anymore, M20E, Anthony Squire who was selected for the World Junior Championships this summer (in Belgium if I remember correctly). More valuable experience for you, young sir!
-  On the LBOA front, it is hoped that there may be more coordinated and structured efforts to develop junior training in the near future. The intention is that this will be training for all juniors and not just the more competent orienteers. Watch this space!
-  Possession of a first aid qualification seems to be becoming something of a necessity these days for all coaches, controllers, etc. The club are looking into the possibility of organising some instruction / certification if there is sufficient demand. If you are interested, have any queries or advice, let Barry Owen know (0131-661-8898).
-  Next committee meeting is reputedly Chez Ackland until he actually finds out. Mind you, there's no guarantee he'll be in the country on Monday 24th November but the rest of us will probably turn up at 112 Relugas Road anyway.

INTERLOPERS

Probably the most boring logo in the world ?

Well it is according to someone not a million miles away. In fact you can see him in the photo below if the Newbattle photocopier does not obliterate him completely. What do you the discerning public think? Is it time for a change in our masthead? Should we move with the times (or is it the Independent?) or should we retain our traditional, naff, but instantly recognisable logo. Do you care? Comments to the editor as soon as possible (if you can be bothered). It'll take me 5 months to get the next issue out!



Spotted in the **BOROUGHMUIR NEWS**

Congratulations to the ten pupils who took part in the Lothian Mountain Challenge on Saturday 27 and Sunday 28 September. All performed with great credit in what was a strenuous and physically demanding event. Particular congratulations to . . . **Kirsty Balfour** 3H2 and **Abigail Robertson** who won the Girls' Bronze Class and to **Beth Sadler** 6H1 and **Rachel Balfour** 6H1 and **Alice Druitt** 5L1 who won the Girls' Silver Class.

Well done, Balfourettes !

Blast from the Past as Peck Rides Again

World Orienteering Championships 97
Classic Race Qualification - August 11th

. . . . But another Brit was in action too - Geoff Peck. The seventies star who has lived in Hong Kong for some years found himself not just coach of possibly Hong Kong's last independent team but running on the team too. Qualification proved too tough a target for 47 year old Geoff who immediately said he was pleased not to have to run in the final but delighted to have experienced at first hand again a WOC forest.

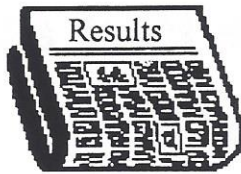
. . . . Each class was divided into two heats with the top thirty in each heat advancing to the final.

. . . . The men raced 8.4km / 320m taking just under an hour for the best qualifiers, . . .



Geoff Peck, who finished 11th in the WOC individual race for Britain in 1972, got round, but only in 56th place (1hr 28min 21secs). "Age means you lose the ability to run through this stuff," said Geoff, "And you have to stop to read the map too."

Extract courtesy of CompassSport



Sunday 11th May WOSOL7 - (TINTO)

Wilsontown Ironworks

It was better than Fauldhouse! My time was rotten but I enjoyed myself apart from wasting 25 minutes before I found out I'd marked the wrong cairn on the 2nd master map. Even with an under strength team we still whipped CUNOC in the Compass Strop!

White 1.6kms 20m climb

4th	Stephen Haley	M5	32.23
6th	Fraser Smith + 1	M4	33.44

Yellow 2.4kms 40m climb

3rd	Emma Mason	W10	42.59
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Orange 3.8kms 50m climb

3rd	Ruaridh Inverarity	M12	52.36
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Light Green 4.0kms 60m climb

4th	Niall Inverarity	M14	70.28
11th	Penny Mason	W45	142.12

Green 5.0kms 75m climb

11th	Ray Heyworth	M65	86.46
18th	Eva Riemersma	W50	137.04

Blue 6.5kms 90m climb

1st	Heather Hartman	W21	71.00
3rd	Bill Mason	M45	72.39
4th	Ann Haley	W21	72.56
5th	Pat Squire	M45	77.10
6th	Gillian Matthews	W21	78.14
12th	R. Riemersma	M50	85.35
13th	Karen Dobbie	W21	86.19
15th	Ynske Riemersma	W21	88.30
18th	John Barrow	M50	91.03

