

INTERLØPERS

ORIENTEERING CLUB

EDINBURGH

NEWSLETTER NO. 120

April 2000

120

Not Another Royal Wedding

As if the country hasn't got enough problems without having to fork out unbelievable sums on the nuptials of another pair of ne'er-do-wells ! The NHS in crisis, Rover down the tubes, Hearts in 3rd place in the league, dotcom frenzy, Prince Philip not wearing a hairnet and contaminating 200kg of lemon ricotta, the bill for the Pinochet extravaganza and all the outstanding monies for relay entries and O-suits for Interløpers. How did they think we would put up with it ? It's enough to make a person a republican. Although on closer inspection we find that the only thing really 'royal' about this wedding is it's being held in Braemar. Apparently some dysfunctional family have a big house up there somewhere ! It's also the place where the lowest temperature ever in the UK was recorded -27 C (in February 1895 and January 1982) What better time and place to hold your wedding ? Even closer scrutiny of the grainy photo reproduced below reveals the groom as none other than our very own Alastair Matthewson. Warmest congratulations to you and Lesley. Our reader likes soppy, romantic stories on the front page instead of the usual tripe the editor puts in. More (and better) pics can be viewed at <http://www.glamaig.freeserve.co.uk/>

**Better Never
Than Late Issue**

**Buckstone
Vegetarian Haggis
Massacre**

**Postcard (?) From
Australia**

JK2000 String

Moray 2003

**Another Great
ESOC Control**

**And all the usual
boring stuff about
events, results, the
AGM, planning,
organising,**



The Happy Couple

On the Move

Tobias has moved. He's now at Åsgatan 3, 43164, Molndal, Sweden

Steve Terry continues his perambulations around the forbidding environs of darkest West Lothian and is now to be found at 27 Belvedere Place, Bathgate, EH48 4BP (07931-2984010)

Simon Thompson has decided that advancing years (M35 - who would have thought it!) really means he should move into the big city. He's now at 61 Millfield Road, York, YO23 1NH (01904-610124) and hopefully he's not responsible for sugar-free Polos, buttery Polos and all the other marketing wheezes Nestle are coming up with these days.

there wasn't time or room in the last bumper issue and JB forgot to remind me so here's the boring old renewal reminder because there's bound to be some of you out there who haven't rejoined yet. Cough up now!



Membership Renewals for 2000

Full members should already have received their BOF membership renewal forms for 2000. Renewals of Associate membership should be sent to the Club Secretary, who will forward the information to the SOA Membership Secretary. The Full (BOF+SOA+Club), Associate (SOA+Club) and Club-only fees for 2000 are:

Category	Full	Associate	Club-Only
Junior (Born 1980 or later)	£5.60	£3.00	£1.00
Senior (Born 1979 or earlier)	£22.00	£12.00	£5.00
Family	£32.50	£18.00	£7.00
Group	£23.20	£15.00	£2.00

Note that Juniors aged 19 or 20 are expected to be Individual members. Juniors included in families may be aged up to 18 only. Ages are taken as at 31st December 2000.

If you intend renewing your BOF membership, please send the entire form and subscription direct to BOF. Note that (a) the subscription to **CompassSport** is handled independently of the BOF subscription, and (b) you have an option to receive the Ranking List for an extra fee.

Would Club-Only members please send their subscriptions (payable to INTERLØPERSO.C.) for 2000 to

John can also handle conversions from Club-only to either Associate or Full membership. Please phone 0131-440-2136 for answers to any queries.

John Barrow
3 Charlton Grove
Roslin
Midlothian
EH25 9NY

In the Club!

It's been a long time since the last issue so not surprisingly lots of new members to welcome to the club

Catherine Biggin (W21), 23 Oxford Street, EH8 9PQ, (0131-662-4384)

David Jones (M35), 1 Castlehill, Elphinstone, Tranent, EH33 2LU, (01875-613932)

Alison Laws (W21) 2/9 New Arthur Place, EH8 9TH, (0131-662-4661)

Gordon and Kirsty Ross (M40/W12), 19 Glamis Gardens, Polmont, FK2 0YJ, (01324-716041)

Graeme Ross (M21) 2F1, 35 Jeffrey Street, EH1 1DH, (0131-557-6456)

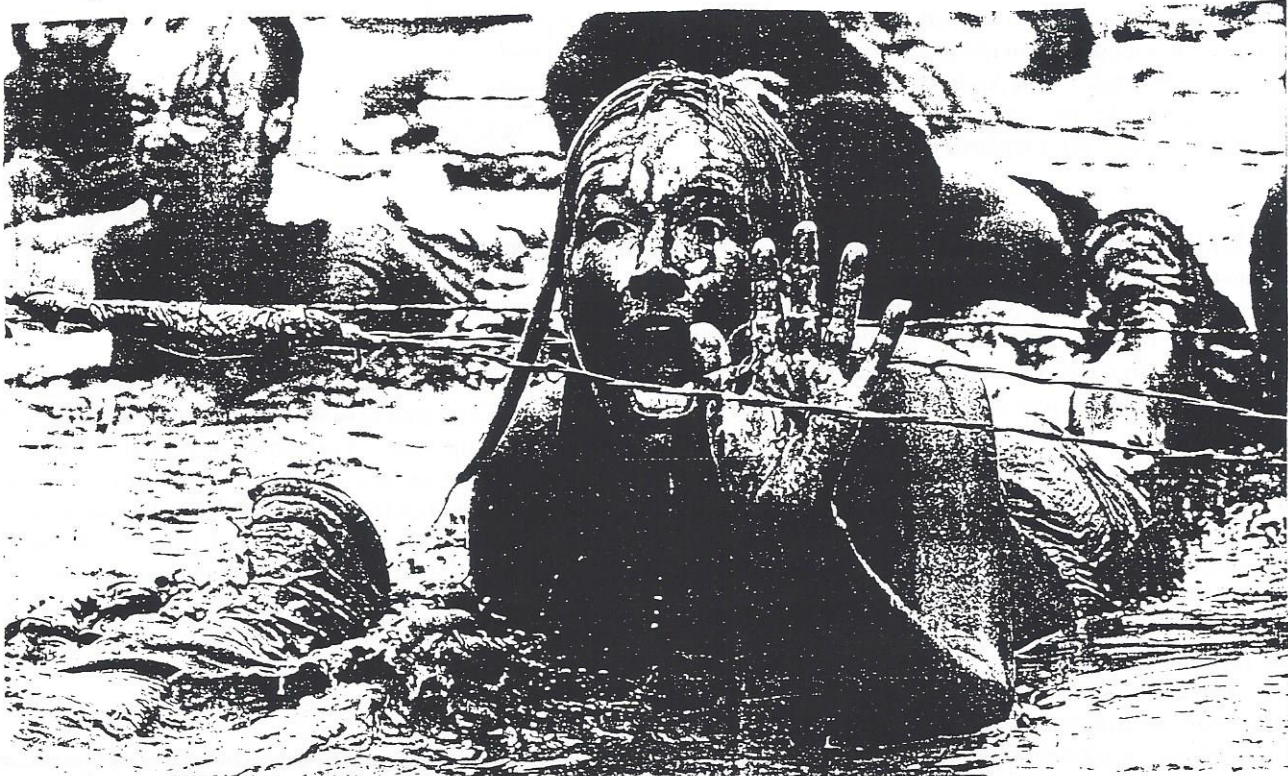
Megan Smith (W21) 3F2, 4 Mertoun Place, EH11 1JZ, (0131-229-3002)

I think I've already met Catherine at Hedderwick Hill displaying a degree of trepidation at the Start but quite chuffed afterwards. David, I notice, lives where my wife used to teach. After hanging about for a few months as a pretend Interløper Alison has finally done the stupid thing. Gordon is a legend in his own control circle - a well-kent orienteer who has been abused in this newsletter and he wasn't even an Interløper. At least he knows what to expect. Obviously the McIntyre family joining FVO had nothing to do with his leaving. Graeme I don't know anything about which is just as well. Welcome, Graeme! Megan is well know from her university days here and is no mean runner having been a Scottish representative in the World Hill Running Championships held on Arthur's Seat a few years ago. Hello and I hope you get to meet a lot of your fellow club members soon and enjoy your orienteering with us. And before I forget, John Mitchell has finally persuaded Rachel to join too!

Gillian!
Don't Forget the
Wednesday Evening
Events!

great esoc controls of our time

202 Thicket, centre of minefield



This was one for the real hard people. You know the ones - the lean, mean fighting machines without an ounce of fat on their bodies who do the Carnethy before breakfast, the Pentland Skyline in the afternoon, the Seven Hills in the evening and then round it off with a big plate of vindaloo. And that's just the women I'm talking about !

Never ones wanting to be accused of putting in soft legs this ESOC planner thought it would be a good wheeze at Penicuik Estate North (Glencorse) to route the competitors through the assault course. Once again questions were raised about the start times allocated to Interlopers when starburst shells exploded and mortar fire started breaking out.

SOA Championships

When: Weekend May 27th-28th

**Where: Individual - Touch Estate,
Stirling (NS 750932)**

**Relay - Devilla, Kincardine
(NN 950880)**

**Pre-entries on SEF to Susan Sinclair
18 Claremont
Alloa
FK10 2EG
(01259-213310)**

**Seniors £8.50
Juniors £4.00
CD 8th May
Late Surcharge
No EOD
Cheques to FVO
Supply SI Card No.**

ESOA Summer Series

Come And Try Orienteering In 2000

Apr 26	Arthur's Seat	EUOC
May 3	Carberry Tower	ELO
May 10	Craiglockhart Hill	ESOC
May 17	Inch Park	INT
May 24	Gala Hill	RR
May 31	Yellowcraigs	ELO
Jun 7	Mortonhall	INT
Jun 14	Bonaly	ESOC
Jun 21	Lochore Meadows	KFO

Cost £1 Starts Varied (but generally from 4.30 pm)

For more details of the events contact the club secretaries. John Barrow (0131-440-2136) may be able to give you some information and at the very least a contact number.

Society Pieces

now we have more maps than we can shake the proverbial stick at we're not going to be accused of not doing anything with them. So what better way to celebrate Burns Night than a party chez Treasurer Caban (that well known vegetarian) and a lope around the immediate locality for a nightstreetO

After last years lowland extravaganza of The Grange, this year's Burns Night Street-O moved to the Highlands of Buckstone. A mixed crew of entrants made the 7:30 deadline for pre-marked maps. The competitive types trying real hard to win sporting big headtorches (Messrs Lenton and Ackland); the local-knowledge sorts (Scott and Ann); and the I-don't-want-to-be-last brigade (Gillian, Jane, Colin and the Mitchell/Kirkland combine). It was obvious from the start who was taking it far, far too seriously. Was that you sneaking a look at the map before the long-beep Tim Lenton?

At the spectator postbox, Tim had a big lead. About a minute later, Graeme came trundling up the hill. Sadly for him, Colin, Scott, and Jane all popped out of the short-cut in front of him, having looked at the map and run through the terrain.

But to prove it's a game of two halves (Brian), big changes were afoot on the second loop through a cunning choice of cryptic questions. Tricky enough to spot a roof-top solar panel in the dark - not so much 'green' as black. But then no-one could find the witches broom in the front-garden on Buckstone Howe. (Though at least Colin guessed whose house it would be in).

Back at the finish, the first home was Gillian, followed by John'n Rachel. The Real Men finished in a pack altogether - Graeme was heard to mutter about the Harvester not being that hard. The Real Women finished soon after, complete with a selection of local jobs in tow. However, I'd promised to also base the overall results on the number of correct clue answers. Top here was Colin with eleven out of eleven, closely followed by Ann and Jane both with just one wrong.

Intriguingly, last in the answers category was Graeme with a measly seven right, and Tim with a pitiful eight. Might there be a lesson to be learnt here?

Paul



**Gillian !
Don't Forget the
Wednesday Evening
Events !**



Postcard from Hilary 17/2

Dear All

Greetings from HOT Australia - Hotter than NZ and coast not quite as hot as inland. We've seen Koalas and Kangaroos and Kookaburras, drank Castlemaine XXXX (and others) so it must be Australia. Drove for 4 hours today and saw only 6 cars - 2 of them only because we broke the speed limit and caught them up - Huge expanse of dry, flat fields. Now in the Grampians National Park, having passed through Dunkeld - Most confusing ! Then of course we're off to Perth on Saturday. Anyone know of any jobs likely to be vacant April-ish? I'll be skint by then. Off to do intervals now.

H.

"A fiery horse with the speed of light, a cloud of dust and a hearty 'Hi-Yo Silver!' Who was that masked man with his underpants on his head? The Lone Ranger rides again! Return with us now to those Thrilling Days of Yesteryear..."