Brown 8.2kms 110m climb

1st	Gordon Riemersma	M21	59.39
2nd	Ben Hartman	M21	64.00
3rd	Colin Eades	M21	65.32
5th	Angela Mudge	W21	73.42
9th	John Ostlund	M21	84.52
14th	David Simmons	M21	91.24
17th	Colin Inverarity	M50	105.46

Weekend 17th-18th May British Championships Clumber Park / Chatsworth

Once I'd worked out it was a better idea sticking to the paths than wading through the brambles things went quite well. It was quite fast but I was still happy I opted for Short and did 9kms rather than 13 - wimp that I am. It made a change to be nearer the top of my group rather than the bottom!

M12A	Ruaridh Inverarity	15th
M14A	Niall Inverarity	46th
M20E	Anthony Squire	5th
M21E	Rob Lee	7th
	Ben Hartman	12th
M21L	David Eades	7th
	Simon Thompson	54th
M35S	Graham McIntyre	5th
M40S	Colin Inverarity	29th
M45L	Bill Mason	110th
W20E	Gail Balfour	15th
W21L	Heather Hartman	1st
	Jane Hailey	8th
W35S	Morag Anderson	1st

Orienteers were in such short supply that I had to run in the Mens' Open at Chatsworth. I was quite happy with my performance even although I was 24 minutes slower than Anthony. I wasn't last! Poor No. 1 son had to double up in the JAH. A very enjoyable weekend.

Mens Open

INT1 - 5th	
Anthony	41.33 (2nd)
David (!)	48.50 (9th)
Rob	42.46 (5th)

INT2 - 34th

Colin	65.32 (40th)
Ben	53.13 (36th)
Graeme	54.00 (34th)

Womens' Open

INT3 - 12th	
Jane	43.14 (13th)
Heather	41.53 (8th)
Morag	50.40 (12th)

Junior Ad Hoc

INT6 - 17th	
Niall	15.44 (7th)
Ruaridh	32.37 (12th)
Niall	29.47 (17th)

Weekend 24th-25th May Scottish Championships Craigbui / Strathmashie

M12A	Ruaridh Inverarity	10th
M14A	Niall Inverarity	11th
M21E	Andy Kitchin	4th
	Gordon Riemersma	8th
	Ben Hartman	13th
	Dave Godfree	15th
	Phil Smith	29th
M21L	Simon Thompson	6th
	James Laird	12th
	Ian McIntyre	Missing 8
M35L	Ken Daly	10th
	Charlie Walton	14th
	Tim Brand	27th
M35S	Graham McIntyre	1st
M40L	Colin Inverarity	29th
M45L	Graeme Ackland!	Disq.
M50L	Scott Balfour	18th
	Bary Owen	19th
	Pat Squire	24th
	Steve Ambler	37th
M50S	John Barrow	4th
W14A	Kirsty Balfour	10th
W18A	Rachel Balfour	7th
W21E	Heather Hartman	9th
	Darina Cunnane	23rd
	Lorna Eades	ret'd
W21L	Gillian Matthews	4th
	Ann Haley	20th
W35S	Morag Anderson	2nd

A much bigger turn out of club members here. Craigbui was as nice as ever to run on. McIntyre wins again and the lads done good in the relay. Ruaridh's turn to do the double this week. See if they find a 3rd runner...

Mens Open

INT1 - 1st	
Andy	32.18 Blue
Gordon	31.40 Blue
Rob	40.23 Brown

Womens' Open

Haley's Comets - 12th	
Jane	33.33 Green
Ann	36.02 Green
Heather	43.13 Blue

M14

INT3 - 3rd	
Ruaridh	19.17 Orange
Niall	20.43 Orange
Ruaridh	21.08 Orange

Saturday 7th June Scotlandsgaloppen 4 Lossie Forest (MOR)