Well not exactly ! But this one is a potential urban legend in the making. Picture the scene as it was portrayed to me by a normally reliable source (except when it comes to handicapping club championships but I don't want to give away who told me). Our hero is returning from the Northlands astride his trusty steed whilst the elements are threatening to rip der. Yes, he's the A9 on his mo absolutely, per-cold. So cold that look in his ruck-thing warm to frostbite and the cold. And what come to rest on fronts. Un-hero dons afore-coutrements on (Whether it was his helmet my source was not quite clear.)



What the good residents of Trinafour and Ballinluig thought as they saw this apparition as it sped by one can only surmise. This tale is probably winging its way around the internet as you read this and the Mystery Headless Biker of the A9 is probably achieving cult status. So who was that masked man? Well it wasn't Clayton Moore but he is an Interløper. Find out yourselves !


















- **Sunday 16th April**
MORVIAN Colour Coded Event
Sleepieshill, Lhanbryde, Elgin
(NJ 291614)
 Information from
 Ian Addis (01309-675367)
- **Weekend April 21st-24th**
JK2K
Breadalbane
 Information from
 Jim Heardman (0131-441-2335)
 14 Bonaly Road, EH13 0EB
 e-mail: heardman@btinternet.com
 or http://www.btinternet.com/
 ~heardman
 Very limited late entry
- **Friday 21st April**
Training
Creag Vinean, Dunkeld
(NN 9944)
- **Saturday 22nd April**
Individual Day 1
Drumbuie Wood, Dunkeld
(NO 0345)
- **Saturday 22nd April**
BOF AGM
Breadalbane Academy
Aberfeldy
 Starts 6.30 p.m.
- **Sunday 23rd April**
Individual Day 2
Ranoch Forrest, Kinloch
Rannoch (NN 6056)
- **Monday 24th April**
Relays
Tullochroisk, Kinloch Rannoch
(NN 7158)
- **Wednesday 26th April**
ESOA Summer Series
Arthur's Seat (EUOC)
 No information available
- **Sunday 30th April**
INVOC Colour Coded Event
Revack, Grantown-on-Spey
(NG 033254)
 Information from
 John Anderson (01667-452796)
- **Wednesday 3rd May**
ESOA Summer Series
Carberry Tower, Musselburgh
(ELO)
(NT 365698)
 Information from
 Marion Moir (0131-452-8789)
- **Saturday 6th May**
MAROC Short Race
Docharn & Deishar, Aviemore
Note change of venue !
 Pre-entries to
 Angela Panther
 2 Cromar Drive
 Tarland
 Aberdeenshire AB34 4UF
 (013398-81203)
 AJPanther@compuserve.com
 Seniors £5 / Juniors £2
 Starts 10.30 a.m. - 12.30 a.m.
 No EOD
 Cheques to Maroc
- **Saturday 6th May**
SOA AGM
National Orienteering Centre
Glenmore Lodge, Aviemore
 Starts 3.00 p.m.
- **Sunday 7th May**
MAROC Colour Coded Event
Docharn & Deishar, Aviemore
(NH 915205)
 Information from
 Angela Panther (013398-81203)
 Starts 11.00 a.m. - 1.00 p.m.
 EOD only
- **Wednesday 10th May**
ESOA Summer Series
Craiglockhart Hill, Edinburgh
(ESOC)
(NT 235707)
 Information from
 Janet Clark (0131-225-7771)
- **Weekend 13th-14th May**
British Championships
(WMOA)
Saturday - Individual
Haugh Wood & Fownhope Park,
Hereford (SO 590365)
Sunday - Relays
Penyard Hill, Hereford
(SO 613225)
 Co-ordinator: Rollo Rūmford
 (01905-726967)
 rollo.rumford@cwcom.net
- **Wednesday 17th May**
ESOA Summer Series
Inch Park, Edinburgh (INT)
(NT 279710)
 Information from
 John Barrow (0131-440-2136)
- **Weekend 27th-28th May**
Scottish Championships
Saturday - Individual
Touch Estate, Stirling
(NS 750932)
 Organiser: Hugh Buchanan
 (01786-473776)
 Hugh.Buchanan@iname.com
 Pre-entries on SEF to
 Susan Sinclair
 118 Claremont
 Alloa FK10 2EG
 (01259-213310)
 Senior £8.50 / Junior £4.00
 CD Monday 8th May
 Late Surcharge No EOD
 Supply SI Card No.
 Cheques to FVO
- **Sunday - Relays**
Devilla, Kincardine
(NN 950880)
 Organiser: Liz Fraser
 (01738-828219)
 liz.fraser@perth.ndirect.co.uk
 Enquiries to Belinda Martin
 (01738-813551)
- **Wednesday 31st May**
ESOA Summer Series
Yellowcraigs, Dirleton (ELO)
(NT 515855)
 Information from
 Marion Moir (0131-452-8789)

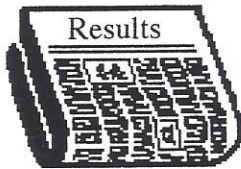


Events

dnf

as well as standing for did not finish, on this page it means **do not forget !**

-  Scottish Relays plea. If you want to run in this prestigious event on Sunday 28th May at Devilla Forest, near Kincardine, please notify Tim Lenton by Day 2 of the JK (Sunday 23rd April) with details of your age class and (if you know what the classes are) which class you would prefer to run in. Tim can be contacted by email (by Thursday 20 April): tlent@ceh.ac.uk, by telephone (by Friday 21 April): **(0131-447-4663)**, or at the JK.
-  Advance notice of the Harvester for the masochists in the club - It's on the weekend of July 8th/9th. I believe Rob Lee **(0131-667-4419)** is the nominated person responsible.
-  An advert from Jane Rosbottom. Hellooo, a race for you would be hill runners... The Bog Trot, Saturday April 15th, Arthur's Seat... Time to be disclosed later (as I don't know). It is rumoured that there will be beers later, but I think that's a vicious and unsubstantiated rumour.
-  Events, schmevents ! Here's the age-old plea for help section starting. Second up is our Summer Series event at Mortonhall on Wednesday June 7th because we've actually got someone to do the first (see below). Sounds like a great opportunity for a local resident like Scott Balfour or Robin Galloway. If anyone wants to organise it let someone on the committee know. Remember if no one volunteers we might need to resurrect the Interløpers Prize Draw in which you could be the lucky winner !
-  Young Gordon Riemersma has agreed to do the Inch Park event, on Wednesday May 17th, though he would like as much peoplepower as possible available to help prevent the controls walking. Leave him a message at **(0131-445-4419)**.
-  Don't forget the two 'Park Races' for a more challenging run after our Summer Series events at Inch Park (maybe Craigmillar) and Mortonhall. Dave Godfree is planning both events. Mortonhall has a handy pub on site (The Stable Bar) so there is a possibility that some club members might go for a swift something afterwards.
-  The second order of O-suits has arrived. Grab them before they disappear. Spare a thought for poor Sue Twissell who apparently had hers nicked after being worn once at the JOK Chasing Sprint in the Lake District.
-  We have Woodlands for the BEOC weekend. We have not been held responsible for the mess that was coincident with our last visit, but it has been suggested that we should try and leave it cleaner than we found it this time. Expressions of interest to Paul Caban **(0131-445-3098)** if you want somewhere to stay.
-  For those interested in that sort of thing the club is still solvent. With the AGM coming up you might want to ask Caban questions about all these holidays he seems to be going on. We have over £6300 but I can't remember if that's before we pay Peel Land Surveys for our 'Lottery' maps and we have finally paid the Forestry Commission for the use of Uath Lochans. Apparently they were waiting for us to pay them. Silly sausages !
-  Caban is still looking for money for O-suits. Come on - cough up or we might have to name names. Too late ! Ackland, Eades and Kitchin are hereby named and shamed if they haven't already settled their debts. It's nice to see that people in high office don't abuse their position.
-  And don't to forget to offer to help at the BEOC and SG2 at Loch Vaa on June 10th/11th. Planners / Organisers wanted for an ESOL Score at Glenearn at the end of September and then there might be a Short Race coinciding with the UK Cup in March 2001, the Scottish Champs in Glen Affric in 2001, Lochaber 2001 and last but not least Moray 2003. If you fancy doing something to help your club out get in touch with your nearest friendly committee member. They probably belong to ESOC.
-  Provisional date for Interløpers AGM is Thursday June 22nd. If you think you can do a better job of the newsletter and publish it more regularly make sure you're at the usual venue that evening. Club Secretary, John Barrow **(0131-440-2136)** will be able to confirm the arrangements but no doubt it will be 7.00 p.m. in the Meeting Room at the University Sports Centre in the Pleasance. If you want to take part in your club, have some motions to propose or are determined to prevent Gillian from being voted chairperson make sure you're there. Darina will probably arrange a mea. for afterwards.
-  The club has invested 488 Swiss Francs in a version of OCAD. So for all you budding mappers out there feel free to enquire about its availability and take it for a trial run on your computer. Currently wrestling with it is none other than Graeme Ackland. He's finding it a bit difficult upgrading from the OCADLite he used for Braidburn Park - i.e. a pack of felt tip pens !
-  Don't forget the BOF and SOA AGM's ! As the former is actually in Scotland this year you have a better opportunity than usual to ask what BOF really does for you for the levy it extorts out of us at events in Scotland.
-  Next committee meeting is at my house, 161 Dalkeith Road, **(0131-668-2170)** and the date is Monday 5th June.



Sunday 19th December Interløpers Championships Barry Buddon

I wasn't sure whether this prestigious event would go ahead with all the snow and freezing weather we were having leading up to it. Planner Daly assured me it was going ahead so Niall, Darina and me made our way northward forgetting to read Ken's instructions so not taking any Christmas garb and losing out on valuable handicap points. Apart from Darina of course with her foam reindeer horns. It turned out to be a bright crisp day. The sand was frozen hard and ideal to run on. It was a mite cold but most people soon warmed up. The first mistake was needless to say made on Control 1 in full view of everybody at the start. I should have realised that Barry's Brown control was not our Blue. Things picked up though and soon I had Caban for company. I thought he'd screwed up on one leg and while I was laughing at him lost count of the number of ridges I'd gone over and lost the place. Shortly after the sole of my right shoe became detached and I had to run for the last controls with it flapping about and doubling up under me. That was fun! I gained revenge on Niall for beating me here last time. Ackland should have won a prize for the worst beard ever seen. Ken almost deserves full marks for planning because a) the handicapping was rubbish and b) Caban won!

Green 4.7km

1st	Darina Cunnane	62.30	14th
2nd	John Barrow	69.51	15th

Blue 6.7km

1st	Jane Ackland	54.33	2nd
3rd	Colin Inverarity	67.22	13th
6th	Scott Balfour	73.55	17th
7th	Helen Murray	87.01	9th
8th	Niall Inverarity	91.30	18th
9th	Fiona Weir	95.48	12th

Brown 9.6km

1st	Dave Godfree	53.06	3rd
2nd	Tim Lenton	57.52	5th
3rd	Rob Lee	58.21	11th
4th	Andy Kitchin	62.57	16th
6th	Colin Eades	66.45	4th
7th	Graham Ackland	67.36	10th
8th	Paul Caban	68.25	1st
9th	Lorna Eades	73.54	8th
10th	Gillian Godfree	83.29	6th
11th	Barry Owen	91.24	7th

Monday 27th December Festive Frolic (ELO) Yellowcraigs

There seemed to be a few more Interløpers than usual here this year. A chance for people like Scott Balfour to try out SportIdent for the first time. Speculation was rife amongst the Hartmans whether there would be any questions which would require me to engage in intellectual thought as I didn't bother last year. This time it's a map memory exercise of sorts. We're given the first control at which we will find the 2nd control, etc. There are 3 loops, so on the start we all head off in different directions. Murray, needless to say, heads off first in the direction I'm heading. I reach the control after him and Walter Clark. I get a bit of a fright when I see the map extract isn't much bigger than the control circle itself. Here my extensive knowledge of Yellowcraigs pays dividends and I head off confident I know where I'm going. I can't see where Murray is. Looking at the splits afterwards I find I was in the lead at 2! Walter soon catches up and overtakes me. I spend the rest of the race swapping position with Jo Stevenson. I only make one mistake really, overshooting No. 4 and dragging her with me. It's surprising how quickly I identify my destinations. Jo drops her pen on the second loop so she borrows mine for most of the rest of the course. Around 12 Murray passes me. Is that him on the third loop already? Then I realise he's actually been behind me since 2. He took 10 minutes for the 2nd leg instead of 2. He must have been on Archerfield before he realised! I can't get rid of Jo so I tell her I'll give her my pen if she'll stop following me. Amazingly she finds her pen on the third loop. I sneak ahead at the second last control and cross the line with her and the thundering hooves of McIntyre close behind. A fast run and very enjoyable too. Just what is needed to blow the Christmas cobwebs away. And some cupasoup afterwards too. Well done the Strains and all the loyal ELO team who put this light hearted event on for us every year. A very good run from CD coming in second and why was a World Orienteering Championships competitor running Short? P.S. I only got a measly 12 out of 20 questions right!