I wasn't sure what I was letting myself in for. The blurb in SCORE seemed a bit off-putting. You'll never have orienteered on an area of such technical difficulty before sort of thing. Going up with the boys to defend their Scottish Score trophies we might as well give it a shot. First sight of the map confirmed all fears. It made the forested dune area on Archerfield look like a picnic. It proved to be quite fun in the end. After my usual shaky start I just settled down to running on the compass and seemed to come out pretty close to most of the controls with no problems. Charlie passed me on one of my poorer legs but I was heartened to catch up with him a little while later. I even managed to stay with him for the next few controls. Heather whopped me by 20 minutes but comparison of splits afterwards showed that when I wasn't making horrendous errors I was running just as well as she was. Thank you, Moravian. I'll be back! Whether I'll do any better is another matter. Ask Pat if Lossie Forest is a good place for your car to break down in!

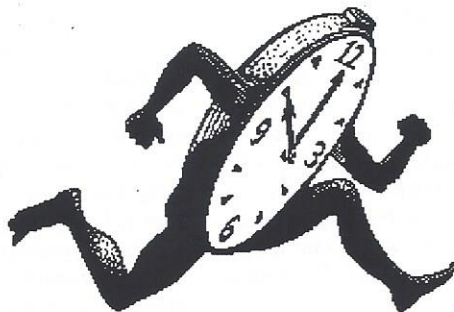
M12A	Ruaridh Inverarity	4th
M14A	Niall Inverarity	6th
M21E	Rob Lee	3rd
	Gordon Riemersma	4th
	Dave Godfree	5th
	Ben Hartman	7th
	Phil Smith	11th
M21S	Paul Caban	4th
	Ian McLean	dnf
M35L	Ken Daly	8th
	Charlie Walton	9th
M40L	Colin Inverarity	12th
M50L	Pat Squire	13th
	Barry Owen	14th
W21E	Heather Hartman	1st
	Darina Cunnane	3rd
	Gillian Matthews	dnf
W21S	Janet Walton	5th

Mudge Ado About Nothing?
September.

TWO BREWERIES HILL RACE (18 miles, 4,900ft climb). 1, G Bartlett (Forres H); 2, J Davies (Borrowdale) 2:43:13; 3, S Birkshaw (NFR) 2:49:15; 4, J Coyle (Carnethy HR) 2:53:50; 5, J Wilkinson (Shettleston H) 2:54:32; 6 M Patterson (Shettleston H) 2:54:45; 1st vet (7th) A Lewsley (Keswick) 2:55:56. Team: Shettleston H. Women: 1 A Mudge (Carnethy) 3:06:47; 2 Y Hague (Pudsey & Bramley) 3:08:00; 3 N Davies (Borrowdale) (vet) 3:12:53.

Sunday 8th June Scottish Score Champs Anagach (INVOC)

We've got fairly comfy accommodation in Grantown, thanks to Mr Lee, so it's a leisurely roll out of bed on Sunday morning and a short drive to Anagach. It's one of those awkward maps where the controls are numbered sequentially rather than according to their points value so there's some mental turmoil at the start for me and Caban trying to work out some coherent strategy to maximise our potential scores without wasting too much valuable time. Although I like Anagach I always seem to make a mess of things there. This time I have, by my standards, a good run but it's the same old story when I get back and think - "How did he get as many points as that?" On the whole, Interlopers tend to have a very good success rate in the Score Championships, but this time we went home empty handed.



M12	Ruaridh Inverarity	7th	150
M14	Niall Inverarity	3rd	280
M21	Dave Godfree	3rd	1119
	Gordon Riemersma	4th	1108
	Rob Lee	5th	1080
	Colin Eades	7th	996
	Phil Smith	15th	830
	Paul Caban	20th	730
M35	Ken Daly	3rd	905
	Charlie Walton	4th	890
M40	Colin Inverarity	8th	610
M50	Barry Owen	11th	540
W21	Lorna Eades	3rd	824
	Darina Cunnane	6th	770
	Heather Hartman	10th	750
	Gillian Matthews	11th	710
	Janet Walton	18th	380

Sunday 14th September Lothian and Borders Champs Bowhill (RR)

ESOC finally pin us down to our CSC match. We're a bit under strength with quite a few of our strongest runners on international duty. Large numbers of scouts means lot of out of bounds areas. They also appear to have taken control of their P.A. system and the noise drives everyone crazy. For once I don't make any mistakes and the Chair seems to think I was running quite well. It's all to no avail though as the Evil Empire narrowly snatch victory away from us. I was fair looking forward to running in the Lake District in the Final. Yah, booh, sucks!