Long

1st	Jamie Stevenson	46.37	16
2nd	Colin Eades	46.46	12
3rd	James Cunnane	49.17	16
4th	Ben Hartman	49.40	16
5th	Murray Strain	50.09	14
6th	Walter Clark	49.44	13
7th	Ian McIntyre	53.14	14
8th	Jo Stevenson	53.11	13
9th	Colin Inverarity	53.09	12
10th	Rob Bloor	54.02	13
13th	Heather Hartman	59.49	12
18th	Darina Cunnane	71.33	14
20th	Barry Owen	72.22	10

Short

2nd	Scott Balfour	40.33	8
3rd	Lorna Eades	42.01	9
18th	Martin Sinclair	62.42	3
20th	Maeve Cunnane	88.34	7



Sunday 16th January ESOL6 (KFO) Blairadam

If I remember correctly it was a miserable day, my leg was hurting, there was little enthusiasm amongst the tribe and so very little persuasion was needed to stay at home. Has time been kind to Blairadam? I was surprised to see it being used again. The general impression given by WFO or Kentucky Fried Orienteers as they are better known now was that there was going to be a lot of felling and it would be rested for a few years. Perhaps the controller, none other than our very own John Barrow, could enlighten us. Perhaps he could also tell Steve and Pat why they took so long for 3.5kms. Was it that bad?

Yellow 2.2km

5th	Stephen Haley	M10	38.28
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Light Green 3.5km

4th	Steve Ambler	M50	68.48
9th	Pat Squire	M50	77.48
20th	Sarah Dawson	W14	116.56

Green 4.6km 100m climb

14th	Ray Heyworth	M70	74.02
	Rob Peacock	M21	ret'd

Blue 6.7km 140m climb

8th	Heather Hartman	W21	62.50
9th	Keith Dawson	M40	63.03
13th	Alison Laws	W21	64.49
17th	Ann Haley	W35	68.24
26th	Bill Mason	M50	81.56

Brown 9.0km 160m climb

3rd	Dave Godfree	M21	64.36
9th	Ken Daly	M35	74.38
	Paul Caban	M35	ret'd
	Gillian Godfree	W21	lost card

Sunday 6th February ESOL7 (ELO) Hedderwick Hill

This is one of my favourite areas. Flat, open forest, some dunes to add a bit of technical difficulty, the saltmarsh to cross and it's very fast. It also helps that I've organised school events here before also. I decide to throw caution to the winds and run my first Brown course of the year. And pretty chuffed I am too at the end having hared around. Heavens! I was just over 4 minutes behind the legendary Graeme Ackland! Stephen continues his learning curve on Yellow. Dad has a good run on Green and Mum has some stiff competition from fellow club members on Blue. My son had a good run for him but unfortunately so it seems did a lot of other people on Blue too. Caban must have had something in his Rice Krispies that morning. Either that or he was following. Is it not about time Ben Hartman started running Brown again? Barry hit Dunbar before he realised he'd overshot No. 6. Did you not think to turn back when the beach finished?

Yellow 2.4km

8th	Stephen Haley	M9	36.33
9th	Emma Mason	W14	37.56

Light Green 3.5km

2nd	Catherine Biggin	W21	51.20
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Green 4.9km

2nd	Graham Haley	M35	45.01
7th	Karen Dobbie	W21	47.57
8th	John Barrow	M50	49.47
12th	Pat Squire	M50	51.13
13th	Ray Heyworth	M70	51.22
17th	Rob Peacock	M21	54.07

Blue 6.6km

1st	Ben Hartman	M21	43.44
10th	Heather Hartman	W21	51.27
11th	Bill Mason	M50	52.18
13th	Jane Ackland	W35	52.44
17th	Ann Haley	W35	54.51
26th	Kate Hampshire	W21	59.55
30th	Niall Inverarity	M16	63.34
36th	Darina Cunnane	W21	68.35
39th	Hilary Spenceley	W40	88.18

Brown 9.9km

2nd	Nigel Wright	M21	50.17
4th	Paul Caban	M35	51.51
5th	Andy Spenceley	M40	52.50
8th	Graeme Ackland	M35	55.18
9th	Colin Inverarity	M45	59.29
17th	Barry Owen	M50	73.33

Sunday 20th February ESOC SprintO Beecraigs

This event was postponed last year through a combination of a low entry and severe storms flattening much of the forest where the courses went. Always mindful of looking after the pennies our city rivals decided to hold it again this year with the same courses as some of the debris had been cleared up and they'd copied the maps out anyway. Skinflints! Maybe there were a few changes. Perhaps Controller Barrow can enlighten us. This is Niall's first SprintO so it'll be interesting to see how he gets on. Needless to say it seems as if the problem with my calf muscle is resurfacing so 2 courses of 4.5km will do nothing to help it.

Anyway, I blow the first control, take the long way to 3, am caught by Encarna Maturana at 4, fall and break my watch strap en route to 5, make a better route choice than her on the last leg and cross the line with the thundering hooves of McIntyre just behind me. A strong sense of déjà vu. Niall has had a really good run and is only a couple of minutes off the lead in 4th place. The big boys of course have gone round earlier in ridiculous times and so have a longer recovery time as well.

The second race started off well but it was a slog across the brashings to 4 and just as bad to 5. Then I got dragged off course and ended up in some impenetrable 'walk'. By now I had Alastair Hindle to keep me company. Despite feeling increasingly tired I managed to stay ahead of him for the remainder of the course and managed to resist his surge from the last control. 2 minutes faster than the first one. Can't complain about that. I failed to beat Gillian again but at least I wasn't last. A fast second run from Rob wasn't quite good enough to overtake Lightnin' Dave Godfree. I think the Carnethy the previous day (?) had taken it out of Tim which was why he didn't attempt the second race. Niall had another good run but Jo Stevenson just pipped him and forced him into 5th overall.