Orange 2.6km 100m climb

5th	Ruaridh Inverarity	M12	35.46
12th	Kirsty Balfour	W14	49.36

Light Green 3.1km 110m climb

4th	Rachel Balfour	W18	59.58
6th	Niall Inverarity	M14	68.53

Green 3.6km 150m climb

20th	Ray Heyworth	M65	74.58
21st	Cathy Balfour	W45	76.40
25th	Eva Riemersma	W50	103.15

Blue 6.0km 230m climb

3rd	Lorna Eades	W21	59.54
9th	Scott Balfour	M50	70.42
12th	Pat Squire	M50	72.55
13th	Bill Mason	M45	73.09
21st	Gillian Matthews	W21	77.37
23rd	Steve Ambler	M50	79.00
29th	Gail Balfour	W21	87.52
34th	Morag Anderson	W35	101.41
35th	R. Riemersma	M50	103.38
36th	Karen Dobbie	W21	103.51

Brown 7.8km 290m climb

1st	Dave Godfree	M21	61.34
2nd	Colin Eades	M21	65.16
4th	Steve Conway	M21	70.16
6th	Graeme Ackland	M35	71.28
8th	Colin Inverarity	M40	77.17
10th	Graham McIntyre	M35	78.06
12th	Brad Connor	M21	85.02
13th	Graeme Ambler	M20	85.28
17th	Richard Weller	M35	110.42

Day 1 Drummond Hill

There's always an air of trepidation on the first day. How long will it take to get there? How far is the car park from assembly? Will the club tent be there? How much time should I allow to go to the start. I've been to Drummond Hill a couple of times before. The first time was for a Scottish Championships many moons ago when I was an M35L so that wasn't yesterday. A nice big long hill with a wall running the length of the crest to relocate on if all else fails. Nice runnable woodland on top with some tricky craggy bits on the south facing slope. It's a classic winding trek along forest tracks to the Start. As usual a brisk walk with Mark and Karen becomes even more brisker as the Start seems to get further and further away. There's a fair crowd of Interlopers about. A few more arrive, panting and out of breath to make it in time for their start. I'm off with a harassed Mrs Eades who needs my disparaging comments about promptness as much as a defective compass as she's trying to mentally attune herself for her elite run. Things seem to go moderately well for me. I know it's better to take on water early but the drinks station seems to come a bit too soon for me after 4 controls out of 17. There is another one later on at 11 also though. My run must have been fairly good because all my legs are in single figures. At 76.24, I've gone round in under 10 minute kms. Things look promising. As the fates have it, Day 1 is to be the peak for many an Interloper! It's downhill for Ann, Gillian, Karen, Morag, Anthony, Graeme A, Paul, Mark, Charlie, Graham Mc, myself, and Bill as we score our best points today. In their defence, Anthony wins M20L and Graham Mc and Charlie only run twice. Lorna is 1st Scot and 3rd Briton in 11th place. Ann and Gillian have good placings in W21L. Ruaridh comes 15th in M12A and Dave Godfree is first Interloper back in M21E. I get an amazing 44th place. The sun is shining, I've had a good run - All I need now is some beer!

Day 2 Rannoch Forest

The venue furthest away from the Event Centre and guess what? Interlopers are in the first start block. Matters are made worse by the fact that my wife has had to return to Edinburgh leaving all the pre-match arrangements to me and we're stuck behind Careful Drivers Anonymous from about Weem. We crawl about 20-25mph for most of the way until just before Kinloch Rannoch. The Eades / Haley combine are OK 'cause they're 5 minutes walk from the assembly. It's also touch and go if the boys are going to throw up before we reach our destination thanks to dad's driving. We make it - but it's a close thing. The sun is shining again and as my wife isn't about I splash out on a new pair of o-shoes. Today I really cut it fine getting to the start. I'm a bit pochled when I get there. The forest looks an uninviting shade of green. The damage is done early on as I gaily storm along the ride from the start oblivious that I should be on the other side of the stream. Some long legs over arduous underfoot conditions do not make life any easier. It's nice to see young Graeme struggling through the kak also. Some idiot in CompassSport rated it the best day. It just goes to show how different orienteers are. Treble figures for me. The going gets tough for Gillian, Morag, Penny and Mark as they retire. Who did like it? Heather had a good run and Colin was quite pleased with himself even though he finished down in 44th place. Lots of orienteers take advantage of the glorious weather to catch some rays. It's hot but thankfully not as hot as Strathspey '95. I forgot to coat my feet in vaseline yesterday. Not having orienteered for a while my feet have softened up and I've got a blister. Fortunately nothing like the monsters I had after Day 1 two years ago. Maybe I can keep these ones under control. The team slope off to the village for some ice lollies and a break before we head off for Unpronounceable to start setting everything up ready for our extravaganza next day.

Day 3 Leachdann Tom na Croich

There's not a lot of action as we arrive at what-used-to-be Allean. The most exciting highlight is watching Wilf and the Thai food van trying to get into the field. Lazing about, Mark and I remark on what a nice area it is on the other side of the loch. We get a glimpse of a map and look - There's Orange On It! Typical! We get the Scottish version of Amazonia yesterday and miss out on a chance to run on some open moorland. We're on Starts. Our main activity is tying streamers for the route and whacking back the bracken to make life easier for the happy punters.

On the Day we have to make sure that everything is in place. Life is made fairly easy thanks to the experience and calm authority of Organiser Pat. We've set ourselves up at Blue / White Start basically because we didn't want to hump gear another 1.5kms and 200m. We leave that for Janet's team!

Karen, Niall and Ruaridh deal with announcing start times and flicking over the counter. Mark and I check the control cards. We cope reasonably well apart from the first minute when we're overwhelmed by about 20 competitors and we haven't really got our act together. Barry, Anthony, and his pal Chris, see everybody through Box1 and Box2 while Pat oversees the whole smoothly run operation. And st. the sun shines! The atmosphere is pleasant throughout the 5 hours or whatever of starts. There are a few hiccups and pressure points but we smile and wish the competitors well and set them off happy and relaxed. If nothing else they'll have lovely views to admire.

The good thing about doing starts is you get it over with early. We've struck it lucky for once but we do our bit and muck in with CUNOC at the Finish, on results and drinks. Well done, folks! Our plea for people to forgo their run met with a very positive response, although it does seem that this was not the case on other days according to correspondence in SCORE.

Halfway there and a rest day next.

Scottish Six Days



Day 4 Creag Vinean

Will Interlopers benefit from having two days off? Suitably recharged and reinvigorated after a day at the Crannog Centre, lazing on Loch Tay at Kenmore for a while and then rounding it off with a woodland trail above Weem. We have 'She Who Must Be Obeyed' back in the family unit, having picked her up in Pitlochry after Day 3. I always seem to have a hard time here in this forest. Cathy and me are well in time for our starts. I knock the first control off but en route to 2 I come out further along the track than intended and blast along for ages looking for the gully that isn't there. Of course I'm running away from the control and making my route back twice as hard. 21 minutes!!! Well things can't get any worse. The rest is achieved without major mishap though muggins opts for wild raspberry, bramble, brashing and broken leg city between 6 and 7. The drinks stations are way below my route so I give them a miss. Better than Day 2 though when it didn't seem to be where I expected it to be despite me making a detour to find it! My time is reasonable. Take off 10 minutes and it's fairly creditable. It rains today so the tent comes in useful especially for visiting Galloways and Kenworthys up for the day. With them and the McIntyre/Smith combine most of the rest of the club are scared off back to their cars. I chat to former Interloper and ex-boyfriend of wife, Ian Miller. He's now back in Britain predicting weather for Sky. I'm pleased to see on checking the results board that I've beaten him every day so far. Time has obviously been kinder to me. Kirsty, Penny, Ruaridh, Ian, Barry, Scott, Pat and Steve must have taken some heart from their performances today scoring their highest points. And I haven't mentioned that Donald and Ariane are here again over from Canada