Long

1st	Dave Godfree	28.25	26.44
2nd	Rob Lee	29.55	26.10
7th	Andy Kitchin	32.56	28.50
10th	Colin Eades	34.50	29.23
12th	Ian McIntyre	35.23	35.55
17th	Gillian Godfree	40.15	34.47
20th	Colin Inverarity	42.27	40.28
29th	Tim Lenton	33.32	

Short

5th	Niall Inverarity	27.20	28.07
9th	Darina Cunnane	30.23	31.47
11th	Rob Peacock	37.41	29.00
26th	Pat Squire	43.31	44.23

Sunday 27th February ESOL8 - (ESOC) North Pentlands

I know I shouldn't be doing this. I survived last week, but I can definitely feel my leg this time. I hate not doing anything and against all better judgement I decide to go. And the rains came. If that wasn't an omen I don't know what was. I opt for Blue, pretending that I'm thinking of 'saving' my leg. Niall is off a couple of minutes ahead of me. It's another SportIdent trial for ESOC today ahead of the JK. We start off with a steep slog up Allermuir. I've caught Niall by the base of the slope. He has forgotten his gloves and is looking a bit unhappy. We crawl up the hill. By 2 it's really chucking it down. Niall spots that my sole has become detached again. So much for my repair at Timpsons! He's looking really cold now so when he raises the idea of retiring it doesn't take long for me to make my mind up. Alas our descent with me only on one and a half soles proves to be rather treacherous and I have visions of another broken elbow. I'm soon down to one sole as it comes off completely. Have you ever descended the Pentlands with one trainer. I don't recommend it. There were a few spills but I made it back in one piece. Full marks to those who actually completed it.

White

1st	Stephen Haley	M9	29.56
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Green 5.1km 190m climb

8th	Steve Ambler	M50	65.07
11th	Lisa Frith	W21	67.25
12th	Rob Peacock	M21	68.02
26th	Pat Squire	M50	82.34
27th	John Barrow	M50	84.03
29th	Ray Heyworth	M70	88.00
30th	Hilary Spenceley	W40	89.35
	Janet Walton	W35	ret'd

Blue 6.7km 210m climb

7th	Ann Haley	W35	71.58
12th	Keith Dawson	M40	75.30
13th	Jane Ackland	W35	75.51
15th	Bill Mason	M50	78.22
27th	Darina Cunnane	W21	99.3
28th	Kate Hampshire	W21	100.43
	Niall Inverarity	M16	ret'd
	Colin Inverarity	M45	ret'd

Brown 8.3km 350m climb

3rd	Nigel Wright	M21	64.35
7th	Andy Spenceley	M40	73.12
10th	Ian McIntyre	M35	79.06
14th	Phil Smith	M35	82.25
15th	Brad Connor	M21	82.36
18th	Alison Laws	W21	88.36

Saturday 4th March Scottish Universities Relays Craigmillar (INT)

As it's 10 minutes walk from my house and I pass it every day on my way to school this was too good an opportunity to miss - running around one of the most picturesque ruined castles in Scotland, breathtaking views of Arthur's Seat and Auld Reekie and the gentle sound of motorbikes revving like crazy, burnt out abandoned cars to circumnavigate and wee boys with snots running down their nose enquiring "Whit are you daein, Mister?"

Now I know it's a long time since I was at University but these student chappies and chapes needed some high calibre numpties to swell out the field and also to make them look good. Anyway it's our map and we're organising. I'm a bit taken aback when I find I'm in INT1. I thought there was going to be more of an elite presence. There was eventually but most of them just seemed to be standing around looking elitish apart from poor Gordon stuck out on map exchange. Well maybe not. A lot of them were helping.

This was the first of many events coming to you soon from Hartman Planners plc (aka PlannersRUs). And an enjoyable time was had on a crisp spring morning running round the Recycling Centre, waiting for abuse from the motorcyclists and getting confused in the wooded quarries by the Old Dalkeith Road. I started off promisingly and was in 4th place for a while until my stamina waned and my calf started hurting again. Following Walter to the wrong boulder saw me drop a couple of places. I was even more fazed slightly afterwards coming across Gordon asking me for my map. I'd forgotten all about the exchange and was on auto-pilot to the Start for the second map. Cue temporary disorientation as I try to work out which end of the map is up. I got accused afterwards by Ackland of following an attractive young lady from Aberdeen on the second loop. I was struggling to keep up with her, honest! The eventual winners were Edinburgh Oldies pipping Edinburgh Freshers in the Men's Race and Aberdeen won the Women's Race. And the Old (but Handsome) INT2 team weren't last either!

INT1

(8)	Colin Inverarity	37.39	8th
(10)	Niall Inverarity	49.56	10th
(8)	Brad Connor	35.34	6th
		123.09	

INT2

(10)	Steve Ambler	45.59	10th
(12)	Rob Peacock	54.50	12th
(11)	Pat Squire	65.10	12th
		165.59	

Sunday 5th March Scotlandsgaloppen 1 Dunrod Hill (CLYDE)

It's a novel experience winding our way around the one-way system in the IBM car park. It's quite a trek on a bleak day up to the Start which is a bit windswept and exposed. Shades of North Pentlands. I'm plodding away steadily around my course not making any major mistakes. On the way back with the wind behind me and a downhill descent to look forward to my right foot goes into a hole on the way to 10 and I feel my calf going again and so it's a hobble back to the finish. If I hadn't made a dog's breakfast at the second last control my run would have been quite respectable considering I didn't think I was racing. I suppose the early starters were helped by not being out on the hill when a downpour of biblical proportions started. Niall had volunteered to man the CompassPoint stall while Darina was out then. Guess who had the radio and heater on for ages waiting and found his car wouldn't start? Jumper cables were borrowed from Darina but fortunately the car managed to pick up by itself and start without me having to muck about in the pouring rain with electrical thingies. Some good performances from Interlopers today with wins for Tim, Ray, Karen, Jane and Morag. No comment from a very wet and cold Caban at the end.

M10A	Alan Cherry	2nd
M12A	Calum Inverarity	3rd
M16A	Niall Inverarity	4th
M21E	Tim Lenton	1st
	Andy Kitchin	3rd
	David Eades	9th
	Graeme Ackland	10th
M21L	Brad Connor	3rd
M21S	Graeme Ross	9th
	Ben Hartman	ret'd
M35L	Phil Smith	4th
	Ian McIntyre	7th
	Ken Daly	9th
	Paul Caban	13th
M40L	Graham McIntyre	4th
	Bob Cherry	10th
M45L	Colin Inverarity	9th
M70L	Ray Heyworth	1st
W21E	Lorna Eades	2nd
	Jane Ackland	5th
	Lisa Frith	8th
W21L	Heather Hartman	2nd
	Kate Hofman	3rd
	Mary Ker	4th
	Darina Cunnane	7th
W21S	Karen Dobbie	1st
	Fiona Weir	4th
W35L	Jane McIntyre	1st
W40S	Morag McIntyre	1st

Sunday 19th March ESOL9 - (RR) Bowhill

CompassSport Cup Scottish Round today hence 'the two peaks of Kilimanjaro' look to the darker courses. Tactical decisions made by CUNOC in running Phil as an old man and FVO running Ian as young, fit and fast! It's all of little consequence to us as were not playing because we didn't enter. Not that we would have taken part in this event because remember we're a big club and so have to compete with the likes of MDOC and Lakeland in the North Britain Round. Not that many club members here today and certainly no Inverarities. Well done to young Claire McIntyre. Is that her first victory? So it's the end of ESOL for another year. I seemed to have a very miserable time competing in only 4 out of the 9 events. Three Blue, with one retiral, and one Brown. Don't expect to find me up on the leader board this year. Certificates will no doubt be winging their way soon to those of you who did well over the Series. No space for the final placings in this newsletter though. Look out for them in the next issue.