*Six Days of
Scottish Orienteering
20th Anniversary*

Day 5 Dunalastair

The sun is back. Familiar territory for some club members. At the start, Barry asks me if I've run here before. "No," I say "but we have organised the Scottish Relays here!" And what a day that was! Do I really want to run here after hearing the horror stories that day. It's a lot drier today and there's a fairly carnival spirit in the air as 3,500 orienteers mill about in the ruins of the old township. Eades is trying to scare us with tales of the bog myrtle swallowing people up. Like many others I'm now taking a water bottle to the start with me. A new chore for organising teams is to dispose of piles of discarded plastic bottles at the start. We're obviously all more conscious of the need to be suitably hydrated on our runs these days.

My rival, Ian, is off a couple of minutes before me. Well, hasn't the bracken been growing well here, this year? We're helped by having a lathish start. The problem is choosing the right elephant track. I lose sense of distance travelled on a very long first leg. My wee brain gets fed up counting paces. I'm dragged off by some frantic activity up to the right above me. After thrashing about aimlessly for a while Tim comes along and I find out I've still a fair way to go. Hopefully that's my mistake for the day out of the way. I have a good run with a bit of a hiccup at 8. I catch up with Ian at 9 having put all thoughts of catching him out of my mind ages ago. Needless to say I then go and blow No.10! However, I overtake him at 11 and blast through the last 2 controls to the Finish. I feel good. My time is a bit long but I've run well (ignoring my mistakes). Some horrendous times are being posted. Were these unfortunate people out earlier on in the day? I'm in 34th place. My best ever position. Unfortunately I don't get the benefit of a really good score because the winner has gone round in some unbelievable time. There's just no justice! My namesake does really well and finishes 2nd in M21L. Nothing to do with the fact that he's planned here before! Lots of fun playing with all the Interlopinis afterwards.

Day 6 Birnam Hill

The end is nigh. Despite heading off earlier than we need to we find that a lot of other people seem to have done so also. A queue to get into the car parking field. Scott's looking a bit anxious as befits the Day Controller. Barry asks me at the start, "Have you ever run here before, Colin?" "No," I reply "but we have organised the Scottish Championships here." There's a lot of bracken again. If anything route choice seems even more obvious today. We're not in the last block so those after us are going to benefit even more than we did yesterday. Checking on the map two and a half months later there was a drinks station in the middle of nowhere. Thinking back to yesterday the Drinks officials were pretty stropky. I know some orienteers can be rather rude but not all of us are. Surely after 4 days of really hot weather organising clubs will have an idea of how much water is required and not snap at hapless competitors. Anyway, I digress. I was running well. Then . . . Out comes a 20 minuter. Clearing - What Clearing? Mrs Balfour was having problems as well and told the Controller so in no uncertain terms when she got back. Having got that leg out of my system I tore round the rest of the course including a 900 metre long, 135 metre descent through a darkish green bit. There's a few tired Interlopers about now. Lorna comes in 7th in the chasing start and first Briton. Dave Godfree is our best placed at 30th in M21E. Simon pips Phil in the Battle of the Titans coming home 2 places ahead in 48th place. Credit to Anthony for an overall 2nd. Eades does very good finishing 16th as does Ann who saved her worst run for last. I had my best runs and placings ever and my best overall Six Days but I still finished a measly 80th. Spare a thought for poor Andy Mason. 156 minutes and 22 seconds today on W18B. The longest run for any Interloper this week. It was fun all the same. Apologies to anybody not mentioned in this rambling report. Maybe you'll make it next time at Highland '99!

M fortysomething



Hello there, loyal readers! Sorry for the delay in this issue hitting the streets. You're probably getting accustomed to it now. One of my excuses is my failed attempt to become a sad old git and get wired up to the Internet. Various teething problems with the software and incredibly poor service from my local AppleCentre saw me without a computer for a lengthy period of time. Profuse apologies from them but no compensation. Couple that with an extra 1st year class this year and minimum free time with the result that my school workload has restricted my time at the keyboard. Getting the weans off the machine and not playing Actua Soccer or SimTower has been another problem. Anyway - here we are now!