White 1.7km 50m climb

1st	Claire McIntyre	W7	39.28
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Orange 2.6km 100m climb

16th	Liam Dawson	M18	56.27
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Light Green 2.7km 100m climb

18th	Sarah Dawson	W14	85.11
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Green 4.1km 150m climb

6th	John Barrow	M50	53.03
13th	Ray Heyworth	M70	56.41
42nd	Jane Dawson	W40	79.41

Green 4.8km 205m climb

7th	Mary Ker	W21	61.06
21st	Graeme Ross	M21	86.59

Blue 6.1km 300m climb

7th	Bill Mason	M50	66.49
9th	Keith Dawson	M40	67.36

Brown 6.7km 280m climb

10th	Phil Smith	M35	66.16
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Brown 8.4km 330m climb

11th	Ian McIntyre	M35	89.37
18th	Barry Owen	M50	103.37
20th	Lisa Frith	W21	106.19

Moray 2003

(unless you can come up with anything better !)

reproduced opposite completely unexpurgated straight from the Professional Officer's keyboard via Caban's computer because I've got a Mac and don't believe in the Word and only got a string of meaningless dribble. Hey, hang on a minute Donald - it still is !

The 2003 Scottish Six Day Event

That Scottish orienteering institution, the 6-Day Event, has come round again with the 2003 Event taking place on the Moray Coast, with the Central Organisation taking place in Fife, Edinburgh and East Lothian, with some local help from Moravian.

Interlopers have agreed to be the lead club at this event with help from ELO and KFO. An inaugural meeting was held in Edinburgh on Thursday 10th February when Donald Petrie outlined the basic principles behind the 2003 event to a large contingent from Interlopers and two from ELO. The event will be managed from Edinburgh where most of the jobs which can be undertaken from a distance can be carried out. Local help will be obtained from Moravian assisted by newly-appointed SOA Assistant Professional Officer, Marsela McLeod. The 6-Day Company will be represented on the event by Director-designate, Jim Heardman from ESOC, and by Donald Petrie who will take on the Co-ordinator's role until a suitable volunteer comes forward, then he will become the Assistant Co-ordinator.

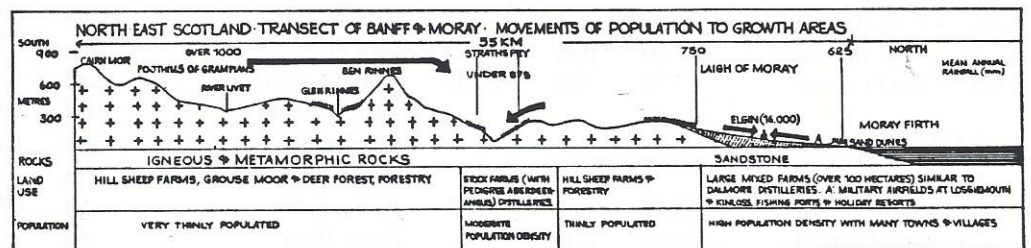
There are several existing areas in Moray which would be suitable for the event - Jarnaway, Roseisle, Lossie, Phorp and Dallaschyle/Cawdor (well known and loved by many from Interlopers and ELO), however it would be good to have 2 or 3 new areas. Forres has already been proposed as a suitable base with the Academy cited as suitable for the Event Centre and campsite. In spite of some scepticism from those Interloper stalwarts, Graeme and Paul, a few have already expressed an interest in some jobs: Technical Co-ordinator, Day Co-ordinator, Treasurer, Entries and Registration and even the Programme. If anyone reading this article has an interest in any other jobs on the Central Organisation, a list of those still available are: Accommodation, Campsite Administrator, Campsite Manager, Computer Manager, Contracts &

Traders, Equipment, Event Centre Manager, Information, Mapping Co-ordinator, Newsheet, Prizes, Publicity, Results, Safety, Secretary, Socials, String & Wayfarers Co-ordinator, Traffic Manager, Training Areas, and Web Site Administrator. However, it is important to stress that the jobs are flexible and this list is based on previous events. The 6-Days is always evolving and the role of each post and areas of responsibility can change to suit clubs and individuals concerned as well as the event itself. If anyone is interested in a job and wants to grab it before someone else does then please contact Donald Petrie (01505-613094),

or donald@soa.almac.co.uk to discuss the job. Reports are available from previous post-holders and they are also available to advise on their job and how much was involved.

It would be a great help if a volunteer would come forward to take on the Co-ordinator's job. This isn't as daunting as it sounds, but the person involved must have good management skills and be able to maintain a good understanding of the event as it evolves and be able to motivate and co-ordinate volunteers along with Donald Petrie.

Can anyone think of a name for the event? Moray 2003 doesn't exactly trip off the tongue! You are also warned we will be looking for someone to come up with a suitable logo for the event which reflects the local area.



JK2000 (22-24 April)

a desperate plea from a plucky and head-strong String Course supremo to club members to at least once listen to a request for help and do something positive about it. Come on - Lend a hand!

At JK 2000 Interlopers have been allocated the responsibility of putting on the string course on Days 1 and 2. We are expecting around 300 participants each day. Progress so far has included obtaining pictures from the Maisy books, courtesy of Walker Books, for use on Day 1, (Thanks to Jane Ackland for organising that) and I have obtained permission to reproduce figures and snippets of text from Nessie The Loch Ness Monster, courtesy of Orion Books and Dolphin Paperbacks for Day 2. I am also very grateful to the Bank of Scotland for providing 350 bookmarks and 1000 (!) stickers, and to Cisco Systems Ltd. (thanks to Graham Haley!) for coming up with 400 pens and a further 400 balloons.