So - what's been happening? This summer, I renewed my acquaintance with the submerged non-glaciated upland (or ria) coastline (boring geographical technobabble!) of the Exeter area. Roughly translated - steep blinking hills rising straight up from the valley bottom. It seemed to get me relatively sharp going into the Six Days. We're booked into a cottage between Grandtully and Aberfeldy. Arriving along a farm track which must be impassible in winter we look at it and think. Is this it? Your standard square Scottish farm cottage, a window each side of the door. How are five of us going to get in there? Appearances prove deceptive as it's connected at an angle to another cottage / barn behind it. Inside it's a different story. Whatever we're paying - it's a bargain! Nicely furnished, spacious and with all mod cons. The view along

Strathtay is marvellous. We can just see our Day 1 venue at Drummond Hill.

The family are now experts at this going to strange places and setting up camp routine. First priority is find the best supermarket and stock up the kitchen. For the boys - it's where's the nearest sweet shop and somewhere to get coffee, juice and big, sticky cakes. The rest of the gory details are chronicled elsewhere so let's move on.

It's why we do it! For us round-about-average orienteers there is a faint and forlorn hope that sometime we will have that run where we don't make any mistakes. It actually happened! It was at Bowhill during the LBOA Champs. The spur must have been our CompassSport Cup match against ESOC. The Chair isn't a very happy lad as most of our big boys (and girls) are away running elsewhere. Eight of them are on international duty. One of my rivals is off 4 minutes behind me. I joke to him at the start that at a minute a leg he'll probably catch up with me by Control 4. He passes me at 3. I've been running reasonably well but the going is a bit hard underfoot along the slope. Well - never mind! I just plooer on trying my best. Coming out of 10 I spy Colin thundering up the track behind. I manage to stay roughly with him until 13. I'm encouraged to have caught up with my ESOC rival at the next control. I can't stay with him though. I finish 8th in under 10 minute kms again. Ackland's only 6 minutes ahead of me. Admittedly he's still recovering from injury but even he feels that underfoot conditions were challenging. Better than expected results from some ESOC

runners and tactical packing on some courses see us losing much to Colin's schagrin. No Edinburgh 'super-club' for some time then! Despite not making any errors I think to myself - I could have run faster!

The Eleven Person was fun. Muirward Wood is a damn sight more runnable than Blackhall. We've a fairly strong team this time although we still have junior representation in the form of Niall and Ruaridh. I fail to repeat my nightmare of last year though once again I did commit some minor errors. It's Tim's turn to be out for a long time. Rob, keen enthusiastic type that he is, goes out again guesting for Perth after Tim and arrives back before him. Lorna is left with an insurmountable 15 minute lead when Tim comes back. A strong FVO team win. GRAMP come back second but are disqualified leaving us 2nd place nine and a half minutes behind the winners. Needless to say some clubs spoil the friendly spirit of the event by a very liberal interpretation of the rules along the 'it doesn't say you can't do that' sort of line. Needless to say one of the clubs involved comes from Edinburgh and isn't us. Sour grapes aside we still beat them by 30 minutes.

Not much space left so welcome back Alastair from France, good luck Gillian teaching in Kendal and apologise to Eva and Rudolph for presuming that the Christmas Party will be at their place. I hope it is! More on the Six Days, Eleven Person Relay, Scottish Short Races, LOL1 (SICK) and Scotland galoppen 7 in the next issue. May the forest be with you!



Come one, come all! - Young, old, big, small. Turnip / pumpkin lanterns, ghoulish disguises preferred. Some snackettes will be provided. Phone Paul (0131-445-0398) to check what food you can bring. Make sure you remember something to drink. Eades will probably be in charge of party games as usual - so beware!

Interløpers Hallowe'en Party

Friday 31st October
at Paul Caban's
50 Buckstone Road
From 7.30 p.m.