The string course will run from 1000 to 1400hrs each day, the same as the start times for the JK itself. I anticipate that most of the help will be required from 0900 to 1000 each day and will involve putting out the string and controls and setting up tents. The more people who can help at 0900 the better. Some of you have already offered assistance. Please do help out. Once we are up and running I expect that we can manage with about 3 people on tasks such as registering people and handing out prizes during the 4 hour period. Please return to the string course after your run to relieve others and to assist in tidying up. So if you have entered, are not running elite, could you tell me when you can help. Would elite runners please help where they can?

In addition to the string, central JK organisation has asked for volunteers to assist elsewhere during the event. Other jobs include helping at the drinks (in assembly and in the forest), on map reclaim, and on starts, to relieve other club runners. Please do come forward and offer assistance.

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Email: ann.haley@ed.ac.uk
Tel (0131) 445 4833 (Home)



HELP!

Late Breaking News

The lead organising club, who shall remain nameless, seem to have under-estimated the required manpower, and we have been 'fold' somewhat late in the day that we are to help out on Starts on Days 1 and 2. We apparently, are the main club on Day 1 and are to assist on Day 2. Quite what this involves no one is really sure. What is certain is that it would be appreciated if as many bodies as possible could help at sometime over the weekend.

Phone John Barrow (0131-440-2136) to offer assistance or find out more details (if any are available!).

The Club Championships



(courtesy of Kenneth Daley, Esq.)

Thank you all for competing and helping to make the day a success. I was hoping that a few more runners would turn up, but was well aware that most people would be under severe pressure that weekend to Christmas shop, buy in large amounts of drink, etc. Even Rhys (one of 3 guest orienteers) rushed off in a pang of guilt, or was he embarrassed that Father Christmas nearly beat him? The last minute decision to hold the event, and hence lack of advertising, was always going to work agin me.

My main target was to establish an annual Interlopers Club Championship. Something that seems to have been neglected over the last few years. My view is that it should be an end of the year celebration of orienteering and therefore provide quality orienteering on a good area and also be fun too. I hope I succeeded.

The INT handicaps were based on the latest NASA technology and hence there were a few imperial to metric conversion errors. Sorry! Paul came out as champion (Is the punctuation correct there? - Ed.), lifts the Quaich, and inherits the responsibility for putting the event on next year. Well done, Paul! Paul's victory came just in time as age is obviously beginning to catch up with him; he wrongly thought that he had heard me say that I would plan the Championships again next year. Of course I will be happy to assist with the planning, but it's over to you, to organise, Paul.

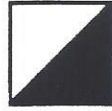
Finally, I would like to thank the Army and Defence Estates for permission to use the area, Fish for his assistance in hanging the kites and holding the event and the numerous club members that assisted either in the run up to the event or by collecting controls in afterwards.

See you all at next year's Championships!

Ken

I presume my published handicap in the Results was in error, Ken. Giving me the lowest handicap of 22 minutes, 32 minutes from the second lowest handicap of Darina was probably a misprint. 62 minutes seems more reasonable but even then that still put me on a par with Lightnin' Dave Godfree. I demand a rerun! - Ed. (And Caban had 86 minutes !!!!!!!)

M fortysomething



120

I better get this in quick while I remember. Even more new members to welcome. Hello Jamie and Joanne Thin, 35 Ellens Glen Road, EH17 7QL (0131-664-9734) and to Rachel Oxburgh, 6 Marchmont Crescent, EH9 1HE. Welcome to Interlopers and I hope you have fun in the forests, are happy on the hills and merry on the moorland. You can meet lots of your fellow club members at the east end of the Meadows on Tuesday evenings between 7.50 p.m and 8.30 p.m at the Interval Sessions. You don't even need to run as usually there's lots of crocks standing around to have a natter with. The brighter nights, courtesy of British Summer Time, will probably see an increase in numbers for the longer run from Meggetland on Thursdays circa 6.30 p.m. (I'm presuming this is still going on - Ed.). The forthcoming Summer Series is also a less competitive arena to meet people from other clubs, improve your basic skills or just go for a light training run. Another place to meet some of us will be our AGM in early June (details on Page 6) though sometimes there's not as many there as could be. The best place though is probably at an event where you'll get thrown in at the deep end by yourself with no advice on some horrible job that puts you off orienteering for life. Maybe not! We are quite friendly on the whole and appreciate every little bit of assistance we can get and it's good for you to see what

an incompetent bunch we are and how against all odds we somehow manage to pull through and get people saying to us - "That was a really good event!".

So, on events, I have to remind you that we do need help. Gordon is organising our first event of the Summer Series at Inch Park on Wednesday May 17th but he does need kite supervisors. Possession of sharp orienteering brain not necessary for this one. Even I could do it. We do need a Planner/Organiser for the next one on Wednesday June 7th at Mortonhall. Whoever does it make sure you ask permission from the man in the pub if you want to use his car park. Next weekend we want lots of bodies up in Kingussie to help out at the British Elite Championships. Mind and book your space in Woodlands. I believe the Hartmans are planning some of it so we've got that covered. It's just general dogsbodies we need! Moving on to late September a Planner and an Organiser for an ESOL score event at Glenearn. Are you up to the task? There is a possibility of a Short Race in March 2001 on Archerfield but Graeme will probably take responsibility for that. The Scottish Championships may see an arm wrestling match between Keith Dawson and Graham McIntyre as we can't remember who we asked and when. Lochaber 2001 I think has already been bagged by Ben and Heather. On that note we booked up our accom-

modation a few weeks ago and in her round of telephone enquiries my wife received a reply from someone who wasn't in and wondering why we were booking so far ahead. Needless to say she had managed to get booked by that time so she felt a little sorry and so now we have a few brochures / address of somewhere near Ballachulish if anyone is interested. It looks nice but it is a bit pricey if I recall correctly. Also inside this issue you may have noticed that we are being given the opportunity to swan around pretending we're ESOC at Moray 2003. It is not a long time ahead as these events go so if you can help in some area let Donald Petrie know as soon as possible.

And what of your dedicated newsletter editor you may ask. Well I'm on holiday just - at last, pounding away at a keyboard before I head off for physiotherapy for the famous leg again. I probably tried doing too much too early and have aggravated it again. When will I ever learn? I'll have to go back into school tomorrow to get this printed. I had the usual Performa crashed as I tried transferring material to my new iMac and lost a lot of stuff sob story and I can't print in PageMaker on my Epson Printer with MacOS9 Blues again. But what do you care?

Anyhow if you see a Chester-like figure hobbling about in a forest near you soon it'll be me. Point me in the right direction will you, please?



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